

Varicose Ulcer

CASE 1:

Mr S K Aggarwal, 50 yrs, came to me on 16/01/1997, with a varicose ulcer on right leg about 3" above the medial malleolus since a fortnight which bled copiously when the patient stood up. He had severely engorged varicose veins on the right leg for a long time. On the day of his visit to my clinic there was active bleeding.

- The skin of the leg was almost black in a large area around the ulcer and mottled all over the leg.
- Itching all around the ulcer.
- Pain in the ulcer < on standing < night.
- Temperament very irritable

PAST HISTORY: Similar milder ulceration 4 years ago. Before me, he had consulted a famous doctor of the city, who advised him to keep the affected leg up at 90° against the wall lying in bed. He must keep this posture till the wound is healed. This was practically impossible to do!

Lachesis 30 alternately with Placebo TDS for 4 days. He was advised to rest in bed to avoid pressure on the leg and the ulcer.

20/1/1997 Pain reduced to a great degree. Bleeding almost stopped. He walked up to his bathroom today. Did not get bleeding from the ulcer.

Lachesis 200 at longer intervals with placebo.

5/2/1997 Feeling much better. The ulcer has dried up completely and a crust has formed.

Medicine as above continued.

19/4/1997 The wound healed up completely, the crust has fallen off. Colour of the skin also improved.

There was some improvement in the swollen varicose veins too. But the patient did not continue the treatment for the varicose veins.

CASE 2:

Mr Rajesh Khurana, 33 years. Date of first consultation: 14/6/2001. He was suffering for six years from varicose veins on left leg. He has a recurrent varicose ulcer on the left leg about two inches above the inner ankle. The skin all around the ulcer has become dark. Patient's job requires him to keep standing most of the time. The ulcer is painless and does not bleed.

- Feels heaviness in the abdomen.
- Has much flatulence.
- Tendency of constipation, ineffectual urge.

Carbo-veg 1 M one dose followed by *Lachesis* 200 at long intervals.

17/07/2001 The varicose ulcer became active. *Lachesis* 200 one dose after three days.

18/08/2001 There is some > in the ulcer.

Lachesis 200 continued as above.

21/9/2001 The varicose ulcer dried up and healed. *Lachesis* 200 continued as above.

30/10/2001 There is further >. The discoloration of the skin much improved. There was improvement in the swelling of the varicose veins too.

The patient stopped the treatment and has not come back again. □

**Success comes to those who
keep at it walking when they
cannot run, crawling when
they cannot walk, never saying
"No I can't do this" but always
"I'll keep trying....
Eknath Easwara.**



Dr S K MAMAGIN
Doon Ratna, Mangain Homoeo Clinic,
218, D L Road,
Dehradun-248001
Tel: 0135-2656578 (Res)
Email: drmamagin@vsnl.net

Retro Calcaneal Bursitis

Mr M L Verma, 57 yrs. First consultation 30-7-1985
For the past six months, the patient was suffering from pain and swelling behind his left heel diagnosed as Retro Calcaneal Bursitis. X-ray examination revealed conspicuous growth of the Calcaneal bone. He was prescribed pain killers, which caused stomach disorder and loose stools, but did not ameliorate the pain! He consulted the Head of the orthopedic department who advised surgery as the only alternative.

Another prominent orthopedic surgeon of Dehra Dun, advised injecting some medicine in the calcaneum. The effect may last 1 and 1/2 years after that the injection would need to be repeated. The effect of 2nd injection may last for lesser period and so on till ultimately after three years, surgery would have to be resorted. Naturally the patient was reluctant to undergo such treat-

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ment. So he asked me to give some homoeopathic treatment for permanent cure.

My records show that I prescribed him *Cyclamen* 30 in the beginning then in 200th and later in 1M potencies. He was much improved within two months.

Yet, some pain persisted, worse on walking, *Mercurius* 1M further improved this.

Swelling and pain was almost gone. But during the winter i.e. during November-December he started feeling some pain in the same Calcaneum, Now *Rhus-tox* 30 (Indication: Winter) was prescribed which removed the residual pain completely. Since then he has never felt any recurrence of the pain or swelling to this day even after 18 years.

(The patient has himself reminded me recently to write about his case. Dr Mamgain)

(Editor: It would be helpful if indication for each remedy was given. I could not locate indication for cyclamen in Repertory of the HMM)

Nosode helped me in Curing Varicose Veins

Mrs Raj came to me on 2.2.03 for treatment of Varicose Veins, which she had for last many years. Earlier they were not painful, but for one year, she was getting too much pain. She had taken several pain killers but to no avail.

PATIENT AS A PERSON: When I went through the book 'Select your Remedy' by Dr Rai Bahadur Bishambhar Das under the chapter Veins, I found many medicines but one peculiar symptom made me to select the correct remedy which was 'Throbbing pain in the legs when hanging down with the feeling of hot water running down the affected part', '*Magnetis-polus-australis*'. Going into the details of the medicine, I found the patient is indisposed to talk and work. Our patient too wants to be

alone, thus even her mental picture was also covered by this nosode. In the same book under the remedy *Hamamelis* it was written that the lotion of *Hamamelis* may be applied locally in all cases of varicose veins, so I asked the patient to mix *Hamamelis* Q 1 oz in 100 ml of Olive Oil and apply over varicose veins in the night and leave it over night.

TREATMENT: I started giving *Mag-pol-aust* 30 twice a day and *Hamamelis* lotion in the night to be applied on the affected part and after a week found a great improvement physically as well as mentally. Now in the first week itself after giving this nosode, there was no pain in legs. She is cheerful and started doing all work at home happily. I reduced the medicine to once in a day after a month and then kept the patient on *placebo* for a month, but she kept on getting relief in redness, tenderness of varicose veins which has reduced a lot. She kept improving and is still under observation.

Dr SONU MEHROTRA VDHMS (MERIT) DI-HOM LONDON
Homoeopathic Chikitsa Sadan, C-22,
Shailendranagar, Raipur (c.g) 492001
Tel: 0771-2427778 Mobile: 98261-71978