

# THE OPPOSITES

*By*

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## THE OPPOSITES

By studying the directly opposite properties of medicines one can better keep them in his memory, and recall them to his mind whenever required. A few such characteristics are mentioned below :

### Abdomen.

- (a) Shrunken : Nux., Plb.  
 (b) Engorged : Calc., Sep.  
 (a) Pit of the stomach swollen like an inverted saucer : Calc.  
 (b) Abdomen flabby and sunken : Calc, p.

- Anus. (a) Pain in anus  $\gt$  after stool : Nux,  
 (b) " "  $\lt$  " : Nit. ac.

### Anxious expression.

- (a) When the child is lifted from the cradle : Calc.  
 (b) " lowered into the cradle : Bor.

- Appetite. (a) Much appetite, less thirst, chilly : Phos. ac.  
 (b) Much thirst, less appetite, wants cold : Acet. ac.

### Apyrexia.

- (a) During apyrexia patient feels well : Chin.  
 (b) " is sick and miserable : Ars.

### Arms, numbness of.

- (a) Left arm : Acon., Kalm., Puls.; Rhus.  
 (b) Right arm : Phyt.

Asthma. (a) Cannot lie, must sit leaning to the front :  
Ars., Kali c.

(b) Must lie for relief : Mang., Psor.

(a) Stretching of arms away from body > :  
Psor.

(b) " " < : Ars.

(a) Cannot get air in : Aral. r.

(b) " " out ; Chlorin., Meph., Samb.

(a) > in warm room : Ars.

(b) < " " : Apis.

(a) > lying with head low ; Psor.

(b) > " " very high : Chin.

Back. (a) Pressure on the back is intolerable;  
cannot sit leaning on the back of a chair :  
Cimic.

(b) Pressure on the back relieves; desires to lie  
on the back : Nat. m.

(a) Coldness in the back between shoulders :  
Am. m., Nat. c.

(b) Burning in the back between shoulders :  
Lyc., Phos.

(a) Pains extend from other parts to the back :  
Sep.

(b) " " the back to other parts :  
Sabin.

Backache.

(a) > after urinating : Lyc.

(b) < " " : Syph.

Bed. (a) < by heat of but > by rest in bed ; Merc.

(b) > " " < " " : Ars.

Bones, diseases of, especially of long bones.

- (a)  $\triangleright$  from cold : Fl. ac.  
 (b)  $\triangleright$  by warmth ; Sil.

Breasts.

- (a) Sore as boils for one week before menstruation : Tuber.  
 (b) Very sensitive at non-menstrual period : Med.

Canthi.

- (a) Cracks of the inner canthi : Petr.  
 (b) „ „ „ outer „ : Graph.

Caries of ossicles and mastoid with copious discharge.

- (a)  $\triangleleft$  by warmth : Fl. ac.  
 (b)  $\triangleleft$  by cold : Sil.

Carriage riding.

- (a)  $\triangleleft$  from carriage-riding : Coce., Lysc.  
 (b)  $\triangleright$  from carriage-riding : Nit. ac.

Carrying.

- (a) Child will not be quiet unless carried: Cham.  
 (b) Child does not bear to be moved : Acon., Bry., Bor.

Cerumen.

- (a) Abnormal accumulation of ear-wax : Con.  
 (b) Deficiency of ear-wax : Calc., Carb., v.

Chest. (a) Oppression after eating : Alum.  
 (b) Oppression  $\triangleright$  after eating : Ambra.

Chronic diseases.

- (a) It is rarely advisable to begin the treatment of chronic diseases with Lyc. unless clearly indicated.

**Chronic diseases.**

(b) Best remedies with which to begin the treatment of chronic diseases :

Calc., Puls., Sulph.

**Cold application :**

(a)  $\succ$  Apis., Fl. ac., Led., Phos., Puls., Seo.

(b)  $\triangleleft$  Anthr., Ars., Leob., Sil., Sypb.

**Colic.** (a)  $\triangleleft$  bending backwards :

Coloc.

(b)  $\succ$  bending backwards :

Bism., Dios.

**Company.**

(a) Likes company :

Ars., Bim., Lye., Kali o., Stram.

(b) Likes solitude :

Coca., Igu., Nux., Sep.

