

Tonsils-Killing Soldiers

Mast AS, 7-yr, was advised immediate tonsillectomy by a renowned ENT surgeon. He was under antibiotic treatment. He could not attend school regularly due to his illness and his parents were worried about his health and over all education. His parents decided not to operate and opted for homoeopathic treatment.

CHIEF COMPLAINTS

- 1) Coryza, since 15 days. Continuous running nose. < Winter, < banana, < curd, < icecream.
> Antibiotics. He gets frequent attacks of common cold, since, last 5 years.
- 2) Right-temporal region headache with running of nose. Bursting type of headache. > Pressure.
- 3) Fever- High grade fever, since 8 days. Every attack of cold is accompanied by high fever followed by weakness. These attacks come once in a month and he has to miss school.
- 4) All the symptoms last at least 8 days.
 - Cough-whitish, thick, difficult to expectorate.
 - Cough aggravates at night and wakes him.
 - Difficulty in swallowing.

PATIENT AS A PERSON

Constitution-Lean, thin, child. Dimples on both cheeks

PERSONAL HISTORY

APPETITE-Diminished because of symptoms.

Otherwise appetite good. DESIRE-Sweet

AVERSION-Spinach. Intolerance-Banana, curd, Ice-cream

BOWELS-Not satisfactory. Hard stools since age 3.

Sometimes, does not pass stool for 2 consecutive days..

Itching, burning and redness of anus after stool.

URINE-Normal



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PERSPIRATION-Not much. He sweats on the whole body, but only on exertion,

SLEEP-Sound. But since 15 days, he cannot sleep because of cough and wakes up frequently.

DREAMS-Dreams of ghosts (skeleton), horror, fearful dreams. (Narrated by patient)

THERMALS-Chilly

MILESTONES-At proper age

Vaccination-All done.

FAMILY HISTORY

Father-Businessman. No major illness.

Mother-Housewife. P/H tonsillitis.

MENTALS

Short tempered. Likes company. Makes friends easily. Caring. Sensitive.

His frequent attacks of fever since last 5 years, make him miss school once in a month and his grades are affected. He is an intelligent and active child. Grasps easily. But when sick, he becomes dull and pale.

ON EXAMINATION

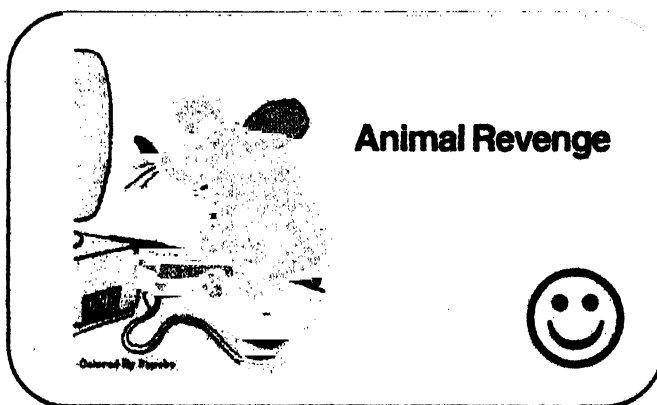
Wt: 16 Kg.

Pulse: 100/min. Respiratory rate: 22/min.

Chest: Clear

Throat: Both tonsils enlarged. Right more red than left.

(PTO: Full Chart)



TREATMENT AND FOLLOW-UP

DATE	SYMPTOMS	REMEDY
25/12/02	Redness of tonsils. Headache-Bursting Rt side. Thirst less. Stools hard .Inflammation.	<i>Belladonna 30 BD.</i> <i>Kali-mur 6x OD x 7d</i>
30/12/02	Nasal obstruction on right side at night. Stools hard. Fever slightly reduced. Cough whitish < at night	<i>Belladonna 30 BD X 7d</i> <i>Kali-mur 6x ODX 7 d</i>
05/01/03	Pain in throat can swallow liquid and soft solid food. No fever.	<i>Belladonna 30</i>
12/01/03	Cough-white. Difficult to expectorate. Stool-semisolid but not in morning passing stool once daily	<i>Kali-mur 6x</i> Ct all
19/01/03	All complaints reduced now	<i>Sac-lac</i>
23/01/03	Cough-white expectoration not sticky, easy to expectorate No fever. Running of nose. Stool satisfactory. Appetite- good.	<i>Sac-lac</i>
31/01/03	Cough dry Running of nose. No fever. Redness of tonsils reduced.	<i>Alfalfa tonic</i> (For weakness) daily thrice
04/12/03	All complaints better now	<i>Sac-lac</i>
20/12/03	Appetite good. Thirst 4-5 glass 1 day. P/A-soft. Stool satisfactory. Tonsils swollen. No fever	<i>Sac-lac</i>
27/12/03	Wt: 16.5 Kg. Looking well. All complaints reduced.	<i>Sac-lac</i>
4/03/03	Running of nose now stopped. No cough. No fever. Stool satisfactory. Tonsils. Slightly swollen.	<i>Sac-lac</i>
16/03/03	Wt: 17 Kg. He is now active. In next week he has his final school exams. So, he had taken 15 days medicine.	<i>Sac-lac</i> <i>Kali-mur 6x /1dr / SOS</i>
01/04/03	No complaints	
20/04/03	He scored 89% and was very happy His weight is also increased Wt 18 Kg! His overall health is improved. In spite of taking Ice no problem at all.	

CONCLUSION

Tonsillitis in childhood hampers overall development of child and affects basic education seriously. If this continues for a long time it may lead to chronic respiratory

disorders. Tonsils are like soldiers to ward off any oral infection.

We can prevent tonsillectomy by proper, regular homoeopathic treatment.

You ask me where I get my ideas. That I cannot tell you with certainty. They come unsummoned, directly, indirectly - I could seize them with my hands - out in open air, in the woods, while walking, in the silence of the nights, at dawn, excited by moods which are translated by the poet into words, by me into tunes that sound and roar and storm about me till I have set them down in notes.

- Ludwig van Beethoven -

