



Synopsis of other Journals

ABSTRACT: Journals are the biggest source of continuing Medical Education. NJH captures essences from other journals to give Holistic learning to NJH family.



Dr RASHMI NAGAR LCEH

4, Parijat, North Avenue, Santacruz (West), Mumbai-400054

Tel : 26490215

HOMOEOPATHIC MEDICAL PANORAMA

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This trimonthly journal has various articles ranging from Glimpses of Master's Life, News from the Cardiology clinic, Stimulation Potencies, Miasms, Cases and reports.

Dr T K HARINDRANATH discusses Hahnemann's analytical approach, through case taking and affordable fee structure. He laments that today few follow the Master. Either we deify him or do exactly opposite of what he has taught. It is important that we develop proper Hom attitude and follow the Master faithfully.

Dr V S AMPADI writes about basics of ECG that can be useful in day today practice.

Dr W PATHIRANA tells about a Novel series of Hom potencies: The summation potencies:

The author says, Homoeopathy is stagnant so far as research in potencies is concerned. Summation in potencies was developed to bridge the gap between material doses and dynamic doses and to overcome the occult and magic science bias associated with Hom.

A summation potency has sum total of all the preceding potencies. The seeding potency is the regular 5C potency. At every advancing summation potency, one part of 5c potency is added to 100 parts of the medium. These potencies are designed on mathematical model based on Avogadro's no of 6×10^{23} formula units of atoms found in 12gm of carbon.

Dr PRAVIN RAJ explains miasms and two successfully treated cases of Vitiligo by *Calc-carb* and

bodyache by *Sulphur* based on miasmatic analysis of psora.

Dr ANITA FERNANDES' case of torsion of ovarian cyst is well documented. USG in the patient with severe right ovarian pain showed right ovarian cyst with partial torsion. Based on anxiety³, Fear, Hot Pt, craving sweets³, right sided and menses profuse, delayed, she was given *Lycopodium 200*. USG done, 8 days later was normal.

Dr BLANY LOBO describes Oligohydroamnios, a rare condition where liquor amni is deficient or absent and could cause grave foetal and maternal complications.

A Case where the Ante-natal scan of a 6 months pregnant woman, showed Oligohydroamnios, Foetal Ascites and sluggish foetal movements. The parents were advised MTP but the mother opted for Hom.

Based on the totality of Oligohydroamnios, (Mucous and serous membrane), ascites sluggish foetal movements, burning micturation, <cold whether / air / food / water, she was given *Apocynum Q-10* drops TDS x 7 days. The second USG report was completely normal.

MONTHLY HOM MAGAZINE MAY '06, Vol 76, No 5

This issue discusses the ills of obesity in India. It is increasing at an alarming rate and keyhole surgeries for gastric bending and gastric bypass are on the rise. This is largely attributed to frequent snacking, colas and lack of awareness.

ROGER MORRISON gives an edited version of *Medorrhinum* by Simon Eiles.

The author says the central idea of *Medorrhinum* is disturbances that go to extremes-the behaviour, temper and sex life.

It has tumours, warts, growth and profuse discharges from everywhere.

Medorrhinum, like *Nux* and *Anacardium*, is insensitive and cruel to children and animals. Their sex drive is very high including masturbation leading to illicit activities. Can get into experimental life style and drugs early in life.

There can be the other extreme: Very sensitive, loves animals and can be homosexuals. *Mercury* and *Medorrhinum* are the most inhibited remedies in an interview.

Medorrhinum children may be extremely sensitive or cruel to their sibling and animals. If there are inherited disorders or asthma, eczema or rhinitis since birth, *Medorrhinum* may be required.

In the mental sphere, these is absent-mindedness with loss of memory, claustrophobia and delusion of someone following.

The well known modalities are >sleeping on abdomen, *Origanum*, *Bugo*, *Flouric Acid*, *Staph* and *Phos acid* are close to *Medorrhinum* and have to be differentiated.

PETER MORELL lists various ointments, lotions, soaps and shampoos, foot sprays and antiperspirants where zinc is used. A homoeopath can many a times fail to detect this. *Zincum-met* (30 and 200) is effective for its ill effects.

HOMOEOPATHIC CLINICAL CASE RECORDER

APRIL 2006, Vol. 13, No 1.

In the editorial, Dr Mistry states that Hom is in danger of being wiped out by advances in stem cell therapy and gene therapy due to biased research by influential people and because we Homoeopaths are our worst enemies.

