

plain talk with

CLINICAL CASES

Dr K J James, Bldg 2/Flat 3,
Parmar Complex, Nigidi P.O, Pune - 411 044

Cocculus is a famous medicine for nausea and vomiting in a bus or car. But Sepia has many times helped me better than Cocculus. The difference is Sepia Child or woman has an introverted and indifferent look. In Synthesis, on page 650, Cocculus, Petroleum and Sepia are equally ranked for "Nausea, riding in a Carriage or in the Cars, while". Other important remedies are Calc C, Calc phos, Cycl, Hep, Iris, Lyco, Mag C, Nux m, Nux V, and Ther. I feel most Sepia patients cannot travel comfortably in a bus or car.

The other day one lady came to me for chronic cough of Bronchitis. She used to get a Con-

stricted feeling in the throat during sleep. While asking her mental Symptoms, I had asked her what will be her feelings if the child or husband is too late to return from School or Office. She replied that such events would not upset her and she would sit and coolly watch the T.V. She also added that when people cry while seeing movies, she never does it, thinking that it is only a movie. Even an accident spot does not arouse any excitement in her. The rubric "*Unfeeling*" is quite clear, which is an important Symptom of Sulphur and Lachesis. Of Course final selection of Lachesis only and it did give an immediate cure of all symptoms in 30th.

Some prescribers are not experts in Constitutional prescriptions; but they palliate diseases wonderfully. I have heard that in most stomach upsets, doctors in near-by Homoeo College prescribe Nux Vom 30 *before food* and Carbo Veg 30 *after food*. This prescription always works when the patient comes to you after allopathic treatment, later to follow-up with truly indicated medicines.

Whenever we are frustrated in treating Leucoderma Cases, use the Bowel Nosode Morgan Pure and see the beautiful result you get!

Dr. Koppikar has written

that for patients having low blood Pressure Insuline - 6 gives good results. Recently in a case of momentary giddiness with low Blood Pressure, repeated doses of Insuline - 6 and Nat mur 6 X cured the patient. I have seen doctors having certain specifics which work in most cases - My humble request is that they should not keep them as secrets, but bring to the Homoeo - brethren.

Examples of some near - specifics are given below :-

- Salicylicum Acidum : Meniere's disease.

- Ceanothus - Q } Anaemia +
 - Rubia T. - Q } Spleen-
 } enlargement,
 } Splenic-
 } anaemia.

(Two Cases of severe anaemia where the spleen enlarged, was successfully treated by me with Ceanothus Q and Rubia Tintora-Q.)

- Nervous weakness } SCUTELL-
 or sleeplessness } ARIA
 after Influenza

- A Constipated Child } Senna-6
 with vomiting, Colic, }
 full of wind

Such near by specifics one can learn from the M.M of Boericke. It is from a certain tip that we have to prescribe often. For example a girl of thirteen years came for Bed-wetting. When routine medicines failed, I had asked her parents regarding her behaviour, if any, which is peculiar. Obviously two Symptoms :

(1) Injustice, cannot support (Synthesis, 127).

(2) Humming (PR 188).

Causticum 200 a Single dose cured her.

It is a pity that Causticum is not shown in Synthetic repertory against the first rubric. Causticum is definitely extremely sympathetic and she will react to injustice and can later in life become a terrorist. On the other hand Staphisagria though cannot support injustice will become Mother Teresa or Mahatma Gandhi type.

Our success mainly depends on our ability to convert the thoughts, expressions and words into Correct Rubrics. Once a lady while case taking, told me : "Doctor, in fact I feel I still have to find out who I am. I have to search for my identity". Immediately I could not find out where the Rubric is. (The lady was having pain in her right illeac region). The correct rubric is 'Confusion, as to his identity' (Sy-169). Also she told me that she feels jealous of her younger sister who has got more personality than her. Combining the second rubric 'Jealousy' (Sy-674) we get only few remedies : Lach, Stram, Thuja. Of Course Lach ranks high and this medicine in 200th potency did cure her though the location was right sided and she never had an aggravation from sleep.

In order to develop the ability to develop Rubrics, we should think of the Rubric while enjoy-

ing T.V serials or enjoying story Books. For example, in the holy Bible Jesus is once addressing his mother as 'Lady' instead of 'Mother' and says : "Oh ! Lady, what is it for you and Me ?" Leaving aside the context how can we interpret these words into our rubric ? Although He is talking to his mother, He is talking as if he is talking to a stranger: "*Delusion, he sees strangers*". Similarly the Constitutional medicine of Hitler is Drosera - the product of Tubercular maism. You can see small Hitler's in your clinic. Yesterday one lady was lamenting over her eight year old boy : "See Doctor, this boy is very destructive even as a small child he used to break and destroy whatever toy was given to him. In school, his teacher has given me an ultimatum same that she will watch him for one more month only and if his brutal behaviour to other children is not improving, then she would send him out from the school. He would hit and hammer other children. He is very generous and kind hearted also" All these symptoms are for want of Drosera higher, we know.

Even the feelings of mother during full terms of pregnancy have definitely an impact on the child. Once a College going girl of 16 years came to me for allergic rashes in case she wears any ornaments other than gold. This girl is known to me. She keeps less of company. Whenever she walks on the road, she looked insecure, unprotected, forsaken and a kind of

star was on her face; she looked lonely, and a type of innermost sadness depicted on her face though she was content to herself. I phoned to her mother and asked whether she had any mental tension during the time of pregnancy. The mother replied that she had some family tension and she was feeling forsaken and lonely during the whole period with brief. Remember, the girl also had a similar look of feelings. I thought this must be the cause of itch and tried Natmur 10M/3 doses for three consecutive nights and try plated ornaments after a month. When she came after a month, she told me that she can bear any plated ornaments without any problems.

