

Antibiotics In Homoeopathy?

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This writer could not have written this piece, but the article of Dr. Soumitra Sarkar "On tackling acute diseases" forced him to write (Re QHQ, Volume 4, No.3) after his assertion "It is apprehended that homoeopathy is not popular among the common people for the treatment for acute diseases because it requires a lengthy period in comparison to antibiotics". "We have many antibiotics in homoeopathy, mention may be made the polychrest like Pyrogen, Baptisia, Phytolacca, Echinacea, Hydrastis canadensis, capsicum, Allium Sativum, Zingiber, commiphora myrrh (myrrh), Azardirachta indica, Tablebuia hyptaphylla (Pau d'arco), Magnifera Indica, Tussilago Petasites, Cochlearia Armoracia, Plantago major, potentilla Tormentilla,

Sanicula Marilandica, Ceanothus Americanus, Astragalus Escapus, Terebinthina, Calotropis Gigantea, Occimum Sanctum, Thuja occidentialis, Jacaranda, Lobelia inflata, Fucus Vesiculosus etc. The meaning of antibiotic, anything that prohibits the growth of harmful microbes, germs and bacteria, harmful to the system. Dr. Soumitra Sarkar writes in the Above quoted article "it is true in different situations homeopathic physicians often advise their patients of severe acute illness to consult allopathic physician". The pity is that if we know our subject deeply, do our home work, and always we must have a research mind, constant study, then we can handle acute illnesses without resorting to allopathic physicians. Years ago Dr. Donald Law wrote "Homoeopathy" this is one branch of healing that has

made its peace with the orthodox medical school (allopathy), and has found itself almost buried because of it. All the early homocopaths were allopaths, and the emotional need for union with the parental medical world was too strong for them". Still the homocopaths are in this mire, as the issue of Quinquina referred in this article, see on page 51. "Clinical knowledge is also immensely helpful in diagnosing Emergency medical situations and taking prompt action to save the patient". Good for Bombay based homocopaths, as they are trying to depart from the classical homeopathy. No wonder the homeopathic graduates of Maharashtra attempted to practise allopathy too, and in the end legislation of this state prevented them to practise allopathy, after

public acrimony. Antibiotics are valuable drugs when they are used appropriately. But the evidence today points to massive overuse. Antibiotics are often prescribed for medical conditions that do not warrant them. For instance, they are routinely given for colds, but since many colds are the result of viral infections, while antibiotics kill bacteria, they have no effect on the viruses.

The use of antibiotics can also result in a variety of side effects due to the way their powerful actions can interfere with the delicate balance of body's systems. This can result in the destruction of the friendly bacteria in the body, leading to yeast overgrowth, both locally, such as vaginal infections, and systematically, in the form of candidiasis; interference of nutrient absorption; the development of food allergies; recurrent ear infections, and immune suppression as evidenced by the large percentage of adults, and children suffering from chronic fatigue syndrome who have histories of recurrent antibiotic treatment as children or adolescents. Allopathic doctors are confronted daily with patients suffering from illnesses as their medicine offers only superficial treatment of symptoms. The magic of antibiotics is vanishing as a host of resistant infections emerge; diseases such as AIDS and chronic fatigue syndrome have shown us clearly that the current allopathic treatments are simply not effective and hint at new health problems which may lie ahead. Dr. John R. Lee MD a convert from allopathy to alternative forms of treatment told us "Most over-the-counter and almost all prescribed

drug treatment merely MASK THE SYMPTOMS or control health problems or in some way alter the way organs or systems such as the circulatory system work. Drugs almost never deal with the reasons why these problems exist, while they frequently create new health problems as side effects of their activities".

"The genius of the ancient Greek physician Hippocrates, the father of Western medicine, was not in the drugs he used or his diagnostic skills" Dr. Lee points out, "but in his insight that the elements which were needed to produce and maintain health were natural, and that they included hygiene, a calm balanced mental state, proper diet, a sound work and home environment, and physical conditioning. In addition, he recognized the life forces that pervade all nature, and which have multiple expressions- some known, some theorized, and many unknown. He taught that health depended upon living in harmony with these forces. Recognition of these life forces is also vital to homoeopathy, Traditional Chinese medicine, and Ayurvedic medicine. A dangerous detour in the mid-nineteenth century, following the discovery of disease causing microbes, a departure from this philosophy of health occurred due to rival theories, concerning the cause of disease. One theory was that infecting microbes called germs (bacteria, viruses, and fungi) were the cause of illness. The opposing theory maintained that these microbes only became infectious if conditions inside the body were right for them. According to this theory, by keeping the internal environment of the body healthy, these potential agents of infection will remain dormant. When

