



# Tubercular Miasm

".....In chronic miasms, however, the outer local symptom may either be driven from the skin or may disappear of itself, while the internal disease, if uncured, neither wholly nor in part ever leaves the system; on the contrary, it continually increases with the years, unless healed by art."

## Hahnemann in Chronic Diseases Vol. I

It is a fundamental fact that whoever tries to discover the truth independently in any field, finds the same result or closer to the same result as his predecessors have found (it depends upon the depth of the research); irrespective of time, place and language. The same is true even in case of the miasms – the basis of the chronic diseases. Medical scientists of ancient India revealed that there are three different kinds of pervasive forces, responsible for various chronic diseases, singly or in combination. These pervasive forces are known as *Vata or Vayu, Pitta and Kafa*. In Indian system of medicine – Ayurveda – the theory is still used and known as the theory of *Tridosha*.

Condensed from the book "The Body is The Hero" by Dr Ronald J Glasser (published in the Reader's Digest, April 1977 issue's Book Section). The wise doctor, it seems, has no knowledge of Hahnemann, the Homoeopathy and the theory of Vital Force, yet he explains the supremacy of the Body (indirectly the Vital Force). Some excerpts :

"From the beginning of life, more than any cataclysm of nature, our real opponents in the struggle for existence have been thousands of single-cell microbes, always there trying to destroy us along our way. Nowhere can

the desperateness of this struggle, nor the implication of how dependent we are on our defenses, be more graphically seen than in the case of children born without the ability to protect themselves from these microbes."

About the utility of the body's defense system he writes:

".....All the great medical breakthroughs in infectious diseases, all the drugs and technical achievements have done nothing more than assist the body's own immune system. They give us an edge, the time to mount a defense, but nothing more."

About the make up of life he writes:

"There is an idea most of us share, that whatever it was which began in that distant time, was a very fragile thing. It is a notion nourished by our humanity and our fears, but also fostered by science itself which conjures up the view that life is a delicate mechanism, so precariously balanced that even the tiniest insult can shatter it."

About the possibilities of infections or effects of bacteria and viruses he writes:

"We live today as we always have, at the bottom of a sea of bacteria and viruses. Plague, wound infections, the horror of leprosy, the convulsions of rabies, pus-infected organs and women dying of puerperal fever: it is all one living thing eating another, even as it was in the ancient oceans."

He concludes by saying: "There are a growing number of facts available that show plainly that we are as much a part of our own diseases as we are of our health, that we should be able to, and indeed, can help ourselves. The part of the doctor today is what it has always been, to help the body do what it has learned so well to do, on its own, during unending struggle for survival – to heal itself. For it is the body, not medicine that is the hero".



### Dr S K MAMGAIN

Doon Ratna, Mamgain Homoeo Clinic,  
218, D L Road,  
Dehradun-248001  
Phone No. 0135 656578  
Email: drmamgain@vsnl.net



In the eighteenth century, unaware of the culture and the sciences of ancient India, when Hahnemann sought to discover the cause of chronic diseases; he too discovered three kinds of stigmas which are responsible for the chronic diseases singly or in combination. He named them Psora (the external manifestation of which is itch pustule); Syphilis (the external manifestation of which is venereal chancre) and Sycosis (external manifestation is warts).

Dr J H Allen quotes Herbert Spencer saying: "Life is a continuous adjustment of internal relations to external". Dr Allen explains the role of a miasm in life in the following words:

"True, we are constantly adjusting ourselves to changes, so that any altered condition in our life force throws us out of correspondence. If we correspond not with a part, a part is affected; and with the whole, the whole is affected. The adjustment is always imperfect in the presence of the miasm, and it is this imperfect adjustment with which we are constantly dealing. The external adjustment is imperfect only when the internal is imperfect. It is the internal, the life, that rules the organism." (Chronic Miasms Vol I)

At another place Dr J H Allen says:

".....In our study of disease, we may lose sight of the miasm for a time, as it becomes more or less latent in the organism or is presented in new forms and as a new phenomena, but we can never lose sight of that force, that unknown quantity, which is constantly perverting life and bringing changes in the organism, and although we may not recognize it as one of the chronic miasms, it nevertheless is, and if we bring the life forces under law we at the same time bring *it* under law, that is the miasm. Now if we bring the life force under law, we have brought *all* under law, and we can have no suppression. Should we, however, not recognize either law, life force or miasm, we are forced to go back to chemical medicine, and our empiric measures, and the life force must suf-

fer the consequences and become more and more deflected until pathological states and conditions arise without name and without number." (ibid)

Dr Allen says: "Hahnemann tells of four miasms psora, syphilis, sycosis and drugs, but since his time have been added tuberculosis and allopathic vaccination. **The tubercular miasm is the psoric miasm intensified or the combination of psora and syphilis**".

Dr J H Allen (in his book CHRONIC MIASMS – in two volumes) has fully explained the Miasms categorized as Psora, Pseudo-psora, Syphilis, Tubercular and Sycosis. He has given a good comparative study of the indications in the chapter – Basic Symptoms of Psora–The Rubrics (The writer of this article has translated this chapter in hindi and got published titled as "Dhatudoshon ki Abhivyaktiyan").

