

A Case Of Vasculitis

PRELIMINARY DATA: Mast A, 13, Hindu, student for the following complaints.
Patient was brought in a wheel chair on 28/06/2002

CHIEF COMPLAINTS:

Sr No.	Location	Sensation & Pathology	Modalities	Accompaniments
1	General Whole body (except face) Since 3 years Increased Since 1 week	PAIN ³ Aching ³ Catching type Crampy type Bluish black discoloration Weakness	<Early morning ³ <Rainy seasons <Sitting ² <Standing ³ <Pressure >Lying down >Wysolone tablets >change of position ?Summer	Weepy & Moaning with pain Restless
2	Head Temples On & off	Pain Throbbing	<Sun light ² >Pressure >Rubbing	Vomiting

ONSET, DURATION & PROGRESS:

Patient has been suffering for last 3 years. He attributes it to beatings he got from his tuition teacher 3 yr ago, which ended in an abscess that had to be incised and drained. After this episode, all the present symptoms have started. Whole body aches, everywhere there is muscles pain, he is not able to do his daily routines, misses schools frequently (at least 10–15 days in a month) for treatment in different hospitals.

PAST & TREATMENT HISTORY:

No significant past history other than the abscess developed after an injury.
Presently he is continuing treatment in one of the research institute in Manipal.

where he was diagnosed as having VASCULITIS.

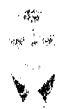
He is presently on Wysolone 40 mg (Steroids) twice per day for the last 3 years. Now he is almost dependent on steroids; as a result of which he has gained tremendous weight. He took both Ayurveda as well as Homoeopathic medications from a local doctor without any relief.

FAMILY HISTORY :

Father: Hypertensive and Diabetic on treatment.

LIFE SPACE INVESTIGATION:

He hails from a middle class family of Mangalore studying in 7th standard. Father is a government employee and mother is a staff nurse. He has a 5 year old younger brother. His early childhood was uneventful; he was an active child but recently he has become dull, cannot exert himself, needs help and support of parents for going to school and other daily activities. He now likes to sit alone, gets angry fast and shouts at people. He often cries out of anger. He does not have any friends



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nor does he play, as there is severe bodyache. He told us that now he has adjusted to this situation. He is worried about his disease and feels hopeless that no medicine can cure him. He likes to study, gets 7th rank and wants to improve still further in his studies. He has a hobby of collecting stamps.

He says that he avoids company as others insult him. He says he no longer believes in God and has stopped visiting temples. His memory is sharp, perceptions are clear. Parents say he is very obstinate and sticks to his decisions.

PHYSICAL GENERALS:

OBESE: Increased weight gain for the last 3 years: Cushingoid appearance.

PERSPIRATION: Generally increased, partially in back of the body, face, back

APPETITE: Increased Since 3 years he gets up in the middle of the night & eats due to hunger

CRAVINGS: Salt³, Vegetables, Tomato

AVERSION: Sweets, Eggs.

THERMALLY: Hot patient

CHARACTERISTIC PARTICULARS :

Pain: Aching³, Catching type, Crampy type
Bluish black discoloration. Weakness

Restless & Moaning with the pain

< Early morning³, Rainy season, Sitting², Standing³,

< pressure > Change of position Lying down, Summer

Headache throbbing < Sunlight²; > pressure, Rubbing.

FIRST PRESCRIPTION:

28/6/2002	Case was worked out in detail and Repertorization done by using Radar software INVESTIGATION: ESR: 90mm/Hr Wyslone: 40 mg twice a day	<i>Nat-mur</i> 200 (4p) weekly once <i>Hypericum</i> 30 3 - 0 - 3 (SOS)
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FOLLOW UP CRITERIA

1 Appetite

2 Bowels

3 Sleep

4 Body ache

5 Headache

6 Bluish black discoloration

7 Steroid usage

8 ESR

3 mind – contradiction - intolerant of contradiction

4 mind – company – aversion to

5 generals – obesity

6 generals – food and drinks – salt- desire

7 generals – food and drinks – vegetables - desire

8 face – perspiration

9 generals – inflammation – blood vessels , of

10 extremities – pain – exertion, after slight

11 extremities – pain - aching

12 generals – change – position – amel

13 generals – food and drinks – sweets – aversion

14 stomach – appetite – ravenous

REPORTORIAL APPROACH: (RADAR)

1 mind – anger – trifles; at

2 mind – anxiety - health; about – own health; his

<i>Nat-m</i>	<i>Ars</i>	<i>Lyc</i>	<i>Puls</i>	<i>Nux-v</i>	<i>Phos</i>	<i>Sulph</i>	<i>Calc</i>	<i>Sep</i>	<i>Agar</i>	<i>Cham</i>
71/31	0/36	64/31	59/32	59/28	58/31	57/30	55/31	54/30	50/26	45/27