He also condemns the killing of thousands of innocent birds ruthlessly during bird-flu epidemic threat. He states: these killings would make Osama and Hitler seem like angels. This is the reflection of the time we live in-times of great anxiety and fear. Times of greed to bank upon anxiety and promote Tamiflu. He also compares it to pandemic influenza during world war I where the situation

was much worse than today yet it was controlled on its own!

This issue has many case reports-two of which also appeared in Hom panorama and have been reviewed above.

Dr Parimal Joshi has given an interesting case of Kikuchi Fujimoto Disease. It is a rare condition - only 217th cases till 9/04 and not heard by many. This was diagnosed by the pathologist -the lymphnode biopsy showed necrotising changes. The lymphnodes in such cases throw toxic discharges in blood giving rise to violent rash on the skin.

The 9 year old boy had high fever, enlarged tender cervical and axillary lymphnodes and weakness³. not responding to allopathic medicine. ESR and USG revealed a coval lymphnodes on pancreas. The child was intelligent but very weak. Mild, soft spoken inspite of weakness. Hyper during fever, thirstless, purple rash all over-starting from stomach. Based on the acute totality, *Pulsatilla* 30TDS was given. Next day the temperature came down, 3rd day it was normal and within 4 weeks he was normal with reversal of pathology.

Dr ROHIT GUGALE reports two acute cases viz diarrhoea and morning sickness.

The first case of Diarrhoea was relieved by *Nux-moschata* which the author had studied in 'Select your Remedy' by Bishmbar Das. The diarrhoea section mentions *Nux-moschata* under diarrhoea during pregnancy.

The second case was relieved by *Symphoricarpus-racemosa* 30 and 200. The patient was fed up of vomiting and unable to give her history. In spite of paucity of symptoms, the remedy helped.

Dr D E MISTRY has reported a case of a 92 years old woman who was operated for a neck femur. She was diabetic for 30 years and after the nailing surgery there was yellow discharge at the site of nail. This lead to fever not responding to antibiotics. *Pyrogen* 30 helped to bring down the fever. Also *Arnica* 30, *Symphytum* 6C and *Calendula* 6C were given. When better she was also given *Phos* 30 as her constitutional remedy.

The patient wanted to go home then, but the allopaths decided to do bone scraping which she could not withstand and passed away.



The author discusses the difficulties we Homoeopaths, face in an allopathic setup. One should be careful about the choice one makes in treating such cases.

Dr PANCHEGAONKAR throws light on interesting study of Keloids treated by Homoeopathy. Keloids affect coloured individuals more than white people. Its growth is accelerated during pregnancy and adolescence. The pituitary may be playing a role. There are 33 medicines listed for Keloid, cicatrices or scars in repertoires.

A study of 105 cases in the OPD of Sri Aurobindom society showed encouraging results.

Keloids are seen more on bony prominence and shoulders. Rarely seen on face, palms or soles. In 34 cases, there was a family History of Keloids or

History of Consanguineous marriages.

Of the 105 cases, the progress of Keloid was checked in 101 cases.

The response was better in cases that did not receive previous allopathic remedy and where the remedy was continued for two years.

The approach is constitutional and individualization.

The photographs of patients with extensive Keloids are a proof of how well the medicines have acted.

Other sections include book reviews and abstracts of various journals.

OTHER JOURNALS RECEIVED:

Spandan-Souvenir 2006

Gems of Homoeopathy-Mar 2006.



For and Against Homoeopathy: The eternal controversy

PETER FISHER, Clinical director of the Royal London Homeopathic Hospital and the man at the Centre of this week's storm over alternative medicine in the National Health Service (NHS), blames Rene Descartes, key thinker of scientific revolution.

Although he spent a lot of time arguing the scientific evidence for alternative treatments, it really does no good to separate out what is going in the patient's mind from what is happening in their body, he says.

"Are they depressed because they ill or are they ill because they are depressed? You get bogged down in sterile argument. Descartes is to blame."

This week the rationalists have turned some heavy fire power on what they say are scientifically unproven treatment provided on the NHS.

Thirteen eminent doctors, led by Michael Baum, emeritus professor of surgery at the same Trust as Fisher- University Collage London Hospital - urged that the NHS should not pay for alternative therapies.

The Royal London Homeopathic Hospital, recently reopened after a \$37m refurbishment, is entirely NHS funded.

The 27,000 patients who come for homeopathy, acupuncture, nutritional therapy and other treatment it offers, do

well, Dr. Fisher said. But if he won't admit that homeopathy is implausible, he does agree it is controversial. In the pharmacy, thousand of little bottles, exactly same size and same shape, are lined up ready for use. The theory behind homeopathy is treating a condition with a very tiny amount of what caused it - something like a verification principal.

