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Editor's Introduction:

Dr Vandana Gupta is associate to Dr A.S.Dalal and both are ashram inmates. The type of patients that visit them are all really bad cases, -more so as many cases keep shunting from homeopathy to allopathy & back & forth with often a mixture of Ayurvedic to this. Under these circumstances its very difficult to get patients to stay on lines where classical

homoeo-remedies can be given. Yet I have seen over the course of time, many of their bad cases being appreciably relieved if not cured. Under their existing circumstances it is the best that they can hope for. These two doctors use far more of the millesimal scale but often give the centesimal also succeeding the millesimal potencies - a practice not theoretically advocated. It seems to work in practice though.

A CASE OF ASTHMA-8 years

A lady 44 years of age, of medium height, clear complexion, fine hair walked into the clinic - breathless coughing slightly. Her chief complaints were.

1) Breathlessness with coughing change of weather.

2) Throat pain & involuntary urination on coughing. Her complaints were cold air, cold drinks, rainy season, sour food & spices. A strong desire for milk and eggs & spices. Her sense of smell is acute but strong smells produce headache.

O/E: The tongue had a thick white coating.

Past History: -1) Bronchopneumonia - Nov 1977.

In fact, her problem started in Nov 1977 when she went to Darjeeling from Calcutta. There she started coughing and was diagnosed to have bronchopneumonia. Treatment in the form of antibiotics was given. Thereafter with every change of season the problem of breathlessness & coughing begins. In 1984 she was diagnosed as having bronchial asthma. She took some allopathic medicine for the same for 15 days then switched over to homoeopathy from some physician in Bengal (Ars, Spong, Aco, Bell, C.V)

It helped her for 4 to 5 years but the trouble recurred. Then no amount of homoeopathic treatment helped.

2) Operated for fistula in 1988.

Menstrual History:- Menses early followed by leucorrhoea.

For repertorisation the following rubrics were selected.

1. < sour
2. < Cold wet weather
3. < Change of weather
4. < cold drinks.
5. Menses scanty
6. Leucorrhoea after menses.
7. Desires milk
8. Desires eggs.

The remedies which emerged were.

Calc carb-16/7, Ars-14/7, Sil-13/6.

For never well since bronchopneumonia- Carboveg (Phatak-250)

Finally when the patient came she was taking Tab. Prednisolone BD & Tab Bricaryl SOS.

According to Clark Materia Medica, page 178.: "The fine skin and glossy hair of the young women in the arsenic eating populations is remarkable. "Also Ars is antisycotic. So Ars was chosen as the first remedy. The progress & remedies given are as follows.

22/02/92 Ars.alb L1 OD was given.
LMP-3/2/92

14/03/92 Prickly heat on upper part of body 2 days after beginning Ars L1.No itching.LMP-24/2/92.No leucorrhoea.Ars L1 E OD.

10/04/92 Menses appeared on 18/3/92 and 9/4/92.No leucorrhoea.(As Thuja covered 5 of the rubrics and is also an antisycotic-asthma having a sycotic miasm according to Kent) Thuja 200 (2 doses same day)

13/05/92 Breathing trouble with wheezing,cough and yellow expectoration since 11/5.Leucorrhoea with diarrhea also.Menses appeared on 1/5/92.Given a cough syrup (Combination of BlattaQ,Ipecac Q,Bry-Q,Zingiber Q)

21/05/92 No breathing difficulty,cough present with mucoid expectoration.Reckweg Drops R-9 tds.

04/06/92 Cough subsided,no leucorrhoea.LMP-25/5.

25/06/92 LMP-17/6;no leucorrhoea;pain in Lt. leg before and during menses. No cough, no breathing problems. Thuja-200(2)

30/07/92 Feeling good, normal despite rainy weather. The problem of breathlessness has not recurred. Though menses continue to be somewhat early, there were no premenstrual problems, no leucorrhoea. The patient seems to be glowing with health. Followup continues.

