

## Dare I give my Experience with HIV Patients?

After graduation in Homoeopathy from Belgaum and attending one seminar of NJH and one of Dr Shankran's, I joined Dr Mirza Anwar Baig's Lectures and workshop, where I learned how to treat HIV/AIDS through Homeo-immunisation. The lecture on philosophical aspect of this was very high for me, but the practical aspect was useful, particularly selection of Nosodes. It took me some time to develop confidence and start practicing successfully. Here are few examples:

### CASE 1:

My first patient was my friend aged 27 yrs, a shy, timid, young male. He was qualified physically unfit for the job he applied for Gulf, because of HIV. He looked healthy, but was very tense, had a long list of complaints with much anxiety. His main complain was sweating and exhaustion after coition. Prostatorrhoea, sexual dysfunction and lascivious thoughts with history of masturbation. He was unmarried but had increased sexual desire. With the history of exposure, he developed a mania of testing himself again and again for HIV to confirm and than tear up the report in anger. Although he was confirmed negative to Western blot, the specific test for HIV, yet the company did not accept his confirmatory report, so he was very angry. I prescribed *Staphysagria*-200/1 dose. He responded well, but his fear remained. After some days all complaints with same anxiety returned. I prescribed him *Calc-carb* as his constitutional. He responded to it. But again he relapsed. I repeated *Staphysagria* but no response. No response to *Phos*. His anxiety about his suffering persists. Was there a possibility of HIV, since he was positive to Elisa though negative to western blot? Was

he a patient of real HIV or of HIV phobia?

He was very loquacious type. His father, is a homoeopath also gave him some medicines but due to guilt, he didn't disclose it. So I prescribed him "*Vironum*" nosode of HIV-1 (Source --Aarish Academy-Thane). 30/2 doses with some fear and hesitation. The rubric was anxiety and phobia for AIDS. (Ref: "Homeoimmunization" -- Dr Baig). The patient responded beyond expectation. He kept on improving, his mania for testing stopped and he became a different person.

### CASE 2:

A 19 y old boy weighing 43 kg. Lean, pale, weak, exhausted, he was very nervous and frightened about his health. He had occasional Nausea & Vomiting. Had malaria and Typhoid 4 months back, treated with allopathic medicine, then he developed swelling of the knee and took Wysolone for many days. His ESR was 112. He lost 5-6 kgs in a short period. Finally he tested HIV positive. Because of his sinking conditions, I also gave Nosode II repeatedly to boost up his strength. Rubric Nosode-II (Hom. Vaccine helps raising strength of AIDS patient, Ref. "Homoimmunization"). The result was that in 2 months he gained 3 kgs and improved physically and mentally. The second prescription was *Silicea* on constitutional symptoms. Following this he developed various boils. I didn't prescribe any medicine and after a few days they drained out and dried up. He was poor so he did not repeat the test.

### CASE 3:

He was a Carpenter, very creative. His face was covered with dark brown spots hence looked dark though fair. He wanted to go to Dubai, where his brother was working. But he was declared Unfit. His specific re-



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port to HIV-I antibody was also positive. There were no other symptoms in him or in his wife. His parents died when he was a child. Perhaps TB was the cause? But he was not sure.

He was not worried about himself, but he was worrying for his wife and children. I gave him *Ignatia*. Rubric: Silent Brooding (Dr Kent). Followed by Nosode-I in repeated doses. Nosode-I is also homoeopathic vaccine, prepared from milk (Re: Homocimmunization).

This helped him. He became cheerful. *Apis* was selected as constitutional remedy. By nature he was

happy go lucky type. He used to giggle and laugh in serious matters, that he is HIV Positive! He never went to a prostitute. I continued nosode-I, at frequent intervals.

To my surprise one day he came with a Sweet Box. He got another VISA and was not unfit in his routine test. I questioned myself whether he become Western blot negative? Or is it a cure? But then I thought why to disturb him?. As it is he had no symptoms when he tested the First Time.

At present he is in Dubai and has no problem. □

## Can I go to USA?

This case really gave me heartache. It was my 3 rd case of HIV-AIDS and the one which was really doing well when he took treatment and did proper follow up initially. Then as soon as he improved, he became irregular and stopped treatment. Of course this is the bane of all treatment, but one feels especially bad when the disorder is as bad prognostically as HIV.

Still, that Homoeopathy worked was quite evident, so I am giving the case here.

He was a young Sardarji, 36, a truck driver.

