

# Synopsis of other Journals

## AUDE SAPERE, NOV-DEC 2007

This issue is based exclusively on *Nat-mur* and especially focusses on mental rubrics.

TEAM AUDE SAPERE has covered most of the mental rubrics along with the dreams and explained them beautifully.

DR RASHMI SHARMA presents a short poem and later converts it into Repertorial rubrics:

*Mannish habit when found in girls*

*Refusing your every help*

*Slow in learning to talk*

*Indolent, postpones the work*

*Love with wrong person*

*Dwells on past disagreeable occurrences*

*Love with silent grief*

*Grief has made her weak*

*Awkward, drops and strikes against things*

*Caressed, averse to being*

*Absorbed in her future thoughts*

*She needs Nat-mur drops*

### CONVERTED TO RUBRICS

- a) Mannish –girls, mannish looking.
- b) Talking –slow learning to talk.
- c) Love – wrong persons with the.
- d) Dwells –past disagreeable occurrences on.
- e) Absorbed –become of him; as to what would.
- f) Grief silent love, from disappointed.
- g) Awkward –drops things.
- h) Awkward –strikes against things.

Through this the essence of *Nat-mur* in a nutshell comes out.

## MONTHLY HOMOEOPATHIC MAGAZINE, MAY 2007

This magazine elucidates a case of infertility by Dr Rashmi Pande.

Psychological impact on infertility. She asks whether anger, stress, depression are cause or effect?

She highlights the role of life-style eg late marriages, career importance; family bonding and other causative factors like:

- a) Weight and exercise
- b) Smoking and alcoholism

## c) Sexually Transmitted Diseases

And other common pathological causative factors like Obesity, Diabetes, Hyperthyroidism, Endometriosis, PCOD, etc.

The author has also enlisted various remedies for sterility from Kent's Repertory. She has proved her point by presenting a case of infertility successfully treated with *Sepia* and occasional dose of *Psorinum* in a 35 year old lady.

## INDIAN JOURNAL OF RESEARCH IN HOMOEOPATHY, VOL 2 NO 1 JAN-MAR 08 ISSUE

Dr Ravi Kumar S has given a case of vitiligo in a 10 year old girl, suffering for the last 2 years. The author gives the pictorial representation of the case both before and after treatment.

After thorough repertorisation the author gave the patient a single dose of *Phosphorus 30* and again repeated in a single dose after 3 months when the improvement became standstill, along with the Placebo and thereafter there was a marked improvement.

The author stresses on the point that this reaffirms the principle of single medicine, minimum dose and infrequent repetition advocated by Hahnemann.

## THE JOURNAL OF THE FACULTY OF HOMOEOPATHY, VOL 97, No 2 APR 08

Dr George Vithoulkas in his article, "British Media attacks on Homoeopathy: Are they justified?" lambastes the modern day homoeopaths for providing fodder to these media people to attack our beloved homoeopathy.

The author feels that there is vested interest, opportunist or hatred of few people who are opposed to the development of Homoeopathy. The author laments that the modern day homoeopaths who 'invent' various ways of practicing homoeopathy are the culprits to defame Homoeopathy.

Drug Proving is conducted by them by giving a dose of a drug to group of people few days before or even during a seminar and then the effect of the drug is demanded during the seminar itself.

These people forget that Drug Proving is a lengthy process and it requires commitment by the provers. The author becomes red in his face when he says that few of these homoeopaths are of the view that you have to just write the name of the remedy with the potency on a piece of paper, put a glass of water over it and the potentised remedy is prepared.

Yet another will say that you need not give the remedy to the patient. Just think of the remedy and the patient is cured.

The author is in pain to say that these homoeopaths forget that homoeopathy is a science, an art and it is based on principles and Hahnemann has given the essential parameters to practice it. It does NOT act as a placebo.

The author in the end has a sparkle in his eye and feels that there are enough sane homoeopaths who can turn the craziness, disorder and confusion into order and sanity, but they must speak out.

