

# Sarcoidosis

**Abstract:** An interesting case of a 38 yrs old male, who came to me with the diagnosis of Sarcoidosis on 24.02.05. Along with this he had perianal warts.

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Mr RDT. 38yrs. Education: B Tech.

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## CHIEF COMPLAINT

- 1) RESPIRATORY SYSTEM: Chest, since Dec 2002. Sarcoidosis.
- 2) THROAT AND MOUTH: Dryness<sup>3</sup>, dry cough. Wysolone 30 mg, AKT4.
- 3) Rt Ankle Joint Swelling
- 4) Perianal region since Dec 2004: Warts. New growth since 17.05.05. Stool 2-3/day. Pus in warts. > Hot<sup>2</sup>. Operated on 13/2/04 by Dr Chilani at Lilavati hospital.

Past H/O April 04 groin area- 1 wart. Since 6 months he was on Isabgul.

Surgery done, Tab Augmentin for 5 days.

Also since June 05 Internal hemorrhoids, occasionally bulges out, reducible. Painful, occasional bleeding, < during stool<sup>1</sup>.

## PHYSICAL CHARACTERISTICS

HT- 170 cms

WT- 86 kgs, stocky

SKIN- Nodularity all over body, multiple lipoma, warts<sup>3</sup>

HAIR- Greying

HEAT, WARMTH- Palms

PERSPIRATION- Forehead, excessive<sup>3</sup>

APPETITE- Good

THIRST- 4 to 5 glasses/day

STOMACH- Eructation<sup>3</sup>

CRAVINGS- Hot food, spicy<sup>3</sup>, sweets, juicy things, salt, rice<sup>3</sup>, eggs occasionally

STOOL- 2/day

URINE- 4-5/day

SLEEP- On right side, moderately deep

DREAMS- Unremembered, anticipation-business<sup>3</sup>, anxiety

## LIFE SPACE INVESTIGATION

1968 May: Born in Ranchi, youngest of 5 siblings

1978: Father started a business of construction, and plastic. So all came to Mumbai.

1983: SSC 81% stood 3rd in board, Very clever so was forced to be head boy of school.

1985: Manipal for B Tech.

1989: Completed his education.

1993: Arranged marriage.

## MIND

- Aggressive, shouts and cools down immediately, apologies
- Weeps easily<sup>3</sup>
- In childhood, fear of dark, ghost, stage fright
- Anxiety about family<sup>3</sup>, insecurity, despair
- Perfectionist<sup>3</sup>, obstinate<sup>2</sup>, once decided will do it
- Excessive speech, always in hurry (walking, eating, driving)
- Extrovert

## REPERTORIAL TOTALITY

- Hurried
- Anxiety family about his
- Brooding
- Fastidious
- Plan, makes many
- Anger, trifles at
- Crying, trifles at
- Affectionate
- Obstinate
- Impatient
- Despair
- Warts, condylomata

## REPERTORIAL RESULT

Calc 18/10, Ars 20/9, Carc 18/8, Sil 13/8, Lyc 17/10, Ign 17/9, Sul 16/8, Aur 12/8, Nux-v 20/9, Anac 13/9, Sep 13/8, Caust 12/8

**REMEDY GIVEN**

*Bacil* 1M Single dose on 24.02.05

**FOLLOW UP**

09.03.05 Was better but wart had increased. Was operated as it was obstructing the functioning and patient faced daily difficulty in passing stool. Sac-lac.  
 10.03.05 Wart+, bleeding+ Sac-lac.  
 17.03.05 Operated wound in healing stage. *Bacillinum* 1M single dose. *Carbo-animalis* 30, 7 doses.  
 24.03.05 Pain++ but chest and cough started responding to *Bacillinum*. In these cases we have found *Bacillinum* much more useful than *Tub-b*.  
 30.03.05 Not ameliorated by *Carbo-animalis*, *Calc-sil* 30 single dose.  
 07.04.05 > itching, > cold, cough < am. Repeat *Bacil* -1/Mth. After the wound healed. That was continued over the next 1 year and patient felt much better in the course of time as far as the Sarcoidosis was concerned. *Wysolone* was tapered to a minimal dose of 5 mg till today. Wart there was no recurrence.

In this case, which are difficult to treat, you should know that you are not aiming at a cure. The aim should be to achieve normal functioning and a good life-style. It was only years later- in 2008-9 when his wife came for treatment that we realized the family set-up with a very dominating mother, who never let any member of the family do anything against her wishes. Our appreciation of the remedy could have changed, but we did not get a chance to review

the case, as the patient is quite comfortable and did not come back to us.

**CONCLUSION**

This case has been included even with the partial result, to encourage others to take up the cases and handle them till whatever level Homoeopathy can. To come to steroid of 5 mg which is the lowest we can go in Sarcoidosis is good. As per today's guidelines less than 5 mg is ineffective

Immediately he rose and went down the hall of the hospital to her room. Dressed in his doctor's gown he went in to see her. He recognized her at once. He went back to the consultation room determined to do his best to save her life. From that day he gave special attention to her case. After a long struggle, the battle was won. Dr. Kelly requested the business office to pass the final bill to him for approval. He looked at it, then wrote something on the edge and the bill was sent to her room. She feared to open it, for she was sure it would take the rest of her life to pay for it all. Finally she looked, and something caught her attention on the side of the bill. She read these words ... 'Paid in full with one glass of milk' (Signed) Dr. Howard Kelly. Tears of joy flooded her eyes as her happy heart prayed: 'Thank You, God, that Your love has spread broad through human hearts and hands.' There's a saying which goes something like this: Bread cast on the waters comes back to you.. The good deed you do today may benefit you or someone you love at the least expected time. If you never see the deed again at least you will have made the world a better place - And, after all, isn't that what life is all about? Now you have two choices.

1. You can send this page on and spread a positive message.
2. Or ignore it and pretend it never touched your heart.

The hardest thing to learn in life is which bridge to cross and which to burn!!

