



# Miss Washerwoman

**ABSTRACT:** *The idea behind the title is that I always thought that Sepia is the story of a married washerwoman, but when I got results for a few cases of amenorrhea in young, unmarried girls then I believed that Sepia could be remedy for unmarried women too. Sepia is one the most leading remedies of the sea world and covers all complaints of the female genital organs.*



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A female of 19 years, unmarried, presented with the following complaints.

Female Genitals: Dysmenorrhea++ since 6 months. Lower abdominal pain, < before menses, during menses, > bending forward. Pain radiates from lower abdomen to left leg with swelling + Amenorrhea +, Cycle- Irregular ++, 7d/2mths.

### ASSOCIATED COMPLAINTS

Wants to be alone during menses, does not want to talk with anybody, irritable<sup>3</sup>, loss of appetite

### MIND

Involuntary weeping ++, < consolation++, Expects much from others, is sad when disappointed. Likes to be appreciated. Anger on contradiction, sadness, disappointment from. Hates those who offend her. Fears: Water, opposite sex. Fears<sup>3</sup>- Pain during menses.

### PHYSICAL GENERALS

APPETITE- Decreased

THIRST- Normal

CRAVING- Pickles++, ice-creams+

STOOL- Normal

URINE- Normal

SLEEP- Normal

DREAMS- Daily routine, falling into the water

THERMALS- C<sub>4</sub>H<sub>1</sub>

WEATHER- Likes rains, lightning ++

SUN- Heat causes vertigo

BATH- Tepid water

COVERING- Whole body

### MENSTRUAL HISTORY

MENSES: 13 yrs, first painful, later normal

MENSES BEFORE: Pain in lower abdomen

MENSES DURING: Irritable, loss of appetite, alone

### LIFE SPACE

Pt born in a middle class, Hindu family. She has 2 sisters and 1 brother. Had a healthy childhood. Now studying 2<sup>nd</sup> yr BA. Mother is quite dominating, but she is close to her father, she shares all things with her father. 7 months earlier, her elder sister got married against her family, it was an inter-caste love marriage. Since then, her family is more concerned about her and her sister's marriage. Her father said that this season he will get both his daughters married. From then pt fears early marriage and feels very pessimistic. She weeps a lot, worse consolation. She says that my father is punishing us for what my elder sister did. She wants appreciation, compliments from others all the time; she loves dance > dancing. She is obstinate; angry from contradiction. Washing clothes and utensils is part of her daily routine, she works about 3-4 hrs in water. She said 'I am fed up of this routine life'. She loves and cares for children as if they were her own. She has a nephew 8 months old. She is very attached to him. As the child's mother is working and has no time to look after him, she takes care of him till his mother comes home from work. Sometimes she



feels. 'Why am I doing all this?' (which could be taken as indifferent to loved ones).

#### PAST HISTORY

Measles in childhood. Skin eruptions disappeared after local application

INVESTIGATIONS: USG- NORMAL

#### PROVISIONAL DIAGNOSIS:

Amenorrhoea/Dysmenorrhoea

MIASMATIC INTERPRETATION: Syco-syphilitic miasm (tubercular)

REPERTORIAL TOTALITY [Mind] Weeping, tearful mood, etc: Ameliorates, symptoms.

[KT] [Mind] Weeping, tearful mood, etc: Telling of her sickness, when

[KT] [Mind] Company: Aversion to: Menses, during

#### FOLLOW-UP

DATE	SYMPTOM CHANGES	MANAGEMENT
2/06/08		<i>Sepia</i> 200 - 1 dose
11/06/08	Irritability+, Indifferent +, Headache+. Loss of appetite, Sleep-N with no dreams	SL OD for 1 month.
18/08/08	Irritability decreased. Menses (N) with no pain, before or during Regular menses, good appetite, Weeping+, Dancing++, Wt-44 kg	<i>Sepia</i> 1M one dose. SL OD
13/10/08	Vomiting cating after. Right sided Breast abscess. Brooding++, < consolation+	<i>Silcea</i> 6X 3 tab daily as the acute, till abscess better.
31/10/08	Eczematous skin eruption ++ all over the body, itching ++. Abscess disappeared completely,	<i>Sulph</i> 200 one dose as Intercurrent psoric remedy
25/11/08	Eruption disappeared, only scar remain. Mentally stable and calmer and has decided to marry the man of her father's choice	No medicine. Follow up SOS.

In this case I want to share my observation: After second dose of *Sepia*, patient developed skin eruption and also had a breast abscess. For the skin eruption the interpretation is that cure takes place in accordance with 'Hering's Law of Cure'. But breast abscess she never had before, she then told me that when she first went to a Gynaecologist she told her that the breast abscess developed because the milk secreting glands started secreting milk due to hormonal changes in the patient's body; which I interpret as- this situation came in her life as she was getting very attached to her nephew. She considered that her nephew is her own child so, with-

[KT] [Genital female] Menses: Painful, Dysmenorrhoea

[KT] [Generalities] Menses: Before

[KT] [Generalities] Menses: During

[KT] [Mind] Weeping, tearful mood, etc Menses: During

[KT] [Genitalia female]Menses: Late

[KT] [Mind] Indifferent, apathy loved one, to

#### REPERTORIAL RESULT

*Sep* 20/9

*Puls* 16/6

*Lyc* 13/6

*Kali-carb* 13/5

#### SELECTED MEDICINE

*Sepia* 200 single dose, followed by SL OD

out bearing a child she becomes a mother and starts secreting milk and therefore this had to be treated.

*Editor: The case is interesting and the interpretations too are interesting; especially about her extreme feeling for the nephew like her own child, so much so that she started lactating. Because an abscess formed, yes we agree she had to be treated. But the skin eruptions need not have been treated, if it was Hering's Law. Rather, the eruptions should have been allowed to express fully and then may be a dose of Sulphur could have been given. But Sepia 1M on 18/8 could have been withheld.*