



Homoeopathic Queries & Solutions

Q 1 Sir, In Kent's Philosophy, there is a mention about "tendency to exaggerate symptoms". This is covered by some of our remedies but I am unable to find such a rubric in Kent's Repertory. Please throw some light on this.

- Dr SUMMAN, Gudgaon, Haryana

A 1 Well there is no such exact rubric given in Kent's repertory. We can take the following rubrics under MIND, from Kent's Repertory.

- Oversensitiveness – Pg 78
- Conscientious – Pg 16
- Cares full of, trifles about – Pg 10
- Feigning – Pg 48
- Hypochondria / Hysteria – Pg 52
- Delusions of various types

Suggestions from other colleagues are welcome.

Q 2 Sir, I have 2 cases of Homocystinuria (siblings



PROF Dr KASIM CHIMTHANAWALA
 MBBS LTMH.DDV DMS (Hom) Cal, FNAHI
 President, The National Academy of
 Homoeopathy, India. Shaad Hospital
 Complex & Research Centre, Near Itwari
 Railway Station, Nagpur.
 Ph: 766286, 532008, 522563
 Email: adilke@rediffmail.com

– M/15 & F/12). I am treating their minor complaints - cold, cough, fever, etc. They also suffer from moderate Mental Retardation among other symptoms of the diseases. Please enlighten me about this disease and what can we offer in Homoeopathy to improve the quality of life? What medicines can we generally think of from the miasmatic point of view?

-Dr S CHATTERJEE, Kolkotta

A 2 I hope you are well aware that Homocystinurias are a group of inherited autosomal Recessive catabolic disorders in which the primary defect is reduced activity of cystathionine beta synthetase – an enzyme in the transsulfuration pathway which converts methionine to cysteine. By the age of 3-4 years, more than 80% of patients present with neuropsychiatric disorders, mental dullness, delayed milestones, optic lens dislocation, glaucoma, osteoporosis and recurrent pains due to tissue infarctions. The prognosis is not good and their lifespan is about 30-35 years age.

The diagnosis of the above cases must have been confirmed by Plasma free Methionine and S. Homocysteine titres. As such there is no specific treatment in the



traditional school except administration of specific vitamins for symptomatic relief. From Homoeopathic viewpoint we can classify such cases occurring due to manifestive Syphilitic trait during the intrauterine life. Hence for these 2 cases, I am afraid it would be difficult to assure any curative results. But definitely we can manage the expressions as and how they manifest and prevent further miasmatic evolution. I suggest Syphilinum 1M 1 dose to be given and observe for at least 4 weeks. If there is no palpable change then give the drug in 10M potency and report. Along with this, constitutional drugs as Baryta-carb, Aur-met, Sulphur, Bufo, Verat, etc. for Mental Retardation and other characteristics, must be considered. Meanwhile keep them on a diet, free of methionine but cysteine supplementation. Such a diet would generally include greater proportion of wheat flour, Soyabean, Fenugreek (Methi), Beetroot, Onion, Colocasia, Tapioca, Jackfruit, Pistachio nuts, etc.

Q 3 Sir, My son, 5 years has an undescended testis. He was operated upon 3 years ago but was unsuccessful. Thyriodinum 3x was tried for a long time but without any results. Please suggest a further course of action.

-Dr S S BHATTACHARYA, Kolkatta

A 3 For undescended testes there are a host of remedies in our repertory. Thyriodinum is only one of them. The indicated remedy has to be selected after a detailed case taking. Common drugs for such disorders are Aur-met, Lyco, Clematis, Rhododendron.

Q 4 Sir, why do different medicines take different times to get their actions started? Some even take more than a month. Barring the knowledge of just a handful of such slow acting drugs, there are times when it is difficult to decide as to how long to wait before chang-

ing or repeating the medicine. Could you please enlighten me on this?

- Dr Y BHALERAO, Pune

A 4 The duration of action of a remedy is a highly individualistic phenomenon. A number of factors influence the medicinal actions namely-

1. Type of drug
2. Sensitivity of Patient
3. Intensity of complaints
4. Potency applied
5. Dose & repetitions

On an average if everything goes well and you feel that your drug, potency and dose are correct then wait for at least 21 days in a chronic patient. Repetition of the remedy must only be done if you are sure that the action has palpably ceased. Remember that it would do no harm if you were late by a week or so but would spoil the case if the drug is repeated while its action has not been completed. In an acute condition the time limit is dictated by the progress of the symptoms. For Nosodes remember the dictum "Never give a nosode in low potency and never repeat it frequently. If at all required, then repeat after at least 3 months".

