

A CASE OF STRICTURE.

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Last April, a gentleman,—Sj.....Roy, B. L., of this town came to my office and desired treatment of his stricture, as it is called, from which he had been suffering for a long time,—just one year after he had contracted Gonorrhœa, as a result of impure coition. He got the ugly disease so far back as 1916, when he was 21 years old and since then he had never been well even for a day. He had used catheter up to No. 12, and taken lots of Allopathic medicines,—prescribed and Patent,—but to no effect. He said he was tired of Allopathy and that he would certainly stick to my treatment and would implicitly obey my injunctions that might be incidently given along with the course of treatment. He would further like to place his poor wife also under my treatment, if in case he found at least some relief. (Now the gentleman himself, his wife and one stunted child —are under my care and treatment).

I took down his case as in the following :

“Almost immediately after the impure coition, I experienced a titillating sensation inside of my penis, which by and by grew intense and quite unbearable. On the third day morning, burning discharge set in, with an excruciating pain the like of which I had never felt in my life. I had been practising as a pleader in...District Court at the time and I consulted the best Physician, Dr.....M. D., of the town. He advised Injections and gave me lots which allayed a bit but could not cure. After 3 months or so, I came down to Calcutta, my father was living then. I spoke to him about my dangerous predicament; who took me to the Medical College, and consulted the then Principal, with no better results. Thus from pillar to post and post to pillar, I had to suffer on and on, unless and until I came to Kaviraji treatment; the good old Kaviraj frankly told me that Gonorrhœa was a thing which could not be *cured* like other diseases, but might be *abated* and timely and occasional administration of his medicines would keep off all his painful

symptoms. He gave me among other medicines, Chondrodooy Makaradhaj which relieved a good deal. I was under his treatment for about a year, but some relief which I obtained from his medicines did not last long. So I stopped all medicines and practically remained without any treatment whatever for a long time. My main complaint now is urinary."

Present condition and symptoms :—"Incontinence of urine, urgency oftener than once an hour. Slight burning during and after urination, but the most painful situation commences *just after* a quantity of urine is passed,—when I have to void the urine with intense tenesmus, so that sometimes my clothes are soiled as feces are forced out. In spite of the long continued and painful tenesmus, urine comes out only in drops and the pains will be growing more and more intense. Sometimes I feel so much exhausted that I sink down into sleep in the urinary closet. Sometimes I faint away. Then for the last 5 or 6 months my agony has become unimaginable, due to clogging of urine which is generally called by the name of "Stricture". After a few, say, 5 or 6 drops of urine ooze out, on comes the terrible pain due to closure of the passage,—it is a torment, to say the least of it. I have taken Catheters from No. 1 to 12 by and by, but now I find that pure blood comes forth after the use. Then Catheters using does not and cannot remove the cause of the trouble and so I have of late stopped its use. This urinary trouble must have to be removed first of all.

"Then, my memory is awfully deficient, so much so that I cannot remember even the most recent events; even the newspaper reading is sometimes not possible, because I cannot carry the main thought in any serious article from the start to its finish. I feel and am also very nervous about it that my friends and acquaintances may detect my mental weakness. Especially do I forget the *names* of people. My mind is very weak; sometimes I feel, I am passing through a long drawn dream, and this,—even in my waking hours. I can hardly concentrate my mind on a particular subject. I am generally im-

patient of contradiction—however well meaning and reasonable.

“My lower limbs are practically weak, so that not only do I feel extremely tired from ordinary walking but my legs from hip downwards really ache and pain during the night and a good deal of shampooing would be more grateful and pleasant. Sometimes I feel the pains and aches even without walking or any exertion at all.”

On questioning, I got the following :—

“I cannot stand cold of winter, heat of summer or rains in the season, in case they are extreme ; I like medium climate. The latter part of the night, say, from 3 to 5 a.m., is extremely unpleasant time for me,—I am never restful at the time. I like pungent things ; milk I like but cannot tolerate. I lie generally to the right.”

I convinced my patient that no symptom would go away permanently unless and until the original discharge came back. These pains and aches and all inconveniences would be no more, as soon as the original discharge was re-established. He promised to obey patiently and would continue the medicine in any case that might happen.

27.4.30,—Medorrhinum—10 m—graduated, in 6 doses, 4 days apart—in the evenings, and then to wait ; to report after 8 weeks.

It was reported in the end of the 5th week that intense irritation and burning (just as they were in the beginning—when he had contracted Gonorrhœa) in the right ureter and penis returned, but no discharge as yet. One thing noticed was that *no stricture* even for a single day, *after* the doses were taken. Sac. lac—twice a day.

In the 7th week, the original discharge came back, and it is still continuing. No more medicine has as yet been given, and I do not think that any other dose will be at all necessary, as the patient is feeling improvement in every way by and by. I shall report hereafter in case he needs further medication. I hope the discharge will stop in course of another month and the patient would be perfectly cured by the time.