

Importance of Plant in "Prophet's Homoeopathy"

The Messenger of 'Islam', (the religion of peace), 'Muhammad' (may peace and blessings of God be upon him), has described four ways of healing, such as:

1. Ilaj-bid-dawa: ie treating through a remedy, (the science of medicine).
2. Ilaj-bid-tadbeer: synonym to treating by some tactics (the art of surgery).
3. Ilaj-bil-misle: means treating through similar things, synonym to like to be treated by like (the law of homoeopathy)
4. Ilaj-bid-dua, ie treating through prayers alone if any other method is not available or combine it with prayers of God.

At his time, there were two main types of physicians who were practicing medicine, one 'Majusee', the Persian Doctors, practicing the Zoroastrian system. The other 'Nasara' and Yahooda Doctors who were practicing the Christian and Jewish way of medicine which were in fact the combination of various systems, Greek, Roman and Egyptian; etc. There was yet one more system popular amongst Arabs- witchcraft. The Prophet condemned this way of healing in very strong words.

The Prophet used medicine himself and prescribed for his family and companions. Yet, the type of medicines that the Prophet and his companions took were nothing like chemical mixtures or combinations. Rather, the majority of their medicines consisted of only one ingredient. Sometimes, they would take another substance to assist the medicine or make it taste better. On the other hand, the Persian, Roman and the Greek

medicine were mixtures.

According to him there are two types of diseases that attack a person (Heart and Mind). One- doubt and error, and the second- lust and desire.

Physical illnesses he said, are of two categories:

One depends on instinct, which all species have. There is no need for the physician to cure this type of illness, which entails responding to hunger, thirst, cold and fatigue.

The second, requires deep thought and analysis and entails subduing and resisting the ailment, and moderating the patients condition (temperament), which can result from fever, heat, coldness, dryness, or a combination of these symptoms. These ailments have two types of causes, (a) physical and (b) relates to temperament.

These ailments are the result of a physical cause or are due to changes that affect the mood and the temper (of the body). The difference between the two types is that the ailments of the temperament occur after the physical causes are eliminated. Their effects remain and alter the temperament. The ailments that are caused by physical elements have their causes with them. In these cases of physical disease we should look at the cause first, the ailment second and the cure third'.

Here the Prophet is not only explaining about the constitution (temperament) of a person affected by a physical cause (antigen), but is also explaining effect, that would alter the temperament (constitution) of a person so that their effects remain even after the physical causes are eliminated, since they will change the mood and the temper. It is, therefore the ailments that are caused by physical elements (antigens or non-self) have their own effect (energy) with them (like psora, syphilis and sycosis).

But in this way, many constitutions (miasms) would occur in addition to these- Psora, Syphilis and Sycosis, which



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have been described by our prophet-Hahnemann. Today the list is long; many gurus of homoeopathy have already added many Miasms such as: Tubercular, Cancerous, Vaccinosis and Iatrogenesis, etc. We also have Plague miasm as most dominating in form of HIV (gay plague) and Resistant TB (white plague) because of the compromised immunity of present generation. Most of them don't have enough resistance or immunity to fight against any molecular epidemiology, primarily thanks to our vaccination programme.

As we saw in the post deluge epidemic of Mumbai after historic rain, many young boys died in plague, just due to cardio-respiratory arrest in a course of acute fever, caused by some unknown physical elements, thus got a name of mysterious fever!

INTRODUCTION

Prophetic medicine (homoeopathic and naturopathic) were simply based on the laws of nature: such that the medication should be similar or related to regular foods that the patient is used to eating. He said, cultures that consume one or only a few types of food in their regular diet, generally suffer from few illnesses, they should not use compound medicines. Those who live in cities and whose diets are complex need medicines that are a mixture of several substances or ingredients. The ailments of the people who live in the deserts are usually simple and thus simple medications are suitable for them. As per the advice of Him (may peace and blessings of God be upon him), his companions and followers discovered that prophetic medicine has a divine element in form of the doctrine of signature; as per the law of similar, it can cure similar conditions. For example they found seeds of certain plants, which look like snake head or their roots smell like snakes, found effective in cases of snake poisoning.