the germ theory of disease became dormant, the birth of contemporary (allopathy) with its emphasis on infectious causes of diseases rather than physiologic balance of harmony, occurred. This provided medical science with the opportunity to greatly expand its role in the treatment of illness. This was followed by rapid development of microscopy, bacterial cultures, vaccines, x-ray, and, in the 1930's the discovery of antibacterial drugs such as penicillin and sulfa drugs. However, the more that medical science embraced the germ theory of disease, the more it also superseded the individual role in their own health. If the purpose of allopathy war or repair? Disease is considered an invasion by an enemy and treatment is aimed at developing "magic bullets in the form of drugs and vaccines to eliminate that enemy. We have seen, for example a failed "war on Cancer", a proliferation of antibiotics, and a growing number of surgical procedures, cell killing, radiation treatments and chemical medications (such as chemotherapy) all of which do harm to the body, in one form or another, in their attempt to restore health. Lost in this approach is the concept of repairing the imbalances which allow the illnesses to occur in the first place. Allopathy has become one-sided in its focus, increasingly losing sight of the whole person in its attempt to treat the body's individual parts.

These logical arguments will make us to find suitable remedies to treat the infectious diseases that allopaths handle, when homeopaths like Dr. Soumitra Sarkar throw their

hands up in desperation.

Pyrogen has demonstrated as a great remedy for all kinds of septic states including fevers, and it is formidable and dynamic antibiotic. Space does not permit me to include everything on each and every remedy to be discussed here, please refer to any good *Materia medica* specially of Prof William Boericke. Some Homoeopathic medical colleges can direct their students to reprove / test some remedies. According to our opinion Pyrogen is a marvellous polychrest. *Baptisia* is one of the most powerful antiinflammatories with strong antibiotic and probably any-viral properties. It is generally used for the most severe and inflamed dyscrasias (infections), blood poisoning, putrid ulcerations, severe disintegration of tissues, caused by capillary congestion, malignant ulcers, mouth sores, sore nipples, swollen glands, sore throat, diphtheria, scarlatina, erysipelas, tonsillitis, typhoid, dysentery, typhoid pneumonia, cerebrospinal meningitis, fetid leucorrhoea, and ulceration of cervix. It is a great fever remedy, more potent than some antibiotics available in the market. *Phytolacca decandra* is used as antibacterial, antiviral and antiinflammatory for a great many complaints. It has a great effect on the glandular system. It is a great herb for blood and lymphatic purification. *Echinacea* - I have already written on this herb in this magazine, suffice it to say that it is very useful in all acute bacterial and viral infections. It has proved to be a great herb in various viral diseases and in acute inflammatory conditions. *Hydrastis cannandensis*,

is used in all inflammations. Valuable in all stomach disorders, and one of the wonderful remedies of the herb kingdom. It is a real "cure all" according to Dr. Jethro Kloss. It is a great remedy for chronic and intermittent malaria or enlarged spleen caused by malaria, very useful in typhoid fevers and other fevers also. Cayenne is good for coughs, torpor of the kidneys, and to arrest mortification. It is good in all forms of low diseases. It is a great stimulant. It is a remedy for every other form of human malady. We hope some homeopaths will reprove this remedy. It is a great antibiotic for healing of wounds. This author has found that this chilly pepper is a great remedy for different types of fevers, it is worth trying in all kinds of fevers.

I have made a study of *Allium sativum* for 15 years. It is a great germicide and fever remedy. I have cured a severe case of ague (malaria) with this remedy. It is a great antibiotic as it contains sulphur. Remember that Dr. John Clark considers Sulphur number one remedy in Homoeopathy. *Allium* can be used in infections, in my study I found that it can cure at least 80 diseases. Mother tincture is very effective rather than the raw form. There is a great scope to reprove this remedy as William Boericke compilation needs a revision. It can cure obesity in some cases. *Zinziber* is a great anti-inflammatory, anti-parasitic, antimicrobial, antiviral and antibiotic, anti-pyritic (antifever). It promotes advantageous change in metabolic functioning. It can be used in malaria. If I get time I hope to prepare a comprehensive article on *Zinziber* in this magazine in the near

future based on my research. *Commiphora myrrha* (myrrh). It is the best antibiotic known and is commonly applied as a disinfectant to wounds. It can be used with *Echinacea* for all kinds of infections. It combines well with *Hydrastis* and *Echinacea* as an antibiotic and antiviral agents against most acute inflammatory conditions. Internally, myrrh has a variety of uses including the treatment of indigestion and gas, suppressed and painful menses, arthritis, and rheumatic complaints. Chronic catarrh, and bronchial congestion, and the treatment of ulcers. *Azadirachta indica*, it can be safely used in all types of fevers and infections. Dr. P.C. Mazumdar has proved this herb but needs further proving. It is a great antibiotic in the tincture form. An excellent remedy in bronchitis of children. It has cured severe cases of tuberculosis in Thailand as it is identical in action to that Koch's Tuberculinum.

