

# Homoeopathy - Hope for Hopeless

## Cases

**ABSTRACT:** In the following case report I am presenting a case of a 60 yr old gentleman, suffering from multiple myeloma treated successfully by Homoeopathy



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**INTRODUCTION:** Mosby's Medical Encyclopedia explains myeloma as a bone-destroying tumor. It may develop at the same time in many sites. Thus it causes large areas of patchy destruction of the bone. The tumor occurs most often in the ribs, vertebrae, pelvic bones and flat bones of the skull. Intense pain and sudden fractures are common.

The different kinds of myeloma are endothelial myeloma, extra-medullary myeloma, giant cell myeloma, multiple myeloma, osteogenic myeloma.

A 60 yr old gentleman, was suffering from multiple myeloma since 1982. He was a retired Chief Engineer (Civil) from UP, PWD. The disease was diagnosed on 30<sup>th</sup> September 1982 at New Delhi, when he was 53 years old; vide Case Summary of Department of Radiology, of an Hospital at New Delhi, dt 18<sup>th</sup> February 1989. (Photo copy of the Summary is produced below – which explains the course of treatment given to him till 27<sup>th</sup> April 1987; the Summary was procured on request – see last Para of the Summary).

Copy of the case Summary page 1

**FAMILY HISTORY:** Mother died of liver cancer.

**PRESENT HISTORY:** I was called to see the patient on 12<sup>th</sup> January 1989; he was bed ridden and in excruciating pain. He was unable to move due to the pain which aggravated intensely on slightest movement. The pain was in the upper portion of the left thigh mainly posteriorly – around

the hip joint.

The upper portion of the thigh was hypersensitive and bluish black. The patient was in great agony and was in that condition for more than a week. There were continuous spasms in the thigh with a feeling as if thigh was tied tightly by a rope. The paroxysms of the spasms came every three to five minutes. Slightest movement or jar to his bed was agonizing.

**PAST HISTORY:** Towards the beginning of the year of 1982 he started feeling pain in the upper portion of his right thigh which went on growing from bad to worse. He took Biochemic, Ayurvedic and Allopathic treatment with no avail. The cause of the pain could not be diagnosed properly. At that time the pain in the right thigh was so intense that slightest jar or movement was unbearable, the pain seemed as if in the thigh bone and was coming in waves. It started extending to the waist spasmodically. The patient told that at first it was diagnosed as a slip disc and he was treated but in vain. He consulted and got examined at a Medical College, yet the cause of the pain could not be found out. One day when he was trying to stand on a weighing machine to weigh himself, he fell down suddenly. At this he was admitted in the Hospital in New Delhi where it was diagnosed as Multiple Myeloma. He had pathological fracture in the head of right femur, the site of pain. On 30<sup>th</sup> September 1982 he was referred to an

other Hospital in New Delhi for Radiotherapy. (In the Case Summary given above the course of treatment and recurrence of the disease till 27<sup>th</sup> April 1987 is explained – not printed since not clear).

Since 1983 the patient had been taking only boiled vegetables especially gourd (*Lowkee*) and had abstained from all the cereals. The disease relapsed from time to time at different sites.

The present attack of the disease started in October 1988. X-ray pelvis AP view on 8<sup>th</sup> October 1988 revealed – FUC Multiple myeloma, Rt iliac bone is much affected.

At this stage the Radiologist did not mention any abnormality in the X-ray in his left femur head, where the disease was taking on. But, when the same X-ray plate was shown to another Radiologist he interpreted of left femur bone showing similar lesion (osteolysis/destruction) with irregular margins encroaching upon the lateral cervical margin in its upper part mainly in the inter-trochanteric region hip joint and iliac bone on this side however is unaffected. ....