**Consolation.**

(a)  $\triangleleft$  :

Nat. m.

(b) Seeks consolation :

Puls.

**Convulsions.**

(a) Spread from the extremities to the centre :

Cup.

(b) „ „ „ „ head, eyes and throat to the extremities :

Cic.

**Cough.** (a)  $\succ$  by a drink of cold water :

Caust., Cup., Op.

(b)  $\triangleleft$  by a drink of cold water : Soilla, Spong.

(a)  $\succ$  going from warm to cold air : Phos.

(b)  $\triangleright$  going from cold to warm air : Bry.

(a)  $\succ$  when lying down : Mang. m.

(b)  $\triangleleft$  when lying down : Dros., Hycs.

(a) On expiration : Acon., Caust.

(b) On inspiration : Spong.

(a) preceded by crying : Arn., Bell.

(b) crying after the paroxysm : Caps.

Croup with dyspnoea.

(a)  $\triangleright$  when lying down : Kali bi.

(b)  $\triangleleft$  when lying down : Aral., Lach.

Curse. (a) Irresistible desire to curse and swear : Anac.

(b) Wants to pray continually : Stram.

Cover. (a) Cannot uncover in the least without feeling chilly : Nux.

(b) Feels better from uncovering : Ign.

Delirium.

(a) Violent, active delirium, with or without fever : Ars., Bell., Hyoa., Stram.

(b) Passive delirium without fever : Con.

Diagonal complaints.

(a) Upper left and lower right :

Agar., Ant. t., Stram.

(b) Upper right and lower left :

Ambra., Brom., Med., Phos., Sul. ac.

Diarrhoea.

(a) Whitish gray, odourless, and the patient feels comfortable and happy : Phos. ac.

(b) Yellow, offensive, and the patient looks as if dying : Pod.

(a)  $\triangleleft$  at night : Chin.

(b) Only in the day time : Petr.

Digestion.

(a) Stomach complaints  $\triangleright$  during process of digestion : Anac.

(b) Stomach complaints  $\triangleright$  during process of digestion : Bry., Nux.

Diphtheria.

- (a) The membrane first forms in the bronchi,  
or larynx, running upward : Brom.
- (b) The membrane forms first in the nose and  
runs downward : Lyc.
- (a) < by hot drinks : Lach.
- (b) < by cold drinks : Lyc.

Diplopia.

- (a) Of near objects : Aur., Bell., Cic., Con.,  
Nit. ac., Phyt, Stan., Verat. v.
- (b) Of distant objects : Am. c., Plb.

Direction.

- (a) Complaints spread from above downward :  
Bell., Kalm.
- (b) „ „ „ below upward :  
Acon., Led., Pula., Sulph.
- (a) „ „ go from left to right : Lach.
- (b) „ „ „ right to left : Lyc.

Drinks.

- (a) Desires very hot drinks, unless almost  
boiling stomach will not retain them. Chel.
- (b) Craves ice-cold drinks which are thrown out  
as soon as they get warm in the stomach :  
Phos.
- (a) Drinks much tea : Thuj
- (b) Aversion to tea : Phos.

- Eggs. (a) A very great longing for eggs : Calo.
- (b) Aversion to eggs : Fer.



### Emaciation.

- (a) Begins in the lower limbs and gradually spreads upwards : Abrot., Arg. n.  
 (b) Begins above and comes downwards : Lyc., Nat. m., Psor.

### Emissions.

- (a) Back symptoms > by emissions : Zino.  
 (b) " " < " " : Cob.

### Enuresis.

- (a) Diurnal : Fer. p.  
 (b) Nocturnal : Bell., Caust., Equi, Syoot. co.

### Epilepsy.

- (a) The attack ceases after the patient drinks water : Caust.  
 (b) The attack returns after the patient drinks water : Calo.

### Erections.

- (a) At 2 a. m. : Aloe.  
 (b) At 2 p. m. : Alumn.

### Eruptions

- (a) On the flexor surfaces : Graph., Nat. m.  
 (b) ,, ,, extensor ,, : Kreos.

### Erysipelas.

- (a) Travels from left to right : Rhus.  
 (b) ,, ,, right to left : Apia.