The dilution varies Dr Fisher picks up one labelled 6c - 900 parts water to one part active substance. Another is 9c - 900 parts water. "As near nothing there in that one" "But it works - absolutely."

Clear tubes fill of tiny sugar pills are stored nearby. A couple of drops of the liquid go on each pill. The homeopath will prescribe how many such pills are to be taken each day. "I know it's controversial," say Dr Fisher. "part of what got me into this is sheer curiosity. I thought, I'm going to be the one to crack this." He hasn't cracked it, he says, but "We have made a progress." He cites studies that show people have made got better in certain conditions with homeopathy.

His critics counter with studies that show they haven't. Could it be a placebo effect? He doesn't like the term. "I much prefer nonspecific effect." THE GUARDIAN

Abstracted by Dr RASHMI NAGAR from daily newspapers.





40 years of miracle cures: Now its Homeopathy's turn.

"I hope you get cancer and then look in the mirror." That is a pretty representative sample for the Bad science mailbag last week, so I shan't be writing about mobile phone masts again until you all calm down. But it's in the backlash that you can find the truth. This week some fabulous elderly scientists come out loudly against Homeopathy on the NHS.

A maelstrom ensued, and critics focused mainly on failures of the modern medicine: the side of facts, and the failures, as if these problems could somehow be subtracted from medicine and given to alternative therapies as a benefit. In that backlash, you can see a whole century of medical history.

Before 1935 we were basically useless. Then suddenly, between 1935 and 1975, science poured out a constant stream of miracle cures. Everything we associate with the modern medicine happened: antibiotics which could save you at 21 and let you die at 70; dialysis; transplants; intensive care units; CT scanners; heart surgery; almost every drug you've ever heard of and more.

As well as the miracle cures, we will find those hidden killer that the media still desperately pine for in their headlines. Smoking, in the 1950s, to everybody's genuine surprise, turned out to cause of 97 per cent of lung cancers.

Then, rather suddenly, most of the breakthroughs

stopped, and the subtle refinements began. We can shave percentage here and there, but it's marginal. So you get dogged headlines like: 'Is This The Cure For ME ? in the Daily Mail last week. This was apparently based on a conference presentation, not a published paper, reporting just 12 people treated for chronic fatigue syndrome with an antiviral drug, apparently without a control group. You can't read it, or critique and assess the methodology, because it's not published. It feels pretty wet alongside say, the invention of the coronary bypass: but the media still wants the miracle cures and the hidden threats. They try to convince you that one glass of wine a day can prevent a heart attack. But we want perfect health, which is where homeopathy comes in. The World Health organization defines health as "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity". That is a tall order and to pretend science and medicine can serve up your immaculate physical, mental and social well-being will create nothing but disenchantment. We will have backache. We will get colds. We will be shy and sad. And that is where homeopathy is valuable: often medicine can do little for these problems, which have become the focus of our health worries; and where medicine can do nothing, it should step aside.

Abstracted by **Dr RASHMI NAGAR** from daily newspaper, 29 May '06



Homoeopathy: Ahead of Times?

Read the following carefully

"Personalized medicine denotes medicine tailored individually to patients."

"Personalized medicine can yield widespread benefits"

"Some modern drugs, even widely prescribed ones, don't work as well as people believe."

"Beta blockers are not effective for 15 to 20 million people.

"Antidepressants don't help 20 to 20 million individuals for whom they are prescribed."

"Many breast cancer patients undergo surgery and chemotherapy which has serious side effects, and not all women need it!"

Sounds familiar? Are these the words of Homoeopaths? No!

Personalized medicine is the buzzword for the scholars who met to talk about leading edge industries and emerging technologies at Wharton.

It is nanotechnology that everyone is talking about. A nano-scale is between 1 and 100 monometers. A monometer is billionth of a meter. A human hair is about 80,000 monometers wide.

Today in the field of medicine, nanotech is working towards personalized medicine with the help of genomics. Genomics helps physicians to identify people with predispositions to particular diseases and to design drugs that would target those genes.

Isn't it closer to the Homoeopathic thought of small dose, individualization, constitutions and minimum dose?

It is only further understanding of vital force and similimum with potentiation that will bring the world closer to accepting Homoeopathy wholeheartedly. -A thought that, genius Hahnemann propagated before centuries!

Abstracted by **Dr RASHMI NAGAR** from daily newspapers.

