

Records of Indian Drug-provings.
OCEMUM INFLUENZINUM OR SANCTUM.
(Indian Tulashi)

(Continued from Page 165.)

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*The following cases were successfully treated by me
with Ocemum Influenzinum.*

6. A young man of 28, a timber merchant came here from Bikrampur and had fever of a remittent type. He had had no remission for 6 days. The maximum temperature was 104° and the minimum 101. But this state did not last more than a few minutes. Flatulence and diarrhoea ran apace. Strangury at urination and soiling the linen just before passing stool were giving him much trouble. Tongue was red shining at edges, and putrid smell escaped from his mouth. Sweat and urine were also of putrid odour. Only stupor of Baptisia was absent. Nevertheless I gave Baptisia 1x six doses at two hours' intervals. Next day slight improvement was marked. Fever came down to 100° and he had passed stools of the same quality as before but the interval was increased. But in my presence the fever began to rise and he felt dyspnoea before and after coughing. He had profuse coryza. These suggested Ocemum instead of Rhustox and I gave Ocemum 30 four globules a dose for four times a day. A very great improvement was marked on the following morning. A complete remission was effected and temperature fell to 97°, cough and pain in the chest diminishing, pain in the limbs vanished. Stool was passed only once and that of a natural colour and quality. Hitherto the patient had almost no appetite but now he wanted to eat something. Diet prescribed was barley, whey and Badana-juice (juice of pomegranate). Then three doses of Ocemum 30 completed the cure. China 200 was given once a day for two or three days to remove the weakness.

7. An adult Brahmin had pain in body and all the limbs. Cough and diarrhœa. Influenza at that time was raging all round and he wanted a preventive. I gave him *Ocimum 1x*, three drops to be taken every two hours in drop-doses. The following day he reported himself to be all right inspite of nursing other patients down with Influenza.

8. A boy of 7½ years, had fever with cough and pain in the chest. Diarrhœa set in on the 3rd day. By nature the boy was of very excitable temperament, he had flatulence and was passing bloody mucous stool several times a day. The nature of his cough and the examination of the chest clearly shewd that he had already developed Broncho-pneumonia. Dry cough and panting for breath were a source of great trouble to him.

As I already acquired confidence on *Ocimum* in such cases and as *Typho-febrinum* was not proved by me at that time, I gave *Ocimum 30* six doses, each dose to be taken every two hours. On the second day the fever came down to 102.5 at its highest. Diarrhœa subsided considerably and blood vanished from stool. The remission was effected on the fourth day. I continued *Ocimum* up to 4th day and that very sparingly and placebo for three days more. The boy was all right in a week's time.

9. A female child of one year had fever with cold ; cough and coryza with diarrhœa. I saw her on the second day. Temperature rose to 103°. She had constant coughing and crying aloud while coughing. Stool came out yellow but became green after a while. The stool was shiny and watery. A curd-like substance was the chief ingredient of the stool. I gave *Ocimum 3x* one drop in half ounce of water to be given half a teaspoon every two hours. The medicine was continued for 24 hours. Next day the fever rose up to 103° and no more and not so much crying during coughing as before. Cough was comparatively easier. But there was no appreciable change in the stool. I gave *Ocimum 6x*, on the following day, the fever came down to 99.5. Cough was almost gone, no crying. But diarrhœa was still persisting as before. *Ocimum*

1x two drops in an ounce of water. No stool on the following day. On the 3rd day she passed hard stool. She was completely cured.

10. A boy aged 12 years had remittent fever with Broncho-pneumonia. He felt pain while coughing. His fever rose twice a day. Prodrome was marked by slight chill. Passed stool 2 or 3 times a day. Temperature oscillated between 101° and 104°. He had flatulence but later on it subsided. Now he had it again after taking his diet. I prescribed *Ocimum Influenzinum* 12x four doses, each to be taken every three hours. Next day the fever rose to 102° and came down to 100°. To-day he felt hungry and was crying for something to eat. Peasant boy as he was, he did not at all like sago or barley, but was clamorous for rice-diet. Having no other alternative I prescribed Banana-food for him. This is a preparation from contents of green bananas, that are generally used by us in curry. This food is far more palatable than either sago or barley. It can be mixed with milk or whey with a little sugar or salt. It is very nourishing as well as easily digestible food. As it has a tendency to bring about constipation, it is the most adequate diet for diarrhoea patients. Next day he passed a natural stool. Temperature fell to 99° and rose to 102°. Coughing was considerably less and felt very slight pain while coughing. On the fourth day of taking *Ocimum* the boy had complete remission of fever. Just after the remission the boy took rice prepared for his father who connived at it. When I got the information I rebuked his father and gave him *Ocimum* 1x four drop-doses. There was no relapse and the boy was completely cured.

11. An adult aged 32 had Eczema on his chin caused by barber's razor. He tried various ointments. He even had gone to Medical College Hospital, Calcutta for treatment but no permanent cure could be effected by the treatment accorded to him there. He came to me and I gave him *Ocimum Q* for external use and 12 m for taking internally. After a month he saw me and expressed his satisfaction for the complete cure

of the ailment. He used Ocemum Q for one month more externally and no relapse occurred in two years.