### Excitability ..

- (a) Increases excitability : Bell.  
 (b) Decreases ,, : Op.

Eyes.	(a) Discharge from the eyes bland :	All. c.
	(b) " " " " , acid :	Euphr.
	(a) Photomania :	Acon., Stram.
	(b) Photophobia :	Arg. n., Bell., Con., Euphr., Hyos.
	(a) Specks before right eye :	Macrot., Sil.
	(b) " " left " :	Sulph.
	(a) Cloudy sight before menses :	Kali bi.
	(b) " " after " :	Sil
	(a) Everything appears smaller :	Plat.
	(b) " " " larger :	Hyos.

Fingers.

(a) Spread apart :	Sec.
(b) Drawn close together :	Cup.

Growth.

(a) Child does not grow :	Bar. c.
(b) Child grows too rapidly :	Calc. p.

Head, itching of the scalp.

(a) > by scratching :	Thuja.
(b) < by scratching :	Phos.

Headache.

(a) > for a short time after eating :	Phos.
(b) Appears after eating :	Nux mos
(a) Made < by eating :	Bry.
(b) Entirely > by eating :	Anac.
(a) > from uncovering the head :	Glon., Lyc.
(b) > by wrapping up the head :	Bell., Sil.
(a) > by looking sideways :	Olean.
(b) < by looking sideways :	Acon., Dig., Sil.,

Headache.

- (a) Alternating with diarrhoea : Pod.  
 (b) " " constipation : Aloe.  
 (a) < from exposure to the sun : Glon.  
 (b) < " cold air : Kali ars.  
 (a) > bending the head backwards : Bell.  
 (b) < " " : Glon.  
 (a) > in open air Glon., Puls.  
 (b) < " " : Bell., Nux.  
 (a) Begins in the back of the head, comes forward, settles over one or the other eye : Spig.  
 (b) Pain over the eyes extends along the base of the brain to the occiput : Cimic.  
 (a) Clouded sight before headache : Kali bi.  
 (b) " after " : Sil.

- Heart. (a) Lancinating pain from the base to the apex : Syph.  
 (b) " " apex " base : Med.  
 (a) Deep seated pain at base : Lob.  
 (b) " " apex : Lil.

Heat and cold.

- (a) All the symptoms except gastric are > by warmth; while the gastric symptoms are > by cold food : Sil.  
 (b) Likes warmth inside, cold outside : Lyc.

Hemorrhoids with intense burning

- (a) > by hot water : Mur. ac.  
 (b) > " cold " : Aloe.

**Hemorrhoids with intense burning.**

- (a) > by walking : Ign.  
 (b) < " : Aesc., Brom., Carb. an.,  
 Mur. ac., Syph.

**Hoarseness.**

- (a) < in the morning : Caust.  
 (b) < " evening : Carb. v.  
 (a) > by talking : Caust.  
 (b) < " : Phos.

**Hot application.**

- (a) > Ars., Anthr.  
 (b) < Led., Seo.

**Idiocy. (a) A picture of acute idiocy :**

Hell.

(b) " chronic " ;

Bar. o.

**Intermittent fever.**

- (a) Only chill stage; other stages absent : Aran.  
 (b) Chill stage absent; other stages appear :

Ars.

**Itching.**

- (a) Of hands : Fago.  
 (b) " feet : Hydrocot.

**Labour pains in the abdomen.**

- (a) From right to left : Lyo.  
 (b) " left to right : Ipec.

**Light and company.**

- (a) Desires light and company : Stram.  
 (b) " darkness and solitude : Bell., Coca.

**Limb. (a) Fidgetty hands :**

Kali br.

(b) " feet :

Mosc., Zinc.

Lips. (a) Exanthema on the upper lip : Sulph.  
 (b) " : under " : Bry.

Larynx.

(a) Cold sensation in larynx on inspiration >  
 after shaving : Brom.  
 (b) Cold sensation in larynx on inspiration <  
 after shaving : Carb. an.

Leucorrhoea.

(a) Before menses : Calc., Carb. v., Chin.,  
 Graph., Phos., Puls., Sep.  
 (b) After " : Alum., Calc., Graph., Kreos.,  
 Puls., Kuta., Sil.

