

## Ruta-Graveolens (Rue-Bitterort) For Flat Wart

A retired bank manager aged 69; and a widower, met me for a wart- large, flat and thick (as thick as a one-rupee coin) above his right forehead, for more than 12 years. No itching, no pain and no trouble with this wart, hence no attempts at treatment. He gets good sleep, good appetite. No urinary trouble. H/o prostate surgery in 1997. Hypertension was detected during the course of treatment of jaundice and since that time he is on allopathic anti hypertensives. There is no other trouble with him.

**F/H:** Not contributory. Both parents died of old age.

**THERMAL-** Ambithermal

**TEMPERAMENT** - Calm and quiet. Religious minded.

Initially I tried *Dulcamara*, *Calcarea-carb* and *Thuja* in various potencies but to no avail.

Then I consulted PHATAK'S REPERTORY (p 468) Wart, sub-fubric Flat: *Berb*; *Caust*; *Dulc*; *Merc-i-f*; *Ruta*.

SYNTHESIS REPERTORY (p 1555) and MURPHY'S REPERTORY (p 1680) indicated *Ruta* as 3<sup>rd</sup> grade medicine against warts flat. In his LOTUS MATERIA MEDICA, Murphy has mentioned only a single line "Flat

smooth painful warts, on palm".

But reference to various Materia Medica yielded no data in favor of *Ruta* towards its affectivity on warts.

CLARKE'S HMM writes juts a single line "Warts; with sore pain; flat. Smooth on palm"

There is no mention of *Ruta* in **PHYSIOLOGICAL MATERIA MEDICA** of William H Burt.

Generally we think of *Ruta* in the cases of sprain of tendons, ligaments, connective tissues, eye strain, bone injury, periostitis, prolapse of rectum, tennis elbow, sciatica and hamstring complaints, ganglioma and in cancer of breast etc. But never for warts or excrescence. Most times in our practice we tend to avoid remedy for lesser-known therapeutics. But after due consideration, I decided to try *Ruta* in these flat thick and painless warts.

I gave him *Ruta-g* Q ½ oz, 10 drops to be taken BD internally and to apply the same diluted medicine on the flat wart simultaneously. After a week's time he reported thinning of the wart. I felt encouraged and continued the same for 1 more fortnight.

After a fortnight he reported more improvement. I advised him to stop the medication and to watch it for one month.

After a month he reported to have continued improvement in the wart and gradually he finds it to be decreasing in size and shape.



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**\*1. What is height of \*\*Fashion\*\*?\***

**\*Dhoti with a zip.\***

**\*2. What is height of \*\*Secrecy\*\*?\***

**\*Offering black visiting cards.\***

**\*3. What is height of \*\*Active\*\* \*\*laziness\*\*?\***

**\*Asking for a lift to house while on a morning walk.\***

**\*4. What is height of \*\*Laziness\*\*?\***

**\*Adopt a child.\***