

Cirrhosis with Ascitis gently resolves under Homoeopathy

ABSTRACT: We present here a case of Ascitis with Cirrhosis of Liver seen on March 26, 2008 and discussed with Prof L M Khan. We have faithfully followed up the case till date and now share it with all students of homoeopathy.

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INTRODUCTION - EDITOR:

Dr L M Khan writes for the NJH in spurts and starts. This time in September 08, he appointed this young doctor who promised me a case in 7 days and here it is. Dr Khan teaches at the NIH Calcutta and is known for motivating young doctors. I am sure he will do the same for all of you. It is good to get such an encouraging result.

Mrs A 34 yrs, a tall, fair lady of average built.

PRESENTING COMPLAINTS

Pain and Distension of abdomen, (Hypochondriac region, Right side > Left) for the last 8 months, dull aching pain, < evening.

HISTORY

Patient was apparently well till 10 yrs ago upto her marriage. On the 3rd day of marriage, she developed a Headache, for which she took Brufane. The next day, she had bloody vomiting for which she took allopathic treatment for 3-4 days.

7-8 months after that, she developed swelling all over the body. She got an Ultrasound done which showed Cirrhosis, Portal Hypertension and Grade III Oesophageal Varices and Splenomegaly.

T/t: Underwent Endoscopy 6-7 times after which she was relieved. She discontinued all kinds of treatment and conceived 4 yrs back.

Last year in October, she developed pain in lower abdomen and Ultrasound showed Ascitis with Cirrhosis. She has been advised Liver Transplantation by AIIMS Gastroenterologist.

PAST ILLNESS

- 27 yrs back: severe typhoid. Took Allopathic medicine. Weakness and feverish feeling since then.
- 13 yrs back: Pus filled cavity over her left lumbar region, which was excised and blood transfusion given to which she developed severe reaction.
- 12 yrs back: Fell from cycle rickshaw and got stitches over her left upper lip

FAMILY HISTORY

Father: Diabetic Had Paralytic Attack.

Mother: Healthy and alive.

Siblings: Healthy and alive.

Maternal Grandfather: Pulmonary TB.

PERSONAL HISTORY

Vegetarian.

MENSES: Regular, no complaints.

G₁P₁A₀L₁

LCB: 3 yrs back.

GENERALS

APPETITE: Decreased, can wait without food for long.

THIRST: Normal, thermal sensitivity to cold after endoscopy.

DESIRE: Sour+++; Milk++.

STOOL: D₁N₀; pain during and remains for about 15 min after stools, hard stools.

URINE: D₄₋₅N₀₋₁, yellow in color, had UTI= 3-4 times.

SLEEP: Normal refreshing sleep; on right side, snores during sleep.

DREAMS: Frightful dreams.

PERSPIRATION: Less, non-offensive; non-staining

THERMAL REACTION: More towards Chilly.

MENTALS

Sympathetic

Fear of darkness and when alone.

There has been an incidence of INSULT in 2001, about 3 yrs after she developed her complaint because her promotion was not considered.

ON EXAMINATION

Tenderness over hypogastric region (Rt >Lt) ++, Ascitis +, Splenomegaly +, Icterus ++, Pallor +

DIAGNOSIS: Ascitis and Cirrhosis of liver

PRESCRIPTION: Prof Khan prescribed *Arnica* 200/1 dose to be followed by *Staphysagria*, LM1/BD/Olfaction

DISCUSSION

Questions asked by Dr L M Khan to the patient:

Q: Are you addicted to anything?

A: No.

Q: Is the feeling of insult still there with you regarding the promotion ?

A: Patient denied and said that even her other colleagues have not been promoted who were expected to be.

(To this, Sir told us that it means that this (no promotion of any other colleague) has acted as a consolation for her.)

Q: How is your thirst ?

A: It is more in office.

Q: Are your teeth sensitive to cold water?

A: Yes, teeth have become sensitive to cold after I got my endoscopy done.

Q: How did you feel when endoscopy was being performed?

A: I did not feel anything apart from slight pain.

Q: Has there been any other time (just before the complaint developed) that you have felt *insulted*?

A: The patient replied again in denial. But her husband told us that about a week before she developed the swelling, there was an incidence with her sister-in-law when she became very angry. She did not say anything there but her anger was expressed in front of him and she stills taunt her

husband about his sister's behavior.