Tabebuia Heptaphylla PAU d'arco This tree grows in the forests of Brazil, it is called there as Lapacho. Lapacho is antifungal, antidiabetic, antibacterial, antibiotic, and antitumour. It has cured many forms of cancer, as many diseases "suspected to be caused by viruses". Lapacho seems to first to eliminate the pain caused by the disease and then multiply the numbers of red corpuscles. Thus the range of its curative action is phenomenal. It is good for ulcers, diabetes, rheumatism, osteomyelitis, leukemia, various cancers, ringworm, bronchitis and other respiratory problems, gonorrhoea, hemorrhages, cystitis, Hodgkin's disease, inputs, polyps, prostatitis, leucorrhoea, inflammations of the

genital urinary tract and anemia. I am writing this purposely to wrack the brains of our senior homeopaths who have facilities to prove this herb in homeopathy. This herb is a polychrest and can be used in immune deficiency diseases like AIDS etc. *Mangifera Indica*, the leaves of this tree contain isomangiferin and mangiferin these are very effective in some types of viruses like herpes simplex virus (HSA1). It needs further clinical study in homeopathic laboratories and proving. It is a great antibiotic. *Tussilago petasites* is a potent antiviral remedy, must be used in 6x tincture and not lower than 2x potency in dilution. It attacks tumour, growths, all other pathological cell changes very forcibly.

Sanicula Marilandica, herbologists call this herb "cure all". Father Sebastian Kneipp used this herb to cure violent attacks of catarrh of chest. It cleanses the body of mucous and poisonous waste products. It is powerful antibiotic and has many medicinal properties. *Colchlearia Armorica*, Dr. William Boericke stated in his outstanding Pocket manual of Homeopathy *Materia medica* 68 years ago that Horse radish raises the "vital force". It has regenerative effect in cases of dysbacteria and helps to overcome functional disorders of the pancreas. It has excellent antibiotic and antiviral properties, it is also a tonic. *Plantago major*, it has proved to be antiinflammatory and antiallergenic. It is good internally for all inflammations including hepatitis and bacillary dysentery. I have used it in severe bacillary dysentery and it stopped within 2 days. It stops

bleeding, and promotes the healing of wounds and in injuries. It is excellent for urinary tract infections. *Potentilla Tormentilla*. The mother tincture is used for stopping haemorrhages and is prescribed in all types of chronic diarrhoea, gonorrhoea, flour albus. The tincture can be used for sore and tender gums and inflammations of the throat and larynx as a gargle and mouth wash from the diluted tincture. *Ceanothus Americanus* is a splendid remedy in diabetes, used in severe bronchitis, lung infections and in asthma. If used in tonsils early it will reduce the tonsils. It is a great remedy in tuberculosis and in whopping cough.

Splendid malarial remedy, *Astragalus Escapus*, first introduced by Rudolf Stainer the father of Anthroposophical medicine as a great nervous syphilitic remedy. It is used in neuro-endocrine-psychic system, digestive apparatus, diseases of the respiratory system, diseases of the locomotor apparatus. In France it is used with great results in all asthmatic disorders. *Terebintha*, used in typhoid, serious meningitis, angiocolitis, bronchitis, asthma, sense organs such as nose and eyes, urogenital organs, nephritis, gonococcus, prostratitis, menorrhagias, skin eczemas, elephantiasis, impetigo, erysipelas. It has selective affinity for bleeding mucous surfaces. *Galotropis Gigantea*, It is one of the versatile herbs of Indian medical system. It has great value in asthma, ascites, cough, catarrh, chronic rheumatism, diarrhoea, dysentery, elephantiasis, pneumonia, tuberculous, poisonous snake bites, leprosy, intestinal worms, and in sexually transmitted diseases. *Occinum sanctum* a versatile herb of

