

## RARELY INDICATED REMEDIES\*

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We present in this paper three cases treated by rarely indicated remedies. What is interesting about them is that the remedies acted deeply in the patients and cured symptoms that are not as yet established as belonging to those remedies in the Bibliography or in Kent's Repertory which we use here in Greece.

In these cases we were led by key symptoms to study the materia medica and to decide. Unfortunately, we do not at the moment have enough data in the materia medica on these small remedies to decide on the whole symptom picture.

We can say that the symptoms that disappeared after the remedy belong to the pathogenesis of the drug. Many of these symptoms could be added to the materia medica and the repertory if they are reconfirmed by other doctors as well. So we warmly ask all those colleagues who use one remedy at a time to report not only in the Congresses but also in the Homeopathic Journals relevant cases from which we could learn about the pathogenesis of the small remedies of materia medica.

*1st Case:* K.M., male, age 30.

First seen: 19/12/74

Complains about repeated gastroraghias.

History: From early childhood pain in stomach and water brush. 10 years old: duodenal ulcer was confirmed by X-rays. Crisis of pains on + cannot remember details.

First bleeding from stomach 17 y. old. Since then 9 gastroraghias. 1970 vagotomy, enteroanastomosis. 8 months later again profuse bleeding that continued appearing about once a year. Last one a month ago. Since, nearly every day vomiting coffee-ground colored mucus.

Family history: Father died from bleeding of esophagal varicose veins, the existence of which he ignored. Mother duodenal ulcer for years, extreme obesity.

Symptomatology: Heaviness in stomach 4-5 hrs. after eating, followed by regurgitating of coffee-ground colored liquids and some remnants of food.

- Tympanic distention with rumbling and pain in hypogastrium extending to lumbar region > curling + pressing > flatus. This pain in lumbar region, sometimes severe, is > by pressing and bending backwards which brings profuse salivation.
- Pain in stomach before a meal, preventing him from eating.
- Distention in abdomen and pain in lumbar region if cold felt in abdomen.

\*Presented to the XXXI International Congress for Homoeopathic Medicine in Athens, Greece, June, 1976.

Generals and food desires + aversions:

< cold      < WET WEATHER

Desires: mutton  
sweets  
cheese  
sour things

Aversions: milk  
oysters  
vegetables

Salt normal. Thirstless.

He is an unhappy fellow, having been ill all his life and not able to study or do what he likes.

Irritable

Easily tired

Sleeps well and long, prefers lying on the left

Was given Millefolium 200/1

Two months later he is much better.

Feels calmer.

Pain in abdomen gone.

## COMPENDIUM OF HOMEOTHERAPEUTICS

An Addendum to the Homeopathic  
Pharmacopoeia of the United States

Edited by Wyrth Post Baker, M.D.

Published under the sponsorship of the American Academy  
of Homeotherapeutics of the American Institute of Homeopathy  
in cooperation with The American Association of Homeopathic  
Pharmacists. 117 pages. 1974, \$6.00 per copy.

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Pain in lumbar region gone.

No flatus.

Sensitivity to cold gone.

Has gained 3 kgs in weight.

Five months later: slight complaints from stomach after being in a very wet place.

Started drinking milk.

Eleven months later: without medicine for many months.

2 or 3 times waterbrush without coffee-ground colored remnants.

He gained another 2 kgs in weight.

He keeps no diet.

He is not sensitive to cold any more.

Till recently, when seen accompanying his mother, was well.

The frequency of hemorrhages and the absence of pain during hemorrhage, tympanitic distention, ill humor and irritability (Clarke) were the clues that guided us to *Millefolium*.

*Millefolium* acted in this case so deeply as to change the sensitivity of that person to cold and wet and milk, apart from causing the disappearance of bleeding and all symptoms of his ulcer.

Therefore we feel that these rubrics should be added to the Repertory after further reconfirmation.

*2nd Case:* K.E., female, age 68.

First seen: 10/6/75

Complains of allergic coryza and pains in spine.

