

Synopsis of Other Journals

HOMEOPATHY TODAY VOL: 23RD ISSUE: NOV 2003

This issue is a Treasure trove for the teens. It discusses everything that the teenagers go through and gives tips on raising healthy teens.

ARMY ROTHENBERG writes about noticing teenage behaviour, their likes, dislikes, choice of music, and cautions physician to maintain a balance between supporting the parents and maintaining confidentiality of the interview.



DR RASHMI NAGAR LCEH
4, Parijat, North Avenue,
Santacruz (West),
Mumbai-400054
Tel : 26490215

PETTORAH OLENEV discusses food-habits of teens and how *Phosphorus* helped her treat a case of fever and tonsillitis. She had craving for cold drinks – esp. cranberry and apple juice.

DONNA POWER in 'watch warts disappear' gives a case where the teenage girl spoke about everything, but warts was the last thing, she mentioned because, as she writes warts are supposed to belong on the end of a witch's nose or an ugly toad that no one wants to kiss. The key features were she was a compassionate child, had fear of being alone, had feeling of not voiding urine completely and liked gloomy weather. The rubrics were fear, happen something with family to or to him, fear-dark, fear alone, night worries full of relatives about and sympathetic compassionate children in. *Causticum* was the remedy. After the first dose of 30



C, she had few more warts, more sweaty hands, but her fears improved and she was much calmer. After the 2nd prescription of *Causticum* 12C for three days, there was overall improvement and all the warts disappeared.

Two articles by MARY ASPINWALL are examples of art of writing. She writes 'Teenage clients want a magic wand waved over their acne, period pains or exam nerves. The flies in the ointment of teenage paradise are the grown ups. Myself stands on the very brink of turning into a fly in the ointment. As she suggests, all life stages (different age groups) come with their default setting. Teenagers want to be free because that is their default setting. To live harmoniously with people with radically different default setting from our own is always challenging. She nostalgically narrates her own teenage years of unstoppable lust for life and feels that teenagers know how to live with passion, but the question is, do we know how to let them? And if we don't, then we should not be surprised when our teenagers become "Economical with the truth".

Her two cases; first of a mother who used herself as a guinea pig before starting her daughter's treatment justifying the Chinese saying if the child is sick then treat the mother. The mother in this case was terrified after her car was trapped during the floods. She also had fear of lightening and thunderstorm. She was helped with *Phosphorus* while her daughter who had low self esteem and ovarian cyst, removed surgically, had pain in the other ovary, was cured with *Lac-can*.

Case 2: HIGH POWERED PEAS IN A POD: she describes the father and son who had the same drive to be the best in everything they did. Son wanted the same school and college as the father "because they are the best". Son had infectious mononucleosis. They both viewed the illness as disaster. This and over ambition led her to give him *Aurum-met* which helped, but the moment he recovered; he was pushed hard to succeed and had relapse.

In an interesting case titled 'terrible teens', JUDYTH ULMAN describes 17 yrs old Randi who was adopted

when two days old; she was a 'tough cookie' who had ADHD and was at loggerheads with her mother. She missed classes and tested positive for Marijuana. She had low self esteem, chose wrong friends, spoke lies and stole money. She had stringy bleeding with clots from right nostril. She said 'I like snakes and even hold them in class, but hate spiders'. She felt she was being treated like a pig and had a brown cakey area on her chest. The rubrics were: dreams animals, of spiders, loquacity, epistaxis, aversion to family members, anger, quarrelsome, company desire for and concentration difficult *Crotalus-horridus* was the remedy where snakes, spiders and pigs fit in and match with the physical complaints. A single dose in 200 C and six weeks later, she was more cheerful with parents and suddenly started reading. There was one relapse after two months and two doses -of 200 C and 1 M each were enough to set her right. On researching *Crotalus* further, the author found that rattlers have brown pigmented patches, they are most social, pigs are their most natural enemies because they are immune to their poison because of their thick skin and Dr Sankaran's proving mentions 'Dreams of big, hairy spiders, feeling of rejected and desire of fight. Also the repertory rubric-sensitive to reading lists *Crotalus*. Thus the case gives us an in-depth understanding of the remedy.

