

# A Case of *Lac-caprinum*



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Vitality (Classical Homoeopathy)

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I had taken this case when I was in the second yr of BHMS, by the totally new method of Dr RAJAN SANKARAN; considering the delusion, sensation and the energy level of the patient.

A male, 20 yrs, came to me on 15 January 2004, Hindu-Mang. He was a student of Homoeopathy and my colleague. He was diagnosed for ASTHMA a yr ago, and was on inhalers.

Q: What is your complaint?

A: I have **choking and suffocating** feeling. I feel there is no air and I can't breathe.

Q: Tell me more about your feeling?

A: I feel as if a glass is kept inverted over the lighted candle, the way the candle extinguishes due to lack of oxygen, because fire requires oxygen to burn.

This is like the suffocated sensation of Nanny (female goat) and Billy (the male goat) when she/ he puts her/his mouth in the narrow vessel while drinking water; they introduce their mouth easily but are not able to remove it. (Here he gave some gesture using the fist of his hand) My complaint began with coryza when I drank cold water that was hard (boring well water is quite hard)

Q: When do your complaints get aggravated?

A: They are worse when lying on my back, drinking cold water, eating cold food and while talking, the cough aggravates, damp and cloudy weather.

Q: When do you get better?

A: In open air.

Q: What else?

A: I get rattling and dog-like barking cough.

Q: Tell about rattling and barking.

A: I have difficulty in respiring. When blood comes from heart to lungs, which is impure, it gets pure in the lungs and it goes back to heart ie O<sub>2</sub> is taken by the blood and carbon dioxide is given out, but I require more O<sub>2</sub>, so that sound comes. (Rattling, barking)

Q: Tell me more about blocking and suffocation?

A: I feel like there is some weight on my chest which causes suffocation > by open air.

(Here I stopped asking question about his complaints. I ask him about his dreams)

Q: Tell me about your sleep and dreams?

A: Dreams of goddess and my family.

Q: Tell me more about your dreams of goddess?

A: I had dreamt of visiting many religious places specially my goddess 'Bhavani mata', but after I dreamt it happened later in reality.

Q: Tell me more about Bhavani Mata?

A: My family is religious about Bhavani Mata. We all fast for her. She helps to overcome our plight and grief. We in turn offer incense sticks, coconut. We offer her goats (male goat, Billy). Kill it in front of her as a superstition.

Q: Dreams of anything like animals?

A: Yes, I had dreamt of Cobra snake and it is chocolate-brown in colour, but only once not frequently.

Q: Which season do you like?

A: I like winter most because I feel fresh. I like go to cold places.

Q: Why?

A: Summer heat irritates me and at that time I want go under shade of trees, especially in the field of mountains and hills.

Q: What does your diet consist of mostly?



A: I eat more vegetables like cauliflower, potato, bitter gourd, fenugreek, bean pods, and also I like eggs and meat (especially goat meat)

Q: Tell me about the things you don't like?

A: I like goat milk which is fresh, but my grandfather told me not to take goat's milk. (Here there is a desire for goat milk, but his grandfather advised not to, so he never took the goat milk). When I was a child since then I never took goat milk. Other milk nauseates me. I vomit after taking other milk and milk products and it also < my complaints.

Q: Tell about your Sexual feelings?

A: People ogle at girls so I have same attitude towards them. I get attracted by their dress, their nature, walk etc. Some people having excess sexual desire want to do an intercourse with them. I don't have control on my desire. Some people see sexy pictures and films that's why they do not have control over their sexual desire. I do the same. I masturbate regularly and weakness follows. (This question I had asked after reading Dr Sankaran's 'Proving' later)

I had tried this method of case taking from Rajan Sankaran's seminar held on 16 January 2003. There I learnt the 'Depth of Homoeopathy', that the patient himself guides us to the source of the Drug where he gets the Energy from.

