

**Remedies for a few Groups Which have
Prolapsus Uteri as a Leading Symptom.**

GEORGE ROYAL, M. D., Des Moines, Iowa.

BELLADONNA : HELONIAS : LILIUM TIG. : PULSATILLA :
SECALE : SEPIA : TRILLIUM.

BELLADONNA

Make-up—Full-blooded, plethoric cheerful.

Personal history : mature early, menses too early, too profuse and often very offensive.

Prolapsus due to congestion caused by taking cold at or about the time of the menses. A feeling as if everything in the pelvis had dropped down. A dragging sensation in the right groin with a little soreness in that region. The dropping down feeling is *worse from bending over, walking rapidly or jumping.* Backache worse from sitting. Some stiffness in back after sitting a long time ; *better after standing up.*

Give 3rd to 30th or higher, according to sensitiveness of patient.

HELONIAS

Helonias is the chronic of Belladonna. The patient resembles that of Belladonna in that the menses are *too profuse and too frequent,* also the *menses and leucorrhœa* (especially the leucorrhœa) *are offensive.*

Helonias differs from Belladonna in that the Helonias patient is *always irritable, depressed and discouraged.* Helonias is one of our remedies which *has a marked action and reaction and consequently requires different potencies for different conditions, i. e., acute and chronic.* To fully understand this statement read two cases reported in Clarke's Dictionary, page 891 ; one by Marvin A. Chester, also found in the *American Homœopath,* Vol. XI, page 594 ; the other by L. L. Danforth. One was cured by the 30th and the other by the *tincture.*

The *leucorrhœa* of Helonias is not only offensive but also

irritating, causing burning and swelling of the vulva. The pelvic conditions of the Helonias patient are frequently followed by *nephritis* with *albumin, phosphates* and *sugar* in the urine, none of which is found in the urine of the Belladonna patient.

The back symptoms given by Wm. Boericke I have verified many times. They are :

"Pruritus vulvæ ; conscious of womb ; menses too frequent, too profuse." Also *"Pain and weight in back ; weak and tired ;*
CAN TRACE OUTLINE OF KIDNDYS BY BURNING."

For modalities, *"Better from doing something* (mental diversion). Worse from motion, touch. The cause of the prolapsus is different under the two remedies. The cause in Belladonna is from *taking cold* while that of Helonias is from *abnormal parturition, abortion or miscarriage.*

The potency and repetition of the dose should always be decided by the condition of the patient ; as stated above, give from the tincture to the 30th.

LILIUM TIG.

For a "birdseye view" of this remedy let me quote the following from "Homœopathic Materia Medica in Verse" written by Professor V. M. Kulkarni of Bombay, India :

"Lilium Tigrinum. 30th and Higher

Our *Lilium* has action main
On ovary pain and thigh pain
It is a female remedy
It cures their ailments readily
On pelvis, womb and ovary
And female organ it acts free
Its patient is inclined to weep
With feeling wild she cannot sleep
May think or talk obscene or curse
She gets well, with it if you nurse
Or she may faint in a warm room
With anteversion of the womb

Or with prolapsus uteri
 Or pain in thigh and ovary
 Or smarting in the labium
 All these ills yield to *Lilium*
 If pain is felt in back and spine
 With trembling it can undermine
 In right arm and hip if pain felt
 With *Lilium* it must be dealt."

Now, for the make-up and symptoms.

Make-up—T. F. Allen gave us, "*Emaciated and weak*," also "A large number of *hysterical* symptoms have been noted, associated with *uterine derangements*; for example, dread of *insanity, great melancholia, with feeling as if incurable. Religious melancholia.*"

Under Sexual Organs, Allen has "*Thin acrid leucorrhœa, leaving a brown stain*"; also, "Uterus—low down, fundus tilted against bladder, the os pressing against the rectum."

The two above are in italics then the following in black type:

"Weight, with feeling as if all pelvic contents would press out through vagina; if not prevented by pressure with the hand or by sitting down."