He came to me the first time on 21-8-98 with both his parents. The parents were to immigrate to USA to their other son, and wanted him well before they went, so that later they could call him and his family. He had 2 Eliza +ve reports and Western Blot too was +ve. CD4 count was normal.

Father was 63, mother 59y, wife was only 27 with son 6 and daughter 4.

He had 2 brothers: 38 and 34 and sister 22, married in England.



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Since 1990, the Premier factory ran into trouble, he became jobless and took to alcohol. He stopped in 1992 when he got married. His friend died of AIDS. He had been diagnosed in 1991 and deported from Dubai, where he worked. He died in 1998. Pt was very upset and took to alcohol again. His friends were from the same line- truckers/ convoy drivers and of the same behaviour.

Now his body was cold, rising to neck. He got diarrhoea AF tension of family, no money.

Mind: very fearful. As it something will happen. Even if his hair was plucked he got palpitation and *ghabrahat*.

His wt in 1994 was 72 Kg, in 1997 to it was 54 and now Dec 61.8. He was 5'4" tall.

He had poor appetite, with a lot of flatulence

Cr alcohol<sup>3</sup>, non-veg, meat and chewed tobacco till 1997.

He had always had tendency to diarrhoea with tension Sexually promiscuous- Pre-marital and extra-marital. Now he found emissions difficult.

### LIFE STORY:

Born in 10-9-62. After birth, he had meningitis ? Vit C- 3 injections of Lt Gluteal region. He could not walk till age 4y, only crawled. Lot of physiotherapy and

Kerala massage . Spent Rs 12000/-. Then he was better.

1979: SSC 1<sup>st</sup> Class

Job in Premier Automobiles- cab driver on contract basis.

His brother was in Virginia with Avis Rent a car. Br 34 was with his in-laws in Dahisar and Sister 22 was married in England and ran a post-office.

1990: He started alcohol daily to be able to sleep in truck. Later he started drinking in the day, if there was no work.

Feb 92 married so alcohol reduced. Nov 92 Son born. Later daughter

Medical expenses ++. So stresses, increased.

1998 He restarted alcohol which increased in May 98 after friend died.

Mother & father rule and run house like in the old Indian system. Never give wife responsibility. The elder brother in USA was calling parents there. Then he could call patient. Patient's dream is to go to USA. He asked me- doctor I will be able to go?

Sleep very light, disturbed and dreams of his friend.

The day he came to me, he looked like from the slums, ill-dressed, dirty and dark

21-8-98 Fear of disease. Gave him *Arg-nit* 1M- 1 dose  
28-8-98 Pt felt better. His brooding and anxieties were less, stomach was better. The phase remedy helped

the Fear. *Tub-b* and *Nat-m* 200- 1 dose on consecutive night.

Then he had some cough- *Stannum* was given. Later he developed boils and the sweating on the palms. On reviewing the case, the remedy more likely to be his constitutional was *Silicea*, so later *Sil* and *Tub* were continued on a regular basis- *Sil* weekly and *Tub-b* fortnightly

Over the next 1 month, patient got cleaned up, stopped alcohol, his blood tests improved, he looked fair and handsome. Wt 63.2 (1.8kg/m). The change was unbelievable. His parents left for USA. There was a light depression but he overcame it. By Jan 1999, his wt was 65.2 (almost 4 kg increased. A definite sign of improvement).

His acute remedies- *Stannum* for cough, *Ph-acid* for urine problems.

CONSTITUTIONAL: *Sil*. INTERCURRENT: *Tub*

In February, he went to Punjab for some relative's death; after which his sadness returned, His positive ness changed to negative, his treatment became irregular, in fact he hardly came after that and he eventually died in April 1999.

CONCLUSION: I have not given any detailed follow up or reports as it is not a cure -cure. But I am showing that Homoeopathy can work. Not changed HIV status but gave quality of life.

## HIV, AIDS & Homoeopathy: Pot Purie

There has been an inexorable increase in the number of cases of AIDS in recent years throughout the world, more particularly in India. Though considerable research is on, an ultimate solution, just as in cancer, has not been found. AIDS has surpassed cancer in creat-

ing panic and hopelessness in patients and relatives. Once diagnoses of HIV positive is established, the prognosis is certain- AIDS and death. Like lepers, AIDS patients are treated as outcasts, which adds to their misery. Harris Coulter points out that there is still no clear and conclusive evidence to suggest that HIV can cause AIDS and there are a number of cases, which were diagnosed as having AIDS without having HIV infection. Coulter has put forth the hypothesis that there is a definite link between AIDS and Syphilis. His rea-



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