In the same way leaves, seeds, flowers, buds, barks and roots etc of certain plants resembling different human organs were found effective remedies to these particular organs, like heart, lungs, kidneys, skin, etc. Knowledge of medicine, is acquired by observations,

experimentation, inspirations and hypothesis. For example cats swallow a venomous creature and then observe it lick the oil in the lamp, thus neutralizing the effect of the venom. But how does a cat know about this? Does oil antidote venom or prevent the absorption of venom!

Observe a snake with something amiss in its eyes. The snake then wipes its eyes on fennel leaves which cures this condition. The same leaves can cause vision loss if used in excess. (Homoeopathic)! Eg Observe birds that sip seawater when constipated. Salt in excessive quantity causes constipation.

THE RISE AND FALL

As per the Prophet's guidance and his saying; "Allah does not send down any disease unless He can also send its cure!" They search remedies in nature and discover many on lines of similar. Al-Mansoor; during the reign of Khilaphat-i-Abbassiya (kingdom of Abbasis) in Baghdad, wrote the first Materia, on the lines of doctrine of signature (similar) of nature, around six hundred remedies from the plant kingdom.

Arab Historian Muhammad Bin Ishaque-Al-Nadeem writes in his book (Al-Fehrist-The Index) about an incident described by Hakim Islahi in his book² when the Khalifa-Mamoon (the 7th kind of Abbasis in Baghdad), learnt about the wisdom of *Arastu* (Aristotle). Mamoon developed interest in getting books for his library. He consulted his nobles. Someone directed him to Rome. Sometime ago, his forces attacked Rome, and that period was the treaty time between the two, him and the king of Rome.

He sent his messengers to Rome for this purpose. The Roman king consulted his nobles and put before them the demand of the *khalifa* (king), and his request for books of their ancestors. Some wise men gave him advice that the king should give some books to khalifa since whosoever reads them spoils his own culture and becomes their slave. Another wise man guided the king about the possibility of getting those books inside one old castle. This castle was in a remote place and was

locked. But as per tradition, its lock was changed by every new king. They opened that castle and found inside a huge collection of Greek books. So some bundles were made without checking them and were sent to Khalifa Mamoon.

Mamoon called his laureates and asked them to translate these books into Arabic. This way Arabs got some treasure of Greek (*Unani*) philosophers- Aristotle, Hippocrates, Gallen, Socrates, etc. Then they developed the science of Chemistry and Physics, Greek philosophy and Greek medicine (*unani medicine*) and polluted their own system.

Gradually the philosophy of single remedy as therapy was replaced by multi-drug therapy. They developed a new therapy, '*Ilaj-bil-zid*'. Meaning do opposite (Antipathy) and gave this to rest of the world in form of symptomatic medicine. They discovered many remedies, ways and formulae as anti to sufferings (symptoms) in form of anti pyretic, anti pain, anti diarrhoea, anti- etc. The Prophetic way of treating disease through similar was gone and this new system of antipathy became popular and in course of time, became the mother of modern allopathy. Avisena (*Bu-Ali Sina*), Razius (*Al-Razi*), Zehravi (*Abul Qasim Zehravi*) are some famous name who were Arabs, known as the founder of certain branches of medicine and surgery.

RE-DISCOVERY OF THE PROPHETIC HOMEOPATHY (NEW PROVING)

Today the philosophy of single drug therapy (at a time) is not digestible to many. The combination theory has entered even in our conventional homoeopathy. The *Ayurveda*, *Unani* and *Allopathy* are surviving in their formulae of multi drugs. Since people want remedy for every symptom.

However, the *Prophetic-homoeopathy* can be included in the category of classical homoeopathy. But unlike classical homoeopathy, one may not study so deeply to reach to the totality of a case, rather one could decide on line of similarity of nature's doctrine in

a short time and also categorize the ailments which would benefit by applying simple logic and observations. Take the example of the Sacred-Fig (*Ashwattha*), (*Pipal*). Prophet has not described about this sacred tree since it is only found in India. But the ancient Indian prophetic wisdom has described about it, just in few lines:

'Moolam Brahmma, Taucha Vishnu, Shakha shakha-Maheshwara;

Patrani devta sarw, Virakhsha namustaha'.

