

CASE OF POLYARTHRITIS

Dr. F. F. Motiwala

B.H.M.S.

Nasik

Patient's Name Mrs. L.B.G.

Age - 55 years

Marital Status-Married, 2 sons and 2 daughters

Presenting complains:- Has complain of Polyarthrits. Marked pain in all joints. Stiffness is very prominent, is not able to move even her neck or fingers. The back is also very stiff. Has taken sterold inj. over the knee joint without any significant improvement.

Modalities:- worse in Rainy Season.

Characteristics Symptoms : Pains started in ascending fashion started in Ankles, Knee, Hips, Back, Shoulder.

Has complain of marked itching over the feet and legs. Itching leads to bleeding.

Past History:- Has undergone Hysterectomy due to persistent complain of Metrorrhagia.

Mentals - Timid kind of personality, very anxious of her disease, depressed and subdued, weeps easily.

Treatment and Observations -

04/09/91- Ascending types of pain. Mental symptoms & H/o marked skin complain

Treatment:- Sulphur 30,one dose followed by Cimicifuga 30 BD

14/09/91- Has slight relief in pains. C/o pain in abdomen.

Treatment:-No medicine,wait and watch.

28/09/92- Much relief in her pains but stiffness persists.

Treatment : -Sulphur 200,one dose as a miasmatic remedy.

12/10/92- Much Relief

26/10/91- Pains still present with much itching.Rx.No medicine.

09/11/91- Symptoms seems to be returning.

Treatment- Sulphur 200,1 dose only.

23/11/91- severe pain present only in LL knee joint.

Treatment:-Lachesis 200 one dose,as patient is talkative today and marked left sided complaint only.

18/01/92 Overall relief since last prescription

Treatment:-Lachesis 1 M one dose only.

29/02/92 C/o Lachrymation from eyes, esp. on going out in sun.

Treatment:-Lachesis 1m,one dose and Glonine 30 tds.

28/03/92 Much improvement. Complain of slight pain.

Treatment:-Lachesis 1M one dose with Glonine tds.

25/04/92 First time patient cheerful and happy.

Treatment:-Lachesis 1M followed by Glonine 30 TDS

30/05/92 Bleeding from Gums.Pain in joints occasionally.

Treatment:-Lachesis 10 M one dose start.Merc sol on 15/6/92.

01/08/92 Patient is feeling very great. Monsoon has set in.

No complains at all.Rx.Lachesis 10 M one dose.

Now, I intend to continue Lachesis in ascending potencies at least for the next 6 months or so at the intervals of 40 days.

EDITOR'S COMMENTS-

Dr. Motiwala's case is very intriguing. The initial improvement began with Cimicifuga with judicious interpolation of sulfur 30 and 200 during two months. Subsequently it was Lachesis in ascending strengths that has given her such marked relief. However it would have been nice to know her blood reports like ESR and RA test. In trying to find out the next remedy had Lachesis failed or done in sufficient work. I

took the available symptoms from the case and repertorised from Phatak briefly.

- 1) ailments from climaxis (Ph 57)
Plus
- 2) Joints (Ph 199)
= Cimi 2, Lach 3, puls 3, sepia 3.
- 3) Agg. rainy season (dampness) P479
Cimi 1, puls 2, sep 2 etc.
- 4) Sadness (Depressed) (Ph 296) Cimi 2,
puls 3, sepia 1,
- 5) Timid (shy) (Ph 307) Puls 3, Sep 1
- 6) Weeps (Ph 406) Puls 3, Sep 2
- 7) Anxiety about health (Kent 17)
Puls 1 Sep 2
Which gives us -
Pulsatilla 15/7
Sepia 11/7
Climicifuge 5/4

Perhaps Pulsatilla or sepia may be needed in future. It would be nice to have a follow up of this case after a year or two.
