



# The Homeopathic Medical Repertory

**ABSTRACT:** Though titled, 'The HMR', it includes all the members of repertories. With immense number of years of practice. Dr. Vishpala gives her various experiences, the rubrics or the shortcomings where we stumble in practice and the newer rubrics with the newer medicines which are so helped in practice In totality this article is a jewel from the ocean.

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**HOMOEOPATHIC REPERTORY:** Homoeopathy has had different Repertories in its 200 plus years of existence. First Repertory was Hahnemann's Symptom Repertory: 1817

Hahnemann found that as he proved more and more drugs and the HMM grew, with myriads of symptoms, it became impossible to retain in memory and find a particular drug for symptom correspondence with disease condition.

**EVOLUTION: HAHNEMANN** made the outline for recording information gathered from experimental provings of the Homoeopathic remedy and made Schema of his Materia Medica Pura: Began with Vertigo and 50 levels down ended with Mind and Emotions.

Behind Hahnemann was the Roman hand of Boenninghausen with his legal analytical acumen and synthetic vision to develop the Art of Homoeopathy to perfection. So Boenninghausen gets the credit for publishing the: First Repertory of Anti-psorics which later became Boenninghausen's Characteristics and Repertory.

Later he compiled the Therapeutic Pocket Book-TPB in 1846.

The hierarchy runs down from Hahnemann to Boenninghausen to Boger, based on same thought structure of generalization and totality of Symptoms. Then came Kent, with focus on generals, peculiars and particulars.

**EVOLUTION: KENT** based on the assumption that all cases should be analyzed from generals to particu-

lars. Focused on Mentals with little importance to diseased organs. But often in terminal cases, local symptoms are most important for finding a palliative remedy.

**In Practice...**We needed to use all 3 Repertories - BB, TPB, and K for each case, whatever be the philosophy you are following: more so, as distribution of better rubrics varied. Eg Boenninghausen's chapter on menses concomitants is needed for every case of PMS.

But the Remedy representation was, in today's terms, very poor. Eg menses stains had only *mag-c* and *thuj*. Today HMR etc have *carb-ac, culx, lach, mag-c, med, merc, puls, sil, thuja, thalpsi*: a fairly comprehensive range amenable to selecting the indicated remedy.

If you look at Homoeopathy in terms of its 3 main pillars: Philosophy, Materia Medica, Repertory, then, Repertory is the basic tool to find The Similimum.

**NECESSARY QUALITIES OF REPERTORY:** Easy, Simple, Reliable, Convenient and Handy

**MY VARIOUS EXPERIENCES. ..**

I remember a particular difficult case of cirrhosis in 1992, the only rubric I found in kent was Liver and region of; with 64 Rx [whereas RM Cirrhosis- 32 Rx]

For practice one needs more remedies and more specificity

**MORE REMEDIES FOR 1 TRAIT**

Fastidiousness- Kent: *Ars-a, Nux-vom*



How often can you keep prescribing *Ars* and *Nux-vom*?

Today new Rep have *anac, arg-n, aur, Calc, CARC, kali-c, LYC, Nat-m, PULS, plat, sil, sul, thuj...*

**REMEDIES FOR COMMON TRAITS** found in people, not only abnormal Mentals: Irritable, Obstinate yes but also positive traits: patient, enthusiastic, passionate, etc.

Patient- *mag, phos*

Passionate- *CARC, Kali, Lach, Med, Nux-v, Sulph, TUB, Thuj*

Perseverance- *bry, calc, lyc, sil, sul*

Pessimistic- *ARS, AUR, NIT-AC, nat-m, nux-v, staph, verat*

Optimistic -*calc, Op, lyc, nux-v, puls, sil, sul*

Painlessness- *ARN, Hell, OP, STRAM*

Sarcasm - *ars, bry, caust, ign, lach, pall, sep*

Squanders money- Kent- *verat*

HMR -*agar, bell, calc, caust, hep, LACH, Lyc, MERC, n-v, stram, sul, syph, verat*

10 yrs ago no-one would come and tell you, I am passionate about art, I love my work-workaholic (112 Rx), but today they do.

Fears are common

Fearlessness—so peculiar- helped solved many cases with *Agaricus*. In fact it was my introduction to *Agar*. Till then I only knew *Opium* for fearlessness.

Extravagance - *Nat-m* was a wonderful addition, very well confirmed in practice.

