

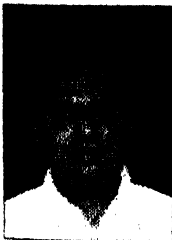
A Case of Asthma and Warts

“HUMAN SENSITIVITY”: “Understanding human sensitivity has been a quest for many. And coming down to fathom human sensitiveness is an experience by itself”!

This case dates back to 2000 and defies repertorial totality, as the prescription is based on understanding human adaptation of the animal sensitivity with its survival mechanism in nature.

It was then a coarse attempt, which has refined greatly now with the study of kingdom analysis.

Achieving this depth in each case persistently is not easy, but the struggle is worth its weight in gold.



DR. GAJANAN V. DHANIPKAR
10, Padmavati Complex, 201, Dhanlaxmi Shopping Center, Sai Section, Rutu Estate, Nr Hiranandani, Ambernath (E) 421501, Off Ghodbunder Rd, Thane (W)
Tel: 95251-2605376 (C) 95251-5663238 (R)
Tel: 9522-25862641/41

CHIEF COMPLAINTS: Warts (23 in total) on neck, hand and behind left ear, with itching since 2 to 3 yrs.

Asthma since childhood, which starts with coryza, followed by cough and breathlessness. < Dust, < Cold food, < Sour food, < Change of weather, < Rainy season.

PAST HISTORY: Skin eruption: 5yrs of age. Typhoid

PERSONAL HISTORY

DESIRES: Rice¹, Cabbage³, Oranges², wafers², ice creams², cold drinks², milk², chicken¹.

THIRST: Craves cold water.

PERSPIRATION: Profuse on scalp. **THERMALS:** Hot patient.

FAMILY HISTORY: Father: Asthma, Sister: Skin disease

ON GOING TREATMENT: Tab Betnesol 5mg ½ HS and Asthalin inhaler BD

SOME EXCERPTS OF INTERVIEW

D: Tell me about your complaints?

P: Cough and coryza, during change of weather.

D: What happens exactly?

P: I get nose block and cough. I used to have breathlessness especially on waking.

D: Since how many years do you have this problem?

P: Since childhood. Also these boils on face with pus, since the age of five. I have taken injections also.

D: Since how many years are you having this skin problem?

P: It was there for one to two months and then it suddenly vanished.

D: Since how many years do you have this breathlessness problem?

P: Since childhood. Before the skin problem.

D: How it used to start?

P: Same thing, it starts with cold and cough, then breathlessness. I used to have Betnesol tablets twice a day.

D: How it starts, what happens to you?

P: After drinking cold water or having sour things, immediately I get cold, cough and fever. It also happens when I bathe in cold water.

D: What starts as a symptom first?

P: Headache, difficulty in walking. I get breathless and I want to take rest.

D: What is the thing that bothers you the most?

P: Breathlessness. I can't breathe properly; can't even see properly.

D: Tell me about that?

P: I can't see properly. Dim vision, I am not able to see the half sight.

D: When you have cold, cough and breathlessness, what is the thing that troubles you?

P: Not being able to walk, no relief from rest, want to lie down.

D: Tell me your worst experience in breathlessness.

P: If I don't take inhaler, my face and eyes become red immediately.

D: Tell me the experience of breathlessness. If you don't get Betnesol or the inhaler?

P: My problem gets worse. (*halat kharab ho jati hai*) fever also rises. I feel giddiness also.

D: Tell me your worst experience.

P: In 1999, I had same problem. Typhoid and breathlessness.

D: Tell me the feeling in that worst situation.

P: I was not able to decide what should I do? I was feeling **guilty**.

D: Can you explain me this guilt feeling?

P: I was feeling restless. Which medicine should I take because I was not able to breathe properly?

D: What was happening to you?

P: I was sweating a lot during that period.

D: Tell me more about that 'guilt feeling'?

P: Every thing feels **dirty**. It's like (*usko hatao, isko hatao*) I wanted to **fight** at that time. I have fought many times with my brother.

D: Feel like fighting means what?

P: They used to tell me anything (*kuch bhi bolney ka, kuch bhi galat bolne ka*). Then I used to scold and say 'remove this dirt first, I want to lie down'.

D: Tell me about this.

P: They always used to tell me that 'What is this? You always fall sick, Then I used to tell them 'what can I do about this. I am not feeling well after taking so much of treatment'. They used to tease me also... Like go and sleep. Then I use to shout on them, 'Clean the room first, how can I sleep there.'

D: If it is not clean what will happen.

P: I don't get sleep then. Because I can't sleep in one position. I have to turn around in bed. I have to constantly move. There should be no one besides me in the bed.

D: What happens if some one is next to you?

P: I can't go to sleep. Because, **I can't move freely**.

D: What is the feeling of not able to move?

