

**A Clinical Study of Homoeopathic
drugs in Cases of
* JAUNDICE EPIDEMIC**

To scientifically evaluate efficacy of Homoeopathic drugs in confirmed cases of Jaundice, a clinical study was planned to be carried out in 100 outdoor patients attending Gaurang Clinic. The patients were of both the sexes and belonging to various socioeconomic status. Their age varied from 10 to 70 years. Most of the patients were derived from epidemic areas in and around Lucknow city and the maximum influx was noted between March to July, 1991.

The main parameters used in the study were liver function tests like level of serum bilirubin, SGOT, SGPT, SAP, routine urine examination, Australia antigen (HBs Ag) and in few cases ultrasonography of hepato biliary region. The level of serum bilirubin in these cases ranged from 2 mg% to as high as 42%. These investigations were done at regular intervals on patient's expenses in various diagnostic laboratories.

The Chief Homoeopathic drugs used in the study on the basis of signs and symptoms of the cases were Lycopodium, China, Myrica, Leptandra, Phosphorus, Nux Vomica, Chelidonium majus, Hydrastis Cana-

densis, Carduus Marianus, Arsenic Album, Natrum Sulph, Sulphur and Ceanothus. The potencies of the drugs employed ranged from mother tincture to 30,200 & 1000 and were chosen on the basis of severity, period of illness and degree of Jaundice.

The level of serum bilirubin, which was the guiding pointer of disease and recovery, started falling down within 72 hours of the treatment and management and touched normal between 15 days to 60 days. The period of recovery depended mainly upon the level of the bilirubin, general health of the patient, their adherence to proper regime, hours of rest and quality of diet. A few patients even recovered from hepatic coma who were otherwise declared desparate ones. The drugs in such cases were administered by Ryle's tubes in liquid form alongwith vitamins, glucose & conventional liver tonics (Being given in the hospital where patients were admitted).

The overall result of this study clearly proves positive efficacy of homoeopathic drugs in mitigating morbidity and mortality of Jaundice affected population. Since these drugs are clinically safe, easily available,

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- 1 National Seminar on management of jaundice held at Central Drngs Research Institute, Lucknow in Sept. 1991 &
 - 2 Fourth Asian Homoeopathic congress of A. H. M. L. held at Colombo in Feb. 1992.

administered in low palatable doses and highly economical, these must be patronised at large by various organisations like W. H. O. involved in finding the strategies to curb human illness.

Name: Himanshu Misra, Aged 15, Male
Diagnosis: Viral Hepatitis

Serial	L. F. T.	22-3-91	3-4-91	25-4-91	18-5-91
1.	S. Bilirubin	11.28 mg%	2.23 mg%	1.42 mg%	0.71 mg%
2.	S. Alkaline Phosphatase	241 I. U/L	222 I. U/L	287 I. U/L	251 I. U/L
3.	S. G. P. T.	860 I. U/L	100 I. U/L	60 I. U/L	20 I. U/L
4.	Vanderbergh Reaction	Positive	Positive	N. D.	Negative
5.	Signs and Symptoms	<ul style="list-style-type: none"> * Anorexia * Vomitting * Loose motions * Loss of weight 	<ul style="list-style-type: none"> * Appetite increased * Nausea reduced 	* Weight increased	Overall better
6.	Drugs used:	Phosphorus 1000, China 30, Nux. Vom. 30, Carduus MQ.			

Name : Mrs. Sarita Singhal, Aged 30 yrs., Female
Diagnosis : Viral Hepatitis

Serial	L.F.T.	17.6.91	28.6.91	7.1.91	29.7.91
1.	S.Bilirubin	6.2 mg%	3.2 mg%	2.1. mg%	0.95mg%
2.	S.Alkaline Phosphatase	316 I.U/L	N.D	N.D	306 I.U/L
3.	S.G.P.T	93 I.U/L	N,D	N.D	38 I.U/L
4.	Urine for Bile S & P	Present	N.D	N.D	Absent
5.	Signs and Symptoms	<ul style="list-style-type: none"> * Anorexia * Aversion to food * Flatulence * Nausea * Constipation 	<ul style="list-style-type: none"> * Appetite Increased * Flatulence and Nausea decreased 	Overall better	Overall better
6.	Drugs used	Lycopodium 1000, China 200 Nux Vom.30 Carduus MQ, Myrica 30			

Name : Mr. Manoj Agarwal, Aged 18. Male
Diagnosis : Viral Hepatitis with Hepatic Coma
(Patient was admitted in K. G. M. C)

Serial	L. F. T	15.7.90	19.7.90	29.7.90	2.8.90	17.8.90
1.	S. Bilirubin	36.22 mg%	28 mg%	16.8 mg%	14.8 mg%	13.5 mg%
2.	Vanderbergh Reaction	Positive	N.A	N.A	N.A	N.A
3.	S. G. P. T.	1410 I.U/L	N.A	44 I.U/L	N.A	N.A
4.	Australia Antigen	Positive	N.A	N.A	N.A	N.A
5.	Signs and Symptoms	<ul style="list-style-type: none"> ✦ Coma ✦ Fever ✦ Incontinence ✦ Urine and stool 	Recovered from Coma	<ul style="list-style-type: none"> ✦ Appetite increased ✦ Vomitting ✦ Itching ✦ No fever 	<ul style="list-style-type: none"> ✦ Itching and Vomitting reduced ✦ Appetite better 	Clinically much better (Patient went to A. I. I. M. S., New Delhi)
6.	Drugs Used :	Lycopodium 1000, Myrica 30, China 30, Belladonna 30, Opium 1000, Leptandra 30, Carduus MQ				

Name : Mr. Pradeep Kumar, Aged 40, Male
Diagnosis : Viral Hepatitis

Serial	L. F. T.	14-1-91	21-1-91	18-2-91	6-3-91
1.	S. Bilirubin	8.6 mg%	3.6 mg%	1.6 mg%	0.75 mg%
2.	S. G. P. T.	128 I. U/L	69 I. U/L	32 I. U/L	30 I. U/L
3.	Vandenbergh Reaction	Positive	N. D.	N. D.	Negative
4.	Australia Antigen	Positive	N. D.	N. D.	Negative
5.	Signs and Symptoms	<ul style="list-style-type: none"> ✦ Anorexia ✦ Fever ✦ Vomitting ✦ Loose motions ✦ Pain in Abdomen 	<ul style="list-style-type: none"> ✦ Vomitting stopped ✦ Motions better 	<ul style="list-style-type: none"> ✦ Appetite increased ✦ Motions O. K. 	Overall better
6.	Drugs Used :	Lycopodium 1000, Belladonna 30, China 30, Chellidonium MQ, Nux. Vom. 30			

Name: Miss Kailash Baiji, Aged : 60yrs. Female

Diagnosis: VIRAL HEPATITIS

Serial	L. F. T	3.9.91	13.9.91	21.9.91	7.10.91	15.11.91
1.	S. Bilirubin	42 mg%	16.1 mg%	10.8 mg%	4.1 mg%	0.96 mg%
2.	S. Alkaline Phosphatase	148 K ^o A	54 K ^o A	38 K ^o A	22 K ^o A	11 K ^o A
3.	S. G. P. T.	240 I.U/L	102 I.U/L	108 I.U/L	58 I.U/L	12 I.U/L
4.	S. G. O. T	77 I.U/L	ND.	112 I.U/L	ND.	10 I.U/L
Drugs Used : Lycopodium 1000, Myrica 30, China 200, Nux. Vom. 30, Apis Mel 30, Carduus M.Q.						

Name : Master Nalin Anand, Aged 6, Male

Diagnosis : Viral Hepatitis
(Various Reports not available)

Serial	L. F. T.	19-11-90	14-2-91
1.	S. Bilirubin	7.57 mg%	0.7 mg%
2.	S. Alkaline Phosphatase	449 I. U/L	238 I. U/L
3.	S. G. P. T.	476 I. U/L	39 I. U/L
4.	Vanderbergh Reaction	Positive	Negative
5.	Signs and Symptoms	<ul style="list-style-type: none"> ✦ Anorexia ✦ Fever ✦ Black Loose motions ✦ Lethargy ✦ Irritability 	Overall better
6.	Drugs Used : Sulphur 1000, China 30, Nux. Vom. 30, Leptandra 30, Belladonna 30		