

## WARTS AND HOMOEOPATHY

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A wart is an entity with over growth at particular skin point. The exact etiology of wart is not known. However people hypothetically consider it to be caused by some virus, few consider it to be due to psychological disturbances. However both the factors are not at all helpful in drawing effective plan of treatment. It has been experienced by many that the warts excised surgically, do recur in majority of the cases commonly with more vigour. Therefore the surgeons too are reluctant to apply scalpels for warts. The homoeopathic approach of not considering the wart as local malady is most rational from the point of view of the treatment.

The location of the warts can be any where on the body. However the patient with warts on face and hands are very much eager to be treated promptly. There are many types of warts seen. If the wart is black with melanin pigmentation and sessile located on face. Patients do not mind if they are there since childhood. They consider it to be either a birth mark or an identification mark. When the patient has pedunculated warts in multiple number, they get worried and seek treatment.

Municipal clinic at Ambajogal gets infrequent cases with warts. The clinic had cases of warts from different age groups (4 yrs to 60 yrs) with

variety of warts. The treatment has to be essentially based on the constitutional approach. However very few patient's approached with complaints regarding warts. In majority of cases, they possess few characteristic symptoms specifying their constitution for particular constitutional remedy.

In few cases patients had approached the clinic for other principal complaints. During the course of case taking, warts were the key-note symptoms which guided us to most appropriate remedy. We had a case of sciatica with a big black wart on the face. On the basis of it we opted for causticum. Causticum followed by staphysagria with colocynth [sos] for sever pain worked dramatically. The patient who got sciatica cured, never bothered for the black wart on the face. The black wart remained as it was but guided us to the remedy for sciatica.

Homoeopaths are always tempted to prescribe Thuja occid. In some or other potency, empirically in each case of warts. Even few dermatologists from orthodox allopathic system consider Thuja as a gem against warts and prescribe it for too long a period, with failure. It has to be noted that there are number of remedies that cure warts. Besides Thuja, Nitric acid, Calc carb, Causticum, Antim crud, Dulcamara, Silica, Natrum mur, Lycopodium,

Natrum carb, Staphys- agria and many other have a wonderful action on warts when the remedies are specifically indicated. however any polychrest remedy is indicated in case of warts depending upon other characteristic symptoms.

Here, I am quoting a rare case of warts. A medical student aged 20 years came to the clinic for multiple warts on the left side, since 10 years. The warts started progressing in number and size since one year. The girl had frequent incidences of headache and the recurrent coryza. She had undergone tonsillectomy 6 year before. She was extremely chilly. A single dose of psorinum 1M followed by Merc sol followed by Hepar sulf were prescribed. This course was prescribed for the dominant totality of her acute symptoms. To our surprise, the patient had shedded off all the warts leaving little scars along with disappearance of acute symptoms. Had we not bothered about other more vital symptoms than wart's we would not have come to these remedies.

The underlying miasm in warts is definitely the sycotic miasm. For the settlement of sycotic miasm, psoric background is essential. In few cases warts do not respond to a well selected remedy unless suitable anti-psoric remedy is prescribed and the platform is prepared for antisycotic remedy. You need not wonder if Thuja fails to yield results in case of wart even if it is well selected. A few doses of Sulphur followed by the well selected remedy Thuja yields the desired results.

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