History: 1920 Malaria, many quinine injections.

1926 TB

1940-44 eczema on hands and feet > autoblood vaccination.

1948 starts allergic coryza with violent sneezing.

1968 Operated for nodules left by quinine injections that formed abscesses.

After this operation coryza and sneezing subsided. Last year it started again.

Symptomatology: Violent sweating followed by running watery discharge. Can last from 2 hrs to two days. < slight draft though she can bear cold open air. > *lying warm* with nose covered > open air

– To prevent prolongation of crisis she has to lie down or sit half lying *immovable* for some time. If crisis becomes severe, nose swells and she cannot breathe or touch it.

– For 25 years suffers from pains in lumbar region extending down left leg, recently also right leg. Pain recently is worse in calves; constricting ankles.

– *Cramps in left calf mornings on stretching (Asparagus).*

Generally: Bears heat and cold the same.

– < sun

– Wakes frequently in the night, some times sleepless all night.

Mentals: Anxiety, heaviness and feeling of constriction in chest, bad mood, sadness. It comes like a crisis and goes by itself.

– *Irritable*, if irritated remains silent.

- In a hurry.
- Nervous trembling > by hand work.

Desires: meat  
fish  
fat  
lemon

Aversions: salty things  
almond juice  
slimy food

No thirst.

In this case we were guided by the key symptom "cramps in calf morning on stretching," for which only *Asparagus* is mentioned in Kent's Repertory, and we found that this remedy fitted quite well, because of the prominent effect it has on hay fever.

It was given with success.

We gave *Asparagus* 200 once and repeated it after 3 months, as there was a relapse.

There was an amelioration not only in her allergic symptoms but also in the anxiety state as well as in her spinal symptoms.

In the Repertory under generalities, *Asparagus* is found under aggravation by motion. But we did not find any great amelioration from lying still, which we offer as a rubric for reconfirmation.

*3rd Case:* C.M., female, age 22.

First seen: 6/6/75

Complains: Gastritis for 3 years.

Symptomatology: Pains in stomach in the morning until 9 a.m.

< AFTER GRIEF

- Headaches *after vexation*.
- Involuntary movements of eyelids.
- Counts whatever is around her when she has to wait.
- Sometimes in her life she had delusions of lights or of colors or of voices. She feels they are unreal.
- Avoids being alone in the dark.
- Irritable < noise, talking.  
    < before menses  
        prefers being alone with somebody around.
- Feels suppressed by her mother, continuous conflict that results in revolts and going away from home.
- Faints at the sight of blood.
- Fear of heights.
- Sensitive to music and > from it.
- In a hurry. Impatient.
- < after long sleep, although she finds refuge in it to avoid conflict with family.
- Prophetic dreams.
- Craving for the smell of naphthaline, she gets a voluptuous feeling from smelling it.
- < cold, cold extremities.
- Late menses > when calm.
- Irritability before menses.

- Desires: farinaceous, SOUPS, *vegetables*.
- Thirsty for small quantities.
- Aversions to slimy food, to milk.

In the above case we saw many symptoms of *Arsenicum album* and some of *Calcarea carbonica* but neither of the two was clearly indicated.

Yet the patient had a strong desire for liquid food which we usually find in *Calcarea arsenicosa*.

There was also this peculiar symptom of a real craving for the smell of naphthaline which we could not find in any remedy.

Because of the key symptom of strong desire for liquid food and the combination of symptoms of *Arsenicum album* and *Calcarea*, we gave *Calcarea arsenicosa* with the following results:

After a severe aggravation of headaches, which was not her main complaint at the time of consultation, she got well from her stomach symptoms and her headaches, and her psychological state improved.

Involuntary movements of eyelids stopped and lastly—what is interesting in this case—the craving for the smell of naphthaline disappeared.

Symptoms offered for reconfirmation for *Calcarea arsenicosa*:

1. Craving for smell of naphthaline.
2. Fainting at the sight of blood.
3. Involuntary movements of eyelids.
4. Impulse to count things when waiting.

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