

Mumbai is too flashy!

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Ms SB, 20, a Homoeopathic student of 3rd BHMS, came in Feb 02 for severe dysmenorrhoea and PMS a day before menses has 8-10 episodes of vomiting and severe abdominal pain better by pressure but not by heat.

OTHER COMPLAINTS

Acidity and flatulence from overeating.

PATIENT AS A PERSON

HEIGHT: 5'4" and WEIGHT: 48 kgs.

PERSPIRATION: on Palms (warm to touch and moist), Offensive.

CRAVING: Milk³, salty³, spices

AVERSION: Sweets.

MENSTRUAL CYCLE: 5/25-35 d, offensive, clots +.

MENSES BEFORE: Leucorrhoea, vomiting 8-10, pain³

THERMALS: Chilly²

MENTALS

Poor memory

Lack of confidence → timid³

Very lean → hence, conscious of looks

Indecisive, postpones things.

Losing interest in studies.

LIFE STORY: Only child, born in Assam in 1982, where father was working with IDBI bank.

Never liked fights and arguments. (*She is timid with fear to fight back...*)

With any problem, she would rush to her mother (*Indecisiveness*), complaining nature... once the mother fed up with her dependence she told her to solve your her, "Own problems". Thus because the need to depend, she now moved to friends: this also got too much for them to handle and then the taunts and remarks were passed and she had to perforce go to Mother.

As a child she liked talking and making new friends. Loved make-up, but mother was very simple so did not allow her. Moved to Manipur, then Assam a place which she loved.

In 1995: Moved to Mumbai, disliked it. The reason was she felt that in Mumbai people are very showy. They will not have a penny in their pockets but will behave as if King! Also hates seeing children misbehave with parents or teachers. But though wants to confront, she cannot, since it is difficult for her to fight: she is too timid and polite for this!

DREAM: Futuristic, sees things which come true after 2-3 days, future.

RUBRICS

- Indecisive
- Timid
- Fears Quarrels.
- Poor Performance
- Not a Braggart
- Anticipatory anxiety
- FEAR: Dark, height, alone
- Memory Weakness
- MENSES BEFORE: Vomit 8-10
- MENSES BEFORE: Pain
- CRAVING: Milk³

FOLLOW -UP

On 14th FEBRUARY 2002 she was prescribed *Silicea* 200 1 dose as her constitutional.

15-03-02: Her appetite had improved. Got her menses on 28th Feb 09. Duration was for 5 days and this time was dot on date, ie after 30days. Dysmenorrhoea had reduced in severity. There was no vomiting. Acidity was better.

05-09-02: MP 24/3 (4/26), 20/4 (5/26), 20/5 (5/30), 26/6 (5/36). Monthly one dose of *Tub* 1M and *Sil* 200, on the basis of irregular periods.

SEPTEMBER 2002: All her complaints were better. Menses had regularized. Had to give *Sil* before exams which helped her nervousness. No further doses of *Sil* was repeated after that.