

Doctor, I have given up all hope!

Mrs SL, 30 yr, Indian, residing at New York, consulted me in Dec 2003 for infertility. Married in 1996, she did conceive in 1998 but aborted naturally. Husband was in USA before marriage, had decided to settle in India after marriage, but failed in business and went back to USA in 1999. Due to the financial strain, they did not try to conceive for 2 yrs. Tried in 2001 for a year but did not conceive. Consulted Gynaecologist who diagnosed Ovarian Cyst with 1 fallopian tube blocked and 3rd stage endometriosis. She was operated and treated (without homeopathy) for the same.

PATIENT AS A PERSON

HEIGHT: 5' 7". Normal built, wheatish skin

WEIGHT: 68.6 kgs

PERSPIRATION: Normal, non-staining, non-offensive.

APPETITE: Normal.

THIRST: Normal

CRAVING: Junk food, sweets², pickles², fried², chocolate², milk²

STOOLS: 1/d Normal

URINE: Normal

M/H: FMP at 13-14 yrs of age

LMP: 19/12/03, Regular, 5-6/30, Moderate, D1-2 à 2pads/d, D3-6 à 1p/d, dark red bleeding.

Before Menses x 2 days: Cramps in abdomen, mild discomfort. MB 5 days - Soreness in the breast. All complaints better during menses.

THERMALS: C2H2 à C2H3

SLEEP: Normal.

DREAMS: Unremembered

LIFE SITUATION AND MENTAL STATE

Born on 20/4/1973, at Mumbai, elder of 2 siblings, younger brother born after 2yr. Pt was always quiet and calm, very peaceful, very good in studies, always a high ranker.

1995: Completed Computer Engineering, got a campus job while studying.

21/2/96: Arranged marriage. Stayed in joint family. Adjusted very well

1999: Went to USA, after the business failed.

2001-02: Tried for baby

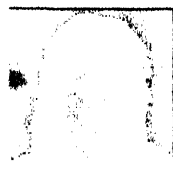
Feb 03: Operated for ovarian cyst

Good childhood, though came from a modest family. Mo used to do everything for her and never asked her to do house hold work. Even after marriage MIL did everything, no compulsion on DIL (our patient).

So life had been very easy till 1999 and there was a sudden shift when she moved to USA in 1999 and she had to manage everything alone. Got very tense, but learnt to cope very well at that time, including repaying the loan. But nowadays, she gets anxious for smallest things.

She is affectionate², does not want to hurt anyone, very helpful to others. In childhood was not confident, and quite timid by nature. A Public speaking course added to her confidence. Irritable if tensed. Broods a lot about not having a child, what if people ask? She has not come to India for 7 yrs in this fear. Perfectionist, meticulous, has to plan, has to be in control. Fear of dark and being alone. Has inferiority feeling. Worries and gets very anxious if expecting a guest. Very cautious yet impatient. Feels very guilty if she is asked for something and she has to say no. Pessimistic. Anxious³ about job, child, exams, health and welfare of other people in the family.

Father very Dominating, egoistic, never did well in business. Still gave all facilities to children. Brother very dominating, stubborn³, earlier didn't talk to each other,



Dr VISHPALA PARTHASARATHY LCEH

Milan Clinic

Saraswati Road, Santacruz (W)

Mumbai-400 054

Tel : 26492782 / 26042749

e-mail: vishpalap@born3.vent.net.in

Cases

now talks.

Husband very good natured, co-operative, understanding and cool.

RUBRICS: ROBIN MURPHYS REP

- 1) RM 1114 Timid
- 2) RM 1056 Avarice, greedy
- 3) RM 1009 Cautious
- 4) RM 1074 Laughing, looked at when
- 5) RM 1045 Fear dark
- 6) RM 1044 Fear alone
- 7) RM 1014 Confidence, Lack of
- 8) RM 0284 Delusion Diminished
- 9) RM 1001 Anxiety health about
- 10) RM 1087 Pessimist
- 11) RM 1008 Brooding

- 12) RM 471 Cysts ovarian
- 13) Breast soreness < menses before
- 14) Desire sweets
- 15) Desire chocolate

REMEDIES: *Calc* 20/12, *Lyc* 25/11, *Ars* 22/10, *Puls* 22/10, *Nux-v* 11/9

REMEDY SELECTED: *Lyc*

REASONS: Intelligent but inferior, Insecurity, < if not in control, stress³, irritable, plans³.

PLAN OF TREATMENT

CONSTITUTIONAL: *Lyc*

INTERCURRENT: *Tub-b* (Cysts in ovary)

I thought it was a clear case of Lyco and the medicine would help soonest.

