

Kali - carbonicum

INTRODUCTION:

Dr S Radhakrishnan, the great philosopher and our National President, said, "Life is like a game of cards. We did not invent the game. We did not formulate the rules. We did not manufacture the cards. And we have no power over its distribution. Yet, when we get the cards, we can play the game wisely or we can play the game badly." This statement is especially true for a homoeopath who has to play his cards wisely, if he has

to deal effectively and efficiently with his patients. The cards in our armamentarium are the Homoeopathic remedies.

I pay my homage to Late Dr Sarla Sonawala in whose memory we are meeting here today this gives us a chance to polish our weapons i.e. gain something new from the wide and varied experiences of the respective speakers, so that we may apply them in our own practices at our own places.

The *Kali* Group comprises of the following 25 salts viz;

<i>Acetic</i>	<i>Arsen</i>	<i>Bichromic</i>	<i>Bromat</i>	<i>Carbonic</i>	<i>Chloric</i>	<i>Cyanat</i>
<i>Ferrocynat</i>	<i>Hydroidic</i>	<i>Hypophos</i>	<i>Picric</i>	<i>Picro-nitric</i>	<i>Salicylic</i>	<i>Silic Muriatic</i>
<i>Nitricum</i>	<i>Oxalic</i>	<i>Permangan</i>	<i>Phos</i>	<i>Sulphurat</i>	<i>Sulphuric</i>	<i>Sulph chrom</i>
<i>Tartaric</i>	<i>Telluric</i>	<i>Causticum</i>	<i>Hah Tinc acris sine kali</i>			

And the *Carbonicum* group has the following (9+2) salts viz;

<i>Ammon</i>	<i>Baryta</i>	<i>Calcarea</i>	<i>Kali</i>	<i>Lithium Magnesia Natrum</i>	<i>Strontium</i>
<i>Zincum</i>	<i>Carbo-animal and Carbo-veg</i>			<i>Graphites and Petroleum</i>	

GENERAL CHARACTERISTICS OF

Kali – Anti-syphilitic

Weakness & Prostration
Debilitating states. Chilly
Early morning aggravation
Pains > motion. Salivation

Carb- Carbo nitrogenoid Constitution

Fat & Flabby
Asphyxiation – poor oxygenation

Target organs – skin, glands & GIT

Skin – intertrigo, excoriations

Constipative & Flatulent
Glandular enlargements
Putrid discharges & exhalations

KALI-CARB AS A PERSON

Fleshy torpid build
Temperament – sensitive, obstinate, fearful, full of imaginations, moody & discontented
Craving for company
Tendency to take cold easily.

COMPLAINTS AF:

After coition, miscarriage, labor, delivery (Parturation), during/from pregnancy, excessive emissions.

KALI-CARB AS A PATIENT



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CHARACTERISTICS:

1. Temperament – Irritable
Hypersensitive to pain, touch & noise
Despondent, Afraid of loneliness
2. Weakness, lethargy & Prostrated
3. Perspiration
4. Chilly
5. < early morning: 2-3 am

PARTICULARS:

Anxiety felt in stomach
Sensation as if stomach filled with water
Baglike swelling upper eyelids
Nasal stuffiness in warm room
Asthma > rocking
Backache severe with sharp shooting pains descending down the thighs with numbness > motion
Stitching pains > motion, lying painful side
Soles sensitive & small of back feels weak

REMEMBER

1. In contradictory states like
 - i. Large discharge of blood with normal stools
 - ii. Nose stuffs up in warm room
 - iii. Stitching pain in anus 1 hr before stool
 - iv. Pain in piles while coughing
 - v. All left sided complaints except chest (Rt)
2. Completes the action of *Carbo-veg* & *Nux-vom*
3. In Pleurisy when *Bry* fails
In Abd colic when *Colo* fails
In Asthma when pt Bends double and does not get relief after *Ars* fails.
4. ***Kali-Carb*** ***Bryonia***
Stitching pains Stitching pains
> motion < motion
< lying painful side > lying painful side

CASE 1:

Bronchial Asthma, Lumbar Spondylosis & Prolapse Rectum.

A 42 y female presented on 23-1-98 with the following complaints-

1. Severe backache – 10 years

Pain in the lower back extending to thighs BS with stiffness

< winters, during menses, working in water
> SWD, Hot application, massage, walking while
Started during last pregnancy and increased after delivery. 11 yrs
Back numbness both lower legs with swelling feet after walking

Pain – burning, stitching, shooting type.

2. Asthmatic troubles : 9 – 10 years
Recurrent attacks of dry cough followed by difficult breathing, chest pain
Phlegm stringy, difficult to expectorate, offensive mouth
< Early morning, lying Rt Side, winter
> Forward bending, rocking, Summer
H/O Recurrent Pharyngitis since childhood, Bronchitis at 12 yrs of age.
Pulmonary (Rt lower lobe) 13 years age
3. Rectal Prolapse with bleeding PR even with normal stool, started after 3rd delivery 14 yrs. ago
4. Gets easily exhausted.

TEMPERAMENT Sensitive, Moody, irritable, obstinate.
Intense desire for company
Discontented and fearful
Appetite: erratic, likes sweets ++
Stools – hard + occasional bleeding PR with prolapse of rectum
Urine – 4-5/D & 3-4/N, urgency more at night
Menses – 1/40-45 days, pale & scanty flow
Sleep – feels sleepy immediately after eating
P/H – Rt SMG1 swollen – excised
Skin eruptions on both feet during childhood > ointments
F/H – Mother died of TB, father has high BP, all the 3 issues chilly
O/E – GC Fair, Cooperative, pallor ++
P-78/min, reg poor in V&T, BP 112/78 mm
No cyanosis/clubbing or Odema feet
Abd – soft & distended, Liver/spleen – NP

RS – scattered Ronchi ++

CVS – HS pure. CNS – NAD

PLANNING AND PROGRAMMING:

Nux-v – As an indicated remedy on presenting symptoms, so acute

Kali-c – Temperament so constitutional remedy

Tub-b – As an intercurrent remedy

Last MTP done 6 yrs back. Menarche at 17 yrs.

