



## One More Stalwart lost to the Profession

On 20<sup>th</sup> Sept., 03, we lost Dr Ashok Punwani – one of the pillars of Homoeopathic world, without any warning. He left this worldly abode, with what we call, his shoes on. He finished his morning clinic at Versova and went to the Bank across the road and collapsed. While it may be the best way for a person to go, it leaves the grieving populace behind really shell shocked.

Dr Sucheta Desai gives us a short life sketch:

**A SHORT LIFE SKETCH:** Dr Ashok Purswani, passed out from the then Bombay Homoeopathic Medical College at Irla - Mumbai in 1972. He soon joined the famous Dr Pralhad who had set up various Homoeopathic Charitable clinics all over the city. He later set up his own practise at Khar and Versova where he practised for over 25 yrs.

*A Tribute by*

**Dr SUCHETA H DESAI LCEH (Bom)**

Hingorani Clinic,  
78-A, Dr Annie Besant Rd.,  
Near Sunville Hall,  
Worli, Mumbai-400 018.

**HIS OTHER QUALITIES:** He was a stickler for time and a very methodical, meticulous person. These attributes made him a very good organizer. He headed HMAI for many years and conducted regular clinical meetings. In 1994, this was merged with IIHP Dr Purswani



continued to be in the official capacity as **SERGEANT-AT-ARMS** in the committee.

**HIS OTHER INTERESTS:**

He was also a very good Carrom player, a good Singer and loved travelling.

**EDITOR ADDS:**

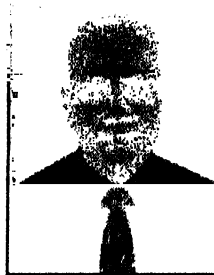
He lived a good life, fully enjoying every minute of it. We have never seen him grumpy or angry. He was always cheerful and ever – ready to help. I personally have the very pleasant memory of spending a hilarious evening with him and others at Dr Sucheta’s daughters wedding recently.

He leaves behind his young wife Payal and son’s Sachin & Sumit. May God give them the strength to bear the loss and carry forward his dreams to fruition.

Date of Birth: 30.09.1950

Date of Death : 20.09.03

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**And yet One More:**

Homeopathic Fraternity has lost a great master “Dr. K. G. Saxena”, Former, Advisor (Homoeopathy), Govt. of India and Former, Chairman, Homoeopathic Advisory Committee, Govt. of Delhi in the evening of 23/10/03.

His funeral ceremony was completed in the morning 24/10/02 among the family members and homoeopathic fraternity.

The shanti sabha shall also be held which shall be intimated after being decided by the family members.

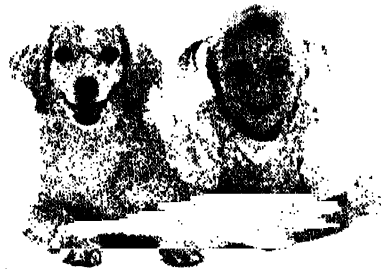
May GOD bless his soul.

**EDITOR:**

I am sorry, that I am not acquainted with Dr Saxena personally and am unable to add much to the above.



**Kids look like their Dogs too.....**





# Homoeopathic Queries & Solutions

**Q1** Sir, I have read about the extensive work conducted by your Academy in the field of Cardiology. I have a case that has undergone angioplasty with stent implant in 2000 (Single Vessel Disease-LAD 90%). But in hardly 2 years, he is re-experiencing the same cardiac symptoms as prior to the procedure. His second angiogram in 2002 showed Restenosis of the same vessel at the same site. Can Homoeopathy help him and if so how?

**- Dr PREMAL ACHARYA, Jamnagar**

**A1** This is precisely the agony of numerous patients undergoing procedures as angioplasty and it is called Restenosis. What one needs to understand and apply in clinical practice especially for such cases is to break the tendency of atherogenesis. In such cases, I normally record the entire case afresh with special emphasis on mental & physical generals, so as to select the most indicated Remedy. One dose of the remedy in 200 potency is administered and the patient is monitored till any change is noticed. Also, at times we require to prescribe a nosode selected on the basis of the past and family history. Both of these have proved to break the tendency for plaque formation. During the management, all possible attempts are undertaken to initially taper the dose of the symptomatic drugs (both Homoeopathic and allopathic drugs) and thereafter stop them.

