

A CASE OF ENTERIC FEVER

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Mr.Y aged 39 years came on 11/9/92 with the following complaints.

- 1.Fever with mild chills since seven days. Headache & bodyache.
- 2.Complaint of flatulences, eructations and gases.
- 3.Thirsty.

On examination patient was febrile but comfortable. Temp-102.4 F. Pulse-96/min. Tongue coated mildly white in the centre. Patient was of good height, flabby,with more generalized sweating. Liver- Palpable one finger. Spleen not palpable.

Clinical Diagnosis-Enteric fever.

11/09/92- Bryonia 30/2hourly.With mixture of Ferr phos 6x and Kalimur 6x in water was given.(Bryonia was selected because of thirst,coated tongue and fever of some days origin.) On the same day at 7 p.m.fever rose -to 103.2 F.and pt became restless.[As the climate was prevailing of severe enteric fevers and considering symptoms, I thought it to be the same.Baptisia was chosen because of offensive breath with coated

tongue and also nearly specific for typhoid fever.On the basis of weather change ,as pt had come from Bombay to Solapur; Rhus tox was selected.] Rx.Rhus tox-30 & Baptisia-30 given every 3 hourly.

12/09/92- Temp-99.4 F at 9 A.M.Dry cough with irritation in the throat.Thirst + + .Pain in both legs below knees.

Investigations-Hb-8.9 gms/dl.WBC-6, 100.N-58, L-36, E-2 ,M-4,

Salmonella Typhi'O' +ve in 1:160
Salmonella Typhi'H' +ve in 1:160
Salmonella Paratyphi A(H) negative
Salmonella Paratyphi B(H) negative

Rx.Calc carb 200/1 dose followed by Rhustox 30 & Baptisia 30.

[Calc carb was given as constitutional drug & as the patient responded to Rhustox and Baptisia they were continued.]

Maximum temperature reached on 12/05/92 was 101.7 F

13/05/92 At 9 a.m. Temp-100.7 F,rest in general better.Maximum temp recorded during whole day of

13/05/92 100.1 F.Rx.Rhustox 30 & Baptisia 30/3 hourly

14/09/92- 9 AM. Temp-99.4 F.Other complaints of cough, bodyache, pain in legs better only gases always & especially in evening.Max.temp reached in the whole day of 14/09/92 was 99.7 F.Rx. Calc carb 200/1dose followed by Rhustox 30 & Baptisia 30.

15/09/92- 9 A.M. Temp-99.7 F.C/o heaviness of head in the morning and had passed motion today.Rx Rhus tox 30 + Baptisia-30 continued.

17/09/92- Loose motion 2 to 3.Pain in all over abdomen. Heavyness of head. Temp-98 F. Rx Lycopodium 30/3 doses one hourly.
[Lycopodium here was selected because patient had evening aggravation of gases especially after 4 P.M. and is a good follower of Calc carb.]

18/09/92- No fever, gases and abdominal pain less. No medicine.

21/09/92- Pain in jaws,pain in small joints and legs. Weakness + .Rx No medicine.

26/09/92- C/o Backache, constipation intermittently & recurrences of gases, aggravated 4 pm onward.
Rx. Lyco 200/3 doses.

06/10/92- Pain in rt side of abdomen,gases aggravated in the evening.

Rx.Lycopodium 1M/1 dose.

13/10/92- Reports no complaints,better.

EDITOR'S COMMENTS-

It's uncommon for homoeopaths to get an enteric case undergoing the full measure of homoeo treatment-as they invariably shift to allopathy.Many times the symptoms are not quite clear to give only one remedy,often one may need to give two remedies in alternation as was in this case of Baptisia and Rhus tox.The giving of calc carb-200 on 12/9/ and 14/9 was a bit of a surprise to me.But as it happened to fit the patients constitution it seems to have given much aid to the remedies Baptisia and Rhus tox.The fever came to normal just 4 days after starting homoeo medication.The subsequent need of Lyco was perhaps expected as in my experience most enterics do show Lyco symptoms towards the end.The widal test done on 12/9/92 did turn out to be positive.Readers are requested to send in their experiences of any case of enteric fevers treated exclusively by homoeopathy.