BB had only- *Bell*

Kent-13- *bell, caust, con, chin, croc, iod, plat, stram, verat.*

HMR-16- *car-v, guare, nat-m*

Consolation Agg: Kent 23 Rx. HMR 46 Rx with wonderful addition of *CARC, SYPH, Tub*.

In fact these Nosodes are well represented in HMR and completely missing in Kent.

**1980s: A NEW DAWN:** Only in late 80's were born the newer, user-friendly repertories.

**FIRST: SYNTHETIC REPERTORY**— and life became interesting again. Between my mother's and my clinics: we had to acquire half a dozen Synthetic Repertory, making an equal no of Kent redundant!

## SYNTHETIC REPERTORY

IN SR Mind was a whopping 1100 pages! (Kent 95 pages!). But that was an illusion!

2 column = 2 pages reduced to 550 pages.

Delusion was included (Kent excl.) à so further reduced to 455 pgs.

Loose, sparse printing of 20 lines (80-170 w) [Kent 46 lines/460 w So SR is 1/ 3 times] so  $465/3 = 150$  pages

HMR = 120 pgs.

**COMPARISON (Mind):** It became fun since so many lively rubrics came into picture like, Fun: lovely new rubric! ...

Learning Disability: *AGAR, Anac, ars, bar-c, CALC, LYC, nat-m, phos, thuj, sil, tub*

Multiple Personality Disorder: Includes *God he is, demon is, rich is, great person is, emperor, general, queen is.*

The use of **Synthetic Repertory** reflected in practice by greater % of good results.

But SR was unwieldy. . . 3 vols and yet incomplete, only the General sections, particulars missing.

## HOMOEOPATHIC MEDICAL REPERTORY

The urgent need to meet the pace of development of modern pathology and internal medicine, was fulfilled by the HMR.

**ROBIN MURPHY** defines HMR as the experimental and therapeutic database for the practice of Homeopathic medicine. It is designed to be a modern, practical and easy to use clinical guide to the vast HMM.

Robin Murphy Repertory was like a dream come true. It has given me results not possible earlier. One can find rubric of close approximation, almost like a computer - things are arranged for faster retrieval. And if he had Consumer satisfaction in mind then he has got it. It took in all from Kent, Synthetic Repertory and many other sources. No new philosophy, just better organized- A to Z

The Compilation is par excellence, mainly based on Repertory of the Homeopathic Materia Medica by Dr J T Kent and Repertory of the Hering's guiding Symptoms of our Materia Medica by Dr C B Knerr. It has been compiled from 55 standard homeopathic literatures. Published first in 1993.

The HMR= Murphy Repertory or Medical Repertory: Modern, practical, easy to use. Alphabetical



format is the most natural method to organize large amount of data.

**AIM:** To incorporate data of all these sources, a completely new repertory was needed with a new schema, terminology, chapters, clinical rubrics, additions and upgrades. A need to correct the major flaws in older repertories and fill in clinical deficiencies.

### SHORTCOMINGS OF EACH TYPES OF REPERTORIES.

Rep is based on a schema meaning plan or outline.

In Homoeopathy, schema is the basic outline of headings and subheadings which are used in our Materia Medicas and Repertories. Hitherto 2 types of schemas were used and 3<sup>rd</sup> was created for the Hom Medical Repertory

Hierarchical- anatomical: Lippe, Boenninghausen's, Boericke, Kent, Knerr

Concordance-symptomatic: Allen, Clark, Gentry, Phatak

Alphabetical-Clinical: Murphy

Evolution: Natural

Based on natural hierarchy it has to move for what is most life threatening to patient : Causative factors to most severe or important presenting symptoms.

Should not be a fixed hierarchy as Homoeopathy is essentially Individualization.

### EVOLUTION: HMR

Thus the Homoeopathic Medical Repertory can facilitate access to rubrics at all levels and provide clearer images of the anatomic, physiological and clinical rubric groups. All lung rubrics are together and not spread through chest chapter under discomfort, pain etc. If cannot locate pain in lungs, can use pain in general in Chest (which includes all pains including skin, tissue, ribs, muscles, lung, pleura, mediastinum, heart, pericardium, vertebrae, muscles and all distant organs that give referred pain in chest region).

Chapter is arranged alphabetically as per anatomy, physiology or clinical type.

Rubrics, sub-rubrics also A to Z, thus simplifying Kent's complicated system for arranging rubrics and sub-rubrics by sides, time, modalities, circum-

stances, extensions, locations etc.

