



# Intestinal Obstruction

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Mr S R J, 37 years old, Building Contractor, came to me on 28<sup>th</sup> Jan 2008 with the following complaints.

## CHIEF COMPLAINT

LOCATION	SENSATION	MODALITIES	CONCOMITANTS
ABDOMEN- EPIGASTRIC REGION Since 6mnths	Pain Lump/ball moving	< eating or drinking after. >rest, vomiting	Weakness
STOMACH	Vomiting Profuse, frothy and offensive contains ingested food.	3-4 hrs after food.	Trembling of tongue 2-3 months
RECTUM	Loose stool	<if no vomiting	

ODP- All the above complaints started when he had alcohol in a restaurant and suspected someone has mixed something in it, something like horse urine.

PAST HISTORY: Had Koch's at age of 16-18 years. AKT taken. Hypertension- 7-8 yrs after that started with chest pain.

FAMILY HISTORY: Mother DM.

## PERSONAL HISTORY

APPETITE: Feels hungry but fear of eating due to pain and vomiting.

CRAVING: Mutton and spicy food

URINE: 3-4 times in a day without any complaints

STOOL: Hard stools, but if no vomiting gets loose, offensive stools.

TONGUE: Clear and dry.

THIRST: Drinks less as there is grumbling in abdomen after drinking. Drinks only after eating or vomiting.

ADDICTIONS: Tobacco- last 7-8 yrs but stopped since 3-4 months. ALCOHOL: since 10 yrs.

THERMAL: Chilly. Feels coldness of feet.

MIND: Feels that someone has put something (horse's urine) in his liquor purposely. Doubtful about the recovery. Gets angry on contradiction - shouts or even beats children if they don't listen to him. Feels is suffering without his fault.

O/E: Well built but malnourished,

Wt- 54kg

Sclera-muddy

Ht- 5.6 ft

Pulse-68/min

Pallor+

BP: 120/90mm of Hg

P/A- tenderness around umbilicus. Could see lump 2-3 hrs after eating in epigastric region.

Liver, spleen and kidney not palpable.

Other systems- NAD

After considering the totality of symptoms *NUX-VOMICA* 30 1 DOSE and SL was prescribed.

## FOLLOW UPS ON ADMISSION

DATE	SYMPTOMS	TREATMENT
30/1/2008	After medicine complaints aggravated so patient stopped medicine.	Admitted for investigations and monitoring.
31/1/2008	Barium meal follow through suggested sub	<i>NUX-VOM</i> 0/1 started 2 tsf tds. Liquid or



	acute intestinal obstruction or tuberculosis of large intestine in correlation with clinical findings	semisolid diet at short intervals.
1/2/2008	Vomiting reduced, occasionally loose stools. Appetite improved.	Continued <i>Nux-vom</i> 0/1

Patient was better. General condition of patient improved so patient was discharged after one week.

**FOLLOW UP**

13/2/2008	No vomiting or loose stools.	<i>Nux-vom</i> 0/2 2tsf tds. Can start with solid food.
23/2/2008	No vomiting for last 15-20 days, occasionally gets loose stools. Sensation of lump in abdomen absent.	<i>Nux-vom</i> 0/3 2tsf bd diet is solid.
23/3/2008	Patient is free from all symptoms till today.	No medication.

This case was very important for me as it was referred by one of my patients with a challenge will homoeopathy cure the case? So to keep up the faith of the patient in homoeopathy it was very essential to give a quick and positive result. Patient showed aggravation to *Nux-vom* in centesimal potency so I have selected LM potency.

**Safety Information** (*Jokes are good, so are important instructions, which can help us. So here is one-Ed*)

**FROM Arvind Khamitkar, I.A.S, Director of Medical & Research Div, Chennai**

A few weeks ago, in a movie theatre, a person felt something poking from her seat. When she got up to see what it was, she found a needle sticking out of the seat with a note attached saying "You have just been infected by HIV".

The Disease Control Center (in Paris ) reports many similar events in many other cities recently. All tested needles were HI V Positive. Needles also found in cash dispensers at public banking machines. We ask everyone to use extreme caution. All public chairs/seats should be inspected with vigilance and caution before use. A careful visual inspection is enough. Pass this message to all members of your family and your friends.

It does not happen all the time, but we must be careful at public places