

A Case of Migraine

Dr D P RASTOGI

E1/G7, Alaknanda shopping complex, Alaknanda, N Delhi 110019

Tel: 2925 12789 Mob: 9811087735 Email:dprastogi@yahoo.com

Mrs G aged 32 yrs consulted me for her migraine which she has suffered since last 10 yrs. Various treatments failed to provide any relief. She asked me many questions about whether Homoeopathy could help and at one stage I declined to take up her follow up since every follow up she would end up asking many queries each time more than the last visit.

I noted the following rubrics for repertorization in BCCR:

- Migraine
- Left side
- Throbbing
- Throbbing, painful
- Upward extending
- Twisting
- Darkness amel
- Cold applications amel
- Noise agg
- Sun light agg
- Desire for sweets
- Desire for salty things
- Desire for chocolates
- Desire for fish
- Agg cold
- Anxious dreams of falling

- Anxious vivid dreams
- Averse to company
- Intolerant of contradiction
- Fastidious
- Desires icy water

Calc-carb and *Phos* were two main contender for the case. However Anxious, vivid dreams and dreams of falling and desire for fish favoured *Phos* which was given in 0/1 on 27/7/2009. A follow up on 27/8, 17/9, 3/10 and 17/11/2009 reported complete relief.

PS Some food desires rubrics were taken from Murphy.

fi yuo cna raed tihs, yuo hvae a sgtrane mnid too

Cna yuo raed tihs? Olny 55 plepoe out of 100 can.

i cdnoltt biveiee taht I cluod aulacity uesdnatnrd waht I was rdanieg. The phaonrnneal pweor of the hmuan mnid, aoccdnig to a rscheearch at Cmabrigde Uinervtisy, it dseno't mtaetr in waht oerdr the lttteres in a wrod are, the olny iproamint tihng is taht the frist and laet lttter be in the rghit pclae. The rset can be a taotl mses and you can sitll raed it whotuit a pboerim. Tihs is bcuseae the huamn mnid deos not raed ervey lttter by istlef, but the wrod as a wlohe. Azanmig huh? yaeh and I awliyas tghuhot slpeling was ipmoranttl!.....Isn't it???



Homoeopathy- A Proven Science, Not a Placebo!

Dr YOGITA BHIRUD BHMS

Om Sachidanand Apt, Sakharam Complex, Dombivli(W).

Ph 9819901406. Redg No - 49000

Homoeopathy is based on experimental pharmacological and clinical data. Over the years, Homoeopathic medicines have been extensively studied for their efficiency in variety of indications. Clinical studies have been conducted in India as well as in other countries. In fact, the term 'Allopathy' was coined by the founder of Homoeopathy whom the Allopaths regard as the founder of experimental pharmacology. Homoeopathy is a proven science.

The white sugar pills do not have any medicinal value, but act as a vehicle or carrier for the medicine mother tincture, which are alcohol based. These medicines have been scientifically studied all over the world and found to be effective in a wide range of diseases. Thus they cannot be placebos.

Homoeopathy is fast acting in acute cases and can be effectively used in treating infections, fever, cold etc. Unfortunately due to the lack of knowledge of Homoeopathy, people tend to go to a Homoeopath only when the acute problem becomes chronic. Naturally, these cases take longer time to treat. Also, most of the people take recourse to Homoeopathy in cases of Arthritis, Allergic asthma or skin conditions etc which take a longer time to treat with any other medicines.

Like, any other field of medicine, it has its limitation. It can not treat cases where hospitalization is needed. *(Ed: I beg to differ here as*

cases of dehydration and fever can be effectively treated with Homoeopathy. we can amend it to high tech hospitalization)

Only well qualified doctors practice Homoeopathy. Some patients are asked to abstain from onions, garlic, coffee, tea, tobacco, alcohol etc, as these interfere with the action of medicine. Other than this there are no restrictions in Homoeopathy.