Lying. (a) Cannot lie to the right : Arg. n., Mero.  
 (b) Always lies to the right : Phos.  
 (a) Cannot sleep lying on the back : Acet. ac.  
 (b) Sleeps better on the back : Ars., Bry.  
 (a) < lying on the painful side : Bar. c., Merc.  
 (b) > " : Bry., Puls.  
 (a) < " right side : Mag. m., Mero.,  
 Stan.  
 (b) < " left " : Bry., Ptel., Puls.,  
 Sulph.

Menses.

(a) Flow only when lying; ceases when sitting or  
 walking : Kreas., Mag. c.  
 (b) Flow only when moving about; ceases when  
 she ceases to walk . Li. t.  
 (a) Constipation before and during menses : Sil.  
 (b) Diarrhoea " :  
 Am. c., Bov.

## Menses.

- (a) Too early, too profuse : Cycl.  
 (b) " late " scanty : Puls.  
 (a) ▷ during the flow : Cycl., Lach.  
 (b) ◁ " : Crotalus., Puls.  
 (a) Scanty : Lach.  
 (b) Profuse : Crotalus.

- Mind. (a) Mental dwarfishness : Bar. c.  
 (b) Mentally precocious : Tuberc.  
 (a) Great aversion to be alone : Ara., Bism., Kali c., Lyo.  
 (b) Desires to be alone : Ign., Nux.

- Mouth. (a) Dry mouth with no thirst : Nux. m., Puls.  
 (b) Moist " great " : Merc.

## Movement.

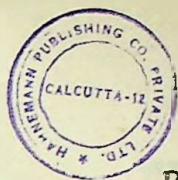
- (a) ◁ complaints : Bry.  
 (b) ▷ " : Puls., Rhus.

## Nausea.

- (a) When the food is in the stomach : Puls.  
 (b) After " out of the stomach : Ip.

- Nails. (a) Do not grow : Ant. c.  
 (b) Grow rapidly : Fl. ac.

- Nose. (a) Discharge from the nose acrid, from the eyes bland : All. c.  
 (b) Discharge from the nose bland, from the eyes acrid : Euphr.  
 (a) Fluent by day, stopped up at night : Nux.  
 (b) " night " during day : Caust.



- Ovary. (a) Pain in the right ovary : Pallad.  
 (b) " left " : Arg. m.
- Pain. (a)  $\triangleright$  from heat : Mag. p.  
 (b)  $\triangleleft$  " : Cham.
- (a) through lower left chest ; Nat. s.  
 (b) " right " : Kali c.
- (a) Begins about the molar bones and eyes and go back towards the head : Thuja.  
 (b) Begins in the back of the head and come forward : Spig.
- (a) Starts suddenly and as suddenly ceases : Bell.  
 (b) Increases and decreases gradually : Arg. n., Plat., Stan.
- (a) Pain shoots from region of liver to the right shoulder and scapula : Chil.  
 (b) Pain shoots from region of liver to the left shoulder and scapula : Berb.
- (a)  $\triangleright$  when thinking about it : Camph., Hell.  
 (b)  $\triangleleft$  " : Calc. p., Halon., Ox. ac.
- (a) As from needles of ice : Agar.  
 (b) " hot needles : Ars.
- (a) Constant under the lower inner angle of right scapula : Chel., Kali, c., Merc.  
 (b) Constant under the lower inner angle of left scapula : Chen.
- Paralysis.  
 (a) Descending paralysis : Bar. c., Merc., Zino.

## Paralysis.

- (b) Ascending paralysis : Agar., Ars., Con.,  
Hydroc. ac., Kali c., Mang.

## Palpitation.

- (a)  $\triangleleft$  from lying on the right side : Arg. n.,  
Alumn., Bad., Kali n., Lil. t., Plat., Spong.  
(b)  $\triangleright$  from lying on the right side : Glon.,  
Lach., Phos., Psor., Tab.

## Picking.

- (a) Of bed clothes during sleep : Op.  
(b) " while awake : Bell., Hyos.  
Constantly picking his lips, clothes, or  
boring into his nose with his finger.  
(a) While unconscious : Hell.  
(b) " perfectly conscious : Arum.

