



# Doctor, I can't talk!

**Abstract:** A very difficult case, because it was a life modifying disease and the patients entire life and profession depended on it. Tourette's syndrome responded well to the Homoeopathy, and suitable changes to the regimen.



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Mr VA 29 yrs Voice Artist, was an unmarried Protestant Christian. He came on 25/01/2007 with the following complaints. Reg No. S/06/07

**CHIEF COMPLAINTS**

LOCATION	SENSATION	MODALITIES	CONCOMITANT
CNS Since childhood Neck and TM joint	Tics Jerking, locks, voice tics, tongue hits upper palate	< emotional excitement <sup>3</sup> < sadness or happiness, sitting in 1 posture longer < trying to control <sup>2</sup> , >after voice releases, > when performing	Fatigue <sup>3</sup> , lazy <sup>3</sup> , No interest in work Other muscles jerk when performing eg hands
NECK MUSCLES	Tensed, jerks Pains at jerking sites	< Music lessons, < workout in gym; < anxiety <sup>3</sup> ; < running <sup>2</sup> , working out, < Ascending	Psychiatrist Diagnosis Movement disorder Ref to Neurologist
GENERAL Since May '07	Twitching of arms and different parts of body. Along with the eyes. Physical stamina low easily tired. Dyspnoea		
MIND Since Jan'06 Duration: 1 yr Frequency: Daily	Fatigue <sup>3</sup> , Laziness <sup>3</sup> Dizziness <sup>2</sup> , Sleepiness <sup>2</sup> , No Desire to work or take his music lessons or gym. Depression <sup>2</sup>	No medication done	
GITTRACT Abdomen Epigastrium Since 10 months 2/day	Pain and bloated, heaviness, gases and loose stools Burning Urge for stool, uneasy	< fasting <sup>3</sup> , Spices	Adv: Endoscopy, USG
GENITALS, TESTICLE Since '07 1/month	Pain Burning	< During urination	

PATIENT AS A PERSON Warm food, Occ extra salt  
 APPEARANCE: Long hair till nape of neck and heavy AVERSION: Spicy  
 moustache Stool: N  
 DESIRES: Chicken<sup>3</sup>, Cold drink<sup>3</sup>, Eggs<sup>3</sup>, Sweets<sup>3</sup>, THERMAL MODALITY: C3H2

**SLEEP:** Unrefreshing

**DREAMS:** Flying in air<sup>3</sup>, Occ Frightful, Multiple dreams<sup>3</sup>

**MIND:** Anger easily in traffic, when people cut my lane, averse to work, sadness after breakup from the girl he liked most.

**LIFE SPACE INVESTIGATION**

The pt opened up gradually, so it took a long session to get his whole story.

While he was in college one of his professors liked his voice and suggested a course in voice culture. The pt did the same and now is happy with his profession and is in the business since 11 yrs. He given his voices in many plays, advertisements, TV etc and keeps getting contracts, and makes handsome money. Of late he has been taking fewer assignments. Since some time the business is going downwards so he is re-thinking of decision. If he has any monetary issue with any producer, director or any person he will not work with them professionally but he will maintain his personal relations. Has good Interpersonal relation with his Fa, Mo and Sis. Though closest to his Mo yet he doesn't share his deepest feelings even with her. It's a close knit family. He mixes easily with people but has only 2 closest friends a male and a female colleague. He was conscious of his physical ailments: What would people think? What people will say? Somebody will make fun of him and he would feel saddened. Now his attitude has changed and he doesn't think about people. He is most comfortable with these 2 friends who try to

**FOLLOW-UP**

DATE	SYMPTOMS	REMEDY
25/01/07	Ailments from break-up	Staph 200 1 dose Sac-lac pills 200 3-3/7days
01/02/07	Pt appears smarter, has cut down his lock of hair. Doesn't remember he came with long locks on his first visit	Phos-ac 200 3P; 1HS Sac-lac pills 200, 3-3 x 7 days
08/02/07	Positive, Lethargy L9. Drowsy > naps. Head movements+, slur red speech, unclear; hasn't made effort. Tongue heavy	Phos-ac 200 7P; 1HS Sac-lac pills 200, 3-3 x 7 days
15/02/07	Relaxed <sup>3+</sup> , much better <sup>3+</sup> this wk, neck movements >, Vocal tics controlled 5/mnth, vocal tone >, body jerks >2+, hiccups++, weakness >40%	Phos-ac 200 4P; 1 alt HS Sac-lac pills 200, 3-3 x 7 days Sac-lac 3P; SOS HS
22/02/07	Sleepiness 0/wk, Laziness 0/wk, jerks occurs in a gap of 20 mins but Tics 50% >	Sac-lac 200 7P; 1HS Sac-lac 200, 3-3 x 15 days

help him out of the situation. The female friend initially took him to a psychiatrist who referred him to a Neurologist. He was in relation with a girl for 3 yrs but broke up with her in Jan '06 because he thought his Mo won't approve of this relation though he never exposed his desire of marrying her, yet Mo didn't like his friendship with this girl. When probed further he revealed that he was attracted with his female friend who was married. Hers was a difficult marriage and at one point of time she was ready to come out of her marriage and be with the pt. But they mutually broke this relation and continue to be friends. He is very anxious about giving his details. For 1 yr after this breakup he was depressed. But he has come out of this and now takes music lessons, socializes etc.