the Indian subcontinent, it is used in all urinary troubles, infections, gonorrhoea, syphilis, fevers of all kinds, haematuria, blood dysentery, skin diseases. According to Dr. Julian, *Occinum* can be used in neuroendocrine psychic system, stomach-intestines, especially abdomen, Cardiac-hemo-Apparatus, respiratory system, sense organs, urogenital organs, skin eruptions. It is one of the best anti-arthritis remedy of great use. In clinical diagnosis, it is used in the syndrome of meningitis, toxic infections, hiccough, typhocolitis, typhoid, and malaria fevers, dysentery, both amoebic and bacillary. It is a great remedy for broncho-pneumonia and viral pneumonia. It is a polychrest, we hope some homeopathic colleges in this country will do research and prove its many sided uses. *Thuja* is a great antibacterial, found to be antidote to many constitutional diseases, resulting from after effects of sexually transmitted diseases. *Thuja* acts on the blood, gastro urinary tract, kidneys and brain. Much is written on *Thuja* in the *Materia medica*. Surely it is a great polychrest for our times. *Jacaranda* is antisyphilitic, anti-rheumatic, antiviral and antibiotic. Though the *materia medica* have indicated this tree in venereal diseases, It can be used as antibiotic in many diseases. This herb needs re-proving for the current needs of the profession. This writer has used it for infections and inflammations in severe cases and has given him good results. *Lobelia inflata*, is a great corrector of the whole system. It can be safely used in all febrile conditions such as typhoid, malaria and intermittent fevers. It has cured several cases of

diphtheria, when other remedies fail. The herb has proved that it is antibiotic, antiviral, antiseptic and antidote. Many materia medicas give extensive information on this herb. It still needs to be reproven, we hope some good homoeopath will take this up in the tradition of old masters. No wonder it is a herb of many uses. Fucus Vesiculosis, replenishes the body's deficiencies of minerals. It is a great "heart attack remedy". It can be freely given in all types of anemia, blood deficiency diseases and in all types of cancer. Kelp has potassium iodide, and is best expectorant for catarrh, and can be used in all types of rheumatism, chesty colds, bronchial and pulmonary catarrh. It increases the haemoglobin content of the blood and is a good mineral supplement. It can be used in pneumonia. Prof. William Boericke gives this excellent herb a few lines in his incomparable materia medica. If clinical studies undertaken it has many uses. In the herb kingdom we have many antibiotics. There is no need for us to act as agents of allopathic doctors. If we study our system carefully and apply it then there is no need to refer to allopaths.

The few example of herbs we have mentioned must be used in severe cases of diseases in tinctured form, it will give good results, faster than antibiotics. This writer within 24 hours wiped away the severe fever of a child by a herb is tincture. It must be administered every half

an hour with water without fail, then it gives good results.

In American Medical Journal 1982, 72 pp-711-16- Dr. W.E. Hauser and J.S. Remington wrote an article "Effect of antibiotics on the immune response" the frequent use of antibiotics in the high risk groups may also increase susceptibility to HIV infection and serve as a causative factor for AIDS. Many antibiotics have adverse effects on many aspects of immune function". Let us not send patients to allopaths to cure them of their ailments with antibiotics, that will cause iatrogenic diseases. Samuel Hahnemann has cautioned us that it is difficult to cure iatrogenic diseases by homoeopathy, let us avoid such traps. Let me quote my Guru Dr. Donald Law "Homoeopathic medicine is not given to cure the disease or condition, but to stimulate the vital force to function efficiently. What we call disease is decline of the vital force (energy) caused by anxiety, cold, eating too much drinking too much exhaustion, shock, absorbing polluted air, drink, food, liquids, fumes etc. When the tone of the vital force has been lowered many things come out of balance, "bacterial growth" may find conditions favourable to increase. glands may produce too little or too much of their secretions; a thousand things may go awry. In view of the unique methods involved, homoeopathic pharmacopeia is one of the largest in the world. Let us not

cry that we do not have any antibiotics, we have to use our God given brain to cure a disease according to Hahnemannian principles. One aspect of Hahnemann's teaching is that each patient is a different case, and that physician must treat the patient and not the disease. The application of this idea has helped us considerably in our own practice, and it is a logical application for any healing art. We all owe much to Samuel Hahnemann.

I wrote this piece out of sorrow, if we do not know our profession it is better for us to close our shops and do something worthwhile. Dr. Soumitra Sarkar's suggestion indicates "drips" in his mind often used in allopathic hospitals. Anyway there is no need for hospitalization if we know our art, there is no need to refer to allopaths, thus belittling our profession as well as the founder Samuel Hahnemann. Hahnemann does not advise us in his writings to send our acute patients to allopaths, that shows that we are professionally weak, and acknowledge that allopathy is a great medical system and our system is a failure. But not so. We can cure acute diseases and can tackle them by our science. Many readers will agree with me, homoeopathy has no equal. We need dedication, study, application, research, and must be ready for any eventuality.

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