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EDITORIAL

HOMOEOPATHY AND THE COMMON MAN

There are two distinct advantages of Homoeopathy, the system of treating diseases by medicines producing similar troubles in the healthy : (1) In specialised treatment of chronic diseases. (2) In every day ailments and acute diseases.

1. By its study of the chronic diseases in its unique way, it is the only system capable of curing and preventing really difficult chronic ailments. Using high potencies of similar drugs as well as nosodes and antigens, we can get rid of a majority of the modern diseases like allergies and constitutional diseases. This of course needs a deep study of the science and should be entrusted to good experts of Homoeopathy.

2. It is in the field of every day ailments of the household that Homoeopathy has made a great name in all countries. In Bengal, there are families which have not needed the services of any professional doctor for generations. The remedies are simple, easy to administer, safe and most important, extremely effective. Each house or family can accumulate only those drugs that are needed for particular types of troubles they are prone to.

For example, where there are small children in the house, in addition to the few Biochemic remedies, *Acon.*, *Bellad.*, *Arnica.*,

Antim Tart., Ars Alb., Bryonia, Cham., China, Ipecac., Hep. S., Merc. Cor., Nux Vomica, Pulsatilla, Rhus Tox., Verat Alb., all in 6th or 30th potencies will tide over almost all the illnesses the children are likely to get. A few more can be added if needed.

When there is a pregnant lady in the house, extra remedies like *Cimicifuga, Apis, Sabina, Sepia, Thuja, Caulophyllum, Kali Carb,* all in 30th can be added to the chest. Their indications are simple, and can be learnt from any standard book on Homoeopathic Materia Medica, and Family Practice Guides.

Health visitors and midwives should be provided with small sets of say 24 medicines useful in cases of abortions and deliveries. The list can be given by any good Homoeo-practitioner or even the Homoeopathic Councils can be consulted. In remote villages or even in cities these are very useful, very effective and definitely cheap.

It should be the endeavour of all people interested in the welfare of the public through our great system, to make available these great, proven and safe remedies to all who can use them.

—S. P. Koppikar



V. Krishnamoorthy's

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