FOLLOW UP

DATE	SYMPTOMS-CHANGES	TREATMENT
29/12/03	Medicine was sent to USA for 1 month	<i>Tub-b</i> 1M 1D 1 st week <i>Lyc</i> 200 1D 2 nd week
3/2/04	Same treatment was sent	Ct all
19/3/04	Feels more energetic. Cramps in abdomen < MB, > after menses started. LMP: 10/3/04	Ct all
12/4/04	She wrote incomplete e-mail stating there is no change	<i>Tub-b</i> 1M 1D in 1 st week <i>Lyc</i> 200 3 D in 2 nd week <i>Lyc</i> 200 1 D in 3 rd week
9/5/04	No pain during menses Medicine sent for 2 months	<i>Tub-b</i> 1M 1D in 1 st week <i>Lyc</i> 200 1 D in 2 nd week <i>Tub-b</i> 1M 1D in 5 th week <i>Lyc</i> 200 1 D in 6 th week
8/7/04	MP 7/6 cramps MB, D1 (Day 1) no cramp, moderate bleeding, D2, slight cramps, moderate bleeding, D3 no cramps, scanty bleeding. Bleeding PV in July 12 days after menses for 6 days. Medicine sent for 6 weeks	<i>Tub-b</i> 1M 1D in 1 st week <i>Lyc</i> 200 1 D in 2 nd week
3/9/04	MP: 27/8, cycle 5-6/31 days. Backache and cramps only 1 day before menses. D1 moderate flow, D2 heavy, D3-5 scanty	<i>Tub-b</i> 1M 1D in 1 st week <i>Lyc</i> 200 1 D in 2 nd week
4/10/04	MP: 25/9. Cycle 5/28. D1 mild cramp, spotting. D2 mild cramps, heavy bleeding. D3 moderate to heavy bleeding. D4 scanty to no bleeding. D5 spotting	<i>Tub-b</i> 1M 1D in 1 st week <i>Lyc</i> 200 1 D in 2 nd week

29/10/04	Took <i>Lyc</i> On 13/10MP 20/10. Cycle 4/27. Nausea before menses. D1 No cramps, bleeding3. D2 No Cramps, bleeding3, D3 scanty, D4 Scanty. <i>Advised her to take Lyc on 5th day of menses</i>	<i>Lyc</i> 200 1 D in 1 st week <i>Tub-b</i> 1M 1D in 2 nd week
23/11/04	MP 21/11/04.pain 10-12 days before menses (ovulation)	<i>Lyc</i> 200 1 D in 1 st week <i>Tub-b</i> 1M 1D in 2 nd week
31/12/05	P's mother called up that her IVF has failed. Patient e-mailed. MP 30/12/04 Doctor, now I do not think there is any hope for me. I feel very sad. We now took this as very much dejected, sad, depressed and crying. This state is acting as a block to action of Constitutional Remedy. On email counselled her that after sunset, sunrise has to come that things would work out. D1 moderate bleeding, mild cramps, D2 heavy bleeding, mild cramp, D3 heavy bleeding, D4 moderate bleeding, D5 spotting	<i>Ign</i> 1M 1D 1st week

17/2/05: Emailed me to ask when she could talk to me on telephone. This was first tel call in 1 1/2 months, so I was concerned. On Thursday, she telephoned to give me the good news-She is pregnant! She could not believe it and was too scared to be happy. Waited 17 days, went to Gynaecologist, who got USG and Beta HCG test to confirm pregnancy. She asked how can it happen so easily and naturally? But doc, please do not tell my parents. I will tell myself after few days. This again confirmed that diagnosis of superstitious and *Ignatia*. This case has been given to show how the mind, the psyche can so dominate the physical symptoms that did not allow even the constitutional remedy to act. And we had to go through a year of failure and an IVF to reach her psyche and her overwhelming sadness and dejection to give her the phase medicine. And when Hom is right, it just happens so naturally that you are left wondering whether it was the medicine or the natural process. Therefore so often the patient comes and tells us, doctor, must be psychological. (*This word would always upset me in earlier practice!*) but I feel much better. In all their life they have never felt at ease and better. With other non-holistic medicine, the symptoms are better certainly- the fever gone etc, but they feel so weak and drained that the feeling of well-being is not there. So this 'unusual' state of well-being is what they find difficult to attribute to a medicine, albeit Homoeopathy.

News Award Conferred

We have immense pleasure in announcing that our **NJH Board member Dr S Praveen Kumar**, of Govt JSPS Homoeopathic Medical College, Hyderabad has been nominated for the **Dr B.K. Bose Memorial Best national Homoeopathic Teacher Award 2005**.

The Award, instituted by the Research Society of Homoeopathy, Lucknow is conferred for the exemplary contribution in the field of Homoeopathic Teaching and education in India. The award was received by him at a special function on 22nd January 2005.

On Behalf of entire **NJH family** we heartily congratulate you for your success and hope to receive some useful teachings to improve our knowledge in near future.

- **Dr ANIRUDH VERMA**