Means-this tree (*Ficus Religiosa*) has Roots like *Brahmma-Bhagwan*, Bark like *Vishnu-Bhagwan*, Branches like *Mahesh-Bhagwan*. While leaves are like gods, (so) I salute this tree.

In some homoeopathic books, proving of this tree *Ficus Religiosa* (or *Pipal*) has been described as good for haemorrhage, bleeding piles, epistaxis, dysentery, haemoptysis and haematemesis, in female excessive menstrual bleeding ets, cough and cold, etc.

I know, when I was a child, a *moulvi* (religious person) of our town used to give *pipal* leaf, after writing on it the name of Allah (God), to children who suffered with mumps fever, cough and cold, with the instruction that leaf should be dipped in water and that water should be taken as remedy. Surprisingly many children used to get cured, including me, whenever we had such type of climatic affections.

In our proving we found its uses in multi-dimensional planes. Particularly in HIV patients who were treated initially as TB, then as Multi Drug Resistant TB. I have a love for this tree since my childhood. I have planted this tree at Aarish Academy's compound and nursed it till it has grown to a huge size. Now it is 10 year old, I decided to prove this after reading a book of Hakim Hari Chand Multani³.

He mentioned a remedy-*Brahm Khar*, prepared from the bark of *Pipal*, effective for leukaemia. I thought leukaemia virus and HIV are similar, if it is effective in leukaemia then it must also be effective in HIV? I prepared it in the same way as Hakim Multani described

then prepared different homoeopathic dilutions and proved it on my students, (40) in a conventional way, completed in one month and in about 100 pages its proving was recorded.

The essence of that is, it brings out exanthema (viral complexes and dead cells) from within the body in form of natural discharges, ear discharge, boils and skin's eruptions. If you see the ash of it, you see it shines like exanthemata. I found this very useful in treating *toxic phlegma* and syphilitic miasmatic conditions, like multiple resistant TB and HIV-II and HIV-III⁴.

HIV too is a tormented immune system like an ash, and ash would become its remedy. This is *Prophet's Homoeopathy*. Most of today's youth are having suppressed exanthema in various forms which is the result of our evidence based medical system. Most of us treat symptoms and create syndromes. Then we measure the antigen of these viral particles and morbid substances through our sophisticated tests. Today we have at least 200 types of typhoid antigen (or suppressed toxic phlegma) alone, why? Mumps, measles, typhoid, etc are *phlegmatic fevers* (of old allopathy) in which body forces try to eliminate toxic factors in the form of eruptive fever through exanthematous discharges. But our knowledgeable so-called scientific doctors suppress them and then search the cause in different tests. Thanks to our conventional vaccines, symptomatic drugs and open sex, most young boys and girls first time experienced this exanthema in the form of herpes genitals. Modern treatment of this causes further suppression and ultimately causes either relapse of it again and again or shifts to a deep-seated disease!

At least 30% develop AIDS or MDR-TB in just 5 to 10 years. 30% Suffer life long with various other chronic diseases. This is what a hidden link of syphilis with AIDS, as described by Dr Harris Coulter of US⁵. *Toxic phlegma* (lymph) is a syphilitic miasmatic condition of homoeopathy. In our practice, clinically we have found that *Brahm-khar* is more deeply effective along with *Nosode-II* (the Nosode of HIV-I)

Nosode-II excites immune system by inducing fever and stimulating the cellular response, eliminate dead cells, while *Brahm khar* helps humoral response thus helping in bringing out exanthemata.

In Arabic, every plant that has good scent is called 'Raihan', such as Basil or Myrtle. Seeds are known as 'Tukhm'.

TUKHME-RAIHAN (SEEDS OF TULSI)

Basil (Sacred Tulsi) is a compound of several qualities. About this Prophet has said, "This is a plant of the paradise. Its leaves are Allah's (God's) leaves"⁶.

