

# A CASE OF URINARY TRACT INFECTION.

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All of a sudden I was called for a visit. When I saw my watch it was showing 2.30 a.m. A person reported that his wife was having severe burning micturition. When I visited patient I found that Mrs S.R.P,27 years old lady was crying. Following symptoms were noted.

1. Severe burning micturition.
2. Frequent urging for urination but passes very little.
3. She was thirstless but was forcibly drinking excess of water on somebody's advise.
4. Temp-103 F.
5. Desires fresh and open air.
6. She has perspiration on & off.
7. She was looking drowsy and sleepy.
8. At tip of her tongue there were some pustules.
9. She was also due for her menses.
10. She feels heaviness in chest when she walks fast.

While telling her story, she was lying on the bed. She said that when she lies down she has to keep her head high and keeps her hand up to her head. So I felt both her palms simultaneously with my hands and found that her right hand was hot while left hand was somewhat cold.

I came to the conclusion that she was a Pulsatilla patient and I gave her Pulsatilla 30/3 hourly. She got much relief of her distressing complaints. Next day her urine examination showed plenty of pus cells and RBC's plus albumin. X-ray of abdomen for KUB showed no evidence of stone.

Next day she got her menses. Gradually all her symptoms subsided.

Clinically I decided to give her pulsatilla and later I went through the repertory and found it was correct. Meanwhile I have used Echinaecea QT alternating with Pulsatilla and then given only Echinaecea QT for 7 days in tapering doses.

**EDITOR'S COMMENTS**-In this case the guiding symptom which is also a peculiar symptom-was the heat of one hand & coldness of the other which in Kent (page 1024) gives Ip-2, Dig-2, Puls-2 and rest like chin moschus etc in one mark. As the rest of the picture fitted into Pulsatilla she responded very quickly.

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## A CASE OF MENORRHAGIA

Mrs.K.D.31 year old lady was having following complaints.

- 1.Menorrhagia since one and half year for which she was taking some allopathic line of treatment.
- 2.Continuous P.V bleeding since last three months with severe weakness.Bleeding is bright red.Bleeding by movements, by lying down.
- 3.When I went to examine her she was in distress and also worried that she would not be cured from that illness.
- 4.Vertigo with darkness in front of her eyes in morning.
- 5.Blitter taste in her mouth.
- 6.Burning in stomach relived by drinking water.
- 7.Pain in lower extremities,lumbar region and rt shoulder.

Personal history- Bowel movements satisfactory. She has special liking for fancy and chilly dishes. Thirst-frequent for small quantity of water.

Past history of menorrhagia after menarche. Discharges were clotted,scanty first two days & then copious;pain in right ovarian region which was extending to the back and thigh region. There was a white discharge after cessation of menstrual flow,copious,long lasting till further menstruation occurs.She had three abortions.

Mentally irritable;likes company;wants to be busy and so she likes reading books.She says that she never weeps.

Rubrics for Repertorisation.

- 1.Menorrhagia,bright red and clotted discharge.
- 2.Abortions easy.
- 3.Vertigo with darkness before eyes in morning.

4.Bitter taste of mouth.

5.Burning in stomach by drinking water.

6.Desire for chillies and fancy dishes.

7.Mentally irritable,never weeps.

8.Thirst for small quantity of water and frequently.

Arsenic-8,Apis mel-4, Belladonna-9,Nux vom-6, Pulsatilla-6, Sabina-16.

As Sabina scored highest marks,I gave her Sabina 30/3 hourly and then in tapering doses.China Q was given for her anaemia.With this treatment,within a week she became free from all her complaints.Her sonography report was normal.

**EDITOR'S COMMENTS-**I was intrigued to see the symptom "Mentally irritable-"never weeps".I could not get this rubric "never weeps" in Kent,Phatak,Barthel etc..which means it can fit only into Ignatia. other remedies have gushing bright red blood from uterus Erigeron,Trillium & Millifolium. Aggravation from movement is found both in Trillium & Erigeron.Millifolium doesn't seem to have this modality.In Trillium one should get the typical symptom of back and hip weakness as if "falling to pieces better tight pressure", and Erigeron can have the concomitant picture of leucorrhoea with urinary irritation,dysentery and tympanities.Sabina may show the pain from sacrum to pubes,& is a "hot remedy'.However in practice I guess it would not be easy to choose and choice of what to give as an acute remedy would be more our own experience in the past of that remedy that we seem to have used more frequently.

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