**DIAGNOSIS**

Tourette syndrome

**REPORTORIAL TOTALITY**

1. Anger, ailments from
2. Anger, easily
3. Anxiety
4. Worries, full of
5. Love, ailments from disappointment
6. Excitement, emotional Ailments from
7. Muscles, jerking
8. Generals, twitching
9. Sleep, unrefreshing
10. Abdomen, fullness
11. Fasting, aggravates

**HOMOEOPATHIC TREATMENT**

DATE	SYMPTOMS	REMEDY
08/03/07	Tics+, Excited+, Voice L0, Neck jerks L0, Worry+, Anger L0, Sleep L0, Fatigue L0	Phos-ac 200 7P; 1HS Sac-lac pills 200, 3-3 x 7 days
15/03/07	SQ no < or >; Sleepy avoids taking coffee, Weakness+	Tub-b 1M 1 <sup>st</sup> dose Sac-lac 200 6P; 1HS Sac-lac pills 200; 3-3 x 7 days
22/03/07	>On 17 and 18 then SQ Wt. 72 kg	Sul 30 1 <sup>st</sup> dose in morning Sac-lac pills 200; 3-3 x 7 days
10/05/07	>50% L5 Eyes twitch3+	Sul 30 2 <sup>nd</sup> dose AM Sac-lac pills 200; 3-3 x 14 days
24/05/07	>SQ L5, twitching counted 3/4 mins Wt 69.8 kg	Sul 30 3 <sup>rd</sup> dose AM Sac-lac pills 200; 3-3 x 1 month
21/06/07	SQ. No <, L5, Voice L5. All other symp L0. Acidity+, Gas+, Nose block yellow discharge, Craves cold, Thirst N	Puls 200 4P; 1P=3 Kali-s 6 X 3-3
25/06/07	Testes pain >, cold >	Staph 200 3P Tub-b 1M 1 <sup>st</sup> dose Sac-lac 200 3P Cebo pills 200; 3-3
02/08/07	SQ since 3 months. Thanked profusely. Admitted he should have come earlier for the T/T. Cold since 2 wks, nose block+, thirst less, Bowels N; Bloating3+ < lunch, dinner; as if filled with air Tongue dry and coated Wt. 69.8 kg	1 <sup>st</sup> week: Kali-bi 200 3P; 1P=3 Sul 30 4 <sup>th</sup> dose, Mag-p 6X 1-1/5 days
24/08/07	Cold+, Cough+, sleep >, Fatigue L0, Excitement L0	2 <sup>nd</sup> week: Tub-b 1M 2 <sup>nd</sup> dose Sac-lac pills 200; 3-3 x 1 month Puls 200 4P; 1P=2
27/09/07	Neck 75% >, Nose block due to cold	Sac-lac pills 200 3-3 Sul 30 5 <sup>th</sup> dose Tub-b 1M 3 <sup>rd</sup> dose Puls 200 7P; 1P=2
10/10/07	Toe injury bleeding+, took Anti-TT Inj. follow with Sul 30 6 <sup>th</sup> dose	Sac-lac pills 200; 3-3 Hyper 200 4P after which
08/11/07	Toe > better healing, bloating >, voice >. Sore throat and nose block	Sac-lac pills 200; 3-3 1 <sup>st</sup> week: Puls 200 7P; 1P=3 Sac-lac pills 200; 3-3 2 <sup>nd</sup> week: Tub-b 1M 4 <sup>th</sup> dose Sac-lac pills 200; 3-3 3 <sup>rd</sup> week: Sul 200 1 <sup>st</sup> dose AM Sac-lac pills 200; 3-3
11/01/08	70% >	Sac-lac 200 7P; 1HS Sac-lac pills 200; 3-3
24/01/08	70% >, no head nodding	Sul 200 2 <sup>nd</sup> dose Sac-lac pills 200; 3-3
24/02/08	80% >	Tub-b 1M 5 <sup>th</sup> dose Sac-lac pills 200; 3-3

On 31/12/09 I happened to visit Phoenix Mills Mall for lunch. In the lift, I saw a man staring at me, and I had difficulty placing as it was 2 yrs since his last visit. Then to my utter surprise he exclaimed "Oh doc! I am waiting to tell you that

what an improvement you gave me. You changed me and my life". He introduced me to his wife who for me wanted to consult me. This meant that he had healed physically and emotionally.