## Pressure.

- (a) Slightest pressure  $\triangleleft$  : Lach., Nux.  
(b) Hard pressure  $\triangleright$  ; Bry., Coloc.

## Priapism at night.

- (a)  $\triangleleft$  lying on back : Plat.  
(b)  $\triangleright$  " : Rhus.  
(a) With glands drawn up : Berb., Sel.  
(b) " down : Canth.

## Prostration.

- (a) First mental, then physical : Phos. ac.  
(b) Muscular prostration comes first, then  
mental : Mur. ac.  
(a) Feels weakness most when at rest : Lye.,  
Rhus.

Prostration.

- (b) Feels strong till moves and then weakness  
is at once felt : Ars.

Rainy season.

- (a)  $\angle$  in cold damp : Rhus.  
(b)  $\triangle$  " warm " : Carb. v.

Reactive power of the system. When carefully selected remedies fail to produce a favourable effect, to rouse the reactive power of the system.

- (a) In acute diseases : Sulph.  
(b) " chronic " : Psor.

Rheumatism.

- (a) Begins in upper extremities : Cact., Kalm-  
(b) " lower " : Led.

Riding in a carriage.

- (a)  $\triangleright$  Nit. ac.  
(b)  $\angle$  Coc.

Sea-shore.

- (a) Complaints  $\triangleright$  at sea shore : Med.  
(b) "  $\angle$  " : Nat. m.

Sexual desire in women.

- (a) Excessive : Canth., Murex., Phos., Plat.,  
Stram.  
(b) Wanting : Sep.

Shaving.

- (a)  $\triangle$  Carb. an.  
(b)  $\triangleright$  Brom.

Shoulder. Pain in shoulder.

- (a)  $\triangle$  by raising arm : Sang. o  
(b)  $\triangleright$  " : Phos. ac.

Shoulder.

(a) Numbness of left shoulder : Acon., Kalm.,  
Puls., Rhus.

(b) " right " : Phyt.

Sides. (a) Symptoms go from right to left : Anac.,  
Lyc.

(b) " left to right : Lach.,  
Rhus.

Skin lesions.

(a) Travel from left to right : Rhus.

(b) " right to left : Apis.

Skin symptoms.

(a) Better in cold weather : Kali. bi.

(b) Worse " : Alum., Petr.

Sleep. (a) Always  $\triangleright$  from sleep : Phos.

(b)  $\triangleleft$  after sleep : Lach.

(a) Sleeps better on back : Ars.

(b) Cannot sleep lying on back : Acet. ac.

(a) Feels weak if he loses but one hour's sleep :  
Cocc.

(b) Even a short sleep refreshes : Phos. ac.

(a) Cannot keep from falling asleep in the evening while sitting or reading hours before bed time, and awakes at 3 or 4 a. m.; falls into a dreamy sleep at day-break from which he is hard to arouse : Nux.

(b) Wide awake in the evening, does not want to go to bed; first sleep restless, sound sleep when it is time to get up : Puls.

Sleepless.

- (a) From good news : Coff.  
 (b) " depressing news : Ign.

Solitude.

- (a) Fears solitude : Hyos., Kali c., Lyc., Phos.,  
 Stram.  
 (b) Desires " : Bar. c., Bufo., Carb. an.,  
 Coca., Gels., Ign., Nux., Staph.

Sore throat.

- (a) Hardly painful inspite of deep ulcerations :  
 Bap., Lach.  
 (b) Atrocious pains in the throat with nothing  
 much to see : Bell.  
 (a) Can swallow only liquids, least solid food  
 gags : Bap., Bar. c., Crot. h.  
 (b) Swallowing liquids almost impossible, can  
 swallow solids better : Lach., Merc. c.  
 (a) < by hot drinks : Lach.  
 (b) > " : Crot. h., Sabad.

Stomach. Indescribable feeling in the stomach.

- (a) > by loosening the clothes : Hep., Lach.  
 (b) > " tightening " : Fl. ac., Nat. m.  
 (a) Pressure in stomach.  
 (a) Comes when walking : Bell.  
 (b) > " " : Calc.

Suppuration.

- (a) Promotes suppuration and brings the  
 suppurative process to maturity : Sil.  
 (b) Checks suppuration and promotes healthy  
 granulation : Calc. s.