N. B.—Please note that there are no back symptoms as we have under Helonias. Neither do we have nephritis with albuminuria. The two remedies may be differentiated by these two groups of symptoms. Occasionally I have differentiated between *Lilium* and Helonias by the heart group. See "A Handy Book of Reference," page 126.

SECALE COR.

Make-up of Patient—*Anxious, apprehensive, cachectic, debilitated, emaciated, irritable* both mentally and physically; weak.

Uterine Symptoms—Secale acts on both the function and structure of the uterus. *The cause of prolapsus is usually due to tumors, generally sub-mucous fibroids, also cases of subinvolution.*

The result is a *profuse, dark, thin, offensive flow, often*

continuous and *accompanied by expulsive pains*; also by air exhausting, excoriating, green or dark diarrhœa.

In the cases I have treated there were no back or kidney symptoms. In only one case were there symptoms of the lower extremities. In that case there was a *numb feeling of the feet and legs*, also cramps of the calves of the leg.

My experience teaches that the *modalities are of the greatest importance*, specially "*Worse heat, warm covering. Better, cold, uncovering,*" and having the leg rubbed and pulled, extending the heel.

Use tincture or Ix if you wish to cause contraction to expel the fibroids which are usually submucous; use the 30th for subinvolution.

SEPIA

Make-up—Tall; dark; *sallow*; "LIVER SPOTS" on different parts of the skin; *general, relaxed, weak condition of the muscles and ligaments, especially of the abdomen and pelvis.*

Mind—Apathy, depression, and irritability are the three most prominent mental symptoms.

Sexual Organs—The leading sensations are: *Pressing downward as if everything in the pelvis would fall out through the vulva*; uterus congested; menses too early and profuse, or too late and scanty. In one patient I found the *unusual TOO EARLY AND ALSO TOO SCANTY* in both time and amount. There is marked irregularity in both color and consistency. There is little pain during the menses. The function of the mucous membrane of both vagina and vulva also vary greatly. There may be *extreme dryness*, so that walking or sexual intercourse may be exceedingly painful or there may be a *profuse excoriating leucorrhœa*; leucorrhœa excoriating the pudenda and the skin of the thighs.

Modalities—All symptoms of this group are better from anything which tends to return the organs of the pelvis to their natural position. Most of our textbooks give "crossing of the legs or pressure" as affording the most relief. Well!

they may be in some few cases, but only temporarily. *The knee and chest position is better. Lying during the night with the hips elevated is still better. A sponge, saturated with ten to twenty per cent solution of the tincture and water, inserted into the vagina after taking the knee and chest position is best of all.*

Pessaries most Sepia patients find to be an abomination. *An operation fixing the uterus to some abdominal tissue together with the prolonged use of the indicated potency is a good adjuvant treatment.*

Potency—I have used only the 30th and 1M.

TRILLIUM PEND.

As I said about Echinacea for sepsis so it can be said of Trillium, viz., "*Its field of action is small but in that field it is adequate, prompt, and successful.* That field is for prolapsus uteri CAUSED BY INTERSTITIAL FIBROID TUMORS. In addition to all the pathognomonic symptom, of prolapsus uteri, Trillium has as its determinative symptoms, "*sensation as though the hips and back were falling to pieces, relieved by tight bandaging.*"

Make-up—Mentally depressed and apprehensive; dark-skinned; fleshy; plethoric; thick-set.

Menses—*Menorrhagia* and *metrorrhagia*; blood bright red and fluid; or dark and clotted. I accounted for these two conditions as follows: "If the patient were very quiet, resting on back or side, the blood would clot in the uterus or vagina or both and be dark. If the patients were on their feet, the quantity would be greater and the color either bright or pale red without clots."

Time will not permit me to add more than that I used Trillium in the tincture or 1x or Trillin in the 1x or 3x. For more complete information see the Journal of the American Institute of Homœopathy, March, 1928.

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