ELLEN GOLDMAN writes a case of a boy who wore two different shoes because of ingrown toe nails. Three surgeries had not helped him. Single dose of *Calc-sulph* 200 C was followed by pustular discharge and a month later he could wear normal shoes.

Also discussed is chronic fatigue, Hom in emergency and ALONE medicines.

THE HOMOEOPATHIC HERITAGE: Vol 28, Nov 2003 .

Dr Farokh Master, in his editorial, clears the mist surrounding potency. There are many views, but Dr Hahnemann has given three guidelines viz. nature of the disease - acute or chronic; nature of the patient and nature of the remedy. According to Dr Kent, the selec-



tion of the best potencies is a matter of experience and observation and not the matter of the law. Whatever potency a physician uses, one potency is not sufficient for a chronic disease. It may do for acute disease. High potency may work well in non-sensitive patients with a strong vital force. A potency which may not affect a hypo-sensitive *Baryta-carb*, will cause tremendous aggravation in a hypersensitive pt. Normo sensitive patients have a stable Vital force, conditions are purely mental or emotional. Here 200 C or LM potency is chosen. In LM it will be four ounce of bottle, four to six succussions, taken in one tsp. In constitutional like *Phos* or *Ars* or in advanced pathology with weak vital force, drug reaction/abuse LM potency. In eight ounce bottle with two succussions and ½ tbsp dose is chosen. Or *Calcarea* 1 M or 10 M is chosen three pellets dry or one pellet in water.

Also discussed in the article are olfaction and skin method of administration.

Dr T K BASU gives a clinical study of *Physostigma-variorum* tried on 75 patients of Myopia. Different age groups were selected and the medicine was given in different potencies for six months. Patients were reviewed every 45 days. Improvement of vision was found in 45 cases in 6-20 age group. Further research is in progress.

Also published is Dr Hahnemann's article on attenuated medicine. This was written in 1,825 as a reply to a skeptic who tried to show nothingness of Hom. The skeptic's argument was, if a drop of such highly attenuated medicine can still act, then a drop of strong medicine in the lake of Geneva should display such power too. To this Dr Hahnemann wrote at length that it is the process of succussion and trituration that gives the spiritual dimension to the medicine making them so power-

ful and to doubt its efficacy itself is foolish. Even if one doubts he says, what actually takes place must at least be possible. He then gives an example of sparks flying off from steel when rubbed against a hard stone like agate or flint. People light their tinder in that spark, but no one perceives what a great natural phenomenon has taken place. When these sparks are caught on a sheet of paper, small palettes of steel can be seen with naked eye or by a lens. These pellets are detached from the surface of the steel due to smart collision with the flint and fallen like small fire balls from sparks when they are cooled. It is the friction that causes such a great heat - energy to fuse steel into fire balls: Normally 3000Fu of heat is required to melt steel. He then questions: where does this tremendous heat comes from? Not of thin air, for this phenomenon takes place in vacuum! Therefore it must come from the substances that are rubbed together. Similarly all the inert medicinal properties of a substance are brought alive when succussion takes place. He thus warns: he who pretends to be a seeker after truth will not search for where it is to be found, namely in experience, he will certainly fail to discover it.

OTHER ARTICLES INCLUDE: **D VICTOR**'s 'The minimum principle's universality', Extensive book reviews of **Dr BOGER**'s studies in philosophy of healing and **BOENNINGHAUSEN**'s repertory.

OTHER JOURNALS RECEIVED:

Homoeopathy service	Oct.'03
Clinical Case Recorder	Apr.'03/Dec.'03
Monthly Hom. Magazine	Dec.'03
Vital Informer	Nov.'03
Homoesevak	
Aude Sapere	Nov-Dec 03



**Love is a fruit in season at all times,
and within reach of every hand....
Mother Teresa.**