

Kali carb — A Fighting Friend

This is a case of a forty year old woman who had Psoriasis on both palms and soles.

Life shadow:

They were five sisters and three brothers, from a middle class Gujarati family with a happy childhood. The patient did not have any children but looked unconcerned and quite happy-go-lucky.

During the interview, her younger sister who accompanied the patient seemed more concerned about the patient's health. She discussed the case with more interest, requesting me to give her sister the best medicine to get quick relief, since her sister's itching was very severe and no medicine in the past had given her any relief.

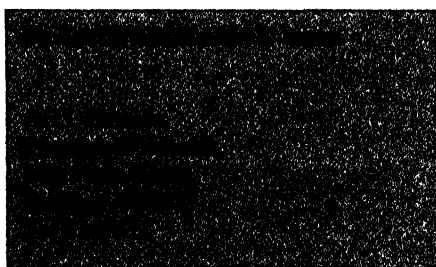
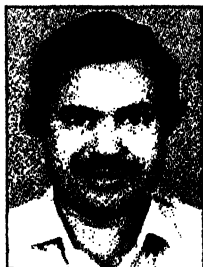
(This younger sister once suffered from severe backache due to P I D which responded to *Causticum* 1 M).

The patient sat quiet, looked timid and shy. But her sister described her nature as talkative and jovial at home and familiar people.

I gave her *Calc-carb* 10 M one dose followed by SL. From next time she started coming alone to my clinic but always after a phone call. She would speak to me in Marathi, would ask if I recognised her voice or not? But when she would meet me personally she always spoke in Hindi.

First follow-up—Feeling better.

After a couple of follow-ups she was less shy and



spoke freely: would enquire about my family members, and discuss several topics like movies and politics.

I repeated *Calc-carb* 10 M dose after fifteen days followed by SL and she always said she was better. But after almost one year's treatment her patches were the same. I gave *Calc carb* 50 M one dose in fifteen days for next three months. Each time she would say that she is better but patches did not disappear. So I paid more attention. I noticed that her way of talking was as if she is quarrelling. She would many a times argue on small points. She had invited our family to see her newly furnished house and since we could not make it she became angry.

I understood then that she had become dependent on me as her doctor and felt better even when I gave her wrong medicine.

This is the theme of *Kali-carb*, Phatak's *Materia Medica* says about '*Kali carb's* mind' "Quarrels with one's bread and butter, his family," meaning quarrels with a person who is as important to him as bread and butter is or quarrels with a person who earns bread and butter for him, a person on whom he is very much dependent.

Clarke's *Dictionary of Practical Materia Medica* says about '*Kali-carb* mind' "Changeable humour, at one time evincing mildness and tranquility, at other time passion and rage."

I gave her *Kali-carb* 10 M one dose followed by SL. Within a month almost all patches disappeared only to recur after 6 months. I repeated one more dose of *Kali carb* 10 M then and another dose one year later when there was very a mild recurrence. Since then for past two years there is no recurrence.

"Company desire for, yet treats them outrageously"—is one symptom exclusive to *Kali-carb*. (*Synth Rep* Vol I). ◉