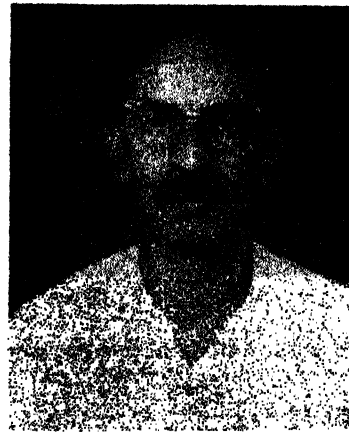


TRIDOSHA AND HOMOEOPATHY

The "Tridosha Theory" of Dr.A.K.Bhattacharya is against the principles of homoeopathic philosophy. Though we disagree with his views in toto, we are publishing his views for enlightenment and criticism. We invite honest opinions and dispassionate criticism from the readers - QHQ

Homoeopathy first came in India in Bengal. We may say that Bengal is the mother of homoeopathy in India. The number of homoeopaths practising in Bengal alone is phenomenal. The rest of India is also not lacking behind. In spite of this we cannot say that homoeopathy is popular in India. We have to think very seriously about this apathy towards homoeopathy by the public. The science is perfect but the practitioners are unable to put it to practical effect. Allopathies are result-oriented sciences and if this result is not found it is but natural that people will not be attracted towards this. It is very painful to say that even homoeopaths practising this science have less faith in the science that they are practising. The reason is that homoeopathy is more complicated than all other medical sciences practised in India or anywhere else in the world. Most of the patients go to the doctor for amelioration of their acute complaints. It is very unfortunate that homoeopaths are unable to deliver the goods in this respect. I know of very many instances where the homoeopath has advised the patient to take allopathic medicines to first ameliorate the acute phase and then come again for the chronic complaints. This certainly does not give credit either to the homoeopath or the science. I also know many homoeopaths using allopathic medicines in acute cases which I think is very unethical. I shall cite one instance which will show how it is done. My daughter, when a child, had been to her maternal uncle's place where she developed some Gastro intestinal problems. One local homoeopath was called in who diagnosed the



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case as Bacillary Dysentery. When I went to see her I found that the doctor had prescribed Chloromycetin drops and some other medicines. When I asked him why he had not prescribed some homoeopathic medicines he told me smilingly that there is no treatment for Bacillary Dysentery. Fortunately, the diagnosis was wrong and one dose of NUX VOMICA 200 made her alright, and the allopathic medicines were not required. Will you call this ethical? I would not mind if an allopath had prescribed the medicines to my daughter. I am sure, many others have seen instances like this. I personally have no bias for any mode of treatment, but I certainly would think it quackery if some one prescribed

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a medicine without having knowledge of the system. Now, the big question is : do we have Homoeopathic medicines for acute diseases like Fever, Diarrhoea, Dysentery etc. ? we certainly have them. The only thing that is required is confidence in one's own self. Now that summer is approaching, plenty of cases of Fever will come to the physician. I would suggest the medicine BRYONIA 6 in all cases, and I can say confidently that 80 percent cases will benefit with this one medicine only. The dosage is two pills of No.20 size, given every two hours. You may try this and then publish your results. **I know perfectly well that this is not Classical Homoeopathy**, but the patient does not bother about it if he gets the result. I can mention many other medicines in acute cases but the purpose of this article, does not permit me to elaborate. I may do so in some other article shortly.

I have already mentioned that homoeopathy is very complicated and only a very few can master the technique of prescribing. This article is meant for those who have an open mind and lack of bias. When homoeopathy came to India it was required to assess its merits against our own existing science, AYURVEDA. My father late Dr. Benoytosh Bhattacharya was the first person to have done the work in this sphere. He started giving homoeopathic medicines on the basis of the Tridosha principles of VATA, PITTA and KAPHA or Air, Fire and Water. By this method one distinct advantage was that the symptoms of the patient in detail were not required. The pulse would show which element was in excess and which medicine was capable of controlling this. For example : when the pulse is found beating heavily on the second finger and slightly voluminous and jumpy, the medicine indicated is ARGENTUM or Silver. It matters little what symptoms the patient has. But in case the symptoms are recorded, one will find that there is excess of heat in the patient. The diseases in which this kind of pulse may be found are Gastritis, Diabetes, Leucoderma, Epilepsy and host of other diseases. When that pulse is found slow, beating on the third finger, one can assume that the patient is suffering from an excess of the Water element and the medicine indicated is AURUM or Gold. Diseases like Chronic Dysentery, Asthma, Heart complaints etc. are caused due to the excess of Water element. I usually prescribe for excessive heat ARGENTUM NITRICUM, and AURUM IOD in cases of excess of water.

With the help of the Tridosha theory it is possible to see hundreds of cases in a few hours which is not possible with any other method. In my Monday Charitable Clinic I see about 600 to 700 patients in my morning from 7 A.M. to 1 P.M. The number of cases attending the clinic is itself a proof of the efficiency of this method. Also, homoeopathy is made popular amongst the masses.

To adopt this method one has to learn about the pulse and the medicines indicated for a particular type of pulse. A simple method is to take the symptoms of the patient and select the medicine according to the Classical method and to see the pulse carefully. When the patient reports again and shows improvement one should find out the change in the pulse. When another case comes with a similar pulse then the same medicine should be given and I am sure the same improvement would be noticed. Another method is to go to an expert with a knowledge of pulse and learn from him. In the book Tridosha & Homoeopathy the classification of pulses and the of medicines are given. In case, somebody is interested to see the actual demonstration is welcome to come to Naihati any Monday in the morning and it shall be my pleasure to show him how I do it.

In conclusion I may say that this method of combining the principles of Ayurveda and the Homoeopathic medicines is to simplify the selection of Homoeopathic medicines for a given case. This does not mean that the Classical Homoeopathy is not correct. The only snag is that it is time consuming and also it requires an extra intelligence of the practitioner. This new method will benefit the average homoeopaths and will bring reputation to the science of homoeopathy amongst the masses.

We should be grateful to the great sage Samuel Hahnemann who has given the gift of homoeopathy to the world.