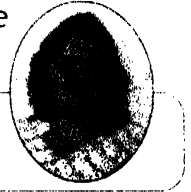




# The Indian Constitution

**Abstract:** The constitution of India, though lately formed in a formal manner, is deep rooted and ancient. It belonged to the British Kingdom once upon a time and had to struggle to find its own place in history.



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India stood the test of time and had to *prove* itself time and again, before the world could take cognizance and acknowledge its presence.

Now it certainly needs no introduction! Once upon a time the land of *serpents, sadhus* and *spices* has come to be known as the land of *space-crafts, software solutions* and *cyberspace*..... India has certainly arrived!!

A country that was *evolving* for a long period of time, at a *slow pace* has suddenly gained momentum. Even as the whole world sleeps, India is on its toes, to make the most of time advantage. The *mode of action* suddenly seems to be drifting from recognition deprived, tolerant behaviour of *Magnesium* to the assertive drive of the *now* of *Lycopodium*.

Very few countries can boast of such wide *spheres of action* as that of India.

Right from computer-ports to sports, knowledge to tech-(k)nology, and culture to agri-culture, India is shining.

It *faced* and evolved through many a *phases* before it could finally conceptualize its constitution.

From the *grit-laden Silician* age of Aryans, to the gold cast *Aurum* era of being called the golden sparrow, from the *vice* and *spice* indulgent *Nux* era, to the laid back ignorance of *Carbo-veg*, India has come a long, long way.

It witnessed an *indignant* response of *non-violence, non co-operation* of *Staphysagria* and *rebellious* opposition to *injustice*, fight for the right of *Natrum*, especially so in breaking the *salt* rules. It saw the steely *Metallic* determination of defence to form an army within the army. It also obeyed the *philosophical* and *spiritual* grounding of *Sulphur* much needed during turbulent times.

Just as the whole world slept, India woke up to a new dawn of existence. The gasps of free-air were stifling though, what with the *grief* of *parting* with the *loved-ones* suffocating the country; an ailment from which India still suffers to this day.

A constitution that was robust in the north-west, had *marasmassed* into a lean and thin nation. The supposedly teething problems of poverty, and the population explosion lasted too long. The milestones of food, water and electricity to all were very delayed. The milestones of the good roads are yet to arrive!! India continued to develop, albeit at a slower pace, thriving on *doodh-ganga* and vitamin-M from wheat and cotton.

Generally speaking India has been *Hot* and *Happening* ever since its inception. Being cold to the happenings around has never been India's *temperament*.

Siding the *Right* has always been a matter of virtue to India.

Its craving for *spice* and *salt* has attracted the world markets now.

Aversion to *bitterness* be it of *thought, taste* or *tongue*, is something that India never really developed preference for. Its *unquenchable* thirst for knowledge is unparalleled. Being recognized as the Oxford of the East, it is becoming a major educational hub. *The sweat of the brow* is almost unheard of, what with the laid-back attitude? But yes, it does perspire under the collar when the news of neighbouring *nukes* leaks out!! Indians and sleep are an equation. It has had a long sleep of 150 or odd years and not a very peaceful one. Now India wakes with a watchful eye, working, making the most of its time advantage.

Finally what does one say of the Indian mindset?! No other constitution in the world has had such a heady combination of *intellect* and *emotions*. If world had to delete Indians from their intellectual property, it would reduce to half. Lacking in *will* it has never thought twice before taking *motivation* from others. Persistence and endurance have been India's *drive* which keeps world's trust in *also-rans*. Discovering and placing a value on Zero, India has always remained a minimalist. An attitude according to some could well be in tune with India's laid back attitude.

Emotions have been India's biggest strength and virtue. World humbles at its *philosophical* and *spiritual* bent. In crisis when in need of comprehensive thinking, world has always backed India. Tolerance, understanding and acceptance

are the qualities that Indians are born with than taught, though at times they have proved to be more of liabilities than assets. Hopeless dreamers (day) that Indians are, have dreamt of being the *numero-uno*. To realize this dream India is forming *complimentary* relations with the *mighty* constitutions. The neighbouring *inimical* relations are best ignored. Will ignorance prove to be the best antidote?!

Do not know only time can tell, but Indian constitution definitely needs a prescription for action. With auxiliary line of implementation of rules and follow up on infrastructure, India can go a long way!

All in all, now is the time for the world where India *matters* the most, and we as Indians certainly do not *mind* that.

## DNA and RNA Their Proving and Homoeopathic use

Abstracted for the NJH from the original by

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Dr Jenaer of Brussels first communicated the use and proving of DNA (Dioxyribonucleic acid) and RNA (Ribonucleic acid) to the Societe Belge d'Homoeopathic on 8<sup>th</sup> January 1969. A summary of the above communication was read in the Congress of Centre Homoeopathique de France published in 1' Homoeopathic Francaise, No 10, 1969. At present I am giving the nuclei of two articles, one by Dr Guite of Wavre, Belgium. 'The use of ADN and ARN (DNA and RNA) in the depressed condition of the old age and in Sexual Depression' and the other by Dr M Van Brabander of Brussels, 'Amelioration of the Efficiency of Students by Diluted Nucleic Acids'. Both the articles published in 1' Homoeopathic Francaise, No 2, 1971.