**LANGUAGE: HMR:** History taking requires us to record in patients own words, then the repertory should also have a similar language - thus was borne the modern terminology.

**TO TEST HMR:** Each year I get new assistants. I give them all repertories. They begin with using Kent and then gradually gravitate to HMR.

They ask me, can I solve cases with Kent Rep at home? Certainly, I say with a smile.

Within weeks, they ask me for a HMR copy at home.

In fact, so much did our own requirement of Robin Murphy grow, that it is probably responsible for the birth of The NJH Book club - getting books at great values!!

**FORMATTING** is same- 3 (Caps), 2 (Bold, ital), 1 (Plain)

### A COMPARISON HMR AND KENT

**ROBIN MURPHY:** A to Z, From Abdomen to Wrist - all encompassing

**KENT:** Schematic, Head to foot. Generals: Sleep, Chill, Fever, Sweat, Skin, generalities.

**ROBIN MURPHY:** Easy to find- no index needed

**KENT:** Thumb markings for easy access or Index - and in a much thumbed book the thumb markings fall off

**ROBIN MURPHY:** 70 Chapters, 39,000 new rubrics, 200,000 additions and updates, 1900 pages, yet same size.

**KENT:** 37 Chapters, 1430 pages, Convenient size

### ADVANTAGES OF KENT

Tremendous work as the first major Repertory. It provided the beginning, the completeness which allowed the whole systemization of Homeopathy to take off.

Every Repertory of merit is based on Kent. And to this, the additions are made. So it will remain the basic authentic work and will continue to hold that position historically, which can never be taken away from it.

### DISADVANTAGES OF KENT

**EXTREMITIES** Pain Chapter 130 pages: a nightmare. Pain in general, then various sensations, plus in each: shoulder to foot. Each sensation: eg aching- runs through Shoulder to Foot. Impossible to use to fruition.



**MENSES:** Concomitants, aggr, amel, are in each different chapter + in general

**FOOD:** Is in Stomach Chapter. Aversion in A eg Aversion Fruits. Desires in D eg Desires Fruits. Generalities: Food: Aggr and Amel... Fruits. So, fruit is written 3 times.

**HMR:** Food chapter- aggr, amel, crav, aversion: all one after the other. Simple

Robin Murphy's Rep, same size as Kent. Based on Kent plus additions. Handy. Compact.

Individual References missing, as would compromise on size unwieldy. References are mentioned separately at the end.

Easy usage. Easy Reference. Eg: All Crav, Aver, Aggr, Amel of food under FOOD.

Duplication = 0. Effort = 0 as often 1 item has both craving and aggr Plus MORE Rx- valid.

**USEFUL:** Rubric of Heel pain in Feet Chapter: Very useful for the very common complaint of Calcaneal spur. Rheumatic pain, knee. Psoriasis.

Amazing new chapters: Children, Emergency, Pregnancy, Toxicity, Diseases and Constitution.

#### DETAILS OF EACH CHAPTER

**Abdomen:** Total 203 rubrics. Contains rubrics on external abdomen, hypochondria, hypogastrium, inguinal glands, mesenteric glands and peritoneum.

**Ankle:** Total 59 rubrics. Rubrics on ankle/tendoachillis.

**Arms:** Total 115 rubrics. Rubrics of forearm and upper arm.

**Back:** Total 126 rubrics. Rubrics on lumbar, scapular, spine, and thoracic regions.

**Bladder:** Total 132 rubrics. Rubrics related to bladder, urethra, urination and meatus.

**Blood:** Total 72 rubrics. Blood as a general rubric. Other Rubrics like bleeding, blood vessels, circulation, hypertension, veins, etc.

**Bones:** Total 70 rubrics. Rubrics contain affections of bones.

**Brain:** Total 97 rubrics-symptoms of direct involvement of brain-injury 27 K5/coma 3p

**Breast:** Total 88 rubrics. Rubrics include breast feed-

ing, under developed – small *breasts-Iod, sabal, sil*, warts on nipple, cracks - nursing due to.