During the recent past, Choudhury H writes in his book titled "Indications of Miasms";

#### ACUTE MIASMS:

"Hahnemann says clearly that acute, half-acute, half spiritual and fixed miasms are mainly responsible for all acute diseases. He says more clearly that miasm are "germs", "virus", "animated living beings", "living creatures", "excessively minute, invisible, living creatures", etc. It is evident that Hahnemann's miasms are nothing but bacteria and other micro-organisms according to modern terminology. Dr Kent defined nature of acute miasm very nicely: "An acute miasm is one that comes upon the economy, passes through its regular prodromal period, longer or shorter, has its period of progress and period of decline and in which there is a tendency to recovery".

#### HE CATEGORIZED THE ACUTE MIASMS as under:

1. **RECURRING TYPE:** Those acute miasms which recur in the same manner more than once in a life-time of a particular person are known as recurring type of acute miasms, e.g. Cholera, Plague, Yellow Fever, etc.
2. **NON-RECURRING TYPE:** Fixed miasms are those



acute miasms which attack persons only once a life-time, such as—Small Pox, Whooping Cough, Scarlet Fever, etc. Half-acute Miasm: The micro-organisms of Rabies or Hydrophobia are called half-acute miasms.

**3. HALF-SPIRITUAL MIASM:** The living agents of measles, pox, scarlet fever, etc., are also called half-spiritual miasms. After completing their parasitical existence in the organism for sometime they die out leaving the organism to recover soon if the patient survives by that time. *(In recent decades it has been noted that measles, chicken pox etc. which are in non-recurring type have been seen to recur in some persons, it also has been seen that these have been re-occurred in grown up persons.)*

He further writes about the Chronic Miasms naming them as: **NEW MIASMS**

“In our Homoeopathic literature there is another miasm which has been designated as ‘Pseudo-Psora’. It is also stated that this is the by-product of mixed miasms. We know that mycobacterium or tubercle bacilli had been invented and isolated by Robert Koch in the year 1882. As there cannot be any Psora without psoric pathogen—itch mite, any Syphilis without syphilitic pathogen-treponema palladium and any Sycosis miasm without sycotic pathogen-gonococcus, so there cannot be any Tuberculosis without tubercular pathogen—tubercle bacilli. Hence we can no longer define Tuberculosis as the resultant effects of mixed miasm. It should be treated as a separate miasm. This tubercular miasm has also got its distinct characteristics. Some of which I have stated in the chapter - Indications of Syphilitic State. We are also getting ‘Mycobacterium Lepra’ for Leprosy. Accordingly we are also to think about Cancer, AIDS in future, if not now. AIDS virus has already been isolated, although causative factor of CANCER is yet to be explored. Separate chapters have been given on Tubercular, Cancer and AIDS miasms. The number of venereal miasms is now three instead of two including AIDS. In this way, etiology of Chronic Diseases and

their peculiar indications may be developed gradually. This will assist us in diagnosis, prognosis, management of diseases in one hand and selection of medicine on the other.

It is a natural phenomenon that any seed can germinate only when the specific conditions for its germination are present; the seed dies away otherwise after a certain time. Similarly, no pathogen can affect a person unless his life force is weak enough and the circumstances favorable for the propagation of the pathogen are present. The circumstances depend upon various factors eg heredity, mode of living, social relations, diet, mental stress, loss of sleep, lack of physical exercise, use of various intoxicants, excessive use of tea, coffee, smoking, tobacco chewing, accidental injuries, mental shock, etc. etc.

#### **Hahnemann writes in his Chronic Diseases;**

“Suffering from several or from a greater number of these ailments (even at various times and frequently), a person will still consider himself as healthy, and is supposed to be so by others. He may also lead a quite endurable life in such a state, and without much hindrance, attend to his business as long as he is young or still in his vigorous years, and so long as he does not suffer any particular mishap from without, has a satisfactory income, does not live in vexation or grief, does not overexert himself; but especially if he is of quite a cheerful, equable, patient, contented, disposition. With such persons the psora (internal itch malady), which may be recognized by a connoisseur by means of a few or by more of the above symptoms, may slumber on for many years within, without causing any continuing chronic disease.

“But still, even in such favorable external relations, as soon as these persons advance in age, even moderate causes (a slight vexation, or a cold, or an error in diet, etc.), may produce a violent attack of (however only a brief) disease; a violent attack of colic, inflam-



mation of the chest or the throat, erysipelas, fever and the like, and the violence of these seems to be out of proportion to its moderate cause. ....

“But even where a person, whether a child or an adult, who has the psora slumbering within him, shows much semblance of health, but happens upon the opposite of the above-described favorable conditions of life, when his health and whole organism have been very much weakened and shaken by a prevalent epidemic fever or an infectious acute disease, smallpox, measles, whooping cough, scarlet fever, purple rash, etc., or through an external severe lesion, a shock, a fall, a wound, a considerable burn, the breaking of an arm or a leg, a hard labor, the confinement due to a disease (usually helped by injudicious use of medicines), confinement at a sedentary occupation in a gloomy, close room, weakening the vital force; the sad losses of beloved relatives bending down the soul with grief, or daily vexation and annoyance which embitter life; deterioration of food or an entire want of what is necessary and indispensable, exposure and inferior food beating down man’s courage and strength; then the psora, which has hitherto slumbered, awakes and shows itself in the heightened and augmented symptoms.....”