DNA extract from Thymus and RNA extract from yeast was used by Dr Jenaer in the 30<sup>th</sup> and

later on in 200<sup>th</sup> potency, prepared for proving and experiments by the laboratory of Dr Schmidt of Geneve.

Dr Guite received a box of DNA-RNA by Dr Jenaer and was asked to make a proving on himself and to note the effects on him. Dr Guite took one capsule everyday for 15 days without knowing the exact content of the capsules but later Dr Jenaer revealed to him that the capsules contained RNA 6K (Korsakov) = + 4 CH

### CHEMISTRY

DNA and RNA are combinations of nucleotides formed of pyrimidine and purine bases with sugar. Each macromolecule of DNA is composed of two chains of poly-nucleotides in spiral form, disposed in an opposite sense around the same axis bound by pairs of bases. It was confirmed being photographed by an electronic microscope

with an enlargement of 7,300,000 times by Jack Griffith. It may be logically deduced from the chemistry of DNA and RNA that they should be digested by the digestive tube before being absorbed in the tongue. So their use by mouth was a priori considered difficult.

Because of the dispersion caused by dynamisation, some absorption by the tongue is allowed. Allopaths used it up to 125 mg dose intramuscular injection and aimed at increasing the basic materials. In Homoeopathy they are used to bring back the balance or as catalyser of the metabolism of nucleic acids, like that of calcium metabolism by the use of calcium salts.

### PHYSIOLOGY

DNA is fundamentally a support for hereditary characters and it is the active material of genes. It has a corrective effect on leucopenia, especially in course of radiotherapeutic treatments.

RNA intervenes in the synthesis of proteins, of cytoplasmic enzymes and antibodies. It plays a most important part in the phenomenon of memory of which it is a chemical vector.

Dr MacCennel's experiments are very demonstrative and amusing as well. He experimented on worms.

### SUMMARY OF THE PROVINGS

The effects of the proving were as follows:

1. Clear increase of my ability to work and of the love to work. My natural tendency was that I considered any increase in the volume of work which passed my normal engagements, as a curse. I was, so to say, fixed to my normal hours. But I was agreeably surprised to find that I accepted, during the proving, supplementary hours of work with animation.
2. A clear tendency towards optimism. I was naturally optimistic, after taking RNA. My optimism became a kind of euphemism, so much so that I was surprised to find that I sang jovially in depressing situations like bottle-neck traffic and red lights. To be honest I must say that the result was qualitatively remarkable

because I sang much but not better.

3. An increase of my power of memory. I could find out more easily the remedies I searched for.
4. An increase of appetite which became bulimic, so much so that I had to increase my meals from three to six in number always increasing the quantity which resulted in the increase of 6 kg of weight in one month.
5. An increase of libido which became embarrassing and cumbersome.

I was forced to stop proving because of the last two effects. For satisfying these two needs I could not devote sufficient time to my profession.

From the above experiences I decided to use the DNA-RNA in the following indications:

- a) Difficulty of students (DNA)
- b) Sexual deficiency and depression
- c) In introverts
- d) In anorexia of convalescents, old men, children and in Graves' disease.
- e) Moral depression so frequent in some old men who are interned in hospitals and homes.

According to Jenaer it has good effect in patients suffering from cancer and in old men suffering from senility. According to him the results are favourable. In some cases reappearance of old eczema is seen. It may also be used in epileptic fits.

Effects on anorexia, moral depression and in Graves' affections

In one year I have used DNA-RNA on four persons suffering from cancer with multiple metastases. In one case I received no effect. In three other cases there was clear increase of appetite. One of these patients took upto 2.5 kg of weight in one month. The condition of the patient was so much improved that I had doubt whether the patient was really suffering from cancer. On the mental side the effect was remarkable. While all the three had lamented, felt belittled and said that they will soon die, they felt themselves so much ameliorated that they

had the feeling of well-being; and that they were going to be well again. The evolution was evidently and unfortunately fatal. All the three died suddenly but their death was less painful after a period of hopelessness and feeling of well-being.

I have used DNA-RNA on six old men of a neighbouring home. All the three were very much depressed, who were real fountains of tears and lamented continually. The amelioration was remarkable in five of these old men and even surprising in a woman who was suffering from Parkinson's disease and who wept perpetually. She gradually began to sing, bought a magneto phone and a pile of records, and became interested in everything anew, from politics to football. Nearly 50% of her Parkinson's disease was better. There was an undesirable effect: the reappearance of eczema which disappeared since several years.