EDITOR'S COMMENTS:-This is the first case sent by anybody wherein millisimal scale potencies are utilised. I have noticed here that Thuja which has been given after Ars alb was given in 200C scale. I have no experience of millisimal potencies but the usual practice is to stick to one scale as long as it works. I have a feeling that after sufficient Thuja one will have to give Calc carb in this case as that remedy has come out most prominently in the repertorial analysis. It appears that the patient, though she was on prednisolone tablets responded to the acute remedy Ars alb given in the millisimal range.

PROFUSE OCCIPITAL SWEATING & HAIRFALL.

A short, excitable lady 57 years of age, with a thick growth of white hair came with problems of.

- 1) Perspiration occiput since 7-8 years.
- 2) Sensitive skin since 20 years.
- 3) Migraine since 44 years.

She had suffered a divorce and death of father in the past 20 years. She could not bear heat and said that her body developed problems whenever she was emotionally upset. She got headaches from noises. desired coffee but it upset her. Aversion for fats which ; sour; sun. The migraines were vomiting and urination. The menses were irregularly late. She had consulted many doctors both in London and India, homoeopathic as well as allopathic without much relief. Puls 1M was known to relieve a suddenly appearing massive oedema in both eyelids.

Family history-Arthritis in both parents.

For repertorisation the following rubrics were taken. (Kent-Jain Publishers 1987).

- 1) Sensitiveness (Ext) {1378}
- 2) Menses late [727]
- 3) Ailments from emotional excitement [40]
- 4) Grief [50]
- 5) Head pain after excitement-from emotions [139]
- 6) Headache from noise [144]
- 7) Desires coffee [484]
- 8) Aversion fats [480]
- 9) coffee [1362]
- 10) sour [1364]
- 11) fats [1363]
- 12) sun [1404]
- 13) Aversion-wine [482]
- 14) Perspiration occiput [223]
- 15) Headache urination [150]
- 16) Headache vomiting [150]
- 17) Irritability from noise [59]

The remedies that emerged were

- 1) *Natrum mur*-22/11 - It does not cover 'Perspiration occiput'
- 2) *Phos-acid*- 21/11 covers and in high(3rd grade)
- 3) *Nux Vom* } 20/11-covers but in low

(1st grade)

Sulph } - covers and is high(3rd grade)

- 25/02/92** Treatment was started with Sulph L1 BD * 7 days, then OD.
- 17/03/92** No change. Sweating occiput + + ; Had an attack of migraine on 8/3. Given Natrum mur 6x BD
- 04/04/92** Sweating less; no headache. Bleeding gums which is not mentioned before is also less. Itching of both eyes. Rx. Nat m L1 OD.
- 22/05/92** Sweating has stopped completely. No headaches. Nat. m L3 OD.
- 19/06/92** No sweating, no hairfall, no headaches since last visit. Thuja 200(2 doses, one day)
- 25/06/92** Sweating occiput again after Thuja 200. Now better. No itching of eyelids. Thuja 1M.
The patient then went to England.
- 24/10/92** No sweating while away, No hairfall. Feels much better. Follow up continues.

AUTHORS COMMENTS:-

Thuja was given because of the long standing history of inoculation for hepatitis and cholera, taken every year when the patient visited and returned from England.

EDITORS COMMENTS.

The case could have equally well begun with Thuja instead of Sulfur or Natru mur. As there is a very strong causation of multiple vaccinations in the history. More than the profuse occipital sweating and hair loss, it would be interesting to know in subsequent follow ups, as to what happened to the migraine bouts which this lady was having. With the history of aversion to fats & aggravation from sun and sour foods and history of emotional traumas from divorce and grief of her fathers loss, Natrum mur would fit more in the picture. 'If by the term used here as "excitable"- one understand this to imply easily angered, or irritable or intolerant of contradiction, then pulsatilla hardly fits into this, natrum mur again, comes.

So why not give this next time after Thuja has done its work ??