There is no limit to our M.M. We know only a little of each medicine. I was just reading *Oleander* (Page 56) from 'Kent's Comparative Repertory of Homoeopathic M.M.' compiled by Dr R Dockx and G Kokelenberg :-

"Oleander may be thought of in diaper dermatitis in babies too. The typical eruption for Oleander is psoriasis. You will notice in Oleander trembling from hunger. They cannot stand hunger. It is a typical Psoric remedy. (Eruptions, scabby, in occiput). They cannot stand mental exertion, They have fever from mental exertion, Their thoughts are vanishing from it, they have a sensation of heat after mental exertion, they are dull from mental exertion and they have a confusion when they try to understand what they read.

They have ravenous appetite. They cannot stand smoke, they have an aversion to tobacco smoke, like Ign.... Dreams of mental exertion".

Interpretation of patient's language into the correct rubric requires lot of experience and analytical capability. Once I was treating a girl for pain in the right lower quadrant of abdomen. Various remedies failed. She used to say in every visit. "Doctor it is something different than pain, it is a feeling like *"Stretching a rubber-band and leaving"*. On the fourth consideration only I could think of Plumbum Met and its Classical feeling in abdomen : "Constrictive sensation in internal parts, abdominal wall feels drawn by a string to spine". Similarly whenever a patient says to me that " food is not passing properly into the stomach; I feel a hard thing in is obstructing in any stomach", Abies Nigra 30 has helped that patient. But in the text you will read like this: "Pain in the stomach always comes on after eating. Sensation of a lump that hurts, as if a hard boiled egg had lodged in the cardiac end of stomach".

Study of M.M as well as study of Rubrics should go hand in hand. A girl of 15 years came to me several times for cough and Arthritic pains in her knees. Two peculiarities were noted :

- (1) When Cough disappears knee pain starts.
- (2) She has no cough after lying down.

Considering the Miasmatic back-

ground (Tuberculous) Drosera in various high potencies did relieve her for about two years. Finally Drosera did not give relief, but symptoms were same.

Dry Cough	} Amon Carb ² , Mang ³ , Sep ² , Zinc ² (Sequelac, Page 315)
ameliorates after	
lying down	

I was not happy as to the medicines with the Rubric. After reading Amo Carb, I turned one more page to read Ammonium Mur in Boericke, on page 44: "..... *Many groups of Symptoms are accompanied by Cough*". This medicine in 30th cured her Cough and this time there was no knee pain after cough. Since then this key note was used in many cases and even *Cough before a Coryza* also could be cured with Amo Mur without any other Symptom. This medicine has cured *Sciatic pain whenever pain ameliorated on lying down.*

At times we hear strange symptoms in our Clinic, and it may be the main symptom of a remedy that may be leading us to those strange symptoms. For example, the other day a main patient approached me for a peculiar symptom - all fingers of his hands looked slightly twisted to one side as in osteo-arthritis. *He added he has a feeling that slight stool escapes in watery form when flatus escapes.* This is a Classical Symptom of *Oleander*. In Phatak's M.M, under Oleander we read the following :-

"..... It has a marked ac-

tion on nervous System.....with
cramp like contractions of upper
extremities.

..... Fingers rigid and
thumb turned into palm".

The above reading has
some similarity with the patient's
symptoms. I tried Oleander 200
three doses in a day and after a
week, I was astonished to see that
his fingers looked normal as any
one elses.

*Certain Childhood experi-
ences can precipitate diseases
later in life. A person 40 years
came for Chronic Migrane. When
he was 12 years old, because of
certain Govt. rules he and his par-
ents had to vacate their house and
officials had set fire to their house
and this, he said, was a real shock
in his life. He will have several
Yawning during and before the
attacks, plus his mild and polite
nature, plus certain other Symp-*

toms definitely pointed to
Staphasagria. But I gave him
Ignatia, Bid, for a week. He him-
self said that the result was mar-
vellous and whenever he felt like
a mild pain, he would take an ad-
ditional dose and immediately re-
lieved. Staph may be required to
follow when the Layer of Ignatia
falls off. But definitely the Child-
hood trauma pointed to Ignatia and
it definitely helped.

Indian **HOMEO RECORDER**

A Bi-Monthly Journal of Evolutionary Homoeopathy

*It retells the past
For the present
Records the present
For the future*

BE A PART OF "RECORDER"

Our Regular Features are:

Current News Reports
New Drugs in Homoeopathy
Reprint of old treaurable articles
Biographies/Institutional History
Book Reviews

Latest Research Informations
Case Histories
Articles on : Materia Medica, Orga
Homoeopathic Philosophy and of
Allied Subject
Interview

and

Many More informative articles

Managing Editor:

DR. SUBHAS SINGH

Annual Subscription (1996) : Rs. 45.00

Please send your M.O./Cheque/D.D. to :

Indian Homoeo Recorder
1/5, Raja Dinendra Street (2nd Floor)
Calcutta - 700 009

Make

INDIAN HOMEO RECORDER
Your Reliable Source of Informations