Q 5 Sir, what treatment can we offer in hernias - is mechanical correction the only answer?

-Dr SAMEER SAKALIKAR, Jalgaon

A 5 Depending upon the stage and the age of the patient, we can advise the steps of management in such cases. For Funicocoel, Buonocoel, reducible indirect inguinal hernias, umbilical hernias particularly in children we have drugs like Lyco, Aurum-met, Nit-acid, Plumbum, Opium, Nux-vom, Nux-mosch and others. The selection of these drugs must be made on other symptoms.

Four things come not back:

The spoken word

The sped arrow

Time past

The neglected opportunity



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Pages: 390

Dr KPS Dhama (48 y) has been practising Homoeopathy for the last 17 years. He is the Honorary physician to the President of India. He is Editor and Publisher of 'Homeopathic Prestige' a monthly from Delhi. He has published a number of books. In this book he has covered all the basic principles and philosophy of Homocopathy. After explaining the ba-

sic concepts of Homoeopathy, given a little idea of Homoeopathic Pharmacy, he has gone on to talk about Proving Materia Medica, how to select a Homoeopathic Remedy; with extensive talks on vital force, susceptibility, disease classification, Miasms, chronic diseases, case taking, details on 1st and 2nd prescription. He has also tackled on suppression, prevention of disease, diet management etc. His talks are interspersed with liberal quotes from the masters of Homoeopathy as well as from the ancient scriptures. Cases make a point or draw attention to various aspects of his observations. All in all a good book to get a basic yet exclusive idea about Homocopathy all in one place, along with the Hindu philosophy. Printing and get up is pleasing. A book worth reading.

Reviewed by
Dr PADMAJA PAI-SHENROY, MUMBAI



PUBLISHERS:
 Indian Books & Periodicals
 Syndicate, Block 5/62,
 Dev Nagar, Pyare Lal Road,
 Karolbagh,
 New Delhi -110 005
AUTHOR: Dr AJIT KULKARNI
PRICE: Rs: 100/-
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 NJH family
EDITION: First, 2002
Pages: 126

Dr Ajit Kulkarni is no stranger to the NJH-family. He has co-authored with Dr P I Tarkas, the articles for the Materia Medica section of NJH in the past. Later 2 volumes of Materia Medica were published. This new monograph is a full presentation of his research into the *Kali* salts, briefly presented at the last SSMS seminar and given in the *Kali* issue. This book starts with a discussion on relationship of remedies under 25 categories with remedy illustrations. No one can dispute his statement that this aspect is often neglected and no

homoeopath can get good results if he does not have knowledge of these relationships. However no homoeopath can ever hope to master the relationship of remedies under all the categories suggested by him. Only the complementary, antidotal, inimical, miasmatic relationship aspects have been stressed by past stalwarts.

He presents a group study of *Kali* salts used in Homocopathy under Mind, Group characteristics, essence and nucleus of some 29 *Kali* remedies. How the mind of *Kali* family is exhibited under various stages of life from childhood to old age is discussed, with DD of other remedies. The *Kali* personality is conservative, conventional and anxious. Dr Kulkarni states there is a conflict between attachment and detachment, between resoluteness and indecisiveness, between dependence and independence in these remedies.

The comparative chart shows the physical properties of Potassium and how each reflects in the *Kali* group. A large part of the book is devoted to differential diagnosis. There is an inter se comparison chart of 12 important *Kali* salts under four heads- make-up, mind,



food preferences and tongue characteristics to differentiate between members of the same family.
 Gradation of Kali salts under mind and body.
 Differentiation with other remedies under heads such as Conscientiousness, anxiety, self-esteem, straightforwardness, appearance, work culture lead to better understanding of *Kali* family.
 To round up, discusses 6 cases of *Kali-carb*, *Kali-*

iodide, *Kali-ars*, *Kali-bich* and *Kali-sil*.
 The book makes one appreciate the enormous amount of work done by the author and his associates, to collect and collate the information on this important group of remedies. It is a must read back for a serious student of comparative Materia Medica.