**Breathing:** Total 56 rubrics. Various types of breathing, their condition, causative modalities, etc are included.

**Chest:** Total 142 rubrics. Rubrics like clavicle, costal, sternum, ribs and diaphragm have been included.

**Children:** Total 104 rubrics, with various types of modalities.

**Constitution:** Total 76 rubrics. Rubrics like anaemic, mild, scorbutic, boys, girls, etc.

**Coughing:** Total 324 rubrics. All types of cough with modalities and expectorations are included here.

**Delusion:** Total 614 rubrics. Rubrics like abused being, answers to any delusion, beaten will be, have been given.

**Diseases:** Total 450 rubrics. Various diseases like Acromegaly, AIDS, Bubonic Plague, Carpel Tunnel Syndrome, and Cancer with various types, etc. included

**Dreams:** Total 538 rubrics. Rubrics on Dreams, Dreaming and nightmares are included.

**Ears:** Total 136 rubrics. Rubrics on eustachian tube, inner, middle, and outer ear are found. Rubrics like cramp in, Meniere's disease, narrow sensation added.

**Elbows:** Total 65 rubrics. Rubrics like jerking, pinching, rheumatic, sharp pain, etc added.

**Emergency:** Total 148 rubrics. Rubrics on emergency conditions like asphyxia, bites, injuries, shock (financial), acute grief, ailments after surgery, wounds, cyanosis, hemorrhages, sea sickness, etc included. Frequently used rubrics like airplane, flying in agg, allergic reactions, altitude sickness, amputation-pain, after anesthesia included.

**Environment:** Total 35 rubrics. Rubrics on general reactions of body to Env factors like air, moon, seasons, sun, temperature etc

**Eyes:** Total 246 rubrics. Rubrics on eyes-conjunctiva, cornea, eyelids, iris, lens, pupils and retina included Also Clinical conditions like glaucoma, abscess- cornea

**Face:** Total 148 rubrics. Rubrics on different parts of the face like corners of mouth, malar bones, zy-



goma, circles around the eye, forehead, chin, sides of nose.

Feet: Total 117 rubrics, related to feet-heels, nails, soles, and toes.

Female: Total 58 rubrics. Rubrics on genitalia-menses, cervix, ovaries, sex (desire), uterus, leucorrhoea etc.

Fever: Total 148 rubrics. Rubrics on infections, stages of fever along with modalities and accompaniments.

Generals: Total 328 rubrics. Rubrics on physical generals, constitution and temperament, natural tendencies of tissues/persons, pain rubrics with modalities and sensations, etc.

Glands: Total 57 rubrics. Rubrics on different glands

like pancreas, spleen, thyroid and lymphatics.

Hands: 26 rubrics in this chapter.

Head: Total 242 rubrics. Rubrics on forehead, headaches, occiput, sides, temples and vertex are found here. Various types of pain like hammering, maddening, neuralgic, pulsating, scratching, sharp pain, etc are also found.

Headache: The pain rubric from the chapter head has been made into a new chapter and includes 307 rubrics, including ailments from, sensations and modalities

Nerves: Convulsions 4pgs epilepsy 2 pgs

So use it and see the difference in your practice and write back to us.

## A Dilemma: Delusion, Illusion and Confusion of Beginners

*ABSTRACT: This article is beautifully written in the form of a dialogue, where the mind answers all the queries and the dilemma faced by the homoeopath. We are sure many would indentify with the questions. There are definitely situations like this when we ponder over our shortcomings and feel the need for solutions.*

*EDITOR: A parody, which may explain, why so many new Repertories needed to be brought out...to make up and eliminate short comings of KENT REP.*

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### WHAT SHALL I DO WITH THE REPERTORY, EPECIALLY WITH KENT'S REPERTORY (6<sup>th</sup> Edition, American or Re-print)

1. Kent's Repertory of the Homoeopathic Materia Medica lies on a table of a homoeopath dead! Why?
2. Open up, still it is dead.
3. Can I read it like other books eg Materia Medica, Organon of medicine, Novel, etc. Probably No!
4. So, What is a difference?
5. Let me keep aside for sometime.
6. Let me OPEN AGAIN and go through.
7. Oh! Confusion, chaos in mind.
8. Why? What for?

9. Symptom (Rubric, Why it is called so?) and several medicines against it. What is that?
  10. One symptom (Rubric) and a lot of medicines in different types! Also I noticed in most of the rubrics, alphabetical order of abbreviation is not followed. Why?
  11. So, What to do? Can we give all medicines or only Black and Bold marked? (As one Doctor suggested and wrote a book).
  12. Again, main symptom (rubric) and down below some thing also written as Symptom and other group of medicines. Very few at times one or two! Why?
- And, also some of the medicines which are there,