"Homoeopathy is useful in chronic cases": Yes it is, but the true reason for this notion came about because people turn to Homoeopathy so late when everything else has failed! After years of Allopathic treatment often illness becomes chronic. The treatment will now naturally take longer than if Homoeopathy had been resorted to early.

Homoeopathy can be used for diabetic patients. This small amount of sugar pills does not increase the levels of serum glucose. Sugar intake in daily diet is significantly higher than that by a few pills. In severe cases, it can be given in water. Depending on the illness, Homoeopaths medicate the sugar pills with different medicines. The medicine is different in every patient according to his nature, cause, surrounding, habits, environment etc generally, there are no side effects in Homoeopathic medicines.

Unfortunately there are many pre-conceived notions that people carry in their minds without confirming with qualified doctors.

A class professor was giving a lecture on company slogans and was asking his students if they were familiar with them. "Joe," he asked, "which company has the slogan, 'come fly the friendly skies'?" Joe answered the correct airline.

"Brenda, can you tell me which company has the slogan, "Don't leave home without it?" Brenda answered the correct credit card company with no difficulty.

"Now John, Tell me which company bears the slogan, 'Just do it'?" And John answered, "Mom." 

Queries and Solutions



PROF DR KASIM CHIMTHANAWALA MBBS LTMH DDV DMS (HOM) CAL, FNAHI
 President, The National Academy of Homoeopathy, India. Shaad Hospital Complex & Research Centre,
 Near Itwari Railway Station, Nagpur.
 Ph: 0712-2766286, 2532008, 2522563 • Email: adilkc@rediffmail.com

Q1. Sir, by qualification you are a Dermatologist as well. So I wish to ask, do soaps or shampoos which produce more lather have better cleansing action?

Dr SANDEEP BARDE, BETUL

Ans: Yes, it is true that I am a qualified dermatologist but have always practiced Homoeopathy. Lather production is dependent upon the addition of foam boosters to soaps or while cleansing is related to their detergent content. Hence, amount of lather produced is not proportional to cleansing activity of soaps or shampoos, foam baths or bubble baths.

Q2. Can a BHMS Graduate perform surgery?

Dr ANIL TIWARI, SIDDHI

Ans: Yes, recently the chairman of CCH, Prof Dr Ramjee Singh specifically replied to this query while talking to participants at the Postgraduate Homoeopathic Winter School conducted by 'The National Academy of Homoeopathy, India' at Nagpur. He said that a BHMS qualified doctor can acquire skills of surgery and practice the same. But at the

same time he exhorted that a BHMS graduate cannot use drugs of modern medicine either pre-operatively, peri-operatively or post-operatively.

Q3. Sir, you and your team are actively involved in the subject of Cardiology and Homoeopathy. So, what is the scope of Homoeopathy in cardiology?

Dr Mrs MEENAL POSHETTIWAR, NAGPUR

Ans: Well Meenal, there is a vast untapped potential of Homoeopathy in cardiac disorders. Practically all the arenas ranging from Hypertensive state, Ischemic Heart disease syndromes, Cardiac infections as Rheumatic heart diseases; Congenital heart diseases, Arrhythmias, Congestive cardiac failure etc can be very effectively managed with Homoeopathy. Those cases that present to us as Natural diseases (Case Type II) are managed with deep acting constitutional Homoeopathic remedies. Those cases that are incurable are managed with palliative medicines along with auxiliary treatment. ☺

A new supermarket opened in Orlando, Florida. It has an automatic water mister to keep the produce fresh. Just before it goes on, you hear the sound of distant thunder and the smell of fresh rain.

When you pass the milk cases, you hear cows mooing and you experience the scent of fresh mown hay.

In the meat department there is the aroma of charcoal grilled steaks with onions.

When you approach the egg case, you hear hens cluck and cackle, and the air is filled with the pleasing aroma of bacon and eggs frying.

The bread department features the tantalizing smell of fresh baked bread and cookies.

I don't buy toilet paper there any more.