P: I feel I should hit that person. I don't like their touch. (*usko uthao, aise lagta hai usko maru*). **I purposely kick that person** and then he goes out.

D: What is the feeling of having anybody in your bed?

P: Because of the smell of the body. I don't like it... That sweat!

D: Tell me about your nature, your irritability during

that attack, and you want to fight.

P: If some one tells me, 'you go to bed' or some one teases me, or (*ulta-pulta bolta hai*), than I fight with that person.

D: What do they say that hurts you?

P: Any thing (*ulta-pulta*) if anyone gives me back answers I get very angry. I just tell them, (*ja apna kam kar*) to do their own work.

D: Tell me about your nature, that you get irritated. You don't want any body

P: When ever I am ill they purposely say something. Or they will push me and then I get irritated and fight with them. They will say go and take rest. I get very Irritated at that time and I give back answers.

D: Does that affect you?

P: Yes.... Few days back I had a job. He used to say (*kya sabji mandi ka job karta hai*), see I am doing better job than you. I told him job is job, to get money. He said this job will spoil my name.... **I felt like hitting him that time, but he is elder so I left him.**

D: And with your sister?

P: With her I used to fight. When she used to go to her friends place I used to scold her and she used to give me back answers and then I used to beat her and she also used to beat me. When dad used to see us fighting he used to beat both of us.

D: Tell me about your fighting nature, those incidents wherever you have fought.

P: Daily it happens. When I play cricket and anybody says something, I get angry and feel like hitting that person, but later I think ...*jane do!* Let it be!

D: When did you feel like hitting that person very much?

P: When I was in ninth std, one boy in school used to do (*natak batak karta tha, bhaigiri karta tha*) used to push me.

I had given him punch on his nose. (*nak tod diya tha*).

I had also got hurt on my finger. He was also bleeding from his nose. He complained to teacher but teacher was also on my side. They did not do anything to me, because they knew that he used to trouble me. All staff and principal were with me.

Once this had happened with one girl also. I was practicing my dance steps; and she came and said 'I can also dance like you'. I told her do whatever you want to. She slapped me unnecessarily. I also slapped her back. Then she complained to management and it became a big issue. Everybody got holiday for 10 days because of this issue. But every one knows this girl. She is worst. (*ladko ke piche lagti hai. Mere bhi piche thi*)

D: Why did you hit her?

P: Because she slapped me.

D: What do you feel when some one hits you?

P: I feel very **dirty** (*gandha lagta hai*). I get angry when some one hits me for no reason.

D: What do you mean by 'gandha lagta hai'?

P: I feel why that person hits me without reason. I feel like hitting that person back. I will kill that person (mar dalega usko, koi bhi ake kuch bhi boleگا?). I feel dirty.

D: Tell me more about this dirty feeling?

P: When I was in school, one boy started using bad words for me, that time I felt like hitting him. (*aiselag raha tha ki mai uskomardalu*) but then I thought let it be (*jane de*). He was on bike when he hit me. I got hurt on my shoulder.

D: Tell me about your dreams.

P: About ghost.... (*gala daba ke mar raha hai*). I try and avoid that dream.

D: Tell me about 'gala daba-ke marna'?

P: Once my friend had done this to me. My eyes became red. He was just doing it in fun. Another time my friend was doing this to me, I was shouting 'I will die' (*mar jayega*), still he did not leave me so I hit him, he got hurt very badly... he was bleeding.

D: Tell me that 'mar jayega ka' sensation.

P: He was strangulating me. (*gala daba raha tha*). Breathless ... I would die. (*sans ruk gai thi*)

D: What did you feel apart from breathlessness?

P: I was feeling I will die.

D: Tell me about your fears.

P: Nothing specific.

D: Something that you think should not happen to you

in your life?

P: **Accident. (*hat ya pav agar gaya to*) ... I can't even earn without hands. Or with out legs. I will be like a beggar.**

D: What will you feel if you don't have hands and legs?

P: I will get pain, bleeding.... Parents will feel bad. I will become **useless.**

D: What are the things that you enjoy the most?

P: Traveling, (*ghumana, firna, enjoying with friends*)

D: What do you do in free time?

P: Watch TV, movies like English, Hindi, action movies.

D: Tell me any scene which you loved watching.

P: Bruce Lee fight, Arnold's body...

D: Which fight?

P: Jackie Chan's fights, jumping from one building to another.

D: What affects you the most.

P: Fighting. I feel like doing it. I like any kind of fight.

D: Any animal you like or hate.

P: I hate pigs, they are so dirty, they eat anything.... Any dirty things.

D: Any animal you are scared of.

P: Snakes. If they bite (*mar jayega fattafat*). I have seen snakes. One of my friends had snake bite.

D: Tell me about your hobbies.

P: Cricket, dancing, football.

D: Which do you enjoy the most?

P: Dancing.

D: What do you feel when you are dancing.