**Q2** Kindly throw some light on the Iscador Therapy?

**- Dr PRAVESH AGRAWAL, Palwal**

**A2** ISCADOR is the trade name for a remedial agent

prepared from the juice of the plant – *Viscum-alb* (Mistletoe). It was first introduced clinically for the therapy of Cancer in Arlesheim, Switzerland. In a majority of cases it is administered parentally via a series of subcutaneous injections in the vicinity of the tumor or the post-operative scar, but never within the tumor or in the area of lymphatic drainage. Oral administration of the drug has also been found to be successful in patients suffering from intracranial & spinal tumors. A short course of 7-14 days of pre-operative cancer therapy is found to activate the defensive functions and help to prevent metastasis. The recovery tends to be surprisingly rapid and uneventful. If postoperative treatment with ISCADOR is started early for long periods in tapering doses, it prevents recurrence by 30-40%.

**Q3** How is the Indian scenario as regards Homoeopathic Pharmaceutical companies? Since I have started Homoeopathic practice recently, can you suggest as to which companies to prefer for dilutions and mother tinctures?

**- Dr AMIT BORGAONKAR, Parbhani**

**A3** Well! India probably has the largest number of Homoeopathic practitioners in the world and also has the highest turn-over of Homoeopathic medicines, both in terms of range and trade. Homoeopathic potencies are processed from back-potencies obtained from Germany (Schwabe) and USA (B & T), while the mother tinctures are prepared from crude substances either indigenous or imported. A good number of pharmaceutical manufacturers now have rigid quality controls. The Pharmacopoeia Drug Laboratory of the Government of India tests the standards of the raw and finished products of Homoeopathy. As far as I know, there is no reliable method available with the help of which we can confirm with confidence, the potency as well



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as the contents or dilution in question. Hence, the experience of the Senior Physicians play a major role in determining reliability of a particular product and its place of purchase.

**Q4** Respected Sir, I am highly impressed by your lectures, having heard you at many conferences. Kindly give us some tips so that we can develop our oratory skills. - **Dr VIVEK SHAH, Ahmedabad**

**A4** Oration is a form of communication which occurs both at verbal and non-verbal levels. Often we take great efforts in polishing our speeches, yet our body language can betray our emotions. On the other extreme there are those speakers who pack great power into their speeches but at the end the audience realizes that it was all sound and fury with no real substance. Hence any lecture to be accepted by the audience requires to fulfill a minimum of following attributes, namely Confidence, Body language (gestures, expressions & postures), Oratory – tone & character of voice and the Substance. In order to inculcate the above, it is essential that one must repeatedly hear lectures from good speakers keeping the above objective in mind. If you want your lecture to create a lasting impression, then it must contain authenticity. relevant shlokas, statements, anecdotes etc make one's delivery palatable. Also one should avoid monotony by changing the rhythm. Avoid vague statements. Preparation of actual content is absolutely essential so also sequencing of words and voice modulation.

**Q5** Do we have Homoeopathic contraceptives? Can our remedies be used to terminate pregnancy so as to avoid D & E? - **Dr POONAM BATRA, Oligarch**

**A5** Homoeopathy being a natural mode of therapeutics, cannot be expected to perform un-natural acts. Hence one should not expect any dynamic remedial agent for prevention of conceptions and termination of pregnancy. Of course, some doctors do claim to have used *Pulsatilla* CM, *Secale-cor* Q, etc for aborting the products of conception with good results, but then this is not Homoeopathy. [Ed: This works only when this remedy is their known acute remedy.]

**Q6** Dear Sir, I have completed my BHMS from Gwalior. I want to take the I A S examinations. Can Homoeopathy be taken as a subject for this exam?

- **Dr KHANCHAND JAIN, Gwalior**

**A6** Your question seems to be an act of frustration. Why at all, after spending 5½ years in Homoeopathy, you are thinking for taking up Civil Services. Obtaining necessary information from relevant sources, I wish to inform you that Medical Sciences can be offered as a subject both for the Prelims and the Mains. Homoeopathy is recognized as a full fledged medical science, hence can be opted for the Civil Service Examinations. While the percentage of recommended candidates with medical background was 6.57% in 1999, 11.7% in 2000 and 13.19% in 2001, it was 14.28% last year. In fact as per the statistics which I found out, 3 MD's, 45 MBBS and 1 BPharm qualified in the examination in 2002. I am not aware of any Homoeopathic graduate having cleared the IAS examinations, so hope you shall be the first. For details log on to [www.upsc.gov.in](http://www.upsc.gov.in).



“No man ever steps in the same river twice, for it's not the same river and he's not the same man.”

- Heraclitus -