



# The After-effects of Palsy

Mr AH, a Muslim Music teacher, 64 y, came to me on 28/5/02 with a attack of Bell's Palsy 19/5/02. H/o Diabetes. He presented with the following symptoms:

Left angle of the mouth deviated.

Cannot close Left eye tightly, upper eyelid drooping.

Nostril twitch. But speech almost normal.

There was H/o Bell's palsy of the Lt side in 1997, for which he took treatment for three mths + physiotherapy.

This time A/F draft of AC on 19/5/02 6 pm. Admitted hospital for the same. Given Inj Neurobion. With this, he had excessive sleepiness and urine urge ++.

## HIS OTHER COMPLAINTS:

Weakness in both knees with pain in calves and lumbar region with lot of Lethargy.

< ascending <sup>1</sup> < 7-8pm, < walking 100 steps, < rising from sitting position. > T Combiflam.

**PT AS A PERSON:** Ht: 5'6", Wt: 88.4 kgs. Has a slight alcoholic besotted look.

Mole on Rt cheek since three yrs. Warts on the thigh.

Teeth Caries ++. Palms and soles warm.

**PERSPIRATION:** Diminished. non staining, non-offensive.

**APPETITE:** less. Thirst: seven glasses/day.

Craving: Hot meal<sup>3</sup>, Sweets<sup>3</sup>, takes extra salt in diet.

Smokes since 40 yrs, and alcoholic since many years, but reduced to 1/6 m months since five yrs.

**STOOL:** Occ hard stools.

**URINE:** Every two hrs in the night and cannot control.

**SLEEP:** Good. Salivation-drooling in the sleep.

**DREAMS:** Occ, but unremembered.

**THERMALS:** Likes winter. Wants fan<sup>3</sup> always >open air<sup>3</sup>, likes AC. but in 2002 <AC, wants covering over chest.

Thermal Shift: From CH4 to C2H2 in 2002.

## LIFE SITUATION AND MENTAL STATE:

1937: Born in Badra, district of Kanpur. He was the 5<sup>th</sup> of six siblings

1944: Taught music by MU.

1949: Came to Aligarh. Did BA in Urdu. Learnt music with PU.

1954: Fa left home and became a priest. Never came home.

1957: Pt had to perforce start working. Gave music programmes in Lucknow for five yrs.

1961: Got married.

1964: Came to Mumbai and continued teaching Music. Tried films. Got 16-17 films. Then re-started teaching music. Now he is well settled.

He is independent. Artistic. Affectionate, but loner. Does not like to talk much. Suspicious, mistrustful, commanding-took time to have faith in me as a doctor. Irritable < contradiction. Broods. Fear of fright. Anxious and worried about children's future. Obstinate. Crying > consolation.

P/H: Haemorrhoids – operated in 1985.

FH: Mo: Br Asthma. Fa: Koch's. Sis: Koch's for 15yrs.

Br: renal failure. MU: oral cancer.

## TOTALITY:

992 Affectionate	1119 Worried
117 Nervous	- Fear Fights
1008 Brooding	1086 Obstinate
997 Anxiety-Anticipation	1043 Fastidious
1091 Reserved	1178 Lt sided paralysis
1080 Memory weak	382 Lachrymation eye
1017 < contradiction	
624 Gen weakness < exertion	
152 Frequent Urination night	

## MIASMATIC: SYCOTIC 3

## REMEDIES EMERGING FROM REPERTORIAL FILTER:

*Caut, Medh, Sulph*

CONSTITUTIONAL Pt had changed from Hot → Chilly,



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so *Caust* chosen.

INTERCURRENT: *Thuj*- Anti-sycotic chilly.

*Medh*: Anti-sycotic Hot.

Skin Phase: *Sul*

**TREATMENT:**

DATE	SYMPTOMS	REMEDY
28/5/02	Paralysis + Chilly	<i>Caust</i> 30 3P HS
23/7/02	Pt not regular. Started physiotherapy. But lip still deviated. Urine freq 4/HS. Cannot hold. Weakness+. Knee pain 0. Hot → chilly	<i>Caust</i> 200 1D HS
30/7/02	Urine 5/HS. Eyebrows >. Nostril twitch >. Can close eye, though Lt eye still small	<i>SL</i>
13/8/02	Urine 5/HS	<i>Tub-b</i> 1M 1D <i>Caust</i> 200 2 <sup>nd</sup> dose
17/9/02	Urine not >. As if no control. Give Anti-sycotic and acute	<i>Thuja</i> 200 1 <sup>st</sup> dose <i>Sabal-serr</i> 200 3P HS
24/9/02	Urine not >. (Repeat Acute).	<i>Sabal-serr</i> 200 7P HS
7/1/03	Cold since 4/1. A/F cold food. Cough with yellow expectoration. Lachrymation ++ headache <fan. Sleep less. Chilly3	<i>Hep-s</i> 200 4 hrly.
11/1/03	Not >. Needs only constitutional Remedy. (Not Acute phase).	<i>Caust</i> 30 2P HS
14/1/03	>75 per cent. Cough>3. No expectoration. His stroke c/o >> with physiotherapy. But C/O inability to open mouth. Urine 3-4/D, 7-8/N. weakness ++. Cannot speak, but not normal.	<i>Caust</i> 200 3 <sup>rd</sup> dose
21/1/03	>. Cold +. A/F papaya	<i>Caust</i> 200 3P HS
28/1/03	Cold >. Lachrymation + which is not >. Palsy 90 per cent >	<i>SL</i>
28/10/03	Come to me after nine mths for new complaint. Urination 1/N. New complaint C/O fungal infection over soles, abdomen, back showing blackish discoloration, itching3, burning3 < touch, > cold, > oiling	<i>Sul</i> 30 1 <sup>st</sup> dose AM
25/11/03	Fever 102. Felt hot, not chilly. Tongue wet	<i>Merc-i-f</i> 200 12 hrly
2/12/03	Fever>. Skin>. throat+. Hot palms+ . (Original phase back).	<i>Medh</i> 200 1 <sup>st</sup> dose
9/12/03	>3 constipation + (overzealous prescription.)	<i>Medh</i> 200 2 <sup>nd</sup> dose
16/12/03	>.skin>. stools three to four per week. (Hom <. Wait)	<i>SL</i>
30/12/03	Skin pigmentation → itching3. Says powder caused dryness of mouth	<i>SL</i>
6/1/04	Skin >50per cent. Original problem of Bell's Palsy is quite alright for 1 year. Patient is still under treatment for skin.	<i>SL</i>

**The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart....  
Helen Keller.**