About the process of treatment Dr Allen says: “Our remedies only deal with miasms, not names of diseases. The law of similars is only co-operative with that which disturbs life, not the organism as a part, and we have learned that the miasms are the persistent disturbers of life.”

Therefore the knowledge of active miasm is necessary so that the obstacles, if any, in the way of cure may be overcome by prescribing some proper anti-miasmatic medicine.

As far as the search of curative medicine is concerned the symptom totality or the guiding indications of the case in hand is the rule so that a medicine containing

similar pathogenesis may be chosen. Hahnemann has elaborated in respect to case taking for chronic diseases in Organon in the following words:

“The age of the patient, his mode of living and diet, his occupation, his domestic position, his social relations and so forth, next be taken into consideration, in order to ascertain whether these things have tended to increase his malady, or in how far they may favour or hinder the treatment. In like manner the state of his disposition and mind must be attended to, to learn whether that presents any obstacle to the treatment, or requires to be directed, encouraged or modified.” (§ 208)

Miasmatic or constitutional treatment in accordance with the principles of Homoeopathy, as we are to do in all other chronic cases, is the only way of treatment for eradicating and preventing Tuberculosis.

Indications of tubercular miasmatic states (tubercular and pre- tubercular states)

- Waste. Loss. Depreciation and Destruction.
- Cosmopolitan habits. Cosmopolitan -- mentally and physically. Mentally keen but physically weak (*Lycó*).
- Fear of dogs.
- Insanity: Acute or Chronic with family history of tubercular diseases. True insanity of Psora is usually of a tubercular nature.
- Symptoms are ever-changing. Rapid response to any stimuli, to any slightest change of weather or atmosphere. For that reason it may be called responsive or reacting miasm.
- Emaciation instead of taking proper food and drink.
- Eats much but loses flesh rapidly.
- The face looks fairly well, even in the last stage of disease, when other parts of the body become emaciated.
- Tendency to cough and cold.
- History of Tuberculosis or any tubercular or lung, diseases (like whooping cough, bronchitis, broncho-pneumonia, etc.), or ringworm or asthma,



- asthmatic bronchitis, hay fever or sinusitis.
- History of suppression of ringworm.
- Chronic inflammation of glands and tonsils.
- Chronic Diarrhoea. Morning Diarrhoea with extreme prostration and debility.
- Nocturnal Polyuria.
- Nocturnal perspiration with or without fever. Nocturnal pollution.
- When well-selected medicine fails to relieve or permanently cure.
- "The problem child"-slow in comprehension, dull, unable to keep a line of thought.
- Rickets. Marasmus.
- Lean, thin constitution. Fatty constitution with extreme sickness. Fatness without fitness (*Calc-c*).
- Pigeon chest. Forehead is high.
- Hair thin. Hair over scapula. Hair dry, dead, like hemp. Matted hair. Hair grey on the mid-line of the head.
- Nails thin with white spot. Nails are thin as paper, bend easily and sometimes spoon-shaped.
- Epistaxis. Nose bleeding or bleeding from lungs, or rectum with family history of Tuberculosis.

".....Whenever cancer is accompanied by haemorrhage and secondary infection, it is due to presence of strong tubercular miasm." (MASTER F J, Homoeopathy in Cancer)

"..... many cases of "ring-

worm" have been cured by tubercular remedies such as Tuberculinum and *Bacillinum*. Many of these superficial fungal infections are difficult to treat homeopathically. The vital force seems to consider it a very low priority in the course of cure. Treatment is always aimed at the whole constitution." (MORRISON R, 'Desktop Companion to Physical Pathology' under Fungal infections)

"Insanity is very frequently a manifestation of the tuberculosis miasm and there is something more than a pyrexial power in Tub. Fatigue, faintness, profuse debility are frequent symptoms." (MURPHY R, 'Homeopathic Remedy Guide' under *Tuberculinum-bovinum*, kent)

"Diabetes Mellitus is classically considered to be of TUBERCULAR origin. All the classical symptoms of Diabetes mellitus have been mentioned as being Tubercular. The following symptoms have all been grouped under Tubercular miasm or Pseudo-Psora." (PAVRI KEKI R S, Essentials of Diabetes Mellitus and Its Treatment by Homoeopathy-Miasmatic approach).

*Tuberculinum-bovinum* proved by Kent and *Bacillinum* proved by Burnett are two nosodes which may be useful to modify the Tubercular miasm.



*Let me be thankful for. . .*

*The partner who hogs the covers every night,  
Because he/she is not out with someone else.*

*The teenager who is not doing dishes but is watching TV,  
Because that means he/she is at home and not on the streets.*

*The taxes that I pay,  
Because it means that I am employed.*

*The mess to clean after a party,  
Because it means that I have been surrounded by friends.*

*The clothes that fit a little too snug,  
Because it means I have enough to eat*