#### STUDENTS DIFFICULTY

I have received satisfying results in the difficulty of students. Their marks in school increased from 10 to 25%. In a boy of 11 years whose trimester results increased from 48 to 56% and later on 61%. A light somnambulism which disappeared at the age of 6 appeared again. This effect proves that DNA-RNA may be useful in somnambulism.

#### CASE NO 1

Freddy D, 15 years (Case of Dr M Van Brabander Brussels). I was treating him since 1961 for Bronchial asthma which was very easily cured by *Ars-alb*; *Nat-m*; *Sil*; *Ip*; and T R as a ground remedy. Since then he consulted me for Angina or for nasal or bronchial catarrh and sometimes for a Medical Certificate for avoiding his examination for which he was not well prepared. Due to his easy fatigability he was unable to concentrate for which I often prescribed him *Silicea*. His results in the school were mediocre. He was suddenly attacked by a very severe type of influenza and in course of his treatment by his usual medicines *Nat-m* and *Silicea*. I prescribed him DNA 5CH, two granules

morning and evening. The result was surprising. The results increased from 60 to 80% esp in History and Geography subjects where very sharp memory is necessary. The boy did not come any more for medical certificate.

#### CASE NO 2

The second case is that of a young girl of 16 years, Michele G. Michele had epileptic fits with strident cry followed by clonic movements and deep stupor which caused the child to become extremely weak for some hours. She was treated for a long time with barbiturates but the attack could not be completely eliminated. The soporific effect of the medicine made the child refractory to studies. She became more and more fatty. The child was carbofluoric, sycotic and had a tubercular condition. I treated her with *Sil*; *Kali-br*; *Caust*; *Hyos* and I added to this treatment RNA in 5 CH. The result in the school surprisingly increased and the average varied near about 65%. Having this result the mother of the girl administered the granules to her son. The marks in the examinations of her son miraculously increased.

The epilepsy of Michele was not cured but her hopelessness as a student remained only as a memory.

#### CASE NO 3

The third and the last case was that of Jan H whom I was treating since long time for different diseases which were due to his tubercular constitution. He was 15 yrs old had a phosphor-fluoric constitution, often suffered from respiratory catarrhs which was clearly ameliorated by Homoeopathic treatment. He was timid, chilly, easily fatigued and was not interested in anything. His marks in school were near about 45% and that was also when he sat in the examinations. He was a student of modern humanities. The medicines that I prescribed for him were *Sil*; *Puls*; *Nat-m*; *Ars-iod*; with the ground remedies TR and *Thuja*. It was also after an attack of a severe type of influenza the boy could not attend his school. As a result his condition as a student became more hopeless and his future

ominous. I prescribed him DNA and RNA and I told him that he will become the first boy of the class. After one month his mother telephoned me that her son has obtained 60% marks in his examination, which was quite unexpected.

### EFFECTS ON SEXUAL DEPRESSION

Two cases have been presented out of total 5 cases. (Report by Dr Guite)

1. A man of 48 years consulted me once in July 1969 for nervous depression, fatigue, pessimism, anorexia, sexual weakness and impotence. Treatment DNA-RNA, *Nux-v*; *Agnus-cast*. I saw him after 6 months. He came in my chamber and asked for a certificate stating that I treated him for nervous depression. He told me after the treatment he felt himself so much vigorous, so much full of strength and appetite for food and sex that he

made an attempt at rape which costed him very dear.

2. A pensioner who lived in a home received DNA-RNA because of his low mental condition. After one month the head of the hospital attendant, a woman, asked me whether among the remedies that I gave to the man, there was anything that may cause him to pinch the lower parts of the young hospital attendants. The man was habitually peaceful and mournful.

Finally I say that DNA-RNA was always added to the Homoeopathic remedies prescribed to him based on symptom.

### THE PRESCRIPTION

According to Jenaer the prescription of DNA-RNA should be as follows:

When no other remedy is indicated

R/DNA	---	6X/IP	6/2P	12/1P	30/1P	1 to 5
RNA	---	6X/1P	6/2P	12/1P	30/1P	6 to 10

s/2 into 5 days of powders with 15 days interval

When there is specific indication of any other remedy

R/DNA	---	6X/1P	6/2P	12/1P	30/1P	1 to 5
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Specific

Remedy	---	6	12	30	200	6 to 10
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Or RNA	---	6X/1P	6/2P	12/1P	30/1P	11 to 15
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s/1 to 15 -3 x 5 powders with 15 days interval

R/DNA	6X/1P	6/2P	12/1P	30/1P	200/1P	for one powder Nos 1 to 6
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RNA	6X/1P	6/2P	12/1P	30/1P	200/1P	for one powder Nos 7 to 12
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(One powder everyday. Eight days interval between 6 and 7)

Which means: 1 dose of 6X

2 doses of 6 Korsakov = +4CH

1 dose of 12K = +9DH

1 dose of 30K = +5CH

1 dose of 200K = +7CH

(CH means centesimal Hahnemannian and DH means decimal Hahnemannian)

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