P: I feel like when will I dance on big stage and be a star. (*kabhi mai star banunga, kab logo ke samne aunga*)

D: What do you feel while you are dancing?

P: **Sabse aage mujhe ana hai.** I want to come first. (**Jo bhi idhar aya hai, mujhe usse aage jana hai.**)

D: If you don't come first, what do you feel?

P: I feel like crying. I sit quietly.

D: Tell me that experience when you had lost?

P: In Amernath I had participated in a competition, but I lost. I felt like crying, sat quietly in a corner. I didn't want to see anybody or eat anything.

D: What is the feeling of loosing?

P: I was feeling, why did I loose? What mistake I have done? I was remembering only one step which I did wrong. My eyes became red, I was looking down, I was not feeling happy. It happened for the first and last time in my life. Other wise **I always get first prize, I always win.**

D: Emotionally are you attached to any one?

P: Yes, five girlfriends with physical involvement.

D: Describe me the feeling of dirtiness a little bit more?

P: **In rainy season. Everywhere there is mud and water. I feel v :ry dirty.**

D: In which season do you feel worst?

P: Rainy season. Health wise also I am bad and I don't like it.

D: What do you feel about this skin problem (warts)?

P: It does not look good. My friends keep on asking me. I feel very bad. I feel why do they ask in front of other people. They will make fun of me. They will laugh on me. (**Nicha dikhate hai**). I feel like leaving friendship at that time.

UNDERSTANDING FROM THE TRANSCRIPT

Important Points

Patient tells us during attack, he feels breathless as if somebody is strangling his throat. In these episodes he feels **guilty**, which he explains as feeling of being **dirty, and during that time** wants things to be clean and tidy. Cannot tolerate any person close to him because the other person may have a bad body odor.

Nature- very short tempered, gets angry if things are messed up. He fights with anyone who teases him. He is affected by his brother who **is better than him**, he feels like hitting him when he taunts. Once broke nose of peer at school; once slapped girl because of her misbehavior. Each time felt **dirty**.

In anger, he swears and curses, is very revengeful; and threatens to kill the other person.

His increased sexuality, his physical involvement with five girl friends is very typical behavior in him.

Desires to be first in dance; hates to lose- depicts his

competitive nature.

Competitiveness, Aggression, Sexuality, Hierarchy are animal kingdom traits.

Sensitive to *rainy weather*, feels very *dirty*, emotionally feels sad, and health wise also aggr.

Fear of snakes, hates pigs as look dirty and eat dirty things.

He is afraid of accidents; because *you may lose your hand and feet*, and will become useless (*this is a human expression of a snake sensitivity*)

Here we are dealing with a young adult who experiences being strangled by somebody in the c/c (hierarchy—somebody doing something to him). He is very short-tempered and in his anger he is abusive, swears, threatens to kill (reflects the animal quality in man). He is very competitive and always wants to stand first. He is a person with heightened sexuality, loquacity and aggressiveness; again confirming the animal behavior in man.

Fear of accidents, typically of losing hands and feet, which will make him useless, like a beggar added with a fear of snakes.

This sensitivity along with sensitivity to rainy weather which makes him feel dirty is an important PQRS of chief complaint, life situation and in his subconscious.

These things clubbed together points out to an animal remedy from *Oophidia* group and the only remedy is: *ELAPS-CORALLINUS*— which has a fascinating sensitivity to rainy wet weather, is associated with the 'dirty sensation' repeatedly expressed by our patient confirming the expression of animal sensitivity in man.

RUBRICS CHOSEN ARE AS FOLLOWS:

Anger, (irascibility). Anger, spoken to, when.

Company, aversion Fear, rain, of.

to, presence of others <.

Irritability. Quarrelsome, (scolding).

Restlessness. Sadness, wet weather, during.

Striking. Striking, desires to strike.

Frightful.

Food, oranges desire, sweets

Weather, rain < during. Weather, wet weather <.

Coryza, air, from a draft of.

RESPIRATION Difficult, ascending.

CHEST Coldness, drinking, after.

Constriction, (tension, Inflammation, lungs. tightness).

Oppression, (in general). Oppression, ascending.

General modalities: Aggravation, wet exposure.

FOLLOW UP

The case taken on 13th June 2001. Single dose of *Elaps* 200 was given.

14th July 2001

The 1st follow-up was after a month.

The patient was better. All his 23 warts had disappeared after the 4th day of the dose.

12th Sept 2001

The patient was better. He had no complains.

SL was given.

12th Dec 2001

Coryza < Winter. Breathlessness < night

Single dose of *Elaps* 200 was repeated.

17th Jan 2002

Patient better. No complaints. SL was given.

16th March 2002

Patient better. No complaints. He had put on weight.

SL was given.

**The deadliest weapon
..... The tongue**

**The two most power-filled
words..... "I Can"**