While taking the case I observed that he was looking like Goat i.e. Billy. Most interesting thing was that he had a dark complexion, he coughed like goat, he was very restless, and he walked like a goat, took long walks after night meals, and had a small beard on the chin like the goat. Following points that I had seen in the patient that lead me to think over the goat are as follows:

1. Taking in to account his peculiar Delusion, which he explained as an example as that goat's mouth stuck in narrow vessel unable to remove it and had suffocating feeling.
2. There is a reference of Bhavani Mata. But he said it an offence and it is superstition.
3. His desire to go on hills, mountains, green areas, where there is no heat of Sun. His de-

sire for shade in summer.

4. His sexual desire is like that of a goat. In India goats are found in herds, there is only one Billy (male goat). Every Nanny bears child from one Billy. The Billy is always behind Nanny in order to intercourse with them.
5. His avoidance of goat milk on his grandfather's advice and his Desire for goat for goat milk and for goat meat and all vegetable desires are, like that of a goat.
6. So I came to the conclusion that the patient is a male goat (Billy). He gets energy from the goat.

Considering all the above points I thought about a drug prepared from goat's milk. But I did not get any idea whether there is such a drug. I searched over different Materia Medica sources, but couldn't find anything. Later with the help of Dr. Prasad Rasal we searched over different sites on the internet, then we found the proving of *Lac-caprinum* and also Dr Sankaran's 'Proving' After reading the matter of the 'PROVING' I asked some more questions, like which colour do you like and which music do you prefer, and the answers were surprising, it was colour green and old music.

Now the question was to find the POTENCY OF THE DRUG. We failed to find it in all the known Pharmacies. So we decided to prepare potency manually by Hahnemannian method of CENTISIMAL SCALE. Then we realised the effort Dr Hahnemann took to introduce Homoeopathy to the world.

One more observation of mine was that in Indian villages goat's fresh milk, in its crude form is used as a drug for ASTHMA and the urine for PNEUMONIA. Especially in Hindu-mang community people, they rear the goats. So the patient was very close to goats from childhood. They rear the goat for milk and kill them for meat and offer it to Bhavani-Mata.

#### CONTENT OF GOAT MILK

Fats: 4.5 gm

Protein: 3.3gm



Lactose: 4.6gm  
Potassium: 160mg  
Cobalt: 150mg  
Copper: 110mg  
Iron: 0.3mg  
Minerals: 0.8mg  
Energy: 72 kcal.

Calcium: 170mg  
Magnesium: 80mg  
Phosphorus: 1090mg  
Iodine: 122mg  
Vitamin C: 1mg  
Water: 86.8gm

focating feeling, had sound sleep, with no dreams.

He craved for goat milk and other milk products. He started drinking one- one and half litres/ day.

On 1 march 2004,  
No complaints up to 100% better.

Desire for milk +++,  
His sexual thoughts improved, mixes with girls very easily.

Masturbation habit completely went  
Studied well and passed 1st yrs BHMS and started believing in Homoeopathy.

1 yr later he suffered from Herpes zoster, complaints totally went and he stopped offering goat to Bhavani Mata.

The prepared potency of Lac - Caprinum 30 one dose was given on 3 February 2004. When the potency was given the weather was damp and cloudy. To my astonishment he didn't get any complaints of Asthma up to 4 days.

**FOLLOW-UPS**

On 16 February 2004,  
No dyspnoea, he was free from choking and suf-

# NJH-DOKU

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This month's NJH DOKU is based on skin affections. 9 drug indications have been given. Figure them out and replace them as indicated below to their specific numbers in such a way that the names of the drugs are not repeated in either the column or the rows.

**FOLLOWING ARE THE INDICATIONS**

1) Itching eruptions heat ag-gravates (4,1)

- 2) Bleeding patches after scratching (5)
- 3) Itching, cold bathing ag-gravates (4)
- 4) Despair from itching (4)
- 5) Ringworm, every spring (3)
- 6) Eruptions like strings of insects (5)
- 7) Herpetic ulcers (4)
- 8) Ulcers re-open when partly healed (5)  
Ulcers on thin skin over bones (4)

**QUESTIONS**

6		2			7			5
		4			9		2	
			5		8			1
1	4		2					8
		8		9		5	1	2
		3					8	
	2				3		5	
8		1		6		7		