

nature, possibly like "hot needles or hot wires stabbing into the flesh", and may show periodically. *Nux* pains are shooting, tearing, jerking, may be insupportable driving the victim nearly frantic. Limbs and joints may feel bruised, taut, numb, heavy and there may be associated muscle twitchings and spasms.

One type of *Arsenicum* headache is neuralgic, accompanied by excessive sensitivity of the scalp—brush or comb seem to "penetrate to the brain",—and is relieved by local warmth. The congestive type of *Arsenicum* headache associated with much throbbing, burning, restlessness and anxiety demands cold air and cold applications. This is unusual for *Arsenicum*.

The *Nux* headache is of the "hang-over" variety, worse in the morning on waking, accompanied by a queasy nausea and a loathing for food, and relieved to some extent by warmth, quiet and firm pressure.

Arsenicum has an acute coryza with violent paroxysms of sneezing and profuse scalding watery discharge. The *Nux* "cold" is worse indoors and better in the open: the nose is alternately blocked or pouring freely from one or both nostrils: at night is "stuffed up", especially on the side next the pillow: and there is much distressful sneezing, often associated with a rawness and scraped feeling in the throat.

Arsenicum asthma attacks come on soon after midnight with fearful tightness and feeling of suffocation: there may be a burning sensation as of "coals of fire within the chest": the sufferer has to sit bolt upright or get out of bed: there may be great quantities of thin, watery sputum: anxiety, restlessness and prostration will be evident. *Nux* has been found helpful in asthmatic attacks which are associated with digestive disturbance: the attack may last all night and be accompanied by cough, rattling in chest, gagging and retching.

Gastro-intestinal disturbances are associated with both remedies. These in the case of *Arsenicum* are likely to be

acute, even alarming, aggravated by talking the least amount of food or drink, especially if cold, and accompanied by much weakness and exhaustion.

The *Nux* symptoms are less alarming but extremely distressing with much queasy nausea, ineffectual retching, sensation of "weight" in the stomach region, and a feeling of constriction round the waist. The symptoms are often chronic with a great deal of heartburn, acidity and relief from vomiting.

The above are some of the more evident distinctions between these two remedies which seem at first sight to have much in common. *Arsenicum Album* can, perhaps, be summed up as, "Anxiety, agitation, exhaustion": and *Nux Vomica* as "Irritation, impatience, exasperation".

—Homœopathy, June 1953

THE MADHYA BHARAT HOMŒOPATHIC CONFERENCE

The first session of the Madhya Bharat Homœopathic Conference was held in Feb. 1950, in Gwalior. For the last two years friends living in Dewas, Ujjain and Indore promised to hold a session but their efforts failed.

This year our president of the Madhya Bharat Association Dr. Thomas Singh, has arranged to call a session on 2nd. and 3rd. October, 1953, in Rajgarh-Biaora which is in the heart of this province.

The need is greater to have a session soon as:

1. Every province has passed a Homœopathic Bill, our province should not lag behind.
2. The Planning Commission have strongly recommended to the Ministry of Health, Government of India,

to establish a Central Council of Homœopathy. This Conference shall support this move from this province.

3. We have to take a stock of our efforts in this province and devise ways and means for the Progress of Homœopathy.

4. We shall meet leading practioners of Calcutta, Delhi, Madras, M.P. Behar, U.P. Punjab, besides our own brethren of the neighbouring cities, so the exchange of views and experience shall benefit us all in furthering this cause.

5. Dr. Thomas Singh who is the General Secretary of the All India Homœo. Federation is issuing appeals to leading Homœopaths all over India, and it is hoped that many would oblige him. Dr. M. Das of Calcutta, the Indian Secretary of the International Homœopathic Congress and Dr. Dutta of the Allen Homœo. College and Dr. J. K. Mukherjee the President of the Eastern India Homœo. Federation have already given their consent to attend, and we hope to have a grand session.

What we expect from you for this noble cause is that you pay the Delegate fee of Rs. 10 at an early date. You travel with your own expenses both ways. We arrange for your boarding and lodging and entertain you for two days. Rajgarh is a picturesque city standing on a hillock in a steepy place surrounded by rivers. It is equidistant from Indore and Gwalior. We shall arrange things in such a way that our guests have no difficulty in finding the place and we assure you of the best comforts.

Fraternally yours,
(sd.) S. C. VERMA.
Secretary.

UNVEILING THE PORTRAIT OF HAHNEMANN*

DR. G. N. SINHA, M.D.

GENTLEMEN,

I feel very happy to-day that in this last meeting of the first elected Council we are going to perform a very pleasant function.

I am sure that many of us like myself must have felt that a portrait of our great master was wanting in this hall of our Faculty Office. I am glad that through the generosity of our friend Mr. Bhar, Proprietor of M/S. Hahnemann Publishing Company, this long-felt want has at last been removed and our hearts' desire fulfilled. On behalf of the members of the Faculty I offer him our hearty thanks for this very precious and appropriate gift.

Gentlemen, to-day on this happy occasion my mind is full and I see as if in a dream the vision of a panorama of events long past and gone. I see the field and meadows of Germany and there in a small hamlet I see boy Hahnemann taking "thinking lessons" from his father: the scene changes and I see the student Hahnemann in one of the Universities of Germany (Erlangen) absorbed in deep meditation trying to probe into the mysteries of nature; the scene shifts and I see the doctor Hahnemann in quest of newer truths and trying to solve the problems of disease and death, sickness and cure; the scene changes again and I see the indomitable fighter Hahnemann being persecuted by the apothecaries and the Government of the land for having dared to proclaim and practise the 'law of cure'—so simple and grand—in defiance of the orthodoxy and the prejudice of ages; the scene finally shifts and I see the grand old doctor ripe with age and honour settled in his residence in