



the flow. I gave Ammon Carb 200, a few globules in an ounce of well-water to be administered a spoonful every half an hour until the flow abated. After two such doses, the patient was able to shake off the comatose condition; after the third dose, she looked cheerful and the flow ceased. No other medicine was needed, and the patient recovered.

It is an intensely *hæmorrhagic* remedy. The nose bleeds in the morning when washing the face, and sometimes after a meal; piles bleed; premature and copious menses; bloody expectoration, &c. The blood is *black*, the blood is dark and it does not coagulate. The snake poison Elaps has black blood characteristically, and it should be remembered that Ammon carb and all the snake poison remedies especially Lachesis are *inimically* related,—so they cannot be used one after another. They are sometimes apparently alike in mental symptoms, as Ammon carb has an weeping mood with depression of spirits which Lachesis also has, but they are inimical.

*Acridity* runs through all the discharges in this remedy. For example, the saliva is acrid and it cracks the lips in the middle and corners. Nitric Acid cracks and makes a sore there in the corners of the lips, but Nitric Acid has a special affinity to the points where skin and mucous membranes join. Then it has a horribly pungent smell in the urine. Ammon carb has no such affinity or no such smell in the urine. Then, the eyelids fester and crack due to the excoriating nature of the lachrymal flow. The arm-pits excoriate owing to the pungency of the axillary sweat. The female genitals also become sore owing to the acridity of the menstrual discharge and leucorrhic flow. Kreosote has also soreness and rawness in the genitals owing to its excoriating discharges; and Ammon Carb and Kreosote both have also the pulsations all over, but they are quite unlike in one point, viz., Ammon carb has much somnolence, whereas the other is rather *restless*.

*Menstrual* symptoms are worth special mention. A peculiar diarrhoea or cholera-like discharges, an exhausting type of purging and vomiting, coming on on the first day of

menses,—will generally point towards Ammon Carb. Profuse menses, and on the first onset of menstrual flow, copious discharges in form of diarrhoea and vomiting, which the neophytes will mistake for cholera: *Exhaustion, somnolence* and *dyspnœa*—these three things qualify the menstrual period of the females. Some weaker females have also a tendency to fainting fits this time, to complicate their condition. Dyspnoea and fainting associated with palpitation,—due to weakness of the heart. A peculiar thing about all these is that a warm room aggravates heart-symptoms as above, but the whole patient and her body complaints are aggravated from cold and cold bath. This is worth remembering. One thing in this connection,—I want to warn against running with and giving a dose of Ammon Carb *during* the turmoil when there is profuse purging, profuse vomiting and profuse flow of menses, when the poor patient will look like sinking on and on, which the fainting fits and asthmatic breathing will strongly indicate. No, certainly not,—I only give you my experience. It will terribly aggravate the condition which you so strongly and ardently desire to allay or avoid. The wiser step would be to let the turmoil pass without any dose of medicine, but, if necessary, with the help of hygienic measures adopted as the occasion requires. Then, when a perfect calm sets in, say after 8 or 10 days from the first onset of the menses, a dose of Ammon Carb sufficiently high, according to the nature and chronicity of the case, will improve your patient and after two, three or four menses, she will be an well woman. I asked an Allopathic friend of mine, having a long, long experience to find out the *pathology* of Ammon Carb menstrual condition,—he frankly confessed his inability to do so.

Next, as a *heart-remedy*, Ammon Carb stands supreme in its own sphere. There is no special disease of the organ,—simply it is weak, *nervously weak*. A nervously weak heart, without any organic disorder, comes under it, provided the following symptoms and conditions are there. The

venerable Dr. Kent has very ably described a heart-case which he cured with the help of this remedy in course of 18 months. Ammon carb heart-patient will want to lie still in a drowsy condition. Any the least movement aggravates palpitation and brings on a heavy or asthmatic breathing. Audible palpitation, violent action of the heart,—aggravated on a least exertion. Ascending even a few steps badly aggravates the palpitation and hard breathing, and warm room aggravates the suffocation. In this condition, occasional and infrequent doses long time apart, of high potency will tone up and set right the jaded heart and will brighten up the patient. A chain is generally snipped off at its weakest link and Ammon carb patient suddenly dies off of "heart failure" as a candle puts out in a sudden blast; but the remedy, if timely administered, will save many lives that would meet with sudden "heart-failures" towards the end of a pneumonia or a typhoid fever or the like. Just imagine a case of eruptive disease of a child, say,—Scarlatina, Measles, or even Small-Pox, and the eruptions do not come out owing to the weak vitality or come out only sparingly, and if utter prostration, dyspnoea, dusky and puffy face, and especially somnolence with hard breathing &c., prognose impending brain-paralysis and heart-failure, a dose of Ammon carb may save and has many times saved the situation. Ammon Carb is really a cardiac tonic, and if the symptoms agree, it will avert both acute "heart-failure" and chronic heart-weakness. Remember carefully that the open air and cold air relieve the dyspnoea or difficult breathing but cold air and cold bath aggravate the whole patient and his body symptoms. This is important.