#### HOMOEOPBUZZ, MAY 08

A piece of advice to all those budding homoeopaths and to those who have not been successful in their homoeopathic practice and are thinking about switching loyalties to Allopathy, please read the interview of homoeopathic stalwart Dr Vishpala Parthasarthy.

Though a daughter of an eminent homoeopath, she has come up all the way on her own. One might think that since she had the guidance and blessings of her mother, she will have a busy practice from day one, but even she had to wait months and months for patients. Dr Parthasarathy throws light on how she became a successful homoeopath, a skillful orator, a respected teacher and above all a perfect kind human-being.

By merely going through her interview one would be bound to feel her aura being rubbed onto you.

She doesn't advocate polypharmacy; is of the view that homoeopaths are held in high regards in the society compared to the allopathic GPs.

She has a strong message to the readers which is quoted verbatim:

If you are true to your science and work for your cases and the patients faithfully, there is no way that you will fail. You are then surely on your way to success and will reach to the top one day.

#### INDIAN JOURNAL OF APPLIED HOMOEOPATHY, VOL 3, ISSUE 2 APRIL-JUNE 08

- a) The therapeutics on female disorders by Dr K P Muzumdar is a short and sweet description of frequently used remedies in spasmodic dysmenorrhoea, congestive dysmenorrhoea, membranous dysmenorrhoea, leucorrhoea and vaginitis. The article is not complete and it will be continued in the next issue.
- b) Dr Shanta Shaikh and others have given an outline of Arterial Blood Pressure. The authors have given an insight into the different types of BP, its physiological variation, regulation of BP, recording of BP. Short description of Hypertension and Hypotension has also been given with equally short Homoeopathic and Allopathic therapeutics along with diet and exercise.
- c) The authors Dr Sudha Vaidya and Dr Malini Desai presents a case of right ovarian cyst in a 32 yr old housewife, treated with *Phosphorus* 200, one dose.

The authors have advised readers that when treating a case of ovarian cyst, the physician must know about the type of cyst and the threatening complication that may occur, so that one is alert and may send the patient for timely surgical intervention.

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# Acute Cases Seminar Satara June 08

**ABSTRACT:** Dr S S Vithal of Khanna, Punjab, a renowned homoeopath, came to meet his colleague, Dr Ajit Kulkarni and to see the work of Homoeopathic Research Institute, Satara. In the short stay of three days, Dr Vithal interacted with the students. The following is a brief account of Dr Vithal's presentation.

Reported by  
**Dr NISHA MEHTA**  
 Satara

Dr Vithal began with an interesting case of an old man. A 56 year old man came with the complaint of acute retention of urine. His symptoms were distention of abdomen with severe pain. He was asking for sips of water. Being Sunday, all the clinics in his area were closed and as a last option the patient visited our homoeopathic camp.

Dr Vithal with his ready knowledge of homoeopathic remedies prescribed *Arsenic-album 1M* as the remedy, based on the totality of restlessness, chilly patient and thirst for small sips of water brought a sigh of relief to the patient in few minutes.

According to Dr Vithal the main reason for failures in acute diseases is neglecting seven cardinal principles of homoeopathy and Hering's law of cure. He concluded that acute disease means an illness which disturbs the health of a person temporarily in a negative way. Many a times a lot of liberties are taken in acute cases and any medicine unrelated to constitution is selected on basis of 1 or 2 symptoms. He advised that as a homoeopath one should first know what type of constitution he is dealing with and how this particular constitution has behaved when attacked by microorganisms.

It is the activity of that patient which determines what kind of changes will develop. According to him, the acute totality is based on ACTIVITY + THERMAL STATE + THIRST + MENTAL AXIS

Dr Vithal cited some examples.

