

# Hering's Law of Cure

**ABSTRACT:** Hering's laws provide useful guidelines for the homeopathic practitioner in evaluating a patient's total state of health and monitoring his or her progress, during treatment.



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## FIRST PRINCIPLE

Healing processes from the deepest part of the body, the mental and emotional levels and the organs - to the external parts, such as the skin

and extremities. The different "depths" of symptoms, and their effect on health, in descending order, have been given by a leading Greek homeopath, Vithoulkas, as follows:

PHYSICAL AILMENTS	MENTAL	EMOTIONAL
Brain	Total Confusion	Suicidal Depression
Heart	Destructive Delirium	Apathy
Endocrine	Paranoid Ideas	Sadness
Liver	Delusions	Anguish
Lung	Lethargy	Phobias
Kidney	Dullness	Anxiety
Bone	Lack of Concentration	Irritability
Muscle	Forgetfulness	Dis-satisfaction
Skin	Absentmindedness	

(This is an apparently good way of telling how well your cures are coming on. "Great! He's gone from Total Confusion to Absentmindedness - he's cured!")

## SECOND PRINCIPLE

As healing progresses, Hering states that symptoms are cured in the reverse order of their appearance.

(Surely you should treat the most severe and life-threatening first- or is that just me?)

## THIRD PRINCIPLE

Healing progresses from upper parts of the body to lower parts of the body.

(So if I have cancer in my foot, treat my head first!!)

Homeopathic aggravations may occur in accordance with Hering's Laws, which is quite accept-

able, providing there is a corresponding improvement in the symptoms at deeper levels, most recent symptoms and the upper parts of the body. (So I can get worse before I get better - as long as my head is fine first.)

Healing may be more noticeable in deep-seated chronic conditions than in acute conditions of short duration.

To summarise, Hering's Law is as follows:  
 From important organs to lesser organs  
 From within outwards - skin, urine, a cold  
 From above downwards

Symptoms disappear in reverse order of appearance

Chronic disease may retrace and re-suffer ailments

## Homoeopathic Queries & Solutions

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**Q1.** Sir, is it possible to prove a homoeopathic remedy in a single potentized dose in one day or week?

**DR VAIBHAV RAO, BARODA**

**ANS:** As far as the procedure of drug proving as suggested by Organon is concerned, it takes weeks and months for a complete proving of a remedy. Of course it depends upon the type of drug that is being proved. But, I am not aware of any instances when a drug is proved in a single potentized dose in 24 hours.

**Q2.** Can a Simillimum be prescribed only on a dream or a mental state?

**DR SANJAY CHANDRAKAR, RAIPUR**

**ANS:** The prescription of a Homoeopathic remedy is based on individualistic characteristics. It takes into account all those features which represent individual sickness. That means the approach for selection must be holistic rather than on a single generality, no matter how peculiar it is. Hence, for management of a case, it becomes essential to obtain a detail history as well as clinical findings. No remedy must be selected and administered on the basis of a single symptom. It shall be considered as symptomatic prescription and not symptomatological treatment - an Allopathic way of Homoeopathic therapeutics.

**Q3.** Are Mother Tinctures homoeopathic?

**DR ATUL VADNERE, KUKSHI**

**ANS:** A drug becomes a homoeopathic remedy when it is prescribed on the basis of similarity of symptoms. Hahnemann has described it as the most appropriate homoeopathically selected remedy. Hence, if the case has gross structural organic changes with secondary symptoms and has no peculiar generals, then organ remedies in

physiological doses may be required for palliating certain distressing symptoms. Thus Mother Tinctures or potentized medicine may be termed as homoeopathic if they are selected on the law of similars.

**Q4.** Sir, I am writing a thesis on Chikungunia fever and its Homoeopathic approach. Please guide me as to where can I find references?

**DR RUDRESHWAR TRIPATHI, MAU**

**ANS:** Well! to compose a Thesis for any subject, especially if its for MD, is a laborious task. Many authentic references and previous works on the subject have to be consulted whilst one writes his thesis. In your question, there are 2 parts. The first is the nosological disease i.e. Chikungunia Fever. For this viral infection, its vector, host, life-cycle, pathogenesis, etc. you need to consult references from Microbiology and Preventive and Social Medicine. I advice you to visit the National Medical Library at New Delhi or library of a reputed Medical College. Secondly, the homoeopathic approach to this viral fever. Consult the writings of our stalwarts (T F Allen, Boenninghausen, Burnett, Clark, Borland, etc). You may not find an exact approach of Chikungunia fever, but the homoeopathic approach of fever in general has to be taken into account. "Carcinosin II" issue 2/2006 of NJH, carries an informative article on the subject. Thirdly you need to actually treat cases of the same and record your own observations regarding the selection of remedy, the genus epidemicus, follow-up, complications, etc. Since November last year, an epidemic of the same is prevalent in large areas of Andhra Pradesh, Marathwada and Vidarbha as well as other parts of Maharashtra. So visit these places and actually gather experiences of homoeopaths in the treatment of this viral fever in question. ○