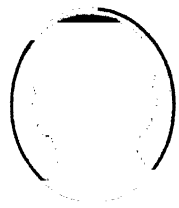




# A CASE OF VENOUS ULCER

**ABSTRACT:** A 30 years male patient was suffering from pain in deep ulcers on left ankle since 3 years with venous engorgement and oedema treated successfully by Homoeopathic medicine.



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## PRESENTING COMPLAINTS

Pain and bursting sensation in deep ulcers on left ankle since 3 yrs with venous engorgement. Patient was apparently well 3 yrs back when he got injured by an iron rod while working.

MODE OF ONSET: Gradual

LOCATION: Left ankle

SENSATION: Itching, Burning, bursting sensation

EXTENSION: Left ankle to left hip region

MODALITIES: Agg: At night and from hanging down the limbs. Amel: By raising legs high.

CONCOMITANT: Pain in varicose veins on left lower limb with oedema.

PAST HISTORY: History of injury in childhood on medial malleolus. Surgery done.

## TREATMENT HISTORY

Taken allopathic treatment, without any relief.

## FAMILY HISTORY

Father died due to Diabetes Mellitus.

Mother committed suicide by burning herself.

3 Brothers and 2 sisters- all alive and healthy.

## PERSONAL HISTORY

DIET- Non-Veg. ADDICTION- Nil.

OCCUPATION- Fixing the tents

DEVELOPMENTAL LANDMARKS- Normal

ENVIRONMENT AT HOME- Tense

MARITAL STATUS- Unmarried

## PHYSICAL GENERALS

THERMAL REACTION Hot patient

APPETITE- Normal

SPEECH- Difficult, Stammering.

THIRST- 12 glasses per day, 1 glass at a time, normal temperature

TONGUE- Moist tongue

DESIRE- Sweets<sup>3</sup>, AVERSION- milk

SLEEP- Normal. DREAMS: Nothing significant

STOOLS- 2/D. Unsatisfactory with abdominal discomfort. Early morning urge.

URINE- [D/N=5/O], burning while micturation.

BATHING HABIT- Extremely irregular. Dirty, filthy habit.

PERSPIRATION- Decreased, on head

## MENTALS

Desire to be in company, greatly attached to his family, feels neglected by his brothers. Suppressed anger. Likes to share everything.

His father had 2 marriages. He doesn't stay at home keeps wandering here and there.

## REPERTORISATION - KENT'S METHOD (HOMOPATH SOFTWARE) FOLLOWING RUBRICS WERE TAKEN

1. Mind, forsaken feeling
2. Mind, anger, suppressed from
3. Desire, sweets
4. Burning urine
5. Varicose veins
6. Ulcer leg ankle

REPERTORISATION RESULT: Sulphur 9/4, Arg-nit 9/4, Puls 9/4, Calc-carb 7/4

## INVESTIGATION REPORT

Haematology: 25-07-06

Hb- 4.7gm%, TLC- 5,800/cmm, N-70, L-26, E-3, M-1

ESR- Wintrobe's method- 60mm/hr.

BSF- 101.5mg/dl.

Urine (Routine)- Bacteria +++

On 26-08-06- Hb%-5.7gm%

## TREATMENT

**1/7/06:** *Vipera* 30 1 dose followed by Placebo. Dressing with *Calendula* gel every alternate days.

**6/7/06:** Burning better, Pain in ulcer increased > by raising legs high. Pus present.

Dressing with *Calendula* gel on every alternate days.

**10/7/06:** Burning- better. Pain in ulcer, unbearable. < walking. Pus discharge from ulcer

*Hypericum* 200 2 doses [fractional dose was given at 30 min interval].

Dressing with *Calendula* gel

**15/7/06:** Burning better. Pain increased with crampy feeling of lower limbs. No discharge. *Vipera* 30 1 dose followed by Placebo. Dressing with *Calendula* gel ct.

**29/7/06:** Burning better, Pain in ulcer increased > by raising legs high. Pus+. *Vipera* 200 1 dose followed by Placebo. Dressing with *Calendula* gel on every alternate days.

**21/8/06:** Patient as a whole better than before. Now the ulceration of the leg much improved and complains of abdominal discomfort with desire for stool early in the morning. Basically patient has a dirty filthy habit, irregular bathing. The acute phase has subsided and this is the proper time to introduce the constitutional and Repertorisation suggests *Sulphur* very high, in addition patient belongs to a *Sulphur* constitution; *Sulphur* 30/ 1 dose followed by Placebo was prescribed. Dressing ct.

**28/8/06:** Patient much better. Ulcer of the leg almost healed. Abdominal discomfort mildly present. Desire for stool early in the morning still present. Now is the time to give a dose of *Sulphur* in higher potency. *Sulphur* 200/ 1 dose followed by Placebo. Dressing ct.

**COMMENTS:** *Vipera* was prescribed since it has a good sphere of action on venous ulcer especially with a sensation of bursting in nature. The particular modalities < night and from hanging down the limbs and > raising legs high is important indication for *Vipera*. In *Vipera* there is also difficult stammering speech. Dr J H Clark wrote in his *Materia Medica* that *Vipera* affects the blood and blood vessels, conducting to haemorrhage and inflammation of the vessels themselves. A keynote for *Vipera* in cases of phlebitis and varicose is "< on letting limb the affected hang down," as if it would burst with fullness. The bursting feeling appears to be at the root of this characteristic.

*Sulphur*, the king of antipsoric was prescribed on the basis of constitution and to complement the action of *Vipera*. From the following symptoms you can easily make out the *Sulphur* constitution—extremely irregular, dirty, filthy bathing habit. Desire- Sweets<sup>3</sup>. Abdominal discomfort with urge for stool early morning. We all know that constitutional medicine should be prescribed at proper time, when the patient is capable enough to bear its power and get the best possible reaction by it. In the beginning of the case the severe exaggerated condition of the patient itself called for the remedy *Vipera*, which proved tremendously beneficial for that patient and after that at proper time constitutional medicine *Sulphur* was prescribed to complete the cure.

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