According to Prophet Muhammad (may peace and blessings of God be upon him) *Raihan* (Basil) prevents bile diarrhoea and dissipates hot and wet vapor (Acidity) when one smells its scent. Its scent also brings relief to the heart and prevents various ailments, especially when the plant is spread around the house. In India four types of Basil are found (1) Sacred *Tulsi*, the common variety

(2) *Ram Tulsi*, which has violet tint (in its leaves) (3) *Shyam Tulsi*, which has black tint and (4) *Radhe Tulsi*, the fairer variety (its leaf has more white tint). This variety of Tulsi (Raihan) is commonly found in Persia and Arab continents.

Most of the Persian and Arab 'Hakims' (Doctors) found this variety very effective in male sterility. They used the seed for this purpose, and that was the reason I was attracted towards its proving, since we get many cases of male sterility.

The usual causes are Azospermia, Oligospermia or incompetent sperms. But why such conditions are common? There may be various reasons. Common is faulty bile or sycotic miasm- in which liver loses its action, due to affected bile (contaminated with various virus particles and suppressed malaria, gonorrhoea, etc) thus cannot produce healthy hormones needed for the immune system and other endocrine glands for their normal functions.

Thanks to our vaccines and symptomatic drugs again which can also cause similar effects. Treat acidity and

colic, nausea and vomiting or acidic diarrhoea (symptomatically) with our scientific (stupid) medicines and create auto immune diseases, gall bladder stones, multiple ovarian cysts, thyroid affections and testicles, etc. Needless to say the incidences of such cases are rising, particularly in the younger generation, because of Sycotic miasm (drug induced miasm).

Treating such conditions through modern way puts them at greater risk of getting cancers. In such individuals of sterility I have found Nosode-I (a nosode prepared from a cancerous source) along with Basil was more effective.

As I said in Arabic 'Tukhm' means seeds and 'Raihan' is white Basil (*Radhe Tulsi*). But its seeds are black. To my surprise when I put some water into them they turned white and looked like semen, smelled like semen and felt like semen by touch? Yes indeed this is another example of Prophetic Homoeopathy, the doctrine of signature!

SAUGAR GHOTA (DEVIL'S NUT)

Now I would like to give one more example which explains Psora of homoeopathy and which also explains Prophetic Homoeopathy, which I came to know accidentally during the post deluge epidemic of Mumbai which came in the form of a mysterious fever and claimed many lives. Many youths died mysteriously after a bout of fever. Their nature of dying mode were more or less same- Cardio-respiratory arrest. The underlying disease condition was not understood properly so most doctors labeled this as ARDS (Acute Respiratory Distress Syndrome).

The fact is any disease or germ does not kill people so fast but a simple thing can, a drug like chloroquine can do this? The over-dosing of chloroquine is having symptoms of malaria, gastro, cholera, dengue and leptospirosis. Its toxic doses cause depression of vasomotor and respiratory functions. Due to this they can cause **cardio-respiratory arrest**.

This is what happened to most of the healthy and helpful

young boys who saved people during flood but died suddenly after having a simple fever, bound to occur due to such climatic conditions. But thanks to BMC, who distributed free chloroquine to them, the local Doctors and quacks also gave them the same, they also received these drugs in hospitals! Now if over dosing of chloroquine occurs, do we have any test to prove this?

If a young boy is dying due to cardio-respiratory arrest then who is responsible, fever or BMC? The characteristic of chloroquine poisoning is that it causes cardio-respiratory arrest in young only.

However, the psora (of homoeopathy) is a miasmatic condition where a susceptible individual is bound to react to the climatic condition or to some chemical or a viral antigen. Then a normal defence of the body forms resistance against that particular substance. The initial symptoms of psoric manifestations may be in the form of common cold, nausea, vomiting, diarrhoea, fever or skin rashes, etc. Through which the defence of the body allows to eliminate the causative factors from the body, which either enters or develops due to climatic condition, crises or contacts.

Suppression of these manifestation through wrong way sometimes leads to more serious complications: the patient would move on to sycotic miasm, syphilitic, tubercular, cancerous or even plague where he may just suddenly die! But if the psoric response is stronger because of a strong defence, relapses of the same problem would be occurring again and again.