12. A baby of 8 months had Eczema on the back of his right little hand. Yellow pus oozed out from it. Ocemum Q applied externally and 30th potency taken internally cured the patient in a month.

13. Several cases of ringworms and phimoses were cured by Ocemum taken both internally and externally.

14. A lady aged 25/26, mother of 9 children, of long thin stature, had been suffering from uterine disorders for a long time. Her menses were irregular, profuse and long lasting. When flow of blood stopped, she had Leucorrhœa. Attending symptoms were vertigo, palpitation of heart and extreme weakness. When discharge was alarmingly profuse I saw her. Her blood was shining red and she had a dull pain in the uterine region. I prescribed at first sight Ocemum Ix four doses, every three hours a dose. The profuseness of discharge was arrested on the first day and in three days she had no discharge at all. On all other occasions she had white discharges for some days after the stoppage of blood, but this time she herself declared that she had none. (This case was reported by Dr. P. Biswas.)

Ocemum Influenzinum is a reliable remedy for gastric and bilious remittent fever, post choleric fever, fever with dysentery, malarial fever etc. etc. clinically proved.

15. A Hindu lady aged 43 had metrorrhagia of a very serious type and came under my treatment. The flooding continued day and night for about two weeks while I was trying several medicines with little good results, but afterwards when she was almost prostrate on her bed, weak and exhausted, her discharge very offensive with restlessness and despair of life, with thirst for large quantities of water but could take but very little; the condition so serious that the pulse sank almost to an imperceptible degree. Extremities cold, I gave her Ars. Alb. 200 two globules. This saved her from otherwise sure crisis. On the following day she exhibited

a very much cutting and biting pain in the right ovarian region. A close examination revealed an already developed abscess in the ovary the abscess having advanced too far. My medicine (Ars. Alb.) although a single dose, did yeoman's service in as much as it caused the abscess to burst outright. From the following morning watery pus of very offensive odour began to come out through the vaginal canal. This continued unabated for three days but on the fourth day it became thicker and very scanty. Then I gave Heper sulph 200. This helped the secretion which continued almost in watery form for about 12 days. Then it gradually stopped. But the pain in the ovary was still very acute and she complained of itching and burning. I repeated Ars. Alb 200 but this time it did no good, the burning was not exactly like that of coal-fire. I then gave Phosphorus 200 with no improvement. Then, in despair I made up my mind to give Ocumum Infl. 30 as the female prover recorded burning and itching in the ovarian region. This served as a clue and I gave it in 30th potency. This had an wonderful effect. Eight globules in 4 doses cured her almost miraculously. No complaint since, except past ailment weaknesses. This wonderful effect of Ocumum in ovarian pain with itching and burning created in my mind a regret as to why did I give not her Ocumum Infl. from the very beginning.

17. Ocumum Infl. has been tried in several cases of laryngeal and uterine cancers with uniform good results, the age of the patients varying from 30 to 78 years.

18. A Hindu Lady aged 32 had her right ovary inflamed and painful at first, and in course of a few days her both ovaries were affected. The pain was so excruciating and of a tearing character that the lady became almost mad with pain. Her whining and crying disturbed the sleep of all the inmates of the house and of the neighbouring houses. She had thirst during paroxysm, her lips looked pale and dried and shrivelled. There was aggravation on slightest movements. Gave Bryonia 30 six doses, to be taken every two hours. Pain vanished in

24 hours. But it reappeared after a few days with the same violence as before. There was gnawing and burning pain. Could not bear light clothing upon her abdomen. A few morsels of food satisfied her hunger although seeming very hungry. This induced me to give *Lycopodium* 200. Pain subsided gradually and she was well for about 3 months. But again one night she had the dull pain in both ovaries which culminated to excruciating character at 2 a. m. causing her to fall into a swoon. Both ovaries were found inflamed, could not bear to be touched. Stinging and burning pain made her almost distracted. On the totality of the symptoms I prescribed *Ocimum Infl.* 30, to be taken every 4 hours. The pain and burning vanished on the next day. She was cured. Two months after she had a relapse but this time it appeared in a very mild form. *Ocimum Infl.* 30 was repeated under the improved method and her ailment was cured. No relapse since.

Let us then say it—emphatically, loud and frankly—that the determining symptoms appear in many respects to be insignificant and unimportant, and let us proclaim it to be a requisite condition, that in proving drugs and in examining patients, the insignificant symptoms are not to be neglected, but even to be noted and regarded with *especial* care.

It is true, that which we here say. This truth has its analogy in every department of science. And this truth has its necessary fundamental basis....

And has not also the diagnosis of diseases its difficulties and its subtleties? Is the diagnosis of iritis always so dazzlingly obvious; the diagnosis of pneumonia always so rudely palpable; the distinction between diphtheritis and catarrh always so striking, as it seems to be in well developed cases?

There are, also in these cases, phenomena which appear insignificant and unimportant, but yet are so important that they *decide* the whole matter.—HOPPE, BASDE, 1864.

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