Diagnosis consistent with M M with extension into the Lt upper femur (intertrochanteric) and both pubic and rt Ischial bone, in addition of course to the involvement of rt hip and iliac bone. First he took some Ayurvedic treatment with no avail, then he tried some homoeopathic treatment through which he felt some relief in the beginning but the complaint again aggravated to such an extent that he got confined to the bed. In the condition he was seen, the need of the hour was to provide immediate relief in the spasmodic pain of the patient as he was in real agony. So the first grade antispasmodic homoeopathic medicines like *Magnesia-phos*; *Belladonna*; *Cuprum-metallicum*; and *Lycopodium* in high potencies were given singly in succession at short interval. The patient felt relief on the very first night, the spasms returned the next morning. The spasms continued on and off intermittently but in lesser and lesser degrees of intensity.

On 14<sup>th</sup> January 1989, X-ray was again taken it revealed pathological fracture in the upper shaft

of the left femur. Plaster cast was fixed by the orthopaedician.

Homoeopathic medication was continued and the pain and spasm started reducing.

In view of cancer in the family history a dose of *Carcinocinum* 50M and then CM was given at long interval.

Mainly *Symphytum* 30 and *Angustura-vera* 30 were started in alternation as these medicines have the affinity to affect the bones and the bone marrow even if cancerous.

Later *Ruta-graviolens* 30, 200 and 1M; *Silicea* 200, 1M and 10M - were given as constitutional.

Gradually the pain in the thigh subsided and by the end of January 1989 the discoloration and the inflammation of the thigh disappeared.

The plaster cast was removed and X-ray was taken on 27<sup>th</sup> February 1989.

Traction was applied. On 11<sup>th</sup> March 1989 Orthopaedician was consulted who after examination declared that fracture has improved much.

On 13<sup>th</sup> March he proceeded to New Delhi for further investigation and treatment with his wife, who accompanied him informed that the doctors ruled out any further Radiotherapy because further dose would be harmful as he had already been given much of it; but he was advised a course of Chemotherapy for four days once a month. The patient took only three courses, because his TLC got very low. The prognosis of the doctors at the Hospital was that the formation of the bone at the site of the pathological fracture was false and the patient would never be able to use the limb. He returned back from New Delhi on 27<sup>th</sup> March 1989.

He did not take any allopathic medicine since October 1988. He continued taking the homoeopathic medicine and gradually continued to improve in all respects.

By 11<sup>th</sup> April 1989 he improved to such an extent that he was able to sit up in the bed for half an hour with support on his back; which was for the first time since Dec 1988 when he got confined to the bed. Gradually he was able to

sit in the bed for longer time.

23<sup>rd</sup> April 1989: he became able to sit on his bed with his legs hanging down at the side of the bed. On 25<sup>th</sup> April he shifted himself from his bed on to a revolving chair and sat on the chair for some time. He went on improving slowly and steadily.

22<sup>nd</sup> May: he tried to walk with the help of a walking stick, consequently felt severe pain in the lumbar region which lasted for a week.

3<sup>rd</sup> June 1989: He suffered from hemorrhage with stool. He had a history of hemorrhoids for a number of years. The hemorrhage lasted for two days only.

22<sup>nd</sup> June 1989: He attempted to walk again with the help of crutches; he could walk a few paces comfortably. After this he continued to walk with crutches gradually increasing distance without discomfort.

In the month of July 1989 he was able to walk with the help of only one crutch.

From 24<sup>th</sup> August 1989 he was able to walk with the help of a walking stick. Gradually he went on improving and started walking comfortably a distance of about two to three furlongs daily. On 19<sup>th</sup> September 1989 he first time visited my clinic; walking a total distance of nearly one and half kilometers comfortably.

This case was helped mainly by *Symphytum* 30 and *Angustura-vera* 30 given at different periods as I have already stated.

The co-operation of the patient - he followed my advice very sincerely, was the positive aspect.

The patient had a strong will power.

As far as the regimen was concerned, he had followed strict control. He was taking boiled food since April 1984 and after he was given Radiotherapy and chemotherapy. He abandoned all the cereals and started taking raw vegetables only. He was routinely taking the herbs - Ashwagandha, Nagarmotha, Mulaithi and Jeotishmati oil with honey and milk.

Used to practice meditation and pranayam.

He also was taking *Calcarea-phos* 6X and *Calcarea-fluor* 6X regularly.