1. Dull, drowsy, chilly and thirstless- *Sepia*,

*Gels, Acid-phos, Nux-mos.*

2. Dull, drowsy, chilly and thirsty- *Phos, Lac-can*
3. Dull, drowsy, hot and thirstless- *Bry, Puls, Apis-mel*

## SOME OF THE DRUGS IN ACUTE CASES EXPLAINED IN SHORT

- *APIS-MEL*- Jealousy is a word for *Apis* personality, like honey bee. Obstinate. Intelligency is marked. *INDIRA GANDHI* is an example of *Apis* personality. Hot and thirstless remedy.
- *ARGENTUM-NITRICUM*- Selfish, very boastful. Deceitful. Very hurried, sits on the edge of the chair. Always tries to hijack the conversation.
- *ARSENIC-ALBUM*- Hot inside and chilly outside. Thirstless. Very fastidious. Restlessness with anxiety.
- *AURUM*- Never blame others; neglect their own health. Self denial.
- *ASAFOETIDA*- It is an intensified *Puls*. Eructations on pressing any part. Hysterical, selfish. Hot, hypochondriacal remedy.
- *CARBO-VEG*- Dull, drowsy, thirsty. Early exhaustion. Never well since the last disease.
- *FERRUM-MET*- Chilly, thirsty remedy. False plethora, contented, mild.

*SARDAR VALLABHAI PATEL* is an example of *Ferrum* personality. The characteristic symptom of *Ferrum* is "smell of egg/fish causes vomiting".

- *IPECAC*- Chilly, thirstless remedy. Retching. Clean tongue in every condition.
- *LACHESIS*- Dull, drowsy, hot, thirsty or thirst-

less. Never keep eye to eye contact. Hyperactive child. Jestng about own disease. Never wears shoes or socks even in winter.

- **MERC-SOL-** Does everything perfectly except studies. Desire to travel or wander. Hyperactive. Aversion to curd. *Merc* child is so hyperactive that he puts his hands in the mouth of dogs or pets. There is a phrase for *Merc* patient that they are "hard on superior, soft on inferior" (like *Lyco* and *Plat*).
- **NUX-VOMICA-** Chilly, thirsty. Never wants sympathy. Anger from slight noise. Principle

minded. Ambitious.

- **THUJA-** Perfectionist, methodical, feels body made of glass. Health conscious. Hot, Dull, Drowsy, thirsty/thirstless.

This is how Dr Vithal enriched our knowledge with his clinical experiences not only through words but also enacted how the patient would actually present in acute conditions.

Dr Ajit Kulkarni, Director, Homoeopathic Research Institute, Satara, thanked Dr Vithal for enlightening the students. We all enjoyed these two giants meet at our Institute.

### Is common sense male or female?

**An Obituary printed in the London Times.....  
Interesting and sadly rather true.**

'Today we mourn the passing of a beloved old friend, Common Sense, who has been with us for many years. No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape. He will be remembered as having cultivated such valuable lessons as:

Knowing when to come in out of the rain; why the early bird gets the worm; Life isn't always fair; and maybe it was my fault.

Common Sense lived by simple, sound financial policies (don't spend more than you can earn) and reliable strategies (adults, not children, are in charge).

His health began to deteriorate rapidly when well-intentioned but overbearing regulations were set in place. Reports of a 6-year-old boy charged with sexual harassment for kissing a classmate; teens suspended from school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition.

Common Sense lost ground when parents attacked teachers for doing the job that they themselves had failed to do in disciplining their unruly children.

It declined even further when schools were re-

quired to get parental consent to administer sun lotion or an Aspirin to a student; but could not inform parents when a student became pregnant and wanted to have an abortion.

Common Sense lost the will to live as the churches became businesses; and criminals received better treatment than their victims. Common Sense took a beating when you couldn't defend yourself from a burglar in your own home and the burglar could sue you for assault.

Common Sense finally gave up the will to live, after a woman failed to realize that a steaming cup of coffee was hot. She spilled a little in her lap, and was promptly awarded a huge settlement.

Common Sense was preceded in death, by his parents, Truth and Trust

his wife, Discretion

his daughter, Responsibility

his son, Reason

He is survived by his 4 stepbrothers.....

I Know My Rights

Want It Now

Someone Else Is To Blame

I'm A Victim

Not many attended his funeral because so few realized he was gone. If you still remember him, pass this on. If not, join the majority and do nothing.

**"Nobody is Perfect and I am Nobody ! "**