Reviewed by
T K KASIVISWANATHAN NJH, Mumbai



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 Dev Nagar, Pyare Lal Road,
 Karolbagh,
 New Delhi-110 005
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AUTHOR: Dr RONAK J SHAH
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another set of comparisons between *Verat-alb*, *Tub-bov* and *Tarentula-hispania* – labeled comparison of children’s remedies. Then follows a detailed Materia Medica and relationship chapter. At the end Dr Shah has given some cases of *Veratrum*.

Dr Ronak Shah is a practicing homoeopath from Vadodara, Gujarat. This is his maiden effort. It is a good book, which should be read by all serious students of Homoeopathy so they can more easily spot a *Veratrum-alb* in their clinics. The English - is extremely poor. I do wish someone would rephrase a lot of the book to improve both language and grammar in the second edition. . Though it is not our language, ie nto our mother-tongue, yet, since we have decided to publish our first book in that language, enough attention should have been paid to this aspect. The language robs the author of much of the praise due to him for an otherwise praiseworthy first effort.

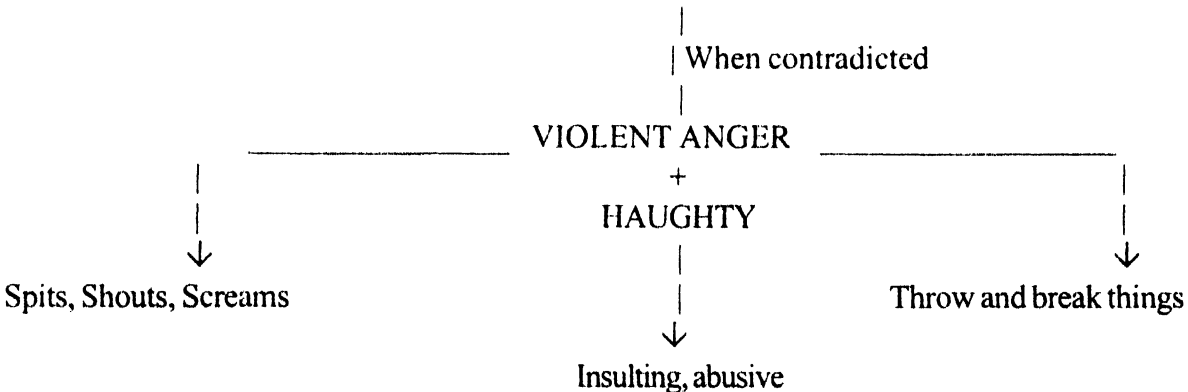
This is a 62-page book on *Veratrum-alb*. Paper is of good quality, with good print. Easy on the eye. He goes into details of the Family, Botany, Doctrine of signature, Mental picture with emphasis on mother’s mental state during pregnancy having an effect on the child’s mental state.
 Then he has differentiated with different remedies – vis *Belladona*, *Hyosycmus* & *Stramonium* in delirium and

To illustrate his approach is given:

DIAGRAMATIC POTRAIT OF VERATRUM-ALBUM

STAGE-1

**A/F EGOTISM
 A/F HONOUR WOUNDED**





STAGE - 2

INFLATED EGO



CENSORIOUS



Hard with subordinates
Pleasant with friends



Cruel with family
and friends

STAGE - 3

**FEAR OF SOCIAL
POSITION**



ANXIETY+++



**DECEITFUL
MALICIOUS**



GUILT

STAGE-4

**RELIGIOUS DELUSION
RELIGIOUS MANIA**



**To hide his poor self image
ie his cruel and corrupt personality**

Reviewed by
Dr PADMAJA PAI SHENOY,
MUMBAI

Tale of A Man...

I'll tell you a tale of a man, hearty 'n hale
A wife so beautiful - always by his side
And God's own little angels, his love and pride.
He lived a life that I so craved
Devoid of sorrow - the heartache
And pain until one day
Things so changed, he left his wife
And spent the night with another man's wife
From that day on joy and happiness
And all else was lost- he was now a dead man



Why? Coz he had AIDS. Oh why? Why the pain?
What did he gain? Just for a moment's pleasure
Life so beautiful, Now lost in vain
Don't let this happen, not just to you
Or someone dear for whom you fear
In joy and in sorrow always be there
For the one person, who loves you true
Or you'll never know when you get AIDS too!



— Salil S. Jayaka

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