Round Table Conference on Joints

Eight esteemed Orthopaedicians,
Assembled on a Round Table,
To come to certain vital decisions,
On how to manage Joint Troubles.

The President was Dr *Bryonia*,
And the other seven friends,
were Doctors *Rhus, Ledum, Ruta, Kalmia, Lyco, Phytolacca* and Madam *Acid-benz*.

Dr Ruta started the discussion,
Friends! Which Joint Disease
Do you think is the most common?
Can you vote please?

"Gout" was Dr *Ledum's* opinion,
Seconded by Doctors *Kalmia & Acid-benz*,
What about "Osteoarthritis" then?
Exclaimed *Bryonia* - feeling a bit tense!

Prof *Lyco* gave a thought and said,
"Osteoarthritis in Old and Gout in Young",
Dr *Phytolacca* seemed unprepared,
Thought not to wag her tongue.

Dr *Ruta* continued further,
"About symptoms, what is your notion?",
Dr *Bryonia* - "In persons who are older,
Joint swellings and painful motion.

"But there are many who feel better",
Said Dr *Rhus*, "when in motion",

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And one thing is certain, Brother!
"Cold Air" is the chief cause for joint commotions.

"And in many others", *Kalmia* remarked,
Numbness is attended by pains,
Downward they shoot from affected parts,'
In persons in whom heart disease reins.

Dr *Ledum* too had a word to say-
Painful parts are cold to touch,
And throbbing pains have an upwards sway,
When the patient is in a gouty crunch.

"Pains can also change sides",
Empathically stated Prof *Lycopodium*,
From Right to Left they can ride,
And increase between 4-8 PM.

Now the quiet *Phytolacca* spoke in exasperation,
Any idea why joint pains increase during waning moon?
And why one feels the fleeting pain,
When summer months change to monsoon?

"Its an interesting observation - Maam",
The shy Miss *Pulsatilla* said softly,
An assistant to Prof *Lycopodium*
She was recording the Minutes deftly.

Her blue eyes avoided *Lyco's* scorn,
She added, "We are three friends,
Stellaria, Me and *Rhododendron*,
All our joints pain with different trends.

Stellaria and I have pains that are shifting,
Worse in mornings and with warmth,
Better when cold open air starts blowing,
Unlike *Rhodo's* dread before a storm.

One point was agreed in unison,
By *Bryonia*, *Acid benz* and *Ledum-pal*,
Increase of pains at night and hot season,
Modalities not to be neglected at all.

At this, retorted *Ruta* and *Rhus*,
"We have many Chilly patients as well!!"
When cold winds blow in early morning hours,
Their joints are stiff, lame, sore and swell.

Infact, none of the Masters could attain their goal,
But certainly agreed on a vital point,
"Homoeopathy is for the Human whole,
And not only for the Joint.

Before departing they decided to venture,
To meet at Mumbai on 1st Feb 2004,
During Sarla Sonawala Memorial Lecture,
at Tata Memorial Hospital's Choksey Auditorium.

A Day with Homoeopath

A Homoeopath was requested to visit the famous Orthopedic hospital in the city. The hospital authorities and its panel of doctors were fed up treating the Rheumatic cases.

Pulsatilla was walking slowly near the open window with her swollen knees. She could not sit & she let her legs hang down. The Homoeopath sympathetically consoled her, which she liked immensely. He came near *Bryonia* who was lying down quietly on the painful side of his knee. He could hardly move his legs because of the intense

stitching pains. He was heard talking about some business proposals with his attendants and was pleading to go home. *Nat-mur* was sitting alone on the bed with her back on the wall. She had put a thick pillow between her back and the wall. The Homoeopath approached her but she avoided him. *Nux-vomica* was lying on the ?? He had just returned from the loo. The Homoeopath asked him to turn towards him. This irritated him as he could not turn straight away. He had to sit up & then turn towards him. *Led-pal* with his swollen ankle was sitting on a chair with his legs in a tub filled with cold water. *Cocculus* was sitting on a chair with her legs stretched. No sooner she saw the Homoeopath, she couldn't do that she had to assist her legs with her hands to flex them & only then she could stand. The Chubby *Calc-carb* who worked in water had stiffness of the limb. She could hardly walk. The feet were so cold that she had to put several coverings to warm them. The ragged philosopher *Sulphur* had severe back pain on rising from the seat. It compelled him to walk bent & could only straighten up slowly after moving. *Aesculus* had constant dull backache which made walking impossible. He was unable to rise or walk after sitting. He made many painful efforts but finally succeeded. *Arnica* could not walk erect on account of bruised pain in the pelvic region. As soon as he saw the Homoeopath approaching him. he screamt " I am OK, there is nothing wrong with me Go away".

The Homoeopath was moved by their pains & agreed to rid them of their suffering.

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One woman's hobby is
another woman's hubby.