In this rainy season of 2005 during the historical rains of 26th July 05 Mumbai was almost drowned after a mysterious fever fanned like an epidemic but remained restricted to certain areas. We ourselves saw around 2000 patients during August and September- out of which 500 were in just one day in a camp⁷ (at the bank of the Mithi River). Surprisingly one remedy proved to be genus epidemicus. Initially I didn't give importance to that particular (homoeopathic) drug, which is known

for malarial fever. After a month when I analyzed the case, I was thrilled that majority of the cases were cured by that remedy only, why?

During that time majority of the patients were taking some or other allopathic medicine for fever out of fear. Thus in most of them the picture was mixed of dengue, malaria and hepatitis, etc. So different remedies were also required for treating them, this was the only drug, which was received by majority? And which was *Nata* (*Caesalpenia*), also known as fever nut.. *Caesalpenia* has mixed variety of symptoms of flue and malaria like. The characteristics: changeability, prostration and weakness and this was the genus epidemicus. It has malaria like chill, dengue like body ache and influenza like headache, but the characteristic is its periodicity, which is changeable. Most Doctors confused this with malaria and patients received chloroquine.

In our study we found 60 to 70% patient responded to *Nata*⁸. Also known as Devil's Nut, commonly found in Bombay Coastal areas particularly where the rivers are ending. Native calls this *Saugar Ghota* (Sea-balls). 'Ghota' (*Goti*) are balls, also termed for grinding sense. Means balls which are grinded by the sea. Also known as Devil's Nut because they are very poisonous. Children often play with them. They rub it and touch the pinching heat to other child. Rubbing it generates heat. This is the signature of doctrine of nature, heat for heat.

See the similarity the same nut treats heat (fever). These nuts are in grayish green, earlier they used to be little fairer now are becoming darker, Why?

Perhaps the sea is more polluted now because of the Devil's world throwing and dumping all kind of wastes through rivers causing pollution of the sea and its surrounding increasing more and more every year. These nuts generate opposite energy within them. During this flood many animals died, their carcasses were dumped inside through the rivers and their surroundings. The post deluge waste garbage and carcasses when decomposed created mal-air of the surroundings, and this is how a malaria like condition erupted in those

regions, particularly near to rivers.

Malaria is a psoric affection, also dengue, flue, and influenza, which occur due to mal-air. Surprisingly *Nata*, which cultivate in the natural habitat also producing same symptoms, thus proved itself a remedy to the similar conditions. This was yet another example of *Prophetic Homoeopathy* or of *classical homoeopathy*. Homoeopathy is a science of energy and acts as per the law of similar.

In fact this nut should be named angel's nut rather which would be antidoting the miseries of a poor caused by the devil's world.

Doses used: 3x and 30 in repeated doses, 4 hourly to 6 hourly for 2 to 3, 4 days. Cured malaria, dengue and influenza, hepatitis, pneumonitis and leptospirosis, etc. In most cases, the intercurrent remedy was *Thuja* since most of the patients were under allopathic drug influence and modified pictures.

REFERENCES:

¹ 'Al-Tib-Nabvi' Healing with the Medicine of the Prophet by Imam Ibn Qayyim Al-Jauziyah. Translated by Jalal Abdul Rub. Fordham University, USA.

² Atibba-aur Unki Masihae, (The Doctors of Greek medicine and their healing art), page 25 by Hakim Muhammad Mukhtar Islahi, Islahi-Unani Research Institute, Agra Road, Kurla, Mumbai-70.

³ Hindustan ki Jadi Bootiyan (The Herbs and Shrubs of India) by Hakim Hari Chand Multani, Nirala Jogi Publications, Pani Pat.

⁴ In India HIV-III or Type C strain is more predominant, thus we get more AIDS patients without antigen of HIV-I or HIV-II or we get confused picture. This should be included in this category-the HIV-III.

⁵ "AIDS and Syphilis-The Hidden Link", Harris L. Coulter, publishers North Atlan Books, USA, 1987.

⁶ Page 273, Healing with the Medicine of the Prophet, (See 1).

⁷ A homoeopathic camp organized by Mafkhar Charitable Trust of Mumbai on 15th August 2005 at Bharat Nagar (the most affected area of the deluge) at the bank of Mithi River, Bandra (East).

⁸ Proved by Dr. Kali Kumar Bhattacharya of Asam.