23/7/2002	1 2 3 4 5 6 7 8 G R G >+ >+ >+ 35mg 30mm/hr He is improving. Generally better. Steroids are reduced to 35 mg once a day. ESR: Value reduced from 90 mm/hr to 30 mm/hr	1 <i>Nat-mur</i> 200 (4p) weekly once 2 <i>Hypericum</i> 30 3 - 0 - 3 (SOS)
27/8/2002	1 2 3 4 5 6 7 8 G R G >++ 0 >++ 30mg 5mm/hr Patient is feeling better. Steroids 20 mg + 10 mg alternate days. ESR: Value reduced from 30mm/hr to 5mm/hr	1 <i>Nat-mur</i> 200 (4p) weekly once 2 <i>Hypericum</i> 30 3 - 0 - 3 (SOS)
24/9/2002	1 2 3 4 5 6 7 8 G R G >++ 0 0 20mg 8mm/hr Now no much pain Now he is on steroids 20 mg alternate days No swelling of body now	1 <i>Nat-mur</i> 200 (4p) weekly once 2 <i>Hypericum</i> 30 3- 0 - 3 (SOS)
17/12/02	1 2 3 4 5 6 7 8 G R G >++ + 0 15mg Not done Occasionally headache when traveling O/E: No muscular tenderness, no blush black discoloration Steroids 15 mg alternate days	1 <i>Nat-mur</i> 200 (4p) weekly once 2 <i>Sac Lac</i> (SOS) 3 - 0 - 3
11/2/2003	1 2 3 4 5 6 7 8 G R G >+++ 0 0 10mg Not done Steroids 10 mg alternate days	1 <i>Nat-mur</i> 200 (4p) weekly once 2 <i>Sac Lac</i> (SOS) 3 - 0 - 3
11/4/2003	1 2 3 4 5 6 7 8 G R G 0 0 0 10mg 7mm/hr Now Steroids 10 mg once in 3 day, advised him to stop steroids completely	1 <i>Nat-mur</i> 200 (4p) weekly once 2 <i>Sac Lac</i> (SOS) 3 - 0 - 3
10/6/2003	1 2 3 4 5 6 7 8 G R G 0 0 0 0 8mm/hr Now Steroids are completely stoped for the last one month. He is playing with other children and mixing with them. Got 95% marks in Exams. Attending regularly all the classes. (G:Good. R:Regular)	1 <i>Nat-mur</i> 200 (4p) weekly once 2 <i>Sac Lac</i> (SOS) 3 - 0 - 3

RESULT & INFERENCE:

Since this was a steroid dependent Vasculitis, it was not so easy to completely stop the steroids, because even with steroids he was unable to carry out his daily routines like going to school etc.

The case was Repertorised and final differentiation was

done by using *Materia Medica*. Vasculitis, in this case, happened as a result of derangement of the constitution. It required a deep acting constitutional medicine to correct it. That is how the constitutional *Nat-mur* showed such a wonderful result. At present patient is completely off steroids. Potency 200 was maintained

as patient was showing good response to 200, it was unnecessary to modify the potency.

Hypericum was used as a specific remedy for severe kind of pain/ ie SOS. when pain unbearable.

CONCLUSION:

Homoeopathic medicines can really help in stopping Steroids and help the constitution to fight back the dis-

eases.

Natesan (12350) (VP: I have to check the original to figure out what this part is)

This analysis contains 347 remedies and 14 symptoms

Sum of degrees (sort:spt)

Intensity is considered

1	Mind – Anger – trifles:at	4	58
2	Mind – Anxiety – health; about – own health; his	3	57
3	Mind – contradiction – intolerant of contradiction	3	73
4	Mind – Company – aversion to	3	156
5	Generals – obesity	3	118
6	Generals – Food and Drinks – salt – desire	3	54
7	Generals- Food & Drinks – vegetables – desire	3	16
8	Face – Perspiration	3	122
9	Generals – Inflation – blood vessels of	3	22
10	Extremities- Pain – exertion, after slight	3	25
11	Extremities – pain – aching	3	70
12	Generals – Change – position – amel	2	23
13	Generals – Food and drinks – sweets – aversion	3	39

1	2	3	4	5	6	7	8	9	10
<i>Nat-m</i>	<i>ars</i>	<i>lyc</i>	<i>puls</i>	<i>mus-v</i>	<i>phos</i>	<i>sulph</i>	<i>calc</i>	<i>sep</i>	<i>agar</i>
(71/31)	(70/36)	(64/31)	(59/32)	(59/28)	(58/31)	(57/30)	(55/31)	(54/30)	(50/26)
11	12	13	14	15	16	17	18	19	20
<i>cham</i>	<i>calc-p</i>	<i>verat</i>	<i>ign</i>	<i>cocc</i>	<i>nit-ac</i>	<i>anr</i>	<i>rhus-t</i>	<i>bry</i>	<i>chin</i>
(45/27)	(45/24)	(45/21)	(45/20)	(44/25)	(44/22)	(43/25)	(43/24)	(40/25)	(40/25)

Banta Singh got tired of being the butt of jokes and decided to do his PhD. Banta was looking out for a unique subject to write his thesis when he saw a cockroach. Banta placed the cockroach on the table and cut off one of its leg. Then he said “WALK”. The cockroach moves forward. Then Banta cut its second leg and commanded “WALK”. The cockroach manages to moves forward. Then Banta cut its third leg and commanded “WALK”. The cockroach manages to wriggle forward on one leg.

Finally Banta cut its fourth leg and said “WALK”. The poor cockroach could not move and lay helplessly on the table. He repeats the same with over 1000 cockroaches. He finds that the results in all his experiments match. Banta is jubilant, “NOW” says Banta “MY THESIS IS READY” and proceeds to write it. “WHEN YOU CUT FOUR LEGS OF A COCKROACH IT BECOMES DEAF”