1. Latest Menses long-lasting. Menstrual problems started after MTP. Since then she has never recov-

ered completely. Prolonged menstrual flow makes her more exhausted and irritable.

Took tonics. Digestive enzyme preparations, Iron Tabs off & on whenever she felt weak. D & C about 4 yrs back but no respite. Severe pain in small of the back along with stiffness during menstrual flow. Pain-pricking, stitching, shooting type, descended down to thighs (BS). Legs feel numb (BS)

< Forward bending, morning, physical exertion. > hot fermentation

FOLLOW-UP

23-1-98		<i>Nux-v</i> 200 1d PT exercise/SWD SOS
14 days after	Backache much >> Weak in the morning LMP 2-2-98/2D less	SL 10D x 15 days
22 days after	Backache ++ Stools constipative, bleeding once. Menses normal	<i>Nux-v</i> 1M 1dose
7 days after	Backache no much change [Acute>> const] Stools >>, no bleeding. Prolapse ++	<i>Kali-c</i> 200 1dose
10 days after	Backache >>, Pt feels >, stools soft Prolapse +, No Bleeding, No menses	SL 10D x 15D
15 days after	No much complaints, feeling >> Menses after 36 days (4D)	SL 1 0D x 15D
5 days after	Backache ++, has become irritable Prolapse +	<i>Kali-c</i> 1M 1D
10 days after	Backache >>, Patient feeling > Stools >, No bleeding. Prolapse +	SL 1 0D x 10D
15 days after	Patient feeling better in all respects Stools soft, daily, no bleeding	<i>Tuber</i> 1M 1Dose
1 month after	No major problems. Itching eruption on both feet < night	SL 1 TDS 10D
7 days after	Eruptions as it is	SL 1 TDS X 10D

CASE 2: Lumbago with FUH & Spina bifida

Acidity & Flatulence < sweets

A 38 years female came on 3-4-99 with:

1. Long lasting menstrual flow for 10-12 days – 6 yrs
2. Urinary Troubles–
Urine 4-6/D 4-5/N, involuntary on coughing
3. Gastric Troubles since long. At times even regular food items did not agree

LIFE HISTORY – An averagely built, hard working lady, born and groomed in a middle class family and married at a tender age of 17 years to a Bank Officer. Delivered 4 children-4 FTND 3 abortions in 15 yrs.
2. Urine problems started after last delivery, 7 y back.

Cases

Frequent urination at night with dribbling at the end, odema feet + < coition after, in winters > summer & while at work

TEMPERAMENT: Sensitive, irritable and moody.

Felt exhausted all the time with aversion to any physical/mental work.

Likes to move about in the neighborhood .

Repeated episodes of fearful anxiety, imagined she is very unlucky, will never recover, is a burden to her family etc.

Always unsatisfied with whatever she possessed.

Sexual appetite which was too much in the beginning, has reduced to a mere formality.

Stool occasionally hard, at times bloody streaks.

Appetite – Average

P/H – Jaundice in childhood, Ottorrhoea Lt till 12y.

F/H – Mother died of Pulm TB (when pt. 12 yrs)

Father – Drunkard, Cirrhosis of Liver

Sister – No issues (14 years of marriage)

Brother – Drunkard, piles

PERSONAL HISTORY – Vegetarian with occasional eggs, studied till 8th Standard

Obstetric history – Bad. PPH after every delivery

O/E: Average build, pallor + P78/min BP 110/70 mm

SM G1 ++ BS,

O/I – Hb – 9.8 gms%, X-ray Lumbar Spine – Spina Bifida +

PLANNING & PROGRAMMING

Nux-v – Acute remedy presenting in symptoms

Kali-c – on mentals, menstrual problems, started ear discharge

PT exercises for pain in Spina bifida.

4-4-99	LMP 2-3-99	<i>Nux-v</i> 200 1d stat
13-4-99	Menses yesterday-Flow ++, back pain ++ No stools 2 days. Urine burning + urging +	<i>Nux-v</i> 200 3d 4 hrly
14-4-99	Flow ++, back pain + Stool – hard, bloody streak	SL 1 TDS
18-5-99	LMP 9 th , flow ++, feels prostrated Back pain ++, Stiffness++ Stools ½ - 3d. Urine 3-4/D, 2-3/N, burning+	<i>Kali-c</i> 200 1dose stat SL 1 TDS x 21 D
24-6-99	Complaints much >>, Mentals > Irritability >, Weakness+ Menses >, pain less Urine 5-6/D, 1-2/N no burning, Oedema feet +, Sleep> Stools daily, no bleeding	SL 1BDx 20 D PT exercises
1-8-99	Left ear discharge ++ Menses normal. Backache+	SL 1 QID x 10D PT exercises continued
21-9-99	Left ear discharge continued	SL
3-10-99	Menses >> Lumbago +>, Ear discharge >	SL <input type="checkbox"/>



I've learned that just because two people argue, it doesn't mean they don't love each other.

And just because they don't argue, it doesn't mean they do.

I've learned that maturity has more to do with what types of experiences you've had and what you've learned from them & less to do with how many birthdays you've celebrated.

I've learned that sometimes when I'm angry I have the right to be angry, but that doesn't give me the right to be cruel.