Q: (To her husband), does your wife get hurt easily?

A: Yes. Though she appears to be smiling always but she gets hurt easily but expresses only in front of me. (Sir explained to us that she is hypersensitive to rebuke).

FOLLOW UP

6-04-08: Pain less, Tenderness present but less. *Staph* LM 2/BD/Olf.

13-04-08: Pain very less. Tenderness also decreased. *Staph* LM3/BD/Olf

We continued the case with *Staph* in LM potency as advised by Prof Khan. LFT at the interval of 1 month in May 2008 showed marked decrease in SGOT and SGPT levels and reached to normal levels in June 2008.

INVESTIGATION	18/05/08	22/06/08
Hb	10.2 gm/dl	9.5 gm/dl
TLC	6,600/ cu mm	5,800/ cu mm
DLC		
Polymorphs	76%	58%
Lymphocytes	23%	39%
Eosinophils	01%	02%
Monocytes	00%	01%
Basophils	00%	00%
ESR	65mm 1 st Hr.	55mm 1 st Hr.
Platelet Count	2.0 lac/cu mm	
S. Bilirubin	1.10 mg/dl	0.9 mg/dl
Direct	0.32 mg/dl	0.2 mg/dl
Indirect	0.78 mg/dl	0.7 mg/dl
SGOT	48.0 U/L	39.0 U/L
SGPT	59.0 U/L	48.0 U/L
S. Protein	6.9 g/dl	6.9 g/dl
S. Albumin	3.9 g/dl	4.2 g/dl
S. Globulin	3.0 g/dl	2.7 g/dl
A:G	1.3	1.5
Alk Phosphatase	156.0 U/L	136.0 U/L

The case is still under observation. **But the progress looks very promising so it is reported now.**

NAME OF THE BOOK: Text book of Miasms
AUTHOR: Dr Kasim Chimthanawala
PUBLISHER: Shaad Publications
PRICE: Rs. 300 /-, US \$ 10, Euro 8.
PAGES: 315

This is another book from the stable of Shaad Publications, the Chimthanawalas. It clearly prescribes the miasmatic dosage to the homoeopathic practitioners and the students alike. For the students, who believe that miasmas have no role in remedy prescriptions and only the most similar remedy will satisfy, must read this book carefully. You will realize your misconceptions and will be surprised to see your cure-rate graph north bound. The book is divided into five parts as under.

PART I: This part gives an insight into soul, life force, human mind, spiritual virtues, body and biological energy. It also defines symptoms, disease, health and susceptibility.

PART II: This is the most comprehensive part of this work which figures out the origin of miasms and how it came into picture. This section explains how it was not easy for the master to satisfy the likes of Drs Clarke and Hering who simply ignored miasms as being too simplistic and of no clinical significance. According to them the similimum selected on the basis of presenting totality is and must be sufficient to cure the sickness. They feel it is of no use to burden the homoeopaths with such hypothetical theories. But there were the likes of Dr Kent, Dr J H Allen and later Dr Dhawale and Dr Kanjilal who advocated the theory and toed the line of the master.

Dr J H Allen equated the miasm to the entrenched enemies who attack us at our weak points, who are inhuman, and who smile when men go mad and laugh when he agonizes; they hate life, health and strength and enjoy glory in death, in weakness and in feebleness.

This section deals with the sources, function, types, modes of transmission and inheritance, phases, stages, state, modes of action, evolution and recession and fate of miasms.

The icing on the cake is the presentation of the miasmatic disposition of certain Pathological condition like Cancer, inflammation and repair, RA, liver cirrhosis, allergies etc.

PART III: This section describes in great detail the characteristics of individual miasms and stages of their activity ie, the Psora, Syphilis, Sycosis and Tubercular.

PART IV: 34 different anti-Miasmatic remedies are described in a fine manner, later followed by posology and potency selection.

PART V: Through this section the author solves the reader's queries and presents few cases which have been successfully treated by him.

THE LACUNAE

Though a very good book, it has its share of discrepancies.

The proof reading could have been done better. There are incomplete sentences and spelling mistakes and grammatical mistakes could have been averted.

In a nutshell the content of the book is easily comprehensible and digestible given in a lucid language.



Textbook of Miasms