Sweat. (a) >	Bry.
(b) <	Mero.
(a) Free sweat but pains keep the patient quiet:	Bry.
(b) Scanty sweat but pains make the patient restless :	Eupat.
(a) Sweat when he sleep stops when he wakes :	Cham., Chic., Con., Thuj.
(b) " wakes, stops when he sleeps :	Samb.
(a) " of head, body dry :	Sil.
(b) " " body, head dry :	Rhus.
(a) " when pains disappear :	Chel.
(b) Pains > after profuse sweat :	Arm., Nat. m., Eupat.
(a) Sweats copiously :	Calc.
(b) Sweat rare and scanty :	Alum.
Teeth. (a) Roots decay, crowns remain :	Mez.
(b) " remain, " decay :	Merc.
Teethache.	
(a) < in recumbent position :	Ign.
(b) > " :	Mero.
(a) < lying on the affected side :	Ara.
(b) > " :	Bry.
(a) < during rest :	Rhus.
(b) > " :	Merc.
(a) < by cold :	Bry.
(b) > " :	Cham.
(a) < by smoking :	Bry., Ign.
(b) > " :	Mero.

- Thirst. (a) For large quantities far apart : Bry.  
 (b) " little and often : Ara.  
 (a) During chill and at no other stage ; Apie.,  
 Carb. v., Ign.  
 (b) Never with the chill ; Ars.  
 (a) Much appetite, less thirst, chilly : Phos. ac.  
 (b) " thirst, " appetite, wants cold :  
 Acet. ac.  
 (a) Thirstless, wants cold : Apis.  
 (b) Thirsty, " warmth : Apoc.

- Time. (a) Passes too slowly : Alum., Arg. n., Carb. I.,  
 Glon., Med., Nux.  
 (b) " quickly : Coco., Sulph., Therid.,  
 Thuj.

Tongue.

- (a) Ulcer on the right border : Sil., Thuj.  
 (b) " left " : Apie.

Tonsillitis.

- (a) Pains < by hot drinks : Lach.  
 (b) " > " : Sabad.  
 (a) Painful on swallowing : Psor.  
 (b) Painless " : Bar., c.

- Urine. (a) Feels cold when passing : Nit. ac.  
 (b) " hot " : Bor.  
 (a) Can only pass urine with feet wide apart  
 and body inclined forward : Chin.  
 (b) Can only pass urine while sitting bent  
 backwards : Zinc.  
 (a) Pains < after urinating : Equi. h.

Urine. (b) Pain when the urging to urinate comes on : Petrs.

Vertex. (a) Burning round spot on vertex : Calo, Sulph.

(b) Cold " : Sep., Verat.

Vertical direction.

(a) Emaciation begins in the lower limbs and gradually spreads upwards : Abrot.

(b) Emaciation begins above and spreads downwards to the lower limbs : Lyc., Nat. m., Psor.

(a) Complaints of Acon. and Puls. come on from getting the feet wet and go upwards and off at the head.

(b) Bell. complaints come on from exposure of the head and go downwards, sometimes affects the head, sometimes the chest, sometimes the stomach and sometimes centre in the uterus.

Vertigo. (a) < from lying down : Rhue.

(b) > " " " : Apis.

(a) When looking up : Puls., Sil.

(b) " " down : Spig.

(a) " closing the eyes : Petr., Therid.

(b) " opening the eyes : Tab.

Warts (a) On palms of hands : Nat. c., Nat. m., Ruta.

(b) On back of hands : Dulo.

Weakness.

(a) 'Washed out', but won't give in : Sil.

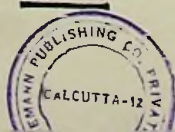
(b) 'Washed out', must give in : Pic. ac.

(a) Feels weakness most when at rest : Lyc.

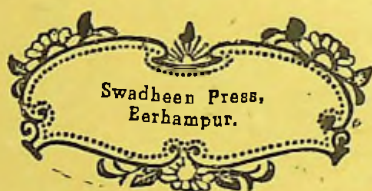
(b) Feels strong till moves, then weakness is at once felt : Ars.

Wet. (a) Complaints from getting the head wet : Bell.

(b) Complaints from getting the feet wet : Acon., Fals.







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