In the month of March when he visited his Hospital at New Delhi where he was advised by the doctors to take homoeopathic medicines as his wife informed me. He did not tell them that he was already taking homoeopathic treatment.

**CONCLUSION:** Sometimes man becomes a victim of his own whims and follies. This patient when much improved did not care to ask my advice for what he intends to do. Even after he was warned at the Hospital that due to frequent Radiotherapy his bones have become fragile; he took sunbaths by sitting in the sun from sunrise to sunset, during the month of September in 1989 without consulting me or any other medical man. This kind of over exertion affected his general health adversely.

In the month of October one of his old aunt died. He joined to attend her cremation though his friends requested him to stay behind. But he did not agree.

The cremation ground was more than one kilometer away from his house and there was one steep rise at the river bank caused by rain water on the way to the cremation ground. When the patient tried to ascend this steep edge he got undue strain in his back and from that moment he started feeling excruciating pain in the lumbar region and consequently the lower portion of his body below lumbar region was paralyzed. After this accident he never recovered in spite of all efforts and even hospitalization. Ultimately he died in the month of January 1990.

**Discussion** - A few words about *Symphytum* and *Angustura-vera*:

***Symphytum*** - Dr M L Tyler says that *Symphytum* is a very great remedy of fractures, and of fractures that fail to unite. It has a special mission in regard to periosteum (*Ruta*) and bone.

In case of fractures, ensure position and immobility and *Symphytum* will take charge.

Dr Tyler has also given an example of a case of a growth diagnosed as round celled sarcoma under *Symphytum* in 'Homoeopathic Drug pictures'.

***Angustura-vera*** - The prominent symptoms of

this remedy with respect to its action on bones and muscles are as follows:

Among the prominent features are: Drawing, tension, stiffness of muscles and joints; bruised, sore feeling as after a blow.

General weakness and stiffness as if the marrow of the bones was stiff.

Caries and painful ulcers of long bones that perforate them. Flushes of heat with perspiration and anxiety. Orgasm of blood in sleep in the morning. Desire to stretch.

Electric-like shocks.

Caries of long bones that perforate them right through to the marrow. (Dr George Vitoulkas)

Commonly we do not find exact pathological terms in our Materia Medica because:

1) As the research in the medical field is a continuous process and new nomenclature is

emerging every now and then the old names become obsolete.

2) When most of the medicines were proved in the past the effort was to note the symptoms in simple language; where the technical terms were used they are those in vogue at that time.

3) The provings of medicines generally are not done to the state of pathological changes therefore we generally do not find the pathological terms in the Materia Medica. Moreover the methods and devices used today were not existing then.

Therefore in the field of homoeopathy apart from the symptom totality we have to use analogy to reach the proper diagnosis in terms of the indicated medicine.

## My son had to ask me to treat her!

**ABSTRACT:** An interesting case of Strabismus. A total surgical case for allopathy treated well with Homoeopathy. She even started using eye make-up.  
**Editor:** Dr Bajaj is a regular reader of NJH since 1995 and a SDHA member. Both these have helped her in her practice. Today, after much cajoling, she contributes a case for NJH.



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Miss P, 19 yrs, Sikh girl (Hindu). OPD REG NO: 05000143.

It was Diwali 2007. Yet, I used to go to all the three clinics and also do pooja at home late at night. Both main clinics are far away, one 15 km and other 9 km on either side of my house, my house being in between. When I came to my Delhi clinic late in the evening and we started the pooja (I always call some of my close patients and my assistants), my son (doing BDS 2<sup>nd</sup> yr) noticed that there was some abnormality in the eyes of P (my new co mpounder). She had

started working with me from January 2007. My son scolded me for not looking after the people working under me and asked me to treat her.

**CHIEF COMPLAINTS:** Strabismus of the left eye. Eye was totally deviated, making the patient look very odd. Ignorant girl - she could not explain to me about her vision (if she feels any difference or not). To my observation, she was using only the right eye.

**PAST HISTORY:** Not significant. except history of recurrent sore throat about 5-6 yrs ago.

**FAMILY HISTORY:** Mother: Hypertension