*Diphtheria* coming on as a complication in course of a disease or coming on idiopathically, is sometimes wonderfully controlled and cured with the help of this remedy, if symptoms agree. There are many among even the most reputed authors of *Materia Medica*, who, out of their enthusiasm, are fond of writing under many remedies—"This

remedy is the *best* for such and such diseases." With our respectful appreciation of their high culture and exceptional merit, we are bound to say that such statement is highly misleading, at least, for the new-comers in the field. For the sake of truth, it is wrong to say in a *comparative* way that a particular medicine, in its power of curing particular disease symptoms, is *better* than another or the *best* of all other medicines. A medicine is a similimum or it is not. It is a similimum, if it covers and is similar to the symptoms present in a case, and if so, it is, then, the *only* medicine that is curative. A comparative statement as above is wholly unhomœopathic. So if that sort of statement is found in any Homœopathic Materia Medica, a clause must always be added to it, viz.,—*if symptoms agree*.

*Diphtheria* may be cured by lots of remedies, and Ammon Carb is one of them. Each has its own group of symptoms and this remedy has its own group which makes it the similimum. The condition in which it is useful is very grave, almost hopeless. A zymotic state,—purple, ulcerated and bleeding throat, with enlarged tonsils and enlarged glands. Well,—these are all *common* symptoms of a diphtheric case. What are the *peculiar* symptoms pointing strongly to Ammon Carb? The child smothered and wakes up from sleep, as the nose is *stopped*; as soon as it drops to sleep, its nose closes up and it suffocates out. This is quite peculiar. Lachesis has it—this aggravation after sleep or this sleeping into aggravation. But the two remedies are inimical and so must be clearly differentiated. Smothering is in both the remedies, but the stopping of the nose compelling the child to breathe through the mouth is only in Ammon Carb. Lachesis case commences in the left and extends to the right,—Ammon Carb is right-sided. In Lachesis, touching and tying up the throat externally are intolerable; in fact Lachesis cannot bear any pressure about neck, which is not so in Ammon Carb. Then, Lachesis throat symptoms are characteristically aggravated by hot drinks, Ammon carb wants

warm and hot drinks and is aggravated by cold drinks. Lastly, Ammon Carb has a somnolence, which Lachesis has not. Putridity and prostration are in both.

Lastly, let us come to its *diathesis* and *modality*. It is suited to scrofulous children and stout and sedentary women who easily faint. Scrofulous children that are especially prone to hæmorrhage and have a puffy condition of the system. It is a venous remedy and all venous remedies have an appearance of puffiness or false plethora. Pulsatilla has it, but it is hot-blooded, and this remedy is chilly. Children *born* chilly, who dislike washing and cold in every way, inclined to frequent hæmorrhages, always taking cold especially in winter and having their nose stopped at night and who therefore breathe mostly through the nose, generally come under its sphere. They are born weak, chilly and of low vitality. They grow up and when come to the middle age, their heart palpitates and shows weakness. By and by they find ascending is impossible. During winter they suffer from cold and coryza, and they seek warm and dry weather. Cold and cold bath as also the rains they want to avoid. The females apparently stout and strong but internally weak, who very easily faint away, are inclined to early and profuse hæmorrhage, having leucorrhœa also profuse, sometimes come within its range, if they are chilly and avoid cold bath and cold air. Pulsation is the nature of Ammon Carb, somnolence and puffiness are the outward image.

During any hæmorrhage occurring in a family, every one would insist upon pouring cold water to the parts as also upon cooling the patient, on the theory of his having too much "heat" in the system. But if he is an Ammon Carb patient, it would be positively dangerous to do so. It should be distinctly remembered. There can be no curative nor even palliative way save and except the Law of Similars put into use; every other so-called theory of cure is a make-belief, a deception.

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