

Her Anaemia responded to Homoeopathy

A female patient, 56y, came with anaemia in early 1999. She complained of too much weakness and exhaustion. This weakness had commenced after the birth of her 4th child by caesarian (pt was 36 yrs then). In Jan 99, the percentage of Hb was 7.5 gm%.

PATIENT AS A PERSON:

APPETITE – wants to eat but unable to because of recurrent ulcer of mouth.

THIRST – normal; **CRAVING** – for nothing;

AVERSION- cold; **BOWELS**- constipated;

MICTURITION- normal.

SLEEP - disturbed because of continuous dreams (no specific dreams). Through out the night, she dreams constantly, which makes her exhausted and does not allow her to wake up fresh.

At present - I found her very weak with no desire to work. She also looked pale.

Children: 4; 3 daughters and a son all caesarean; 2 induced abortions as her husband wanted a son and USG showed these to be female.

Skin - itching eruptions in soles for last 2 years. Itching AGG cold weather and cold water.

MENSTRUATION – h/o regular cycles but complained of scanty bleeding always.

Past 2 years only few drops of blood. No pain before and during menses.

Leucorrhoea – not present

Respiratory – cough only in cold weather, which is always better by lying down.

Joints – pains in all joints with red swelling and joints felt hot externally.

Feels weakness in all joints.

Agg - winter and rainy seasons and by touch.

Thermals – Chilly patient. < Winter and < rainy seasons.

Past history – Jaundice in childhood.

2 induced abortions with profuse bleeding; needed blood transfusion.

Vaccination – completed.

Family history – not contributory

Treatment given – Allopathic medicine and relief. Blood was transfused twice but there was recurrence few months.

DISCUSSION:

When I took the whole history, I thought that insecurity which must surely have begun when she begat 3 daughters, one after another, had made her suffer much. The arrival of the son so late in life, could not completely wipe out those tortuous years, and the memories began to resurface during menopause. The continuous dreams that could be a result. Whenever a case comes to me, I consult Boericke's *Materia Medica*. A few medicines emerged like *Lecithin*, *Ferrum-met*, *China* and *Manganum-aceticum*. When I went through the write-up on *Manganum-acet* I found it to produce anaemia with pain in joints aggravated by cold wet weather. She had eczema in soles for last 2 years.

TREATMENT:

I gave her *Manganum-aceticum* 200 thrice a week along with *China* Q10 drops daily. *China* was given for her severe loss and debility. The result surprised even me. No cough that winter, and her pain in joints was better and most of all, her Hb% went up by 2%Gms to 9.5% gms within two months. After initial 2 mths, I followed up the case by giving *Manganum-aceticum* weekly. Last Hb% in Feb 2000 was 11.5% gms and she did not have menses for last two months. The condition of her eczema is much better. She was under treatment for almost 2y and improved in all aspects. □



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