

# A Day with Dr Vishpala Parthsarathy at Baroda, 28th Sept-03

A seminar was organized by the Homoeopathic Medical Association of India - Baroda Unit, in merely 3 weeks of time and that too during Navratri. Yet the seminar attracted 150 delegates. Contrary to other seminars, there were more practitioners than students delegates. This spelt well for the success of seminar. For the first time in the history of 26 years of HMAI, the inauguration of the seminar was done by Dr. Keval Soni, trustee of Sri Shamalaji Trust and Chief Physician of Bakson allergy clinic - Baroda; by lighting of the Lamp.

Dr Vishpala started the seminar with case presentations. The first session was little fast as she covered twelve cases of different pathologies.. The second session was on evolutionary study of *Kali*. This made lot of impact on the audience even though it was a post lunch session, after a sumptuous meal. Supported by well selected cases the *Kali* presentation was real good. It was an indepth study of evolution of *Kali* from infancy to old age, well presented – truly *Materia Medica* without tears. Some excerpts are given downunder. This was followed by study of *Platina* and *Phos*. The study of *Platina* was an enriching experience. Supported by cases it was well received by all. The presentation of cases of these remedies were done in ICR style structures – amazing animations done beautifully for easier understanding.

The beauty was maximum and apt use of Audio-Visual aids; with very good power point slides. In between, Dr Vishpala shared her personal experiences to add to

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the understanding of Living *Materia - Medica*. This was followed by small question answer session.

Last but not the least, even though it was declared that seminar is over, nobody got up from the seats!!! They wanted seminar to go on and on- demonstrating the hunger of Vadodara Homoeopaths for good teaching. Lastly 'Three Cheers' were made for the President – Dr Mihir Parikh, Secretary -Dr Parag Buch and the whole team of Baroda HMAI.

Dr Mihir Parikh [President]  
Dr Parag Buch [Secretary]  
HMAI Baroda Unit.

## *KALI* EVOLUTION: CHILDHOOD TO OLD AGE

A joint family; Many children in the home. This favourite child of Grandmother, was given things surreptiously.

"Here are only 3 apples, not enough for everyone, so take one and don't tell the others."

At first he thought it was a game and enjoyed the feeling of being the only one who got certain things...

But he had been warned not to tell and not to share. So he kept the secret to himself. Gradually the habit of getting firmed up.

He learnt only to take, not to give. Later he thinks it a birthright. His demands increase and with it, his attachment to self.

At one stage of evolution, every child thinks he is the centre of the universe. But gradually their universe expands.

Not so the *Kali*'s.

He continues to remain not only the centre of his world, but also of the whole universe.

As a child grows and starts making friends, he learns to give in order to make friends.

But *Kali* skips this step.

SCHOOL: Things are different. No grandmother there. The child has to learn to fight to get what one wants. But *Kali* never learned to fight. He started with a handicap and his physical weakness does not allow him to be able to fight. Can *Kali* be a Bully? No. Requires brute physical strength + opposite him a child weak enough to be bullied.

If bullied, he reacts by getting an attack of Asthma, to get attention and to make the child, who teased him, feel guilty.

At home he takes it out on parents: by

- obstinacy/ weeping
- quarrels/ rage
- frustration
- passive resistance &
- refusal to eat!!

Most potent weapon; worst scenario for parents. They give in. He has learnt the ultimate weapon of emotional blackmail.

#### ADOLESCENCE

Being alone is fearful. Hates to be alone He needs people. Learns to fawn, but for a purpose. Gives but only to take. He develops it into an ART-form. Needs scores of friends to fill up every waking moment. Hail-well-met fellow. Witty. Bright. Friendly. Fully turned on *Kali* charm is a magnet, which one cannot escape. Even when it hurts.

Very unhelpful at home. To go to market for bread and eggs, he fusses over the shopping bag! Mo spends 5 mins hunting for a bag to meet his standards. Basically very fastidious. Keeps cupboard in order. Hates anyone borrowing his shirt. But he borrows his father's even without telling. Till Father discovers it next time with a tear! Mo soothes over the crisis.

Takes Girl-friend out. Possessive. She must not talk to others. Same rule does not apply to him. It is a man's world. Rules are not the same.

Soon bored. Wants another GF. "I never promised you marriage. I am too young to settle down right yet. But

we can remain good friends". Thus he keeps all his options open.

#### ADULTHOOD

He matures but at the pace of a snail. At 40 the maturity of 30 and so on. He looks boyish, so he can pass it off! Money and fame remain a big hang-up. Name dropping a useful pastime. Jealousy if a colleague is doing better, is palpable, so too his anxieties for the future. Satisfaction is not in the psyche of the *Kali* - as gets more and more, his wants increase more and more. When he gets the Mercedes, he wants the BMW

#### OLD AGE

The children have flown the nest. Are settling down in their lives. Now he is really alone. And staying alone is not his cup of tea.

Picture – a discontented old man having tea on a swing Dislikes living alone. May even marry to get himself a companion - a wealthy widow. Happiest when being praised – 'how well you live on your own! Manage the house so well!" Lung problems increase- chr emphysema – hacking nights and early mornings, but well in the day. The night hides his problems- so no one knows.

If continues to live alone, he becomes a cantankerous, grouchy old man. If does get a caring old widow, who is a Calc, he then settles down to a graceful old age, except for occasional rude behaviour.

Likes music programmes and outings and parties.

And finally, with the hand of the Homoeopath, if finds the similimum and administers it to him, he may even be truly happy.

And if this really comes to pass, then the children will not recognize this caring father. Really and truly interested in them, really listening to them, and able to receive and focus on their talk and jokes. Earlier he was only waiting for an opening to give his inputs.

Their visits increase, because they enjoy his company and he too.

Homoeopathy gives them a real evolved father.

If not, The twilight years are best spent in the company of friends who have survived his onslaughts. Children leave him well alone, because they can never match up to his expectations.

And anyway he is happier that way. He does not want to look so old as compared to his children. As long as they send him nice things to eat and wear, and call him

up and say NICE things, he is happy.

The wife and friends take care of the rest.

**CONCLUSION OF THE SEMINAR:**

If we can understand each remedy in all its aspects and learn to evolve the whole picture in various stages of life from all the cases we treat and cure, then remedy picture creating becomes exciting and unforgettable.

## Homoeopathy on the move in Jammu & Kashmir

*Editor: Any Homoeopathic activity in the J & K area, can only gladden the heart! We wish them much success and if they require any help, they have only to ask.*

A one day free Homoeopathic medical camp was organized at Rotary Eye Hospital complex, Udhampur on 10/11/03 by the J&K Homoeopathic Doctors Association & IIHP J&K. Minister for Health & Medical Education, J&K Govt. Ch. Lal Singh inaugurated the camp by lighting the traditional lamp.

A team of doctors: Dr Sunil Tickoo, Dr B R Dubb, Dr Yakoob, Dr R L Sharma, Dr B L Sharma, Dr T R Prasher participated in the camp.

More than 550 patients were examined by Dr Ashok Vaid, Dr Dushyant Kamal Dhari, Dr Sindhu Gupta, Dr P N Dhar, Dr Umakant & Dr Teg Bahadur.

The special feature was the treatment of the mentally retarded children of the ASHA School, Udhampur. This project been undertaken by IIHP J&K in co-ordination with Command Hospital, Udhampur.

**FREE HOMOEOPATHIC MEDICINES & LITERATURE WAS**

distributed among the patients and public in large to create awareness among them.

**MOMENTOS** were presented to the health minister by the association & also to Dr Ashok Vaid, senior vice president of the association.

Dr Ashok Vaid had contributed medicines worth Rs 10,000/- to the Association

And under his leadership the association had attended the 3-day health mela organized by the State health Department at Basholi from 16-18 Oct 2003 where 700 patients were examined.

On the occasion, hon'ble health minister appreciated the sincere efforts of the Homoeopathic Association in conducting such camps. He also said that the wrong notions about Homoeopathy have to be removed by educating the masses of its curative properties.

He assured every possible support and co-operation from his end.

**OTHER DIGNITARIES:** DIG Udhampur-Doda range sh. Satvir gupta & DDC Sh Ashok parmar. Director health services, Jammu, S Jasbir singh.

The association plans to hold such monthly camps in different parts of the state so that awareness about homoeopathy is created and poor & needy patients are given medical aid & treatment.

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## Two Days Seminar on Updating Homoeopathy Practice

Homoeopathic Medical Association of Davanagere, Karnataka, organized a seminar on 23<sup>rd</sup> and 24<sup>th</sup> August 2003, for the benefit of practitioners and lovers of Homoeopathy. The seminar was held in the beautiful campus of BIET, a leading technological institution, under the joint sponsorship of Taralabalu Gramneenabhivrudhi Samsthe and SOSVA (Karnataka).

Two stalwarts of homoeopathy in Karnataka viz: Dr A Narasimham and Dr B D Patel, were the speakers for each day. On the first day Dr Narasimham presented the following topics:

- Uniqueness of Homoeopathy
- Understanding the patient
- Prescribing techniques
- Cases

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In his elaborate and flowery language, Dr Narasimham covered many aspects driving home the correct understanding of disease- which is not an unwanted activity but on the other hand a defensive effort of the body; difference between palliation (which is considered as cure by commoners) and cure (establishment of holistic health); diagnosis of disease (for communicating with others) and that of patient (for finding the basis of the right prescription); repertorization, management of cases with illustrations drawn from his practice of 40 years.

On the second day Dr B D Patel presented the following topics:

- Study of Materia medica
- Study of Group remedies
- Cases with audio visual presentations

With a rich experience as teacher, and administrator for well over two decades, he made it clear how to study Materia Medica and understand the essence.



## Vijayakar seminar: August 2003, Mumbai Treating Incurable cases with Homoeopathy

This seminar by Dr Prafull Vijayakar organized by Homoeocases.org at Birla Matushree, Mumbai, 16-17 August 2003, was attended by 1000 students and Homeopaths.

**THE FIRST DAY:** Inaugural Session: Many books were released:

1. Dr Vijayakar's book on Miasms, "Mysumptions of Miasm".
2. Dr Pravin Jain's 'Essentials of Pediatrics' and

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'Simple and Easy Keynotes'.

3. Dr Bandish Ambani 'Practical Cases'.

**DAY 1:** Focussed in Importance of Miasms in treating cases for excellent results. Miasms, the dry, theoretical and controversial chapter, came alive., illustrated with audio-visual case presentations.

According to Dr Vijaykar 'Miasm' is the defense an individual adopts in a particular illness. There are only three miasms: Psora, Sycosis and Syphilis.

**PSORA** is manifested as Irritability, Sensitivity, Anxiety